

1. Introduction

- 1.1 "Sport Matters: The Strategy for Sport and Physical Recreation 2009-2019" proposes a strategy for the development of sport and physical recreation in Northern Ireland up to 2019 a strategy which will provide a lasting and sustainable legacy for future generations. In so doing, the document identifies high level targets (and related key steps) and sets the key strategic priorities for sport and physical recreation over the next ten years and will inform future investment by all stakeholders across the public, private and community/ voluntary sectors.
- 1.2 The high level targets are structured to reflect the current and anticipated needs of sport and physical recreation as expressed through consultation.
- 1.3 This is the seventh progress report and highlights the progress made by members of the Sport Matters Implementation Groups (SMIGs) against the high-level targets identified in the Strategy and the supporting Sport Matters Action Plan 2015-2019, covering the period 01 October 2015 until 30 September 2016.

2. Review Process

- 2.1 The report presents a summarised overview of members' progress to date against the high level targets (summarised by the three themes of Participation, Performance and Places), using the following framework:
 - · Target Reference and Details;
 - Timeframe;
 - Status;
 - Baseline information and current position (where appropriate and available); and
 - Progress to date and contributing organisation.
- 2.2 The summary report has been collated by Sport Northern Ireland on the basis of information that was submitted by each member organisation represented on the SMIGs.
- 2.3 The status of progress against each target has been rated using an extended Traffic Light system. The ratings are defined as follows:
 - BLUE Target achieved;
 - GREEN On track for achievement;
 - AMBER On track for achievement but with some delay or uncertainty; and
 - **RED** At risk for achievement.

Table 1 details the current rating of each target categorised by theme and timeframe.

TABLE 1

CURRENT RATING OF EACH HIGH LEVEL TARGET CATEGORISED BY THEME AND TIME-FRAME

| | PARTICIPATION | | | PERFORMANCE | | PLACES | | | TOTAL | |
|-------|---------------|--------|------|-------------|--------|--------|-------|--------|-------|----|
| | Short | Medium | Long | Short | Medium | Long | Short | Medium | Long | |
| BLUE | 3 | 2 | | 3 | 1 | 0 | 1 | 2 | | 12 |
| GREEN | | | 5 | | | 5 | | | 2 | 12 |
| AMBER | | | | | | | | 1 | | 1 |
| RED | | | | | | | | | | 0 |

| Target Number: | PA1 |
|------------------------------|---|
| Target Details: | By 2009, to have agreed and commenced implementation of a revised research framework for participation rates that is cognisant of the recommendations of the Chief Medical Officers in the UK. |
| Target Deadline: | 2009 (Short Term) |
| Status: | ACHIEVED |
| Baseline Information: | 2008: No large scale survey in place that measured participation rates taking cognisance of the Chief Medial Officers in the UK's Physical Activity Recommendations. In 2010, Sport Northern Ireland developed and commissioned a survey, Northern Ireland Sport and Physical Activity Survey (SAPAS), to achieve this target. |
| Current Position: | 2017: Sport Northern Ireland is currently developing a business case for repeating SAPAS in 2017-2018. Since 2013, the Continuous Household Survey has been used as the main data source for monitoring progress against Sport Matters all participation targets. |
| | |
| Contributing Member | Progress |
| Sport Northern Ireland (SNI) | SNI published Northern Ireland's Sport and Physical Activity Survey (SAPAS) in 2011 – the large-scale adult participation survey which provided baseline data for many of the targets identified within Sport Matters. Within this reporting period, SNI prepared a business case for repeating SAPAS during 2017-2018. It is anticipated that findings from this research will be available in the January 2019. |

| Target Number: | PA2 | | |
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| Target Details: | By 2010 to have reviewed the economic impact of sport and physical recreation in Northern Ireland. | | |
| Target Deadline: | 2010 (Short Term) | | |
| Status: | ACHIEVED | | |
| Baseline Information | 2008: £688m (2.8%) was spent by consumers on sport-related goods and services during the year. | | |
| Current Position | 2013: £932m (3.2%) was spent by consumers on sport-related goods and services during the year. | | |
| Contributing Member | Progress | | |
| Sport Northern Ireland (SNI) | SNI published the Economic Importance of Sport in Northern Ireland in November 2015. The report was disseminated to a wide range of stakeholders across NI and is available online at www.sportni.net. During 2014, SNI also published the Economic Impact of Outdoor Recreation report in collaboration with Outdoor Recreation NI (ORNI), NI Environment Agency, Tourism Northern Ireland and Inland Waterways. | | |
| Irish Football Association (IFA) | Evaluation of DSD funded 'Sport in the Community' programme (final year 2014-15 – pending sign off). Evaluation of multi-sport delivery as part of the DCAL funded PETPSE programme – 'A Sporting Chance' (Deloitte, 2014). Multi-Sport Strategic Framework - 'Sport Uniting Communities' (Deloitte, 2015). | | |
| Ulster Council Gaelic Athletic Association (UCGAA) | GAA games have an economic impact through the Ulster Club Championship through October and November. This impact continues with the McKenna Cup through January and February and National Leagues in March through to May. The Ulster Football Championship through June and July also has a huge economic impact. Ulster hosted the third level competitions for GAA at QUB. Ulster hosted the National Feile Peile na nOg with 300 teams participating in Games across the Province. | | |

| Chief Leisure Officers Association (CLOA) | Council has continued to assist in the provision of local sporting events in the Fermanagh and Omagh District Council area. |
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| | Armagh City Banbridge and Craigavon Borough Council |
| | At a local level, Local Authorities support major sporting events e.g. Armagh International Road Race, Tandragee 100, Lurgan Park Rally, |
| | Craigavon Cup etc. • A large number of sporting organisations received funding through the council's Financial Assistance Policy. This included: 0 |
| | Capital Grants: 8 clubs were successful with £51,467.30 awarded. O General Grants: 45 clubs were successful with £43,885.16 awarded. |
| | |
| | Lisburn and Castlereagh District Council |
| | Year 9 survey for Sport and Health Related Physical Activity Strategy for Lisburn and Castlereagh completed. |

| Target Number: | PA3 |
|--------------------------|--|
| Target Details: | PA3a - By 2013, to have established a baseline for the % of post primary children normally participating in a minimum of two hours physical education per week. |
| | PA3b - By 2013, to have established a baseline for the % of post primary children normally participating in a minimum of two hours of sport after school per week. |
| | PA3c - By 2013, to have established a baseline for the % of post primary children normally participating in a minimum of two hours of sport outside school per week. |
| Target Deadline: | 2013 (Short Term) |
| Status: | ACHIEVED |
| Baseline Position: | 69% of post primary children normally participate in a minimum of two hours physical education per week (PA3a, 2013 YPBAS) 27% of post primary children normally participated in a minimum of two hours of sport after school per week (PA3b, 2013 YPBAS) 65% of post primary children normally participated in a minimum of two hours of sport outside school per week (PA3c, 2013 YPBAS) |
| Current Position: | Not currently available. |

| Contributing Member | Progress |
|---------------------------------|--|
| Sport Northern Ireland (SNI) | • SNI continued to support the provision of school sport through the active communities programme. Approx 75% of all participants (78,627) in 2015/16 were children/young people. This provision included after-school sports activities and taster sessions to encourage children to participate in community sport opportunities. |
| | • Support to Disability Sports Northern Ireland to deliver '5 star challenge' in 20 primary schools and 5 post-primary schools, engaging 3,328 pupils and raising awareness of disability sport. |
| | • Support to Special Olympics Ireland to deliver programmes engaging children & young people in partnership with 12 schools in 2015/16. |
| Department of Education (DE) | • Legislation prevents DE from prescribing the amount of time that should be allocated to a subject within the curriculum. However, DE guidance recommends schools should provide pupils with a minimum of 2 hours per week. |
| | • DE continues to contribute towards participation on PE through its funding of the Curriculum Sports Programme. The programme aims to improve both the physical literacy skills of our youngest pupils (Foundation & Key Stage 1) and the skills and confidence of teachers in delivering PE. During the 2014/15 school year, 61 coaches delivered the Programme in 532 schools, reaching over 43,000 pupils. |
| | • In October 2014 ETI carried out a scoping exercise on Physical exercise involving 6 primary schools (controlled, maintained & integrated) [stage2 of planned work]. They noted a clear commitment from senior leaders and governors to provide regular quality PE for all pupils. The agreed quality indicators show high expectations for the pupils and are age and stage appropriate: teachers are clear on the milestones the children should be reaching in each of the activity areas as they progress through the key stages. An evaluation of the quality of the work of adults other than teachers, i.e. coaches, is a key area for development in primary schools. The visits to post primary schools [stage 3] were not able to be carried out in the 2014/15 school year. Subject to the approval of the DE commissioning panel, DE will ask the ETI to undertake a qualitative survey of post primary |
| | physical education provision in 2017/18. |

Ulster Branch Irish Rugby UBIRFU have a Community Rugby Programme which is managed by our Participation Manager (position funded by SNI Investment in Performance Football Union Sport programme). The Community Rugby Programme has placed 23 part-time development officers in Northern Ireland. These community (UBIRFU) coaches work to deliver introductory rugby programmes to local schools and community groups and provide a means for participation from nontraditional rugby playing areas within Northern Ireland. Through our community rugby programme we can account for over 5000 unique participants per annum. As part of this programme we employ 1 full-time Female Rugby Officer whose function is to support the development of female youth rugby by providing rugby coaching to females within primary and secondary schools and to offer them suitable competition and an opportunity to progress at local Clubs. The 2015/16 season saw 48 teams compete in Girls Schools Cup (modified, non-contact) and 27 teams competed in GX7's (contact) competition. As a result of our development work in schools we have seen an increase in the number of non-traditional rugby schools participating in various schools based competitions, as a result of the increase in rugby delivery within maintained, and integrated and Voluntary Grammar sectors. During the year 2015/2016 - 255 schools have participated in our Community rugby programme (121 Secondary schools/134 Primary schools) along with delivery of 101 rugby blitzes for participating schools this rugby delivery is a result of continued UBIRFU investment.

| | • | In addition, our Participation Rugby Manager is responsible for overseeing our involvement with the Sport NI Active Communities programme. Up until March 2016, 7 consortia employed a rugby specific coach, 2 of which were employed directly by UBIRFU. This scheme is driven towards increasing participation specifically with women, older people and participants with a disability. Through these posts we delivered to 5,000+ participants per year to facilitate growth in long term participation. These structures have supported the development of 3 special needs club's province-wide and 5 additional girl's youth sections. |
|----------------------------------|---|---|
| Irish Football Association (IFA) | • | IFA provided statistics from the NISFA Schools Cup indicate that 50% of Post Primary Schools entered the competition and a total of 3915 participants participated. |
| | • | Across all divisional leagues for boys there is a record 11,680 boys representing clubs throughout Northern Ireland competing in and training which provides more than the minimum 2 hours of sport outside school per week. There are also 223 girls involved in football, both training and competition according to the NIWFA. This data is for those aged 12-18. |
| Playboard (PB) | • | PB's Positive PlayGrounds programme, which supports the development of an active play ethos and introduces new active play opportunities within Primary Schools and school grounds was delivered within 16 primary schools, enhancing pupil opportunities to engage in active play at break times and as part of the wider educational curriculum. |
| | • | Through Active Belfast funded community play programme, PB engaged with 297 children of compulsory school age in a total of 22 sessions of outdoor, active play and provided play training for 12 community volunteers enhancing their ability to plan and deliver active play sessions. PB established as a pilot the 'Taking Outdoor Play Seriously' (TOPS) play quality award, making its first award to Ballymacash Primary School in Lisburn. Through TOPS's PB worked with teaching and non-teaching staff within the school to transform the outdoor space, introducing a wide range of playable, active elements aimed at encouraging children to play more outdoors during recess time. In total the transformation impacted on the schools full pupil base of 400 pupils. The programme has not moved beyond pilot phase and is being further delivered within 4 primary schools over the period September 2016 to June 2017. |
| | • | 834 children of compulsory school age participated in a total of 29 outdoor, active play sessions over the months of July and August delivered by PB in conjunction and with the support of Newry, Mourne and Down District Council; In supporting the delivery in Newry, Mourne and Down District Council, PB delivered play volunteer training to 8 community based volunteers enhancing their ability to plan and deliver active play sessions. Community based active play is being further supported by Newry, Mourne and Down District Council who have purchased a number of play pods which will be accessible to community organisations for use in active play |

| | | sessions. |
|-----------------------|---|---|
| Ulster Council Gaelic | • | Key Stage 1 programme targets 300 Primary Schools and around 18,000 children per year. |
| Athletic Association | | Key Stage 2 programme targets 250 Primary Schools and around 15,000 children per year. |
| (UCGAA) | • | Regional Hurling Development Programme targets around 65 Primary Schools and 6,500 children per year. |
| | • | Regional Hurling Development Officer – Super Games Centres in post primary – targeting 40 schools and 1200 children per year. |

Public Health Agency (PHA)

• PHA, in partnership with local obesity prevention/physical activity interagency forums and local health and social care trusts (HSCTs), continue to invest in a range of 'training for trainers' courses and projects to encourage children to participate in physical activity during and after school hours.

- Early Movers training (a British Health Foundation National Centre training programme) was commissioned by PHA from the five HSCTs. This training which targets healthcare professionals, childcare workers and those working in Early Years settings provides information and training on physical activity and the CMO guidelines for physical activity.
- As a follow on for those who have attended Early Movers, 'Start to Play' training which is based on training and resources developed by Youth Sport Trust is also commissioned by PHA and offered by the five health and social care trusts. The training recaps on the key messages from Early Movers and focuses on practical activities to promote physically active play.
- Physical activity training focusing on the Chief Medical Officer's early year's guidelines has been provided to 50 staff delivering the Star Babies programme in the northern area of the PHA. All these staff received a copy of the BHF 'Life is a Playground' pack outlining ways to get preschool children more physically active. A range of play equipment has been purchased to support with the roll out of the programme. 136 first time families' started Star Babies and 32 toy items were gifted to parents to promote physical activity and encourage active play. 107 families received two home visits delivered by qualified staff which included an element of physical activity/active play. Swim vouchers were provided to parents participating in the Star Babies Programme to encourage them to use local leisure facilities and introduce their babies to water activity.
- Fermanagh District Council has delivered a Physical Activity Nursery Programme (under 5s), the programme promoted fundamental skills to improve levels of physical activity. 10x12 week programmes were delivered in nurseries across Fermanagh which focussed on the delivery of hockey, rugby and football.
- Links have been developed in the PHA northern area with Active Communities to provide Paralympic after school clubs in the Coleraine and Moyle area. This programme is delivered in partnership with the Northern HSCT's Paediatric Physiotherapist team.
- UP4IT (known as Family Health initiative in the southern locality and Safe, Wellbeing, Exercising and Eating Together (SWEET) in the west) is a highly enjoyable family focussed obesity prevention and management programme which is delivered to children aged under five (as an eight week healthy behaviours programme) and children 8 11 years (as a 12 week weight management programme).
- MEND childhood obesity programme was delivered through several Sure Start programmes in South Eastern HSCT area. In the current year, the target is for 50 families to be supported.
- The PHA has partnered with the Department of Regional Development (DRD) to develop an active travel to schools programme. Sustrans was commissioned to deliver a 3 year programme with 60 schools recruited in Year 1, 66 schools in Year 2 and in September 15 the final 65 schools commenced. The aim of the project is to encourage more children to walk and cycle to school and to develop a culture of active travel within schools.
- Active Belfast has continued to work closely with partners including DRD, Belfast City Council and Belfast HSCT to promote and fund a range of active travel initiatives which have now been included in the Belfast Active Travel Plan 2014 2020 which was recently launched.

Chief Leisure Officers Association (CLOA)

Fermanagh and Omagh District Council

- Coaching sessions provided in schools across the district.
- Development of the EBA 2020 programme which includes Primary and Secondary school activity programmes.
- Developed Park Run in Omagh.
- Encouraged and organised school competitions and events in local council facilities.
- Development of a coach education programme to support volunteer coaches and local clubs.

Armagh City Banbridge and Craigavon Borough Council

- Local authorities are engaged in curricular based activities and after school programmes through Active Communities and Every Body Active 2020. These compliment the delivery of the PE curriculum and offer valued opportunities to put the learning acquired into place through the organisation of appropriate competitive opportunities.
- The development and co-management of dual use facilities continues to enhance the quality and availability of activity/programmes in school settings e.g. Lurgan Junior High School, Keady Community Centre.
- Active Communities Oct 15-Mar 16: 3935 young participants in a wide range of sports and activities both in an after school and club setting
- EBA 2020 Apr Oct 16: 2700 young participants in a wide range of sports and activities both in an after school and club setting
- Sport in The Community 4964 project participants took part in 3680 hours delivery in community sport projects such as Midnight Street Soccer, MUGA Sports, DV8 Sports and others, targeting those young people who are living in the most disadvantaged areas as identified by DSD Neighbourhood Renewal.
- Southern Sports Partnership 386 young participants took part in a 26 hour programme, including Talent Search Trials and a 12 week elite coaching programme in partnership with the governing body.
- Countless regular opportunities exist for young people to participate in organised formal sessions, like lessons in swimming / gymnastics this is above and beyond the informal public usage opportunities that occur in indoor and outdoor leisure in play parks and open spaces which are provided and maintained by the local authority.
- Council also provides numerous holiday scheme opportunities where physical activity is a central theme.

Lisburn and Castlereagh District Council

- Sports Development Coach and club training programme to provide pathway for adults to get involved in coaching within clubs.
- Physical activity classes run on a weekly basis in activity, community and sports centres
- Delivery of EveryBody Active 2020 programme.
- Major events delivered— Half Marathon, Triathlon, Dodgeball, Couch to 5K.
- Broader programme of classes in Council facilities to cover both physical and mental wellbeing.

Antrim and Newtownabbey District Council

Sport Matters Progress Report 01 Oct 2015 - 30 Sep 2016 Council supported the provision of school sport, through Active Communities Programme. Approximately 81.23% (6646) in 2014/15 were children/young people. This provision included after schools and curricular based sports activities and taster sessions to encourage children to participate in community sports opportunities. Delivering Sport NI funded EBA 2020 programme April 2016 – September 2016 Council has partnered with five governing bodies Ulster Rugby, Ulster Hockey, Cricket Ireland, Netball NI and Athletics NI and employed 8 activity leaders/coaches who run various activity/sports programmes

- within post primary schools. As a result of this work there has been an increase in the number non-traditional schools/genders partaking in aforementioned sports.
- Council is working in partnership with post primary schools within the Borough to develop links with the EBA 2020 programme and working with education board, NGB, Local clubs, Sport NI
- Council has actively encouraged post primary schools to access council facilities for curriculum based activities and programmes such as swimming, gymnastics.
- Council has continued to run linkage programmes, such as the Rugby, Athletes, Cricket, Netball, Hockey, Tennis, Dance, Football, Couch to 5k and Gymnastics.
- Actively promoted events and programmes such as parkrun, gymnastics, orienteering, cross-country event, seasonal sports programmes, swimming lessons, seasonal camps/programme.
- Numerous regular opportunities exist for young people to participate in organised formal sessions such as swimming, gymnastics, trampolining
 this is above and beyond the informal public usage opportunities that occur indoor and outdoor leisure in play parks and open spaces which are
 provided and maintained by the Council.
- Annual Santa Saunter event (100 participants).
- Expansion of Altitude Dance Company to 6 classes 2015/16.
- Expansion of the forum Gymnastics Programme to Glengormley Community Centre and Crumlin Leisure Centre through British Gymnastics.
- Expansion of BEAT programme through Community Safety Team (be educated, be active, be together).
- Developed and expanded Aspire Sport Programme (Talent ID).
- Expansion of Wildcats Activ8 programme to Randalstown, Muckamore, Crumlin and one additional class at the Antrim Forum (100 Participants).
- Support local sports clubs through the provision of Grant Funding
- Expansion of Forum Strikers Programme.
- Refurbishment of Allen Park Sports Hub.
- Continue to work with Sport and Community Based organisations to promote club programmes and initiatives.
- Active promotion of local clubs and support for under 18 sport. The area has seen an increase in participation in hockey, football, rugby and Gaelic games in a club setting.
- Assisted and advised with the structure and sustainable development of the TBUC programme and the Greencastle youth programmes with links to sustainable participation.

Mid Ulster District Council

- Council was central to the Active Communities Programme and now Every Body Active 2020 that delivers physical activity during curriculum time and after schools and in the community in the evenings.
- The GAA Games Promotion Programme in Cookstown delivered a structured Gaelic Games Programme to more than 12 Primary & Secondary Schools during and after school.

Sport Matters Progress Report 01 Oct 2015 - 30 Sep 2016 The 'Fit for Life' Programme in Magherafelt delivered structured Multi sports activities to 30 Primary Schools during curriculum time. The Northern Partnership for Physical Activity has provided funding towards a Junior Parkrun to commence in the New Year. In conjunction with the British Heart Foundation, a 'Flames Project' working with the two Secondary Schools in Cookstown where Sports Development coaches trained up Multi Skills Leaders who then delivered a 6 week programme to their feeder Primary Schools. A total of 24 students were trained with over 200 Primary School pupils participating in the programme.

Twilight Soccer continued to be popular with 14-18 year olds with a 6 week programme delivered in Cookstown in 2015 and this year's programme has just commenced in all three legacy areas.
 A range of Multi Sports, Schemes and Sports specific programmes were delivered as part of the Council's holiday programmes.
 NIEA continued to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches.
 Creation of a new children's informal play area at Crawfordsburn Country Park was largely completed.
 Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties.

Many children make use of these assets both as families and in organised groups.

01 Oct 2015 - 30 Sep 2016

Sport Matters Progress Report

| Target Number: | PA4 |
|--------------------------|--|
| Target Details: | By 2013, to have stopped the decline in adult participation in sport and physical recreation. |
| Target Deadline: | 2013 (Medium Term) |
| Status: | ACHIEVED |
| Baseline Information: | 45% of the Northern Ireland adult population participated in sports and physical recreation once in the last 12 months (2008-09 CHS) |
| Current Position: | 54% of the Northern Ireland adult population participated in sports and physical recreation once in the last 12 months (2013-14 CHS) |
| Contributing Member | Progress |

Sport Northern Ireland (SNI)

- As a statutory consultee Sport NI staff are continuing to engage with and support the development of Community Plans in each of the 11 District
 Councils, at both strategic partnership and operational working group level. All 11 District Councils are working towards publication of the final
 Community Plan by April 2017. Each draft Plan acknowledges the importance of sport and physical activity in delivering against a number of
 outcomes and this is variously reflected in proposed Indicators. Sport NI continues to explore opportunities to further strengthen collaborative
 working with District Councils and other (statutory) partners involved in community planning e.g. Libraries NI and the NI Prison Service.
- Strand 1 of the Every Body Active 2020 Programme links the delivery of sport and physical activity to the Community Plan and invests the resource in working towards the achievement of the draft outcomes within each plan. At the end of September 2016, nine District Councils are implementing Year 1 of Every Body Active 2020.
- SNI continues to support the active clubs participation intervention to encourage increased and more equitable sports club membership. SNI is working with 11 governing bodies of sport (GAA, hockey, orienteering, sailing, dodgeball, gymnastics, boxing, table tennis, angling, cricket & netball) and two NI 'umbrella' organisations (DSNI & ORNI). Active clubs seeks to increase the number of people in membership of at least one sports clubs as a proxy for lifelong involvement in sport & physical activity.
- SNI continues to work closely with both DSNI and Special Olympics Ireland to improve opportunities for people with a disability to get involved in sport and active recreation projects. In May 2015 SNI initiated a strategic planning process for the wider disability sport sector. This project is overseen by a cross-sectoral project board (inc. Disability action, OFMDFM, DHSSPS, NISF & disability sport reps). Actions to date include an extensive public consultation process and desk research to inform the development of a draft action plan.
- SNI continues to support the implementation of the NI outdoor recreation action plan. Active Outdoors Five 'large scale strategic' area plans completed for the Sperrins, Mournes, Lough Neagh, Strangford and Lecale and Causeway Coast. A further 10 regional plans developed and complete for some of the larger forests and country parks across NI which act as key regional hubs and draw users from a wide geographical area includes key forest parks, Northern Ireland Environment Agency country parks and Lough Neagh Outdoor Recreation NI have also completed a further 17 local audits/plans for the development of outdoor recreation.
- Active Communities End of Year report:
 - · Total participants as at 31 March 2016: 103,653 ·

Target Group Breakdown:

Women & Girls - 57,857 (56%) ii.
 People with a disability - 15,109

(15%) iii. Older people - 13,336 (13%),

iv. 22% are from within the top 20% of MDM areas, which is an increase from 21.2% reported in 2014-15.

- When considering those in the top 30%, this equates to 32% which is a 1% increase from last year. NI population from the top 30% equates to 28.8% of the overall population, in comparison to the 32% of ACP participants.
- Active Awards for Sport 33,979 participants engaged through Rounds 1 & 2 (cf. business plan objective of 30,000); Round 3 actuals due end Quarter 2 2016 2017 (target 12,479). Target group breakdown (Rounds 1 & 2 actuals): Women & girls 18,940 (56% of total) People with a disability 2,956 (9% of total) Older people (>50) 2,699 (8% of total), high social need 10,057 (29% of total).
- Together Building United Community Sport Northern Ireland secured a number of TBUC related projects in Quarter 3 and Quarter 4 of 201516. Headline outputs include: Women in Sport seminar, in partnership with NI Sports Forum (14 March 2016). Over 100 delegates attended. The Active, Fit and Sporty Pledge was launched on the day which is available on the NISF website. An action plan will be developed during 2016 2017 based on the Pledge and identified priorities from consultation. Good Relations Training Project provided training to 224 sports clubs and community groups and multi-sport kitbags for development purposes on the 22nd February 2016. By 31 March 2016, 144 clubs (approximately 300 individuals) had completed 'good relations in sport' training to complement and enhance deployment of the kit bags. 468 volunteers were trained in Enhancing Good Relations through Sport which was completed in September 2016, across the 11 council areas.
- Defibrillators for Sport (AED Programme) 102 of the 380 AEDs were offered to clubs who had been successful under the TBUC Programme. The remaining 278 AEDs were offered out to all clubs/groups through an on-line survey which opened on the 22nd July and closed on the 12th August 2016. On the closing date 1356 applications were received. Allocation and Training for AEDs will take place in Quarter 3 and 4 2016-17.
- Euro'Meet The Nature and Sports Euro'meet is a biennial event that is under the aegis of and managed by the European Network of Outdoor Sports (ENOS). The 2015 event was held in Newcastle, Northern Ireland and was hosted by Newry Mourne and Down District Council. The 2 key themes for the event linked strongly to EU priorities and to the needs for the development of outdoor sports in Northern Ireland as articulated by the NI Outdoor Recreation Action Plan were:
 - Increasing participation and optimising the social benefits associated with outdoor sports
 - Capturing and developing the economic importance of outdoor sports for a region or territory.

Keynote Speakers included Jonny Yong (Para-Canoe), Roland Farkas (Sport Unit of the European Commission), Simon Shibli (Sports Industry Research Centre) and Carol Richie (Europarc Federation)

- Benefits of Outdoor Sports to Society (BOSS) The EU funding is at 79% for a €500K project (€400K). The project has been facilitated by the
 European Network of Outdoor Sports (ENOS) and will be led by the CREPS Rhone Alpes (the outdoor division of the French Ministry of Sport). The
 total income to Sport NI will be €27,081 to cover time spent on the project and also travel and subsistence for meetings. This unique project will
 develop and test a framework for clear and comparable evidence of the economic value of the social benefits that have been evidenced from
 outdoor sports.
- Watersports Enhanced Together (WET) This project is aimed at increasing health enhancing physical activity especially for those at risk of social
 and economic isolation through the use of water based sports and activities. It will involve collaborative working to promote opportunities for
 long term sustainable engagement in sport and physical activities in, on or adjacent to water but through a major promotion of water based sports
 during the European Week of Sport. A series of taster and try it events throughout the summer season to engage new participants with a range
 of water based sports to be arranged. To arrange a series of major follow up flotilla events (called "SPLASH" events) for those who have had initial

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| | taster sessions during the European Week of Sport in September in conjunction with local clubs, national federations, international events and water management organisations. |
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| Chief Leisure Officers | Fermanagh and Omagh District Council |
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| Association | Delivery of couch to 5K programmes. |

(CLOA)

- Delivery of Park Run in Omagh and ongoing support of Park Run in Enniskillen.
- Establishment of an Everybody Active 2020 programme across the District.
- Worked in partnership with the Public Health Agency to implement a GP Physical Activity Referral programmes across the District.

Armagh City Banbridge and Craigavon Borough Council

- Council offers countless structured and informal participation opportunities within indoor and outdoor leisure for all in the community to participate in a diverse range of sport and physical recreation activities.
- The Physical Activity Referral Scheme in partnership with the PHA continues to be a successful engagement tool.
- Large numbers of participants took part in both formal and informal running. Participants took part in the Couch 2 5K programme, with over 200 taking part weekly Park Run project, and 2100 participants taking part in 10K / 10Mile road races across the borough
- Through the delivery of Active Communities and EBA 2020 programmes 3200 adults participated in a range of sport and physical recreation.
- Across the Council region Over 50's clubs are established and thriving within leisure facilities
- Considerable success experienced through the DSNI funded Craigavon Inclusive Leisure project both with creating and sustaining opportunities for adults with a disability to play sport. Over 1500 people took part and over 3500 participant opportunities created.
- · Comprehensive Walking Programme which includes led walks, Volunteer Walk Leader Training and Walking Festival events.
- Council has concession pricing in place to cater for those in greatest need.

Lisburn and Castlereagh District Council

- Provided link between after school programmes and sports clubs
- Sport Lisburn and Castlereagh developed capacity of sports clubs, provided funding for sports coaches and special events and produced a Directory of Sport.
- Council delivered a Sports Development training programme and provided assistance with club development plans and application for grants.
- Club Mark assisted clubs to attain accreditation with their governing body Sports awards delivered an annual Lisburn and Castlereagh Sports Awards.
- Through EBA 2020 worked with clubs to encourage new members.

Mid Ulster District Council

- The Active Communities Programme has delivered physical activity to more than 2820 people over the age of 50yrs across the area in this time period.
- A wide range of classes and programmes are offered across all of the council leisure facilities to encourage participation.
- With funded secured from the Northern Partnership for Physical Activity, 3 Couch to 5K Programmes are in the process of being delivered across the district. It is planned to deliver another 2 of these in the same areas. A number of led Walks have also been delivered across the district.
- The weekly Parkrun in Cookstown continues to a successful with an average of 95 runners attending every Saturday.

The legacy councils hosted a very successful 50+ Activity Clubs in each of its leisure centres. Cookstown hosted a very successful Street League over the Summer months with more than 250 players participating. The GP referral scheme in partnership with the PHA continues to be a successful engagement tool. The Cycle Pod at Dungannon Leisure Centre continues to be popular with cycle leaders for use in their communities • Concession pricing for priority groups – 50% discount.

01 Oct 2015 – 30 Sep 2016

Sport Matters Progress Report

| Ulster Branch Irish Rugby Football Union (UBIRFU) | UBIRFU continues to promote adult tag rugby as a version of the game that is played in the summer months. This non-contact version of the game has proved very popular bringing both new and previous participants back into the sport. There has been a particular increase in the number of mixed teams (i.e. both male and female) now playing over the last number of years. Adult Women's Rugby has continued to increase across the Province with the number of teams increasing from 13 in season 2011/12 to 15 Clubs in season 2012/13. This has increased to 16 teams in the 2014/15 season with 2 more Clubs in development and Queens having established a 2nd team. UBIRFU have developed programmes such as Return to Rugby, Festive fixtures and promoted mid-week rugby as direct action to address this decline. By the end of the 14/15 season we have more than 6 additional adult games taking place per week than the recorded figure in 2011/12. |
|---|--|
| Northern Ireland Environment Agency (NIEA) | NIEA continued to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. NIEA contributed funding towards path creation and maintenance including within the Sperrins, Ring of Gullion, Mound of Down, the Belfast Hills, the Mournes and the Causeway Coast Way. NIEA continues to work with Sport NI and other partners to deliver the targets of the Outdoor Recreation Action Plan for Northern Ireland which was published in March 2014. Delivery of the targets is embedded in the criteria of Natural Environment Fund and will be embedded in any new grant programme that is developed. NIEA provides strategic funding for Outdoor Recreation NI and contributes information on NIEA properties to the Walk NI website. |
| Outdoor Recreation Northern Ireland (ORNI) | 389,675 visits were made to the following outdoor recreation trails – Castlewellan, Davagh, Rostrevor, Barnetts Demesne, Divis, Tobar Mhuire, Castleward and Bunker's Hill during the period. 6th Giant's Causeway Sportive took place on 10th September 2016. First year the event has been sold out. 1400+ registered to take part in the event. Working with the outdoor activity industry sold £41,113 of outdoor activity experience vouchers to the public. Active marketing and promotion of over 35 outdoor recreation sports to the populations through a wide range of media including: Websites: Main consumer websites (OutdoorNI.com, WalkNI.com, CycleNI.com, CanoeNI.com and MountainbikeNI.com) received 730,000 absolute unique visitors. PR: PR equivalent generated for the outdoor sports for the period was approx. £1,1million Campaigns: FLOW – 'Get into Watersports Campaign' – 23 taster events, 10 watersports represented, 500+ participants = 57 follow up participation events. |

| | • | £64,660 equivalent advertising value generated for water sports clubs and European week of sport. 63% of participants were likely or very likely to join a watersports club after attending FlowNI. |
|-----------------------------|---|---|
| Student Sport Ireland (SSI) | • | Established a Committee to oversee the development of the strategic theme of health well-being and physical activity in students. Coordinated two national initiatives by year 2 (2014). |
| | • | Established links to other external websites e.g. Irish Heart Foundation, Slí na Sláinte etc to engage and promote physical activity. |

| Disability Sports Northern | DSNI contributed to the target by organising the following range of participation programmes and initiatives in partnership with District Councils, |
|-----------------------------|--|
| Ireland | Governing Bodies of Sport, Sports Clubs and Disability Sports groups and organisations: |
| (DSNI) | Active Communities Belfast: Participation project in partnership with Belfast City Council involving over 3,224 participants in year ending March 2016. |
| | • Active Clubs Programme focusing on the inclusion of blind/partially sighted and people with physical disabilities in new and existing disability and mainstream sports clubs. 395 participants during the period. |
| | Craigavon Inclusive Leisure Project benefitting over 1,000 participants annually. |
| | • Comic Relief 'Be Active' programme provided a range of participation initiatives and events throughout Northern Ireland • YST Inclusive Futures Lead your Generation Project involving 110 volunteers. |
| | • Supported mainstream Governing Bodies of Sport with the delivery of a range of participation initiatives in the sports of Athletics, Badminton, Football, Table Tennis, Sailing, Swimming and Wheelchair Rugby. Two Governing Bodies of sport the Irish Football Association and Athletics NI Disability Sport NI's newly developed 'Inclusive Sport Award'. |
| | Northern Ireland Boccia programme involving seven clubs and participation based league. |
| | Northern Ireland Wheelchair Basketball programme involving four groups/clubs and series of participation initiatives. |
| | Northern Ireland Disability Sport Events programme involving 6 participation based events in the sports of Boccia, Sports Hall Athletics and New Age Kurling. |
| Northern Ireland Sports | Continue to have 4 Board members represented on Sport Matters Groups. |
| Forum | • Improved membership database to better communicate and engage with members. NISF now have an active and engaged membership. |
| (NISF) | • Met 10 of 11 new Councils to increase collaboration for the development of the sector in August/September 2015. |
| Gaelic Athletic Association | Gael Active Programme to promote physical activity with adults. |
| (GAA) | Gaelic for Mothers to promote physical activity with adults. |
| | Masters and Veteran handball tournaments for adults. |
| | Master GAA – Competition for retried players. |
| | Recreational GAA – activity for retired players. |

Public Health Agency (PHA) PHA has continued to support increased participation in physical activity through a range of investments in obesity prevention/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local HSCTs; provision of a range of training for trainers courses; allotment and community garden projects; physical activity referral schemes by GPs, and other health professionals to local leisure facilities and healthy living centres; active travel projects; development of outdoor gyms; healthy towns initiatives in a number of council areas which bring together a range of programme areas at local level; work place health initiatives; and through joint working with local government e.g. Active Belfast and healthy towns. In January 2013 the PHA launched the 'Choose to Live Better' public information campaign on the prevention of obesity which promotes the importance of physical activity and healthier eating for adults. The campaign was re-run from Dec 14 – March 15. The campaign is supported by a website with links to related activities and organisations. In April 2015 the PHA insured 1620 Walk Leaders who are leading walking for health initiatives throughout Northern Ireland. A review of the Walking for Health programme is still under consideration. The development of a standardised programme for physical activity referral is being advanced and a further workshop to help shape the final specification is scheduled for 30 November 2015. The PHA continues to supports Physical Activity Referral Schemes in almost all district council areas. PHA continues to participate in the PARC study, the research element of which will look at the effects of the built environment on the physical activity levels of people in east Belfast. PHA in the south eastern area has also been involved in the QUB Walk with me study and the development of PAL (Physical Activity Loyalty) scheme. • The Belfast Health Development Unit further developed Active Belfast. The Active Belfast Partnership is implementing an action plan taking into consideration different populations and focusing on five key priorities; people, places, promotion, participation and partnerships. PHA continued to develop strong links with DRD through the Active Belfast Active Travel Task and Finish Group, chaired by the PHA Chief Executive, Dr Eddie Rooney under the auspices of the Belfast Strategic Partnership. The group has developed an Active Travel Action Plan for Belfast which will enable Belfast to become a vibrant city where people are healthy, fit and well-connected with one another, a city where people walk, cycle or take public transport as part of their normal, everyday lives. The Conservation Volunteers (TCV) delivers Green Gym Projects in the west, Belfast and the south eastern areas. The Green Gym is a preventative health project supporting people to connect with their local green space to improve their health, the local community and the environment. The Green Gym model supports people who experience health inequalities in making behaviour changes to benefit their physical, emotional and social wellbeing through direct involvement in local practical conservation projects. In 2014/15 the Western Green Gym provided 240 sessions with 84% of participants increasing their physical activity levels. In the southern locality the Conservation Volunteers (TCV) was awarded funding to deliver a sustainable communities programme. In addition to the support and training provided through the programme to local residents, they also gain from participation in regular physical activity and receive information on other lifestyle issues. An external evaluation of the Green Gym programme delivered in NI was carried out by Dr Katrina Collins. Report available. During 2014/15 the PHA supported the development of a further 10 outdoor gyms as follows: northern area (7); southern area (2); and western area (1) in order to provide increased access to and uptake of physical activity opportunities for people in their own locality.

Local councils in the western area are rolling out structured physical activity programmes in the outdoor gyms.

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- In the western area PHA worked with 5 local Councils to roll out the 'Couch 2 5K' Initiative. Approximately 360 participants joined a 10 week physical activity programme and completed 5k or 10k walk/jog/runs at the end of the programmes.
- In the south eastern area PHA also supports Parkrun and Couch to 5k.
- In the northern area PHA funded four local community networks to deliver a small grants programme across the 10 councils in the locality.
- In the southern area, PHA funded a series of obesity prevention initiatives through the Choose to Live Better campaigns which had a strong focus on enhancing physical activity. A total of 220 people participated in "Couch to 5K" and 15 taxi drivers completed a "Drive for Health" programme in Craigavon Council areas. 73 participants completed a 8 week physical activity programme in the Armagh council area and in Kilkeel over 60 people participated in a 6 week physical activity and nutrition programme called "Let's Get Kilkeel Active".

| Target Number: | PA5 | |
|---------------------------------|---|--|
| Target Details: | By 2014 to have increased the number of people in Northern Ireland in membership of at least one sports club | |
| Target Deadline: | 2014 (Medium Term) | |
| Status: | ACHIEVED | |
| Baseline Information: | 23% of the adult population are members of a club in which they can participate in sport or physical activities (2010 SAPAS) 19% of the adult population stated they were a member of at least one sports club (2008-09 CHS) | |
| Current Position: | 24% of the adult population stated they were a member of at least one sports club (2013-14 CHS) | |
| Contributing Member | Progress | |
| Sport Northern Ireland (SNI) | See Sport NI update at PA. SNI has worked with 21 governing bodies of sport to implement effective club development systems through its PerformanceFocus Investment. Sport Northern Ireland has facilitated a regular cycle of Northern Ireland club Development Network events as a means of learning and sharing for sports organisation staff members who are directly engaged in Club Development. | |
| | SNI has continued to co-ordinate the Clubmark NI club accreditation scheme in conjunction with National Governing Body and Local Authority partners. In the period a total of 12 clubs have achieved accreditation. SNI has through its Club Leaders programme has provided 15 free workshops to support volunteers involved in the day-to-day running of sports clubs to advance their skills and ability to operate on a more business like level. SNI has engaged with partners to develop the new Sporting Clubs 2017-21 investment. This will deliver the benefit of sustained increases in club | |

• The headline figures for Active Clubs for 2015/16 and 2016/17. Please note that the 16/17 figures are reflective of Q1 and Q2 figures only i.e. from 1st April to 30th September 2016.

| KPI# | KPI Description | 2015/16 Actual | *2016/17 Actual |
|------|---|----------------|--------------------|
| 1 | Total number of sports clubs engaged in the programme | 198 | 107 |
| 2 | Total number of new sports club members | 4202 | 2966 |
| 3 | Total number of new sports club members aged 14-25 years | 968 | 722 |
| 4 | Total number of new sports club members who are women/girls | 2573 | 1828 |
| 5 | Total number of new sports club members from areas of high social need | 752 | 712 |
| 6 | Total number of training, education and learning opportunities for coaches and volunteers | 2580 | 1072 |

• Figures are reflective of Q1 & Q2 figures only i.e. from 1st April to 30th September 2016

Chief Leisure Officers Association (CLOA)

Fermanagh & Omagh District Council

- Worked with DSNI to help establish and provide a range of disabled opportunities.
- Develop and deliver an inclusive leisure programme providing disabled opportunities across the district.
- Provide coach education and volunteer opportunities.
- Developed Park Run in Omagh and supported Park Run in Enniskillen.
- Provided taster programmes and activity opportunities for children and adults to save new sports/activities.

Armagh City Banbridge and Craigavon Borough Council

- Working with all the relevant agencies (SSP SAC's SNI NGBs) to assist in the development and sustainability of local clubs through grant aid, club development courses, advice and support with infrastructure, good governance and /or facilities.
- Formation of a new ABC Sports Forum, following an amalgamation of the 3 legacy forums of Armagh Sports Forum, Banbridge District Sports Association, and Craigavon Sports Advisory Council. There are currently 41 sports clubs represented on ABC Sports Forum covering 21 different sports.
- Recognition and celebration of the positive affect that good clubs have on our community through various sports awards and Mayoral recognition/PR
- Council has produced a Sports Development Action Plan for the development of sport and physical activity in the Borough for 2015 2017 which is embedded within the Corporate Plan.
- Council, through the Southern Sports Partnership has overseen the implementation of Sport Northern Ireland's Clubmark programme which aims to create a network of quality sports clubs across the area.
- Club participation opportunities in the sports of swimming / gymnastics and soccer are reliant on subsidised facility provision by Council.

Antrim and Newtownabbey District Council

- Working with all the relevant agencies (SNI, NGBs, etc.) to assist in the development and sustainability of local clubs through grant aid, club development courses, advice and support with infrastructure, good governance and /or facilities.
- Council created Grant Funding post to facilitate Sports Clubs who are eligible to apply to Council through the Grant Funding Policy and will get funding to support their work if they meet the criteria and can demonstrate the impact they have on the corporate goals.
- Recognition and celebration of the positive effect that good clubs have on our community through various sports awards, hall of fame and Mayoral recognition/PR.
- Council is aiding the implementation of Sport Northern Ireland's Clubmark programme which aims to create a network of quality sports clubs across the area. Actively promoting Clubmark and increasing the number of clubs accredited. Celebrate and raise the profile of clubs who have achieved and who are working towards Clubmark.
- Club participation opportunities in the sports of swimming, gymnastics and soccer are reliant on subsidised facility provision by Council.
- Developed and expanded Aspire Sport Programme (Talent ID).

Sport Matters Progress Report 01 Oct 2015 – 30 Sep 2016 Expansion of Wildcats Activ8 programme to Randalstown, Muckamore, and Crumlin. One additional class at the Antrim Forum, (over 100 Participants). Appointment of additional gymnastics coaches to support the expansion of the Forum Gymnastics club to Glengormley, Crumlin and outreach rural areas. Delivered coaches training course such as safeguarding, first aid.

- Park run event continued in September 2015 encouraging both junior and senior runners to join local running club.
- Forum basketball programme continued.
- Couch to 5K programme delivered in partnership with PACE Running club (200 participants) 100+ joined local running club.
- · Allen Park Sport Hub opened
- Continued to develop relationships and promote school/club programme with Governing bodies through the Active Communities Programme and EBA 2020 (Athletics NI, Ulster Rugby, Antrim GAA, Ulster Hockey, Cricket Ireland, Netball Northern Ireland, and British Gymnastics). Encouraging and signposting coach education and volunteer opportunities. Provided taster programmes in local areas/ communities linking into local clubs.
- Continue to supported Antrim Ladies Netball club both senior and junior section.
- Support Antrim Golf Club in establishment of Junior Golf.
- Raise awareness and actively promoting local Sports clubs, to the adult/young population through the Corporate Magazine and website.
- Celebrate local sporting success through Annual Sports Awards.
- · Promotion of sustainable pathways through national governing bodies with links to well established local clubs.
- Taster sessions supported by national governing bodies linked well established local clubs

Ulster Branch Irish Rugby Football Union (UBIRFU)

- Through the IRFU 'Play Rugby Initiative' we aim to provide young people with the opportunity to have access to rugby union. The concept has 2 streams:- O Schools session at a local club. In areas where development officers are working, we link schools activity up to additional sessions at the local club. Local schools are invited to an 'open day' type training session which is hosted by the officers in partnership with the local club coaches, with the intention of filtering players from schools into the club environment. During 2015/16 the UBIRFU-invested in the employment of 23 Club community officers the employment of these officers has led to 4994 young participants within rugby clubs in Ulster.
 - o In areas where development officers are not working, resource packs are made available to teachers with equipment and 'play rugby' coaching guidelines
- UBIRFU continue to run our summer camp programme which caters for children aged between 6 and 13 years of age during the months of July and August. These camps are for males and females regardless of rugby experience and act as a taster to the game. The programme is delivered in partnership with local clubs, designed to allow each of the children the opportunity to continue playing the game beyond the camp through their local rugby club. 2016 Summer Camps were attended by over 1400 children province-wide.

| | • In addition, our Participation Rugby Manager is responsible for overseeing our involvement with the SNI Active Communities programme. Up until March 2016, 7 consortia employed a rugby specific coach, 2 of which are employed directly by UBIRFU. This scheme is driven towards increasing participation specifically with women, older people and participants with a disability. Through these posts UBIRFU deliver to 5,000+ participants per year to facilitate growth in long term participation. These structures have supported the development of 3 special needs club's province-wide and 5 additional girl's youth sections. |
|--|--|
| Irish Football Association | Women Players aged 18-34 years: 1300 participating for their respective clubs. |
| (IFA) | • Women Players aged 35+: 45 women participating in the veteran's setup throughout Northern Ireland. |
| | Male Registered Players Adults – 22,980 representing their clubs. |
| | IFA also have recruited a full time Recruitment & Retention officer aimed at increasing participation rates throughout Northern Ireland. |
| | The Small Sided Games centres have recorded an attendance of 9785 participants aged 7-12. A total of 9335 Boys and 450 Girls. |
| | Across all divisional leagues for boys there is a record 11,680 boys representing clubs throughout Northern Ireland competing in and training which provides more than the minimum 2 hours of sport outside school per week. There are also 223 girls involved in football, both training and competition according to the NIWFA. This data is for those aged 12-18. |
| Northern Ireland Sports Forum (NISF) | NISF worked to gain a more accurate reflection of our membership. Membership now sits at 60 Full Members, 20 Associate Members & 14 Individual Members. NISF surveyed our own members to gain information of their own figures. Our members own individual members approximately 480,000 individuals. |
| | NISF promote opportunities for engagement in sport and physical activity from our members on relevant media channels. |
| Ulster Council Gaelic Athletic Association | Active Clubs Programme – promoting new memberships for clubs through engagement with young and older people to get involved in physical activity. |
| (UCGAA) | Nursery Programme in 300 clubs to promote new members and engage parents as volunteers. |
| | School / clubs link programme in KS1 and KS2 to encourage participation outside of schools. |
| | Integrated schools blitzes in primary and post primary, to encourage new members and increase awareness of games. |
| | Indoor hurling blitzes to encourage new members and increase awareness of games. |
| | Indoor one wall handball tournaments in schools to encourage new members and increase awareness of opportunity. |
| | Comprehensive post primary programme – 1800 games and 70 competitions to increase awareness and encourage club engagement. |
| | Increase activity in further education – to increase awareness and encourage club engagement. |

| Sports Coach UK (ScUK) | • | Development of a Northern Ireland specific Participation workshop to support National Governing Bodies of Sport and Coach Managers involved |
|------------------------|---|--|
| | | in the Active Clubs programme. This has increased the understanding of participation motivations across the coaching workforce in both adult |
| | | and young people populations. Sports Coach UK has contributed by providing technical expertise to NGB staff and Coach Managers involved in |
| | | the Active Club Programme and through the development of bespoke Participation workshops to meet the meet the needs of coaches working |
| | | across Northern Ireland. |
| | • | Tutor Orientations of identified staff from SNI and National Governing Bodies of Sport to support the delivery of the 'How to deliver engaging |
| | | sessions to Adults / Young People' workshops. Sports Coach UK Participation technical lead officer has delivered workshop orientations and |
| | | ongoing support to 15 identified tutors. |
| | • | ScUK delivered an 'Effective Network' session in October to the North West Coaching Network to provide insight and guidance on building |
| | | crosssport and sector partnerships in order to target new participants through health, crime prevention and other non-sport agendas. Follow up |
| | | with Governing body staff will take place over the next few months to see if further support is required. |

| Target Number: | PA6 |
|------------------|---|
| Target Details: | By 2014 to provide every child in Northern Ireland over the age of 8 years with the opportunity to participate in at least two hours per week of extracurricular sport and physical recreation. |
| Target Deadline: | 2014 (Medium Term) |
| Status: | NOTE: Following the review of Sport Matters 2015, this target was combined with PA3. Therefore target PA6 no longer exists. |

| Target Number: | PA7 |
|------------------|---|
| Target Details: | By 2019 to deliver at least a 3 percentage point increase in adult participation rates in sport and physical recreation (from the 2011 baseline). |
| Target Deadline: | 2019 (Long Term) |
| Status: | ON TRACK FOR ACHIEVEMENT |

| Baseline Information: | 37% of the adult population participated in sport and physical recreation in the last week (2010 SAPAS) 31% of the adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS) |
|---------------------------------|--|
| Current Position: | 48% of the adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2013-14 CHS) |
| Contributing Member | Progress |
| Sport Northern Ireland (SNI) | See SNI update at PA4. |
| Chief Leisure Officers | Fermanagh & Omagh District Council |
| Association | Supported local clubs and provided a sports development support source across the District. |
| (CLOA) | Council has developed a contract to encourage and provide outdoor recreation opportunities; the Council has developed an Access to the Countryside Audit to complement the NI Outdoor Recreation Action Plan. |
| | Worked with DSNI to help train volunteers and staff and deliver a range of disabled activities. |
| | Council has supported and helped provide the walk in your community scheme as well as helping provide come and try it walking activities and festivals to help encourage outdoor recreation. |
| | • Worked with Public Health Agency to help promote the Choose to Live Better Campaign as well as providing couch tasks, Park Runs, Outdoor Gym Programmes, Cycling Programmes etc. |
| | Worked with Public Health Agency to deliver and develop Physical Activity Referral Scheme across the District. |
| | Armagh, Banbridge and Craigavon Borough Council |
| | Council offers countless structured and informal participation opportunities within indoor and outdoor leisure for all in the community to participate in a diverse range of sport and physical recreation activities. |
| | • The Physical Activity Referral Scheme in partnership with the Public Health Agency continues to be a successful engagement tool. |
| | • Large numbers of participants took part in both formal and informal running. 1665 participants took part in the Couch 2 5K programme, with over 200 taking art weekly Park Run project, and 2100 participants taking part in 10K / 10Mile road races across the borough. |
| | • Through the delivery of Active Communities and EBA 2020 programmes 3200 adults participated in a range of sport and physical recreation. |
| | Across the Council region Over 50's clubs are established and thriving within leisure facilities |
| | Considerable success experienced through the DSNI funded Craigavon Inclusive Leisure project both with creating and sustaining opportunities for adults with a disability to play sport. Over 1500 people took part and over 3500 participant opportunities created. |
| | Comprehensive Walking Programme which includes led walks, Volunteer Walk Leader Training and Walking Festival events. |
| | Council has concession pricing in place to cater for those in greatest need. |

Lisburn and Castlereagh District Council

- Implementation of EBA 2020 [one of its KPI's adults over 40].
- Health wise scheme encourage adults with health issues to get active.
- Sports Development activity sessions circuit training, walking groups
- Sport Lisburn and encourages club to have open session to attract new members.
- Training programmes to encourage adults to stay involved through coaching and administration.
- Participation Events Half Marathon, Dodge ball and couch to 5K.
- Broader programme of classes in Council facilities to cover both physical and mental wellbeing.

Antrim and Newtownabbey Borough Council

- Council has engaged with 1536 adults through the Sport NI Active Communities programme for the reporting period 2015/2016. Through the EBA 2020 programme this number has significantly grown.
- Council provides a range of opportunities for adults to participate in sport and physical recreation through Leisure facilities (indoor and outdoor) and through its Community Centre based facilities and outdoor spaces.
- Council in partnership with the Public Health Agency, is delivering the Physical Activity Referral Scheme- a project that offers a targeted approach to sedentary people with specific health problems or who are at risk of disease to receive support in becoming more active.
- Council's corporate wellbeing Officer and HR department Officer oversee a range of Workplace exercise and health initiatives.
- Council provides innovative structured programmes for adults to participate and improve their physical fitness and skills; furthermore Council provides a wide range of facilities which accommodate play, recreational and competitive events on an ongoing basis.
- Council organises a number of events which promote large scale participation such as park run initiatives proving extremely popular across the Borough.
- Provide collaborative arrangements for targeted programmes to access Council facilities and coaching expertise.
- Work with other agencies to develop opportunities for adult population.
- Partnership working with Macmillan Cancer, Northern Partnership for Physical Activity, NHSCT, Local Surgeries and hospitals through Health Matters Exercise referral programme and Macmillan Move More programme and has exceeded annual target estimates.
- Assisting with events such as Antrim Road Race.
- Assist local Communities and Clubs to provide sustainable facilities to enhance opportunities for adult participation.
- Annual simply strolling programme recommenced. There are 25 adults registered with approximately 8-10 attending each session.
- Nordic Walking programme recommenced (4-10 Participants each week).
- Continued support of local walking groups (Antrim 80 participants).
- Active Communities Programme and Associated initiatives and classes across Antrim and Newtownabbey Boroughs (8182 Participants)

Sport Matters Progress Report 01 Oct 2015 – 30 Sep 2016 Exercise referral scheme from over 35 different surgeries (from Belfast – Draperstown to include physiotherapists, GP surgeries, practice Nurses, Cardiac rehab units and Musgrave Park Hospital. Hosted Local events to include: Antrim Road Race, Santa Saunter, Antrim walk. Continued development of the 'Move it' Fitness class programme at Antrim Forum to include: Spin, Aqua Zumba, Zumba Sentao. Annual Tea dances in Community centres. Antrim Forum Move It exercise class programme – since the inclusion of classes in the Fitness and Spa package usage has increased. Couch to 5K programme delivered in partnership with PACE running club (200 participants).

| | Continuing to secure access to outdoor spaces and looking for new opportunities through the Outdoor Recreation Action Plan. Maximising the use of countryside trails and sites for physical activity events at Rea's wood (Forest Service NI) and Crumlin Glen (DCAL). Upkeep of 6 countryside recreation sites to provide safe opportunities to walk, run, jog and cycle. Working closely with community based organisations to deliver focussed taster sessions through the Active Communities Programme and EBA 2020 programme. Partnership working with Northern Partnership for Physical Activity, Local Surgeries and hospitals through Health Matters Exercise referral programme. Running programmes for adults to participate in sport and physical activity related activities which have attracted 14,250 visits. |
|---|---|
| | Mid Ulster District Council Between Active Communities and Every Body Active 2020 the council have engaged with more than 2309 adults. Council work in partnership with The British Heart Foundation to deliver a Healthy Hearts Programme to adults with a disability. Councils Environmental Health Dept. works in partnership with Leisure to deliver a range of Work Place Initiatives. The GP referral scheme in partnership with the PHA continues to be a successful engagement tool. The weekly Parkrun in Cookstown continues to a successful with an average of 95 runners attending every Saturday. Cookstown hosted a very successful Street League over the summer months with more than 250 players participating. 3 Couch to 5K Programmes are in the process of being delivered across the district. It is planned to deliver another 2 of these in the same areas. A number of led Walks have also been delivered across the district. Council provided innovative structured programmes for adults to participate and improve their physical fitness and skills. In addition, the council provided a wide range of facilities which accommodates play, recreational and competitive events on an ongoing basis. |
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| Irish Football Association (IFA) | Women Players aged 18-34 years: 1300 participating for their respective clubs. Women Players aged 35+: 45 women participating in the veteran's setup throughout Northern Ireland. Male Registered Players Adults – 22,980 representing their clubs. Male Players aged 35+ (Veterans) - 300 in total participated throughout Northern Ireland. |

| Northern Ireland Environment Agency (NIEA) | NIEA continued to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. Activities facilitated include: walking, jogging, horse-riding, cycling, swimming, abseiling, canoeing (white water and lake), sea kayaking, angling and |
|--|--|
| | orienteering. |
| Disability Sports Northern Ireland | NIEA provided strategic funding for Outdoor Recreation NI and contributed information on NIEA properties to the Walk NI website as well as funding the management bodies for Areas of Outstanding Natural Beauty, most of which have outdoor recreation as an objective or target, and specific access projects listed at PA4. NIEA continued to work with Sport NI and other partners to deliver the targets of the Outdoor Recreation Action Plan for Northern Ireland which was published in March 2014. Delivery of the targets is embedded in the criteria for the Environment Fund and will be embedded in any new grant programme that is developed. DSNI contributed to the target by organising the following range of participation programmes and initiatives in partnership with District Councils, Governing Bodies of Sport, Sports Clubs and Disability Sports groups and organisations: O Active Communities Belfast: Participation project in |
| (DSNI) | partnership with Belfast City Council involving over 3,224 participants in year ending March 2016. Active Clubs Programme focusing on the inclusion of blind/partially sighted and people with physical disabilities in new and existing disability and mainstream sports clubs. 395 participants during the period. Craigavon Inclusive Leisure Project benefitting over 1,000 participants annually. Comic Relief 'Be Active' programme provided a range of participation initiatives and events throughout Northern Ireland YST Inclusive Futures Lead your Generation Project involving 110 volunteers. |
| | Supported mainstream Governing Bodies of Sport with the delivery of a range of participation initiatives in the sports of Athletics, Badminton, Football, Table Tennis, Sailing, Swimming and Wheelchair Rugby. Two Governing Bodies of sport the Irish Football Association and Athletics NI Disability Sport NI's newly developed 'Inclusive Sport Award'. Northern Ireland Boccia programme involving seven clubs and participation based league. Northern Ireland Wheelchair Basketball programme involving four groups/clubs and series of participation initiatives. Northern Ireland Disability Sport Events programme involving 6 participation based events in the sports of Boccia, Sports Hall Athletics and New Age Kurling. |
| Northern Ireland Sports Forum (NISF) | Promotion of sport and physical activity opportunities from our member organisations on relevant social media outlets. |

| Ulster Council Gaelic | Gael Active Programme to promote physical activity with adults |
|-------------------------------|---|
| Athletic Association | Gaelic for mothers to promote physical activity Gaelic for mothers to promote physical activity |
| (UCGAA) | Masters and veterans handball tournaments for adults |
| (OCOAA) | |
| | Recreational GAA – fun activity for retired players |
| Public Health Agency (PHA) | • The Public Health Agency (PHA) continues to lead on the non-departmental recommendations within the Fitter Futures Framework. A rolling action plan has been produced and this is updated annually and includes a range of targets and initiatives to increase physical activity levels in the population. |
| | • PHA has continued to support increased participation in physical activity through a range of investments in obesity prevention/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local HSCTs; provision of a range of training for trainers courses; allotment and community garden projects; physical activity referral schemes by GPs and other health professionals to local leisure facilities and healthy living centres; active travel projects; healthy towns initiatives in a number of council areas which bring together a range of programme areas at local level; work place health initiatives; and through joint working with local government e.g. Active Belfast and healthy |
| | towns. |
| | • The PHA produces a range of public facing resources to increase awareness of the CMO guidelines on physical activity for the Adult population. A leaflet and leaders guide to promote step challenges in June 2016 was produced. Regular messages are distributed through various media formats to promote 150 minutes of physical activity a week for adults. |
| | • In June 2016 the PHA launched the next phase of its obesity prevention campaign "Clocking up" which encouraged people to measure how many steps they take, and then set personal goals to increase this number. The campaign is supported by a website with links to related activities and organisations. |
| | • In April 2015 the PHA insured 1862 Walk Leaders who are leading walking for health initiatives throughout Northern Ireland. Discussions are ongoing with Outdoor Recreation NI and other key partners to merge the Walking for Health and Walking in the Community programmes. |
| | • The development of a standardised programme for physical activity referral is still being advanced with a view to rolling out a regional standardised programme in April 2017. The PHA continues to support Physical Activity Referral Schemes in almost all district council areas. |
| | PHA continues to participate in the PARC study, the research element of which will look at the effects of the built environment on the physical activity levels of people in east Belfast. |
| | The Belfast Health Development Unit further developed Active Belfast. The Active Belfast Partnership is implementing an action plan taking into consideration different populations and focusing on five key priorities; people, places, promotion, participation and partnerships. During 15/16 Active Belfast offered the following grants for adult programmes: Cycling Ireland: Bike for Life (PA 7 and PA 8). |
| | Carlisle House Substance Misuse Centre: Try Cycle (PA 7). |
| | Greater Shankill Partnership (PA 9 and PA 11). |

| Disability Sport Ni (DSNI) Training for Inclusion (PA 10). |
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| Inner South Neighbourhood Renewal Partnership: Inner South Health Initiative (PA 7, PA 8, PA 9 and PA 11). |
| Greater Village Regeneration Trust (GVRT): Community Challenge (PA7, PA8, PA 9 and PA 11). |
| PHA and other key partners under the auspices of the Belfast Strategic Partnership continue to oversee the implementation of an Active Travel Action Plan for Belfast. This will enable Belfast to become a vibrant city where people are healthy, fit and well-connected with one another, a city where people walk, cycle or take public transport as part of their normal, everyday lives. The Conservation Volunteers (TCV) delivers Green Gym Projects in the north, west, Belfast and the south eastern areas. The Green Gym is a preventative health project supporting people to connect with their local green space to improve their health, the local community and the environment. The Green Gym model supports people who experience health inequalities in making behaviour changes to benefit their physical, emotional and social wellbeing through direct involvement in local practical conservation projects. The "Leading the Way North West" an active travel initiative originally piloted in Belfast has now been rolled out to the Derry City and Strabane District Council area. During this three year pilot initiative staff from the Council, Western Health and Social Care Trust and the PHA will be encouraged to actively travel to and from work. PHA in the south eastern area has been involved in the QUB Physical Activity Loyalty (PAL Scheme) study. |
| PHA in the south eastern area has provided financial support for the development of several community based volunteer led Couch to 5k programmes. |

| Target Number: | PA8 |
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| Target Details: | By 2019 to deliver at least a 6 percentage point increase in women's participation rates in sport and physical recreation (from the 2011 baseline). |
| Target Deadline: | 2019 (Long Term) |
| Status: | ON TRACK FOR ACHIEVEMENT |
| Baseline Information: | 30% of the female adult population participated in sport and physical recreation in the last week (2010 SAPAS) 24% of the female adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS) |

| Current Position: | 40% of the female adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2013-14 CHS) |
|---|---|
| Contributing Member | Progress |
| Sport Northern Ireland (SNI) | See SNI update at PA4. |
| Chief Leisure Officers Association (CLOA) | Fermanagh & Omagh District Council Council has provided a Sports Development Support Service for local clubs and groups. Through the EBA 2020 programme, the Council has provided activities specifically for women and girls. Council has been developing community plans which include input from the community as well as statutory stakeholders including SNI. |
| | Armagh City Banbridge and Craigavon Borough Council Council's Sports Development Action Plan for 2015 – 2017 which is sets a high priority for inclusivity for all under-represented groups. Council has engaged with 7075 females through the Sport NI Active Communities and EBA 2020 programmes as follows: Active Communities October 2015-March 20 16: 4025 females EBA 2020 April 2015 – September 16: 3050 females Almost all (95%) of the Couch 2 5K's 1665 participants are female (1582 participants) Council provides a range of programmes designed and delivered specifically to appeal to females and to encourage participation e.g. the provision of exercise classes, aerobics, dance Council independently, and in partnership with both club and statutory agencies, provides facilities which accommodate female participation and supports competitive opportunities. During the reporting period, through the Southern Sports Partnership, 366 talented girls aged between 10 – 13yrs will participate in a 12 week high quality coaching programme (26hrs) in the specific sports of Netball Hockey Badminton Athletics and Girls' Golf. |
| Ulster Branch Irish Rugby Football Union (UBIRFU) | UBIRFU has run a number of initiatives to increase participation in the female game. These include: Girls' Schools Cup – Entry into this competition has been grown with 60 schools taking part. Girls participating in this scheme are provided with a link to their local Club. Play Rugby Girls – This is an IRFU initiative which aims to provide girls with the opportunity to participate in rugby sessions at their schools. Schools involved are then invited to an 'Open Day' at their local club which is hosted by Development officers and Club coaches with the aim of getting girls to continue this activity in a club environment. Girls only Summer Camps - Camps for females aged between 12-17 years were held in both the East and West of the Province. |

- o U18 Girls Regional Development Squads Due to the increase in the number of girls playing the game at youth level, development sessions were organised in the East and West of the Province aimed at those players who showed potential at club level.
- As a result of this increasing participation in schools the number of girls participating in Clubs youth sections has increased from 6 at the beginning of the programme, to 16 in the 2016 season.
- Adult Women's Rugby has continued to increase across the Province with the number of clubs increasing from 13 to 16. These clubs compete in regular and structured competition throughout the season.
- UBIRFU introduced GX7's during 2015/16 with 20 teams participating in the competition this provided full contact rugby for those girls competing.

Lisburn and Castlereagh District Council

- EBA 2020 target women's activities including girl's rugby and soccer and fitness and dance. Attendance at female sports forum.
- Sports Development sessions for gills/women egg cheerleading Moira Logic café, netball at lough moss.
- Participation events Fun Run, triathlon Dodgeball and couch to 5K.
- Partnership working PHA, YMCA, Guide groups.

Antrim and Newtownabbey District Council

- Active Communities programme 2015/2016, 54% who attended were women (4,490) representing 101.2% of annual target.
- EBA 2020 Programme and associated initiatives/classes/programmes across Antrim and Newtownabbey Borough. Employment of Dance Coach, Physical Activity Leader, Football Coach, Gymnastics Coaches, Exercise Referral Leaders. Working in partnership with Governing bodies such as Hockey N.I., Cricket Ireland, Ulster Rugby, Netball N.I. and Athletics N.I. Have exceeded bi-annual targets to increase participation of women and girls in sport and sustained physical activity.
- Support the planning and delivery of local events and aimed at increasing participation of women in sport and physical activity across Antrim and Newtownabbey through sports such as Hockey, Soccer, Gymnastics, Netball, Cricket, Athletics and Dance.
- Work with other agencies to develop opportunities for women.
- Simply strolling programme attracted 271 women, 309 in total.
- Continued support of local walking groups.
- Sustainability of Fit and Active over 50s Programme to 4 Sites across the Antrim Borough (Antrim Forum, Neillsbrook Community Centre, Crumlin Community Centre).
- Exercise referral scheme exceeding previous years participation levels, referred in 15/16 from different surgeries (from Belfast Draperstown to include physiotherapists, GP surgeries, practice Nurses, Cardiac rehab units and Musgrave Park Hospital (Spinal Department...).
- Hosted Local events to include: Antrim Road Race, Santa Saunter, Antrim walk.
- Continued development of the 'Move it' Fitness class programme at Antrim Forum to include: Spin, Aqua Zumba, Zumba Sentao.
- Annual Tea dances in Community centres.
- Couch to 5K programme delivered in partnership with PACE running club.

Sport Matters Progress Report 01 Oct 2015 – 30 Sep 2016 Council provides a range of programmes designed and delivered specifically to appeal to females and to encourage participation e.g. the provision of exercise classes, aerobics, dance, parent and toddler classes. Capital development of facilities Allen Park Golf and Sports Hub completed. Working closely with community based organisations to deliver focussed taster sessions (for female target groups) through the EBA 2020

| | programme. |
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| | Partnership working with Northern Partnership for Physical Activity, Local Surgeries and hospitals through Health Matters Exercise referral programme. |
| | • Council independently, and in partnership with both clubs and stator agencies, provides facilities which accommodate female participation and supports competitive opportunities such as, support to Antrim Ladies netball club. |
| | • The promotion of female only and female predominant sport and physical activity programme. Examples include the ladies try a tri programme with 330 visits over 6 weeks. Predominantly female programme such as the couch to 5k programme which has 2600 visits so far this year. Taster programmes for predominantly female sports and programme include the foundry lane hockey programme, the hockey and homework club (84 visits) and the family tennis programme (60) visits. |
| | Mid Ulster District Council |
| | Between Active Communities and Every Body Active 2020 the council engaged with more than 5982 females. |
| | Council provided a wide range of programmes aimed specifically at females i.e. exercise classes, G4Girls, Recreational Netball, Soccer & Hockey Programmes. |
| Northern Ireland Environment Agency (NIEA) | • NIEA continued to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. |
| | Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. Activities facilitated include: walking, jogging, horse-riding, cycling, swimming, abseiling, canoeing (white water and lake), sea kayaking, angling and orienteering. |
| | • NIEA provided strategic funding for Outdoor Recreation NI and contributed information on NIEA properties to the Walk NI website as well as funding the management bodies for Areas of Outstanding Natural Beauty, most of which have outdoor recreation as an objective or target, and specific access projects listed at PA4. |
| | NIEA continued to work with Sport NI and other partners to deliver the targets of the Outdoor Recreation Action Plan for Northern Ireland which was published in March 2014. Delivery of the targets is embedded in the criteria for the Environment Fund and will be embedded in any new grant programme that is developed. |
| Irish Football Association | • 15% increase in the number of registered players in the NIWFA Senior League (aged 14 years and over) |
| (IFA) | • 1,200 girls participated in the FIFA Schools Super Festival Day (11 June 2015) and there were approximately 2,000 girls involved in various other IFA events for girls during the year (indoor cup competitions, schools league and round robin days) |
| | • 2,356 girls participated in 12 FIFA 'Live Your Goals' roadshows - (69 % girls aged 6 – 11; 31% girls aged 12 – 16) |

| Disability Sports Northern Ireland (DSNI) | DSNI contributed to the target by organising the following range of participation programmes and initiatives in partnership with District Councils, Governing Bodies of Sport, Sports Clubs and Disability Sports groups and organisations: Active Communities Belfast: Participation project in partnership with Belfast City Council involving over 3,224 participants in year ending March 2016. Active Clubs Programme focusing on the inclusion of blind/partially sighted and people with physical disabilities in new and existing disability and mainstream sports clubs. 395 participants during the period. Craigavon Inclusive Leisure Project benefitting over 1,000 participants annually. |
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| | |
| | ○ Comic Relief 'Be Active' programme provided a range of participation initiatives and events throughout Northern Ireland. ○ |
| | YST Inclusive Futures Lead your Generation Project involving 110 volunteers. |
| | Supported mainstream Governing Bodies of Sport with the delivery of a range of participation initiatives in the sports of Athletics, Badminton, Football, Table Tennis, Sailing, Swimming and Wheelchair Rugby. Two governing bodies of sport the Irish Football Association and Athletics NI Disability Sport NI's newly developed 'Inclusive Sport Award'. Northern Ireland Boccia programme involving seven clubs and participation based league. Northern Ireland Wheelchair |
| | Basketball programme involving four groups/clubs and series of participation initiatives. |
| | Northern Ireland Disability Sport Events programme involving 6 participation based events in the sports of Boccia, Sports Hall Athletics and New Age Kurling. During the last financial year (2015-2016) just over 10,000 people benefitted from DSNI's programmes 42% of whom were women. |
| Northern Ireland Sports | NISF led the development of the Female Sports Forum Active, Fit & Sporty Strategy. |
| Forum | NISF led the coordination of the Active, Fit & Sporty Conference in March 2016 which was attended by 90 delegates. |
| (NISF) | NISF coordinated a consultation event to develop Action Plans in key strategic areas. |
| | Development of Female Sports Forum Twitter and Facebook channels. |
| | Provision of information and templates for members advertisement of 2016 Women's Sports Week opportunities. |
| | Delivery of an Young Leaders Programme at Belfast MET with 12 female students gaining an ILM Award in Leadership and governing body coaching qualifications. |
| Ulster Council Gaelic Athletic Association | Increased participation through the Active Clubs Programme targeting young females. The programme delivers across all Ladies Codes along with handball in schools and clubs. |
| (UCGAA) | • Gael Active programme – targets areas of high social need and females in clubs and in communities. It encourages female members to bring friends |

to the club and provides the opportunity to take part in alternative programmes for fitness, yoga, circuits, running and games.

| | One-wall handball programmes have been developed for females through the schools programmes. This is a new sport for many young females and the school club link is established to challenge them to continue after schools in the community. Super Games centres in schools. This programme focused on extended schools programmes, giving young females an opportunity to play games – the focus was on young players who are not on schools teams and based on a recreational culture. Gaelic for Mothers has continued to be rolled out and provides a perfect platform for increasing participation in women. |
|---------------------------|--|
| Sports Coach UK (ScUK) | Ongoing support to 25 Female Coaches in the North West Coaching Network to through the development of formal and informal learning opportunities for active female coaches in the region. Sports Coach UK has provided some technical learning guidance through workshop delivery, products and resources. The development of female coaches will hopefully provide sporting role models in the North West region and contribute to an increase in women's participation. ScUK in conjunction with SNI and 10 identified Governing Bodies of sport has developed a series of Inclusion projects to encourage more women to take up coaching roles and as a consequence increase the number of women playing sport. Sports Coach UK provided training for 10 Governing Body staff including insight through the REACH and SCORE diversity programme and campaigns and provided ongoing 1:1 support to each individual project. The support has been well received and the each project plan is more robust and demonstrates sustainable inclusion principles. Furthermore, six sports organisations across Northern Ireland have signed up to REACH. |
| Public Health Agency | As detailed in PA 7 – all programmes in the PHA are open to both genders. |
| (PHA) | • JogBelfast – the JogBelfast initiative is based on a 'Couch to 5k concept'. It supports inactive individuals to walk/jog/run and progress over a 10 week programme to complete a 5k jog/run. The programme currently has over 2000 participants taking part each cycle with 90 per cent female participation. Programmes are available across Belfast at Woodvale, Waterworks, Ormeau, Andersonstown and Victoria. Participants also have the opportunity to progress to local Park Run events and recreational sections of local running clubs. |
| | • Couch to 5k programmes have been implemented in the north, south, west and south east in partnership with local councils or community and voluntary sector organisations. Whilst open to both genders these programmes particularly attract women. |
| | See also Active Belfast grants under PA7 for grants relevant to this theme. |
| | Western area Healthy Towns programme promotes a number of physical activity programmes egg walking, running, cycling and swimming. |
| | • The health promoting homes programme in the western area, of which the promotion of physical activity is a key element, is delivered through Sure Start and Healthy Living Centres and is targeted in areas of deprivation. |
| | • Support for Active Communities – in Down, Lisburn and Castlereagh areas (South Eastern funding) with funding in Down area April 16 onwards for local community activities including those to target women participants. |
| | • In the Southern area, PHA has supported a range of physical activity opportunities which have attracted women including 'Couch to 5K' and 'Sofa to Saddle' initiatives across the localities. The schemes are focused on those who are leading sedentary lifestyles. |

| Target Number: | PA9 |
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| Target Details: | By 2019 to deliver at least a 6 percentage point increase in participation rates in sport and physical recreation among socio-economically disadvantaged groups (from the 2011 baseline). |
| Target Deadline: | 2019 (Long Term) |
| Status: | ON TRACK FOR ACHIEVEMENT |
| Baseline Information: | 30% of the adult population in social groups C2DE participated in sport and physical recreation in the last week (2010 SAPAS) |
| Current Position: | 41% of the adult population living in the most deprived areas of NI stated they normally participate at least 1 day a week (2012-13 CHS) |

| Contributing Member | Progress |
|---|---|
| Sport Northern Ireland (SNI) | See SNI update at PA4. |
| Chief Leisure Officers Association (CLOA) | Fermanagh & Omagh District Council Through the EBA 2020 Programme, the Council has been directly providing specific activities to participants in areas of high social need. Council has been developing plans to deliver a Peace 4 programme starting January 2017 which will help build good relations in sport. Council has worked with DSNI to help promote and develop disabled activities across the District. |
| | Armagh City Banbridge and Craigavon Borough Council |
| | • Council has engaged with 6,400 people from socio-economically disadvantaged areas through the Sport NI Active Communities programme for the period Oct 15- Mar 16 (top 30% most deprived SOA's, NISRA) |
| | • Council has engaged with 1462 people from socio-economically disadvantaged areas (top 25% SOA's) through the Sport NI EBA 2020 programme for the period Apr – Oct 16 |
| | • Council, financially supported by DSD has been developing an extensive sports programme in the 3 Neighbourhood Renewal Areas in Craigavon (North West Portadown, Brownlow and Lurgan) – managed and delivered by Council, involving partnership working with the local communities and sports organisations in the 3 areas. |
| | Council operates a concession policy which allows access at a reduced rate. |
| | • Sport in The Community – 4964 project participants took part in 3680 hours delivery in community sport projects such as Midnight Street Soccer, MUGA Sports, DV8 Sports and others, targeting those young people who are living in the most disadvantaged areas as identified by DSD Neighbourhood Renewal. |
| | • Midnight Street Soccer- 1440 participant visits within the monthly programme, with several leagues taking place each month in DSD Neighbourhood Renewal areas, followed by a monthly finals event. |
| | • MUGA Sports Project – over 3319 participants with over 25,000 participant visits took part across the 21 Multi-Use Games Areas that are located across the Borough in particular DSD Neighbourhood Renewal Areas. 12 MUGA venues have a total of 8 hours multi-sports coaching delivery per week across a 32 week period per year, with others engaging in a 8 week pilot programme for the summer months. |
| | • D8 Youth Sports – 75 participants take part in this 26 week sports and good relations project which brings young people from DSD Neighbourhood Renewal areas together to take part in a range of sports, gain sports qualifications and attend sports events |
| | • Young Men's Group – 30 young men from DSD Neighbourhood Renewal Areas take part in the 30 week personal development programme which |

uses sports to explore issues such as men's health, sexual health, internet safely, drugs and alcohol.

- The DSD funded Craigavon Angling Project is one of a trilogy of health and wellbeing sporting initiatives utilising the natural environment in the wider Craigavon area. Residents are trained in the sport / leisure activity of fishing and participate in a level 1&2 coaching award with a view to delivering angling programmes / mentoring in the future. During the period the project had 300 participants.
- The DSD Craigavon Bushcraft Project allows local residents to take part in a sport and leisure activity which provides participants with the skills and knowledge that will allow them to thrive in the natural environment using simple yet robust tools that will help them towards self-sufficiency. The project also provides for the training of 8 Marine Rangers who will receive work placements within Craigavon Borough Council. During this period the project had 6135 participants.
- The DSD funded Craigavon Cycling Project aims to encourage greater use of the outdoor environment through cycling participation. The project promotes cycle safety and maintenance and also involves the management and development of a pump track adjacent to the Craigavon Lakes mountain bike trail. During this period the Cycling project had 1400 participants, and the Pump Track had a total of 48,056 participant visits.
- KickBack 40 participants from DSD Neighbourhood Renewal Areas took part in an unemployed men's sports programme. Using sport to explore issues such as men's health, sexual health, internet safely, employability, positive mental health, access to training and educational programmes, CV writing, interview skills, other employability work-shops and drugs and alcohol awareness.
- Community Champions League 252 participants from a range of different BME communities engaged in two soccer based 5-a-side competition. This uses sport to encourage participants to come together and take part in friendly competition, engage in good relations focused workshops, take part in training and allows participants to explore various issues such as mental health, drugs and alcohol, employability.

Lisburn and Castlereagh District Council

- Community Sports Development Officer Targets clubs and groups in areas of social deprivation.
- Sports Development subsidised after school clubs, coaching sessions and holiday schemes.
- Sport Lisburn and Castlereagh funding for clubs and individuals.
- EBA 2020 target clubs, schools and community centres in areas of social deprivation.
- Working with other agencies such as PCP on programmes such as Midnight soccer, which targets groups in socially deprived areas.

Antrim and Newtownabbey Borough Council

- Support for TSN areas as directed by development services Community Planning in Dunanney, Monkstown, Valley 2, Farranshane, RathCoole, Mossley 2, Carnmoney 1, Whitehouse, Ballycraigy, Steeple.
- Rathcoole summer programme run at the Diamond MUGA 465 visits and the valley and mossley programme with 4499 visits.
- Assisted and advised with the structure and sustainable development of the TBUC programme and the Greencastle youth programmes with links to sustainable participation.
- Active Communities programme 2015/2016, 54% who attended were women (4,490) representing 101.2% of annual target.
- EBA 2020 Programme and associated initiatives/classes/programmes across Antrim and Newtownabbey Borough. Employment of Dance Coach, Physical Activity Leader, Football Coach, Gymnastics Coaches, Exercise Referral Leaders. Working in partnership with Governing bodies such as

Sport Matters Progress Report 01 Oct 2015 – 30 Sep 2016 Hockey N.I., Cricket Ireland, Ulster Rugby, Netball N.I. and Athletics N.I. Have exceeded bi-annual targets to increase participation and sustain exercise among people living in the 20% most deprived areas. Continuation of annual BEAT programme (Be educated, Be active, Be together) programme in areas of high social need. Work with all relevant agencies to provide opportunities for participation in under-represented groups, particularly people living in areas of high

| | social need such as SNI, Internal partners, NGB, Community groups, local clubs. |
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| | Subsidised prices in local leisure and recreational facilities to enable access for participation. |
| | Partnership with Antrim Borough Community safety and District Policing partnership, and local community groups to deliver BEAT Programme |
| | Gymnastics programme extended to Neillsbrook community centre. |
| Ulster Branch Irish Rugby | Through the Community Rugby Programme and our involvement with Active Communities both schemes are primarily concerned with generating |
| Football Union (UBIRFU) | 'new' participants into the game. Each coach employed under these schemes seeks to engage with schools and groups who have never experienced rugby before and encourage participation across all sections of the community. |
| | • In addition, the IRFU - UB have been involved with the development of the Game of 3 Halves and Sport 4 Change initiatives in partnership with the UCGAA and IFA. These projects are based on providing young people from all sides of the community with the opportunity to participate in sporting activity in key interface areas in Northern Ireland. |
| Northern Ireland Environment Agency (NIEA) | NIEA continued to provide free public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves and some historic monuments in State Care. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. |
| | Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. |
| | NIEA is explored opportunities for arranging transport to its country parks for socio-economically disadvantaged groups in partnership with other bodies but no funding for this could be sourced. |
| Student Sport Ireland (SSI) | SSI engaged with relevant services and bodies promoting inclusiveness to identify participation opportunities for minority student groups (e.g. mature, disability, international and access students). |
| Irish Football Association (IFA) | • IFA competed in the Homeless World Cup in Scotland. A total of 10 players were involved and all those involved were Homeless within the last 3 years or living within a hospice. |
| | • Northern Ireland's Homeless World Cup team was comprised of people from disadvantaged groups such as homeless people, people suffering from substance abuse, refugees, asylum seekers and those who are long-term unemployed. The squad was selected via trials staged by the Street Soccer NI organisation. |
| | • IFA resource packs and booklets that provides structures and objectives of our current work around social responsibility. We also have upgraded the PowerPoint resources as of this month and continue to provide workshops around all matters of discrimination, stereotyping and racism of any kind. We have delivered top over 500 participants from July-October. We want to reach out to more clubs and schools to highlight our commitment to Football for All. |

| Northern Ireland Sports Forum (NISF) | NISF through website/ social media/ SportsWatch promoted opportunities to engage in sport and physical recreation on behalf of member organisations. |
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| Ulster Council Gaelic Athletic Association (UCGAA) | Super Games Centres – four centres were established to give adults that are not in a club, and who have been disengaged with a club or who want to play recreational games and opportunity to play. The centres were supervised for an 8 week block and the focus was on playing games. All County leagues continued across the Province through both league and championship format. These take place at u18-u21 and senior across both hurling and football. Within this clubs operate within areas of high social need. |
| | There has been significant investment in facilities in Belfast and in Derry City. These facilities now provide an excellent base for increasing participation by women. |
| Public Health Agency (PHA) | PHA continues to focus efforts on socio-economically disadvantaged groups to help reduce health inequalities. Neighbourhood Renewal areas are proactively targeted in the distribution of PHA resources and programmes. |
| | PHA has supported increased participation in physical activity through a range of investments in obesity prevention/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local Health and Social Care Trusts; provision of a range of training for trainers allotment and community garden projects, physical activity referral programmes by GPs and a range of other health professionals to local leisure facilities; active travel projects; healthy towns initiatives in a number of council areas which bring together a range of programme areas at a local level; work place health initiatives; through joint working with local government e.g. Active Belfast. Active Belfast has a key role in facilitating and driving collaborative effort to tackle health inequalities in areas and groups that are socio economically disadvantaged. Active Belfast has identified local health and social needs and priorities. They have ensured action has been highlighted within the Active Belfast action plan in local communities in or with priority groups and will engage communities in designing and implementing the action. See also Active Belfast grants under PA7 for grants relevant to this theme. PHA in the southern area works closely with SHSCT and all local Councils through Cluster groupings to support physical activity opportunities which are designed to ensure accessibility by those on low income. |
| | PHA in the southern area supported a Mental Health small grants scheme which focussed on the 5 ways to wellbeing which includes increasing physical activity and encouraging people to become more physical active. Some activities including Tea Dances, Zumba, Tai Chi, Yoga, walking groups, community allotments etc. PHA in the southern area funds three Health Improvement Workers (HIWs) based in local councils across the Southern locality, with the aim of |
| | improving health and reducing inequalities. As part of this work HIWs build capacity within communities by providing training on, and/or delivering a range of health related programmes including Walk Leader Training and Cycle Leader Training, Cook It courses etc. PHA in the south eastern area funds several community health development workers across the locality, with the aim of improving health and reducing inequalities. As part of this work HIWs build capacity within communities including providing training on, and/or delivering a range of health related programmes e.g. Walk Leader Training. Community health development workers have been encouraged to seek opportunities to develop Parkrun and volunteer led couch to 5k. |

In the western area the Healthy Towns funded programmes created opportunities for increasing physical activity in particular in areas of high deprivation with a focus of programme delivery within neighbourhood renewal areas. During 2015/16, the PHA supported the Neighbourhood Health Improvement Programme (NHIP) in 6 neighbourhood renewal areas in the North West. A focus of this programme was to improve adult health by increasing opportunities to physical activity particularly the roll out of step challenges throughout these communities. The health promoting homes programme in the western area, of which the promotion of physical activity is a key element, is delivered through Sure Start and Healthy Living Centres and targeted in areas of deprivation. All the actions outlined in PA7 are also relevant to this target. NIEA continued to provide free public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management Northern Ireland of Colin Glen Forest Park and to facilitate walking at many of its nature reserves. Country Park facilities include mown grass areas for informal games, **Environment Agency** (NIEA) extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. NIEA continued to explore opportunities for arranging transport to its country parks for socio-economically disadvantaged groups in partnership with

other bodies but no funding or partnership arrangements for this have yet been sourced.

01 Oct 2015 - 30 Sep 2016

Sport Matters Progress Report

| Target Number: | PA10 |
|-----------------------|--|
| Target Details: | By 2019 to deliver at least a 6 percentage point increase in participation rates in sport and physical recreation among people with a disability (from the 2011 baseline). |
| Target Deadline: | 2019 (Long Term) |
| Status: | ON TRACK FOR ACHIEVEMENT |
| Baseline Information: | 19% of the people with a disability (NI adult population) participated in sport and physical recreation in the last week (2010 SAPAS) 11% of the adult population with a lifelong limiting illness stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS) |

| Current Position: | 24% of the adult population with a lifelong limiting illness stated they normally participate in sport and physical recreation on at least 1 day a week (2013-14 CHS) |
|---|--|
| Contributing Member | Progress |
| Sport Northern Ireland (SNI) | Active Awards for Sport: 2,956 (actual) participants with a disability through Rounds 1, 2 and 3. Outputs for People With Disabilities were significantly lower (70% of target) than anticipated (target participants: 4,305) Active Clubs: Within the Active Clubs programme we have 190 new clubs members from the work carried out by DSNI. The target for the year is 300 and is on target. Active Inclusion: By 30 Sept 2016, 1703 people with disabilities had participated through Active Inclusion (via Special Olympics and Disability SNI). Every Body Active 2020: Nine District Councils are implementing Year 1 of Every Body Active 2020 and are delivering activities. Belfast, Ards and North Down are expected to commence delivery during Quarter 2 and Quarter 3 respectively. Sport NI is working alongside the appointed research partner KKP on the development of a Monitoring and Evaluation Framework, which will enable District Councils to map current activity and provide a tool for programme planning. The live reports generated from the on-line registration web portal will be operational during Quarter 2 and training provided for the relevant staff. |
| Chief Leisure Officers Association (CLOA) | Fermanagh & Omagh District Council Council has worked with DSNI to provide training of volunteers and staff as well as the development of disabled opportunities across the District. Council has also undertaken an assessment of facilities and services as far as possible to ensure that they are accessible. The Council continues to ensure that disabled accessibility is at the heart of its service provision. |
| | Armagh City Banbridge and Craigavon Borough Council Council's Sports Development Action Plan for 2015 – 2017 sets a high priority for inclusivity for all under-represented groups. Council recognises the achievements' of people with a disability at its annual Sports Awards ceremonies which are organised in partnership with the Sports advisory Councils. Council operates a concessionary rate for people with a disability. Council has engaged with 966 people with a disability through the Sport NI Active Communities programme for the period 1st October 2015 – 31st March 2016 Council has engaged with 927 people with a disability through the Sport NI EBA 2020 programme for the period 1st April 2016 - 31st September 2016 |

• Council has through the inclusive leisure project in Craigavon, established a number of disability sports clubs including Boccia Club and Wheelchair Basketball Club. Talented players from both of these clubs have been selected to attend Ulster Squad sessions.

- The Fit 4 U Disability Project which is led by the Southern Health Trust which has seen increased club based participation within the target group supported by Active Communities.
- Council works in partnership with the SHSCT to deliver the annual All Stars Disability Summer Scheme which runs for 3wks over the summer months and saw 67 participants take part.

Lisburn & Castlereagh District Council

- EBA 2020 Disability Officer programmes for physically disables and people with learning difficulties, Wheely active club.
- Sports Development programme with Disability clubs Lisburn2Gether, Parabadminton Club, Santos FC, inclusive holiday schemes.
- Special events Special Schools Sports hall athletics competition, Boccia League.
- Sport Lisburn and Castlereagh grants to clubs and individuals.
- Disability awareness training courses.
- Develop appropriate partnerships with umbrella organisations including Disability Sport NI and Autism NI.

Antrim and Newtonabbey District Council

- Within the Active Communities programme 2015/2016, 546 participants with a disability took part, representing 55.5% of the annual target.
- EBA 2020 Programme and associated initiatives/classes/programmes across Antrim and Newtownabbey Borough. Employment of Dance Coach, Physical Activity Leader, Football Coach, Gymnastics Coaches, Exercise Referral Leaders. Working in partnership with Governing bodies such as Hockey N.I., Cricket Ireland, Ulster Rugby, Netball N.I. and Athletics N.I. Have exceeded bi-annual targets to increase participation and sustain exercise among participants with a disability.
- Offer a range of activities at local leisure facilities for people with disabilities.
- Offer a range of activities and events for local special schools such as Riverside, Hillcroft School, Parkview.
- All programmes/events to be inclusive where practicably possible.
- Actively encourage participation and promoting the Boroughs clubs which provide opportunities for children and adults with learning and/or physical disability. These include abbots cross special sports club, the racers athletics club, the sharks swimming club, kickers football club, physical disability football, basketball and wheelchair rugby clubs.
- Continue to develop facilities in line with section 75 requirements. Work with relevant agencies to provide opportunities for people of all ages with disabilities such as DSNI, Autism NI, NGBs.
- Develop a network of disability sports clubs at a local level such as Racers Special Club, Knights Basketball and BASE Club.
- Promote training opportunities for those interested in coaching people with a disability.
- Sport schemes applications are vetted and appropriate measures/resources put in place to ensure those with a disability have access.
- Council recognises the achievements' of people with a disability at its annual Sports Awards ceremonies

| Sport Matters Progress Report | 01 Oct 2015 – 30 Sep 2016 |
|-------------------------------|--|
| | Hosted local and annual inclusive events in Partnership with Disability Sport Northern Ireland • Continued development of the 'Move it' Fitness class programme at Antrim Forum inclusive for all. Orienteering event in partnership with Autism N.I. |
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| | Mid Ulster District Council |
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| | Between Active Communities and Every Body Active 2020 the council engaged with more than 2489 females. |
| | Council operates a concessionary rate for people with a disability with their carer getting free admission. |
| | The Fit for U Disability Programme led by the Southern Trust continues to be very popular for Physical Disabilities with an additional class introduced in April for those with Learning Disabilities. |
| | • Councils Summer Programme extended this year to incorporate a total of 7 camps for people with a range of disabilities and ages. |
| | A Wheelie Active Programme in conjunction with Super Stars Disability Club took place in Cookstown Leisure Centre. |
| Ulster Branch Irish Rugby Football Union (UBIRFU) | • UBIRFU established the STAG rugby committee – Special Needs Tag Rugby Advisory Group. This is a group made up of representatives of the rugby clubs who have established sections for children and young adults with a Learning Disability. Their role is to co-ordinate activity amongst the clubs and to provide support and guidance to groups who are looking to establish similar sections within their own clubs. This group has now changed its title to DAG – Disability Advisory Group as a result of the IRFU now having established a national Disability Advisory Group which oversees the development of the game across the 4 provinces. |
| | • UBIRFU appointed a Disability and Inclusion Officer in September 2013 to grow the opportunities for people with a disability to participate in rugby union. Funding for this post ended in March 2015. |
| | • The number of Clubs involved in Special needs rugby has now grown to 9 Clubs from a baseline of 3 in the 2011/12 season. |
| | UBIRFU organised a Disability Tag Rugby Summer Camp in summer 2016 with 25 participants. |
| Northern Ireland Environment Agency (NIEA) | NIEA continued to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves. Country Park facilities include mown grass areas for informal games, extensive path networks including DDA-compliant paths and sensory trails, trim trails, cycle paths, bridle paths and bathing beaches. Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. |
| | Several external bodies regularly provide transport for physically and mentally disadvantaged groups to NIEA country parks, where they are made welcome. |
| | • The WalkNI website (www.walkni.com) identifies paths and facilities at listed NIEA properties suitable for those with mobility problems. |
| Irish Football Association | 31 Schools received Free 6 x 1 Hour session with over 400 pupils. |
| (IFA) | • 56 Teams from Special Education competed in IFA National Games in 2016 – Over 500 pupils. |
| | 6 new disability clubs/sections of mainstream clubs in 2016 – Ballymena UTD, Glentoran, Bangor, Coleraine, TW Braga and Sion Mills – over 200 participants. |
| | • International Deaf Futsal program and International Powerchair Programme started in 2016. International cerebral palsy an international under 19 learning disability programmes continue. Cerebral Palsy Squad has qualified for 2017 World Championships. Over 60 players involved in International programmes in disability squads. |

| Disability Sports Northern Ireland (DSNI) | DSNI contributed to the target by organising the following range of participation programmes and initiatives in partnership with District Councils, Governing Bodies of Sport, Sports Clubs and Disability Sports groups and organisations: Active Communities Belfast: Participation project in partnership with Belfast City Council involving over 3,224 participants in year ending March 2016. |
|--|---|
| | Active Clubs Programme focusing on the inclusion of blind/partially sighted and people with physical disabilities in new and existing disability and mainstream sports clubs. 395 participants during the period. Craigavon Inclusive Leisure Project benefitting over 1,000 participants annually. Comic Relief 'Be Active' programme provided a range of participation initiatives and events throughout Northern Ireland YST Inclusive Futures Lead your Generation Project involving 110 volunteers. Supported mainstream Governing Bodies of Sport with the delivery of a range of participation initiatives in the sports of Athletics, Badminton, Football, Table Tennis, Sailing, Swimming and Wheelchair Rugby. Two Governing Bodies of sport the Irish Football Association and Athletics NI Disability Sport NI's newly developed 'Inclusive Sport Award'. Northern Ireland Boccia programme involving seven clubs and participation based league. Northern Ireland Wheelchair Basketball programme involving four groups/clubs and series of participation initiatives. Northern Ireland Disability Sport Events programme involving 6 participation based events in the sports of Boccia, Sports Hall Athletics and New Age Kurling. During the last financial year (2015-16) just over 10,000 people benefitted from Disability Sport NI's programmes, 55% of whom where people with disabilities. |
| Northern Ireland Sports Forum (NISF) | NISF sits as a member of the Active Living: No Limit's Strategic Project Board. |
| Ulster Council Gaelic Athletic Association (UCGAA) | UCGAA continues to promote wheelchair hurling at four hubs in Ulster. From the hubs an Ulster team is selected and represents the Province at the Inter Provincial Series, National Championships and Leagues. Ulster has been successful again this past 12 months winning the League and getting beaten the final of the championship. Hubs exist within all counties for young people and adult with learning difficulties. This programme has gained momentum with young people training and playing on a regular basis and representing their county at major championship events (Ulster Final). Coaching continues in the schools for young people with disabilities. Schools road show took place to increase awareness and provide some education to able bodied young people around the challenges of being in a wheelchair. This programme has been well received and allowed us to pitch wheelchair bound against able bodied. |

| Public Health Agency (PHA) | • PHA supports increased participation in physical activity among people with a disability through a range of investments at obesity prevention/physical activity interagency forums level including training for trainer courses to promote and deliver: (1) Inclusive Games and Skills; (2) Boccia; (3) Chair based activities; (3) New Age Curling; (4) Cardio Rehab IV programmes; and (5) a range of other relevant programmes. |
|-------------------------------|---|
| | Physical Activity Referral Schemes continue to be supported in a number of local council areas. |
| | • In the south eastern area, the PHA has commissioned the HSC Trust to support providers of Physical Activity Referral Schemes to offer outreach to special schools for young adults 16 years +. |
| | • In the southern area PHA provides funding for SHSCT's the Fit 4 U initiative (which includes funding for WTE Coordinator and programme costs. This co-ordinator provides structured programmes of safe, accessible physical activity and leisure opportunities for people with physical disabilities and sensory impairments across the Southern HSCT area. Southern LCG has also provided funding for similar opportunities for people with learning disabilities. |
| | • The healthy towns funding programme in the western area provides opportunities to be physically active for people with disabilities. Programmes funded include structured physical activity programmes for children and adults with disabilities. The inclusive world cup disability programme for |
| | children in Fermanagh/Omagh involved 7 participating schools and 120 children. The Foyle Disability Cup hosted for children in Derry/Strabane involved 17 children and their parents in an 8 week programme. |
| | Active Belfast supported a range of grants in 2015-16, see PA7 for grants relevant to this theme. |
| | • In the southern locality, the Physical Activity Co-ordinator, funded by PHA, provided a range of activities/events targeting children, young people and families with disabilities, including boccia tournament, walk, cycle, dance and strength and balance training for Active Communities coaches working with disabled people. |
| | • Support for Active Communities – in Down, Lisburn and Castlereagh areas (South Eastern funding) with funding in Down area April 16 onwards for local community activities including those to target participants with a disability. |

| Target Number: | PA11 |
|--------------------------|---|
| Target Details: | By 2019 to deliver at least a 6 percentage points increase in participation in sport and physical recreation among older people (from the 2011 baseline). |
| Target Deadline: | 2019 (Long Term) |
| Status: | ON TRACK FOR ACHIEVEMENT |
| Baseline Information: | 21% of older people (aged 50 and over) participated in sport and physical recreation in the last week (2010 SAPAS) |
| Current Position: | 28% of older people stated they normally participate in sport and physical recreation on at least 1 day a week (2013-14 CHS) |

| Contributing Member | Progress |
|---|--|
| Sport Northern Ireland (SNI) | See SNI update at PA4. |
| Chief Leisure Officers Association (CLOA) | Fermanagh & Omagh District Council In partnership with the Public Health Agency, the Council is providing Chi Me, Boccia, New Age hurling, 10,000 steps and inclusive skills activities across the District. |
| | Armagh City Banbridge and Craigavon Borough Council Council's Sports Development Action Plan for 2015 – 2017 sets a high priority for inclusivity for all under-represented groups. Over 60's have access to free swimming across the region. 798 older people have been engaged with through the Active Communities Programme for the period 1st October 2015 – 31st March 2016. 723 older people have been engaged with through the EBA 2020 Programme for the period 1st April – 30th September 2016. 70 participants from a number of Older Peoples groups took part in the annual Senior Sportsfest event, which involves each participant taking part in a range of sports and activity sessions. Council has established Over 50's club and provides planning support to them and offers assistance with access to funding. Council works in partnership with the Southern Health Trust to provide walking opportunities and leadership qualifications for older people. Southern Health Improvement Strategic Group (SHISG) has targeted older people for a full programme of activities in a number of areas within the region. |
| | Lisburn and Castlereagh District Council Sports Development working in partnerships with groups such as C Saw, Age Concern and PHA • Development of Active Ageing Club, Walking groups. Development of new activities aimed at elderly – Pickle Ball, over 40s football league, walking groups EBA 2020 targeting over 40's. Participation events – Fun Run, couch to 5K. Sport Lisburn and Castlereagh funding for individuals entering representative master's events. |

- · Training programme helps keep elderly people involved with clubs. Antrim and Newtownabbey Borough Council
- Within the Active Communities programme 2015/2016, 662 participants with a disability took part, representing 59% of the annual target.
- Increase sustained participation through exercise/G.P. referral schemes, cardiac rehab clinics.
- Increase sustained participation among older people through the EBA 2020 programme.
- Partnership working with local care homes and community / voluntary groups to deliver taster sessions with people over 50 years of age such as OTAGO.
- Continuation of allotment programme in Greystone Community Centre and Allen Park development.
- Work with relevant agencies to provide opportunities for older people.
- Provide incentives and offer a range of activities at local leisure facilities for older people.
- Antrim's Outdoor Recreation Action Plan gave the opportunity for older people to highlight how they would like to see outdoor recreation improved. More quality (medium length) walks were suggested, fishing access. Simply strolling programme recommenced.
- Expansion of Fit and Active over 50s Programme to 4 Sites across the Antrim and Newtownabbey Borough (Antrim Forum, Neillsbrook Community Centre, Crumlin Community Centre, Stiles Community Centre).
- Annual Tea dances in Community centres.
- Antrim Forum Move It exercise class programme.
- Zumba Gold programme, Millennium bowling club.
- Actively working with and assisting sustainably programming for the NSCF.

Mid Ulster District Council

- Through the Active Communities the council engaged with more than 820 females.
- The legacy councils host very successful 50+ Activity Clubs in each of its leisure centres.
- Council operates a concessionary rate for older people 50% discount.

| Northern Ireland Environment Agency (NIEA) | NIEA continued to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. These facilities are well used by older people. |
|--|--|
| | Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. The WalkNI website (www.walkni.com) identifies paths and facilities at listed NIEA properties suitable for those with mobility problems. NIEA provided strategic funding for Outdoor Recreation NI and contributed information on NIEA properties to the Walk NI website as well as funding the management bodies for Areas of Outstanding Natural Beauty, most of which have outdoor recreation as an objective or target, and specific |
| | access projects listed at PA4. NIEA continued to work with Sport NI and other partners to deliver the targets of the Outdoor Recreation Action Plan for Northern Ireland which was published in March 2014. Delivery of the targets is embedded in the criteria for the Environment Fund and will be embedded in any new grant programme that is developed. |
| Irish Football Association (IFA) | An average of 16 women (aged 35 – 58) train every Friday night at the Shankill Leisure Centre (Belfast) Pilot Masters 35+ 'Back In The Game' Club Development programme established with 2 clubs (Belfast Barca + Lagan Valley Stars), 36 attended in |

| | total, Year One with supporting National Festival (240 attended/24 teams). |
|--|--|
| Disability Sports Northern Ireland (DSNI) | • During the last financial year (2015-16) just over 10,000 people benefitted from Disability Sport NI's range of participation, performance, education and training programmes, 24% of whom were older people (over 50). However this percentage rose to 45% for participation programmes and initiatives. |
| Northern Ireland Sports Forum (NISF) | NISF promote opportunities for engagement in sport and physical activity from our members on relevant media channels. |
| Ulster Council Gaelic Athletic Association (UCGAA) | Gael Active and Active Clubs has been promoting participation among older people. In particular they are encouraged to take part in some of the additional physical activity (Yoga, Aerobics, Circuits and Couch to 5K) provided as part of the programme. Inter county veterans teams continue to play in the Provincial and All Ireland veteran's tournament. |
| | Health and Wellness committees now exist in each county and club. The drive the messages around healthy mind and healthy body and many clubs are now providing the additional activity in sports or physical activity to contribute to this agenda. |
| Public Health Agency (PHA) | • PHA supported increased participation in physical activity among older people through a range of investments at obesity prevention/physical activity interagency forum level including training for trainer courses to promote and deliver: (1) Movement to Music; (2) Chi Me; (3) Boccia; (4) Inclusive Skills; (5) Walk Leader training (Walking for health programme); and (6) Other relevant programmes. |
| | The Physical Activity Referral Scheme continues to be supported in most local council areas. |

Sport Matters Progress Report 01 Oct 2015 - 30 Sep 2016 Active Belfast is implementing an Active Ageing Action Plan in line with the Active Belfast Plan. Active Belfast supported a range of grants in 2015-16; see PA7 for grants relevant to this theme. In 2015-16 and 2016-17, the PHA continues to fund ArtsCare to run the 'Here and Now' older people's arts festival across Northern Ireland. The aim was to enhance the well-being and quality of life of Older People through access to participation in high quality arts activities across a variety of art forms including dance. The Healthy Towns funding programme in the western area provides opportunities to be physically active for older people. Programmes funded include physical activity programmes for both men and women. 100 people attended Chi Me in Fermanagh/Omagh and 15 people attended Agua Aerobics. A chair and walk programme in Melvin has 15 - 20 older females participating weekly. The Physical Activity Co-ordinator in the Southern Trust area continued to offer physical activity opportunities for older people through the community-based strength and balance programmes and chair based activity training in agreed localities to specific audiences in response to local needs. The Southern Strategic Health Improvement Partnership (comprising PHA, SHSCT, Southern Local Commissioning Group, Armagh, Banbridge, Craigavon, Dungannon and Newry and Mourne Councils and NI Housing Executive) has identified older people as a priority population group for the next three years. Work is underway to establish "Good neighbourhoods for Ageing Well" in five pilot sites across the locality, which has included opportunities for older people to be physically active. Active Ageing was developed in partnership between PHA, South Eastern HSCT and Councils in South Eastern area during 14/15 (Councils included Ards, Lisburn and North Down), marketing and offering physical activity for older people. This continues in these areas and during the reporting year 15/16 has extended to include Down, Castlereagh and to include several community organisations as providers. Mid Ulster District Council, the Public Health Agency (PHA), NHSCT and SHSCT are combining to implement the 'Make a Change' project, working with older people to help improve their physical activity, nutrition, mental health and wellbeing. The 'Make a Change' initiative involves Health Support Officers providing one-to-one support to people from the target group to help them make a change for the benefit of their health. The themes identified are physical activity and healthier eating, with an emphasis on how these can contribute to mental health and wellbeing. Support for Active Communities – in Down, Lisburn and Castlereagh areas (south eastern funding) with funding in Down area April 16 onwards for local community activities including those to target older participants. PHA in the south eastern area has been involved in the QUB Walk with me study.

Target Number:

PE12

| Target Details: | By 2010 to have a fully operational Sports Institute that supports 100 athletes per annum to achieve improved high performance sport outcomes. |
|--|---|
| Target Deadline: | 2010 (Short Term) |
| Status: | ACHIEVED |
| Baseline Position: | New Measure |
| Current Position | The Sport Institute is fully operational and supports c100 athletes per annum to achieve high performance sport outcomes. |
| Contributing Member | Progress |
| Sport Northern Ireland (SNI) | • Five service areas including Sports Medicine; Sports Science; Strength and Conditioning; Performance Planning and Performance Skills are currently operational at the Sports Institute Northern Ireland (SINI). |
| Ulster Council Gaelic Athletic Association (UCGAA) | • UCGAA negotiated with Sports Institute to retain the World Handball Champion – Aisling Reilly and All Ireland Champion, Charlie Shanks, in the Institute Programme. With budgets and staff being reduced, Sports Institute has indicated that they can no longer support their preparation for competition. It's difficult to see how a World Champion cannot be supported in this context. |

| Target Number: | PE13 | |
|---|--|--|
| Target Details: | By 2010 to win at least five medals at the Delhi Commonwealth Games. | |
| Target Deadline: | 2010 (Short Term) | |
| Status: | ACHIEVED | |
| Baseline Position: | 2 Medals Won (Melbourne, 2006) | |
| Current Position: | 10 Medals Won (Delhi, 2010) | |
| Contributing Member | Progress | |
| Sport Northern Ireland, NI Commonwealth Games Council, Governing bodies of Commonwealth Games sports. | The Delhi 2010 Commonwealth Games took place from 3rd - 17th October 2010. SNI chaired and facilitated the Delhi 2010 Preparation Committee which met 18 times between July 2007 and September 2011. The Committee comprised representatives from the NICGC, governing bodies, SNI and SINI and in its advisory role, the Committee aimed to contribute to the objective of improving the athletic performance and competitive potential of athletes at the Games. The Committee is currently producing a report on the preparations and performance of the NI Team in Delhi, with a view to putting forward recommendations which can inform the planning for Glasgow 2014. In 2010, SNI invested £40,000 in the NICGC to offset some of the costs of presenting the NI Team in Delhi. In addition, SNI, through the ASP invested £304,273 in 15 governing bodies in respect of 48 athletes who were members of the Northern Ireland Delhi Team. This investment was for the training, coaching and competition programmes (excluding attendance at the Games) for the athlete during 2010 (in most cases January to December 2010). Within the 48 athletes, 12 also benefited from living costs awards (included in the above figure), which assisted the athlete to train on a full-time or part-time basis. SINI provided sports science and medical services to 25 athletes in the year prior to the Games and in the final three months of preparation offered services to include the wider team membership of 81. Through the Performer Development Centres (PDC), services such as strength and conditioning, physiotherapy and performance lifestyle were provided to 18 members of the Northern Ireland team. Ten medals (including 3 gold, 3 silver and 4 bronze medals) were won in Delhi 2010 in boxing (5), cycling (2), shooting (2) and bowls (1). | |
| Chief Leisure Officers Association (CLOA) | Armagh City Banbridge and Craigavon Borough Council Council funds Sports Advisory Councils to ensure that support is given to talented athletes competing at provincial level or higher, from across the region in the form of grant aid / bursaries and by allowing free access to facilities for training through a Silver Card scheme. | |

| Student Sport Ireland | • | Ensured maximum representation by athletes in elite national and international competition from northern third level institutions. |
|-----------------------|---|--|
| (SSI) | • | Established a Finance and Risk Management Committee to review all SSI operations, undertake an audit of company finances, policies and |
| | | procedures and coordinate an implementation plan to ensure the Association is meeting all its legal and social responsibilities |

| Target Number: | PE14 |
|--------------------------|--|
| Target Details: | By 2011 to ensure that all Sport Northern Ireland funded governing bodies are 'fit for purpose' organisations. |
| Target Deadline: | 2011 (Short Term) – Timeline for the achievement of PE14 has been changed to 'By 2015' (Approved by SMMG June 2013). |
| Status: | ACHIEVED |
| Baseline Information: | 24% of Sport Northern Ireland funded governing bodies are fit for purpose (2007-08 Governance and Management Audit). |
| Current Position: | 100% of Sport Northern Ireland funded governing bodies are fit for purpose (2015-16 Performance Focus Self Assessment) |
| Contributing Member | Progress |

Sport Northern Ireland At 30 September 2016, 33 out of 33 SNI funded (PerformanceFocus) governing bodies have attained at least a satisfactory level of assurance following a SNI self-evaluation template with 22 of the 33 governing bodies achieving a substantial rating. SNI has supported governing bodies to improve (SNI) governance standards through: Training opportunities being provided for 12 leaders within governing bodies to develop their leadership ability within their organisation. The governance network provided support to Boards within Governing bodies to raise and/or maintain governance standards within their sports. o SNI has been a member of the Developing good Governance Group and a revised Code of Governance for the Voluntary and Community Sector in NI was launched in December 2015; ○ SNI has worked with Governing Bodies and Local Authorities to ensure awareness of the NI Charities Legislation and Community Amateur Sports Clubs Scheme which have implications for voluntary sports organisations, including sports clubs; o Consultation was held with the sport sector to consider the added value of launching a Code of Good Governance for the sport sector building on similar codes. A draft framework for sports governance, which links with the NI Code for the Voluntary Sector is currently in development through a partnership approach involving governing bodies of sport, the NI Sports Forum and Sport NI. The UK Equality Standard was launched in March 2012. At 30th September 2016, two sporting organisations have achieved foundation level At 30 September 2016, a total of 35 governing bodies funded by SNI have attained a 'satisfactory' level of assurance following an NSPCC Safeguarding in Sport assessment. Individual sports organisation's ratings may fluctuate up or down due to the dynamic nature of the assessment to ensure sports remain compliant and up to date with requirements. SNI continues to implement a policy of recognising governing bodies of sport using criteria that demonstrates that minimum governance and operating standards are in place. During 15/16 2 new governing bodies were recognised. A total of 36 governing bodies monitored by SNI continue to be World Anti-doping Code Compliant. The Pure Winner strategy has been implemented to ensure that Governing Bodies and other key organisations are compliant with, and understand their responsibilities in relation to the World Anti-Doping Agency Code. SNI has focused on building capacity within the governing bodies of sport by training and supporting 28 educators across 15 sports to provide accurate Clean Sport education and guidance to their athletes' coaches and support personnel. The Pure Winner Major Games programme was successfully completed for Samoa Commonwealth Youth Games and Rio Olympic and Paralympic Games. Chief Leisure Officers Fermanagh & Omagh District Council Association Council continues to encourage clubs/support clubs that are affiliated to SNI recognised governing bodies of sport. (CLOA) Council continues to work with/work in partnership with governing bodies of sport in delivery of local events, programmes and activities. In

particular in the delivery of the EBA 2020 programme and in the development of Council strategic documents.

Armagh City Banbridge and Craigavon Borough Council

- The Sports Development Action Plan for 2015 -2017 sets this out as a priority area of work for Sports Development. Officers to work closely with the voluntary bodies of the Sports Advisory Councils to ensure that support is given to clubs to ensure that best practice models are known about and followed both in the area of governance and in their delivery of sport.
- Recognition given to clubs in receipt of Clubmark / Clubmaith etc in the form of a grant and also in regard to celebration of the achievement at the Sports Awards ceremony.
- Sports Clubs are eligible to apply to the Council's Financial Assistance Policy.

Antrim and Newtownabbey Borough Council

- Ensured that all groups seeking funding, extended lets and award status are affiliated to a governing body that is recognised by SNI.
- Actively promoted SNI's club mark accreditation to clubs within the Borough
- Advocated that all sporting organisations adhere to governing body model of best practice and have the correct governance arrangements in place.
- Ensured that all governing bodies partnered with EBA 2020 programme deliver/exceed KPI in timescale.

Mid Ulster District Council

- Clubs are eligible to apply to the council's Sports Grant Aid Programme.
- Governing Bodies are eligible to apply to council's Strategic Sports Grant Aid Programme.
- Sports Development assist clubs with external funding applications and support clubs striving for Clubmark.

Ulster Branch Irish Rugby Football Union (UBIRFU)

- UBIRFU has been awarded Foundation Level for Equality Standard for Sport and currently rated as Satisfactory in relation to the framework for safeguarding standards in sport.
- SNI have rated us as 'substantial' in our most recent audit and the UBIRFU's internal audit is also rated as 'substantial'.

| UK Sport (UKS) | • On leadership: Cohort 2 of the Leading Edge CEO Development programme had one participant from Northern Ireland (Angela Platt from Ulster Hockey). She attended 6 residential modules between March 2015 and May 2016, as well as receiving Executive Coaching support as part of the programme, and taking part in an international visit in November 2015. The Leading Edge programme is managed by UK Sport on behalf of all the Home Country Sports Councils, and is partly subsidised by UKS. In addition, the UKS Governance team meets with HCSCs, including SNI, either in person or by phone 3 or 4 times a year to share best practice in how we are developing our leaders, and activities we have planned. The most recent meeting took place in October 2016 in Belfast. |
|--|--|
| | • On corporate Governance: regular consultation with the Governance leads in SNI has taken place around the new UK Governance Code, launched on 31 October. Quarterly meetings of the five sports councils governance group continues, where the group share common challenges with funded bodies, and best practice. UK Sport has also been working with the UK Recognition Panel, which consists of representatives from all the HCSCs, to revise the Recognition Policy and appeals rules, which was tabled at the March Chief Officers Group meeting with agreement to overall changes, including proposal for a unified recognition appeals process. (This policy is to be finalised imminently with the Policy and the new Appeals Rules to be circulated in correspondence to Chief Officers for final sign-off.) |
| | • On standards: UKS's Standards Coordinator works closely with Edel Cosgrove from SNI around the Equality Standard, and both sit as part of the Sports |
| | Council Equality Group where information for the NGBs around Equality and Diversity is discussed and developed. They are currently |
| | developing the new SCEG website, updating guidance around Transgender Athletes etc. |
| Student Sport Ireland (SSI) | With relevant NGB, SSI oversaw the development and implementation of elite athlete performance plans and implemented individual elite athlete development plans. |
| Northern Ireland Sports Forum (NISF) | NISF held Sports Law Conference in November 2015 which provided support on injuries and insurance liabilities. NISF hosted a seminar on how governing bodies and organisations can implement the Code of Good Governance. NISF worked with partners in development of Sports Specific Code of Good Governance. |
| | NISF supported the Sport NI Athlete Selection Seminar. NISF coordinated an information session in relation to Pension Auto-Enrolment. |
| | NISF Coordinated and delivered a seminar on Developing the Business of Sport & Effective Lobbying and Collaboration Workshop. |
| | NISF Increased Access NI vetting services providing support to 20 members and processing 140 applications. |
| | NISF represented the sector alongside members and Sport NI at the Finance Committee at Stormont in December 2015 to campaign for increased Rates Relief for Community Amateur Sports Clubs. |
| Ulster Council Gaelic | Mentoring of Performance Analysts linked to senior county teams. Mentoring |
| Athletic Association | • of Ulster GAA PA Co-ordinator. |
| (UCGAA) | Mentoring of Lifestyle Officers. |
| | Mentoring of Ulster GAA Lifestyle Officer. |
| | Engagement with Strength and Conditioning personnel at SINI |

| Northern Ireland |
|--------------------|
| Commonwealth Games |
| Council |
| (NICGC) |
| |

- The NICGC has also been at the forefront of a global 'Human Rights in Sport' initiative in conjunction with the Commonwealth Games Federation, UNICEF, NI Human Rights Commission and the Institute for Human Rights and Business. This is aimed at promoting human rights across all aspects of sport; including equality of opportunity, supply chains, construction projects, free press etc.
- Governing bodies participating in the 2021 Commonwealth Youth Games will have to ensure highest standards of governance and engage in a programme to increase technical capabilities.

| Target Number: | PE15 |
|---------------------|---|
| Target Details: | By 2014 to win at least five medals at the Glasgow Commonwealth Games |
| Target Deadline: | 2014 (Medium Term) |
| Status: | ACHIEVED |
| Baseline Position: | 10 Medals Won (Delhi, 2010) |
| Current Position: | 12 Medals Won (Glasgow, 2014) |
| Contributing Member | Progress |

| Sport Northern Ireland (SNI) | In the period April 2013-March 2014, SNI invested £409,545 in sports costs and £98,584 in living costs in support of 48 athletes and 4 squads in 12 of the 17 sports included in the Glasgow 2014 Commonwealth Games. In addition, in 2013-14, SNI invested £1,216,946 in 15 Commonwealth Games sports (including the NI Commonwealth Games Council), to support the employment of staff as well as resources for programmes (although not all investment is focused on the high performance element of the sport). In the period April 2014- March 2015, SNI invested c. £500,000 in sports costs and living costs in support of 99 athletes and 5 squads in 12 of the 17 |
|-------------------------------|---|
| | sports included in the Glasgow 2014 Commonwealth Games. |
| UK Sport (UKS) | UK Sport actively encouraged engagement around CWGs between WCPs and their HN colleagues. |
| | CWG medal achievement is now one of five core objectives for the UK High Performance System Strategy led by HPSAG. |
| Northern Ireland | 2014 Glasgow Games |
| Commonwealth Games Council | Total of 12 medals won at Glasgow 2014: 2 Gold, 3 Silver; and 7 Bronze. |
| (NICGC) | 2017 Bahamas Commonwealth Youth Games and 2018 Gold Coast Commonwealth Games |
| | • The NICGC, in partnership with SNI, has met with all relevant governing bodies as part of the assessment process for allocating athlete numbers per sport for each Game. This has also helped to ascertain the level of service provision required for the preparation of athletes and coaches. |
| | Supported by UK Anti-Doping and the relevant Sports Councils, the NICGC has worked in partnership with other home nation Commonwealth Games Associations, the BOA and the BPA to develop an educational framework for all athletes, coaches and support staff attending major multisport Games. This will be implemented for the 2017 Bahamas Commonwealth Youth Games. |
| | A Review and Resolve Group has been agreed with SNI to act as an oversight body for the preparations for Gold Coast 2018. This group will constructively challenge the Team Management so that performances may be maximised. |
| | 2021 Commonwealth Youth Games |
| | Following the preparation of a bid by the NICGC, the 2021 Commonwealth Youth Games were awarded to Belfast in January 2016. These Games will involve children born 2003 to 2006. A total of 1000 athletes and 500 support staff will take part in a world class sporting event. Previous Youth Games participants include Carl Frampton, Michael Conlan, Beth Tweddle, Jessica Ennis-Hill, Heather Watson and Geraint Thomas. Games aim to provide gender equity and will therefore see a general promotion of participation amongst children but with an emphasis on girls. Participating governing bodies will have to ensure highest standards of governance and engage in a programme to increase technical capabilities. |
| | • To date, the Stormont Executive has not yet confirmed funding to support hosting the Commonwealth Youth Games in 2021. Following the |
| | preparation of an updated economic appraisal by Deloitte in April 2016, the case is now sitting with the Minister for Economy. Total Cost - £4.4m (NI Executive - £2.5m; Local Authorities - £0.5m and Self-fund - £1.4m [£0.6m already secured]). |
| Sports Coach UK (ScUK) | Through the Inspire programme sports coach UK has provided support to Ciaran Ward who coached Lisa Kearney to Judo Bronze in the women's 52kg |

| Target Number: | PE16 |
|------------------------------|---|
| Target Details: | By 2019 to have implemented nationally recognised coach accreditation systems in all Sport Northern Ireland funded governing bodies. |
| Target Deadline: | 2019 (Long Term) |
| Status: | ON TRACK FOR ACHIEVEMENT |
| | 55% of Sport Northern Ireland funded governing bodies of sport in Northern Ireland are currently implementing nationally recognised coach accreditation systems (2008-09) |
| | 91% of Sport Northern Ireland funded governing bodies of sport in Northern Ireland are currently implementing nationally recognised coach accreditation systems (2013-14) |
| Contributing Member | Progress |
| Sport Northern Ireland (SNI) | Currently 97% of SNI funded governing bodies of sport, through PerformanceFocus investment, have nationally recognised coach accreditation systems in place. |
| | Sport Northern Ireland has worked with 27 governing bodies of sport to implement effective systems for the development of coaching, aligned to either UK or All-Ireland structures. Sport Northern Ireland, in partnership with both Coaching Ireland and sports coach UK; continue to work closely with all funded governing bodies to identify key areas for development associated with developing and implementing the UK Coaching Certificate and the Coaching Development Plan for Ireland. |
| | SNI has facilitated the regular cycle of Northern Ireland Coaching Development Network events as a means of learning and sharing for sports organisation staff members who are directly engaged in Coaching Development. |
| | SNI has agreed to host the 2017 UK Coaching Summit in partnership with sports coach UK and planning has begun for this event. SNI has hosted domain specific coach development week's conferences focusing on the development of children's coaches and talent coaches. |

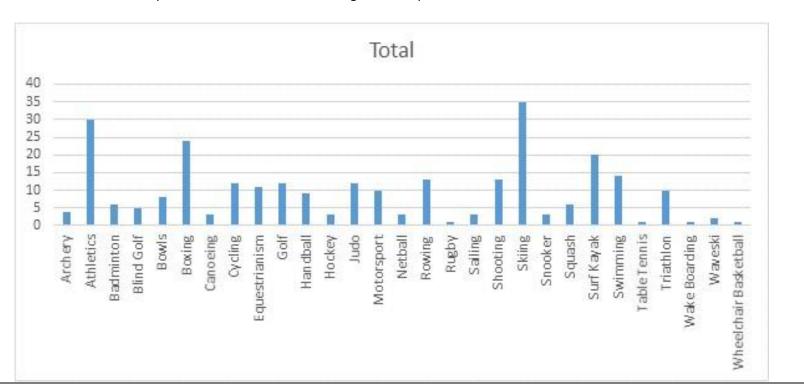
| Chief Leisure Officers | Fermanagh & Omagh District Council |
|--|---|
| Association (CLOA) | Council has provided a range of coach education and CPD courses for volunteers, clubs and groups to avail of. |
| | Armagh, Banbridge and Craigavon District Council |
| | • Continuous Professional Development work undertaken with local coaches. Close working relationship established with the NGBs involved in this. |
| | Antrim and Newtownabbey Borough Council |
| | Recognition given to clubs in receipt of Clubmark in the form celebration of the achievement at the Sports Awards ceremony. |
| | Actively delivering Clubmark and providing training which links to national governing body programme. |
| | • Sports Clubs are eligible to apply to the Council's Financial Assistance Policy Council Grant funding support for club coaches' development. |
| | • Ensured that all groups seeking funding, extended lets and award status are affiliated to a governing body that is recognised by SNI. |
| | • Actively promoted SNI club mark accreditation to clubs within the Borough. Advocating all sporting organisations adhere to governing body model of best practice and have the correct governance in place. |
| | Supported UKCC directives. |
| | Ran linked community youth coaching programme. |
| Ulster Branch Irish Rugby Football Union | • First two coach education courses on IRFU Coach Education Pathway have been verified by Quality & Qualifications Ireland (QQI) and have been placed on the National Framework for Qualifications (Ireland). |
| (UBIRFU) | IRFU currently aiming for verification of these courses by OFQUAL in Northern Ireland. |
| | Currently consulting with NOCN to validate the awards and place them on the NQF (National Qualifications Framework) available for UK students. |
| | IRFU have undertaken a review of coaching course content through stages 1 to 3 during 2015/16 |
| UK Sport (UKS) | • Investment into sports coach UK (scUK) from UKS continues until March 2017. The activity around support for NI is reviewed quarterly, which last occurred on 9 August 2016. ScUK have been given a specific timeline as to when to submit a funding request and business case to UK Sport for the forthcoming 17-21 quadrennial. |
| Irish Football Association (IFA) | • IFA offers an extensive range of coaching courses, catering for all levels of our game from grassroots to professional level including specialised courses. IFA Coaching ladder includes the following awards: IFA Grassroots Introductory Award; IFA Level 1 Award; Coaching Disabled Footballers Awards at Level 1 & Level 2; IFA 'C' Certificate; IFA Goalkeeping Diploma; IFA UEFA 'A' Goal Keeping Licence; IFA Youth Certificate; IFA UEFA 'B' Licence; IFA UEFA 'A' Licence; IFA UEFA Pro Licence. |
| Ulster Council Gaelic Athletic Association (UCGAA) | UCGAA Coaching Awards are accredited externally by Coaching Ireland. UCGAA specialist programmes are accredited by Open College Network. |

| Northern Ireland Sports Forum (NISF) | NISF continued partnership delivery for reward and recognition of volunteers through Belfast Telegraph Sports Awards and local authority Sports Awards. NISF provided support to Sport NI for an Athlete Selection Seminar in December 2015 which was delivered by Sport Resolutions UK. |
|---|--|
| Sports Coach UK (ScUK) | Ongoing support to the SNI Coaching Awards through the development of a Coach Development Bursary for all award winners. ScUK has provided partnership funding to support CPD and training costs for all Coach of the Year award winners. Alignment to Profile and Recognition objectives within the UK Coaching Framework |
| | Development of a ScUK Workshop Taster event to raise awareness of Sports Coach UK workshops and themes with Coaches, Coach Managers and Professional Staff. ScUK has worked with SNI staff to develop workshop taster events and increase the knowledge of Sports Coach UK workshops across the coaching workforce. Long term strategy to increase the use of ScUK workshops across Northern Ireland. Identified Sport NI and Governing Body staff to have attended the UKCC Lead Officer Training Course for 2015-16. ScUK has provided a training programme for identified staff who are involved in the development of the coaching workforce, learning programmes, qualifications and CPD. Increase UKCC expertise within Northern Ireland and lead to the development of coach education programmes from the within the NI Governing Body Coaching Systems. Provided a data management system to support the collation of data from coaches across a number of identified Governing Bodies. ScUK worked with Active Network to provide a data management system that initially supported Basketball NI and Ulster Hockey. ScUK has explored sustainable funding options as and when required. A data management system will provide SNI and associated Governing Bodies with strong data on the coaching workforce and allow them to plan coach education programmes appropriately. |

| Target Number: | PE17 |
|-------------------------|---|
| Target Details: | By 2019 at least 100 Northern Ireland athletes to have attained medal success at the highest level in their sport including European, World and Olympic/Paralympic level. |
| Target Deadline: | 2019 (Long Term) |
| Status: | ACHIEVED |
| Baseline Information: | 22 NI athletes attained medal success at t the highest level in their sport including European, World and Olympic/Paralympic level (2006-07). |
| Current Position | 105 NI athletes attained medal success at the highest level in their sport including European, World and Olympic/Paralympic level (2015-16). |

| Contributing Member | Progress |
|---------------------------------|--|
| Sport Northern Ireland (SNI) | • As of 30 September 2016 a total of 105 Northern Ireland athletes and teams attained a total of 275 medal successes at European, World, Commonwealth and Olympic or Paralympic competition since 1 April 2009 in a total of 29 sports. Of the total 105 Northern Ireland athletes and teams, 70 (67%) were male and 35 (33%) were female. A total of 85% of the 275 medals were won by individuals, whereas 15% were won as part of a team. Furthermore, 46% of all medals were won by athletes representing Ireland, followed by Great Britain & Northern Ireland (30%) and 24% representing Northern Ireland (see pie chart below): |
| | Total Medals won by Athletes |
| | 24% |
| | ■ GB & NI ■ Ireland ■ Northern Ireland |

• The chart below details the sports that each of the medal winning athletes represents:



Chief Leisure Officers Association (CLOA)

Fermanagh & Omagh District Council

Council continues to provide Sports Bursaries and Gold Card programmes to help assist talented athletes within Fermanagh and Omagh District.

Armagh, Banbridge and Craigavon District Council

• Council funds Sports Advisory Councils to ensure that support is given to talented athletes across the region in the form of grant aid / bursaries and by allowing free access to facilities for training through a Silver Card scheme.

Lisburn & Castlereagh District Council

- Recognition of local sporting individuals via local sports awards.
- Elite Athlete Club provides free use quality training facilities for top athletes.
- Partnership with clubs and GBs in Hosting National events such as Orienteering, Gymnastics and Badminton.
- Club Development programmes to provide a pathway from beginner/recreational participation to elite athlete.

Antrim and Newtownabbey Borough Council

- Promoted elite sport through programmes initiatives such as the Sports Awards and Gallery of Sporting Legends
- Continued to support NGB's and club to host major sporting events.
- Developed Council venues suitable for elite participation.
- Actively made venues available for elite participation.
- Through Council Grants funding scheme, allowed free access to facilities for training through scheme.

Mid Ulster District Council

- Council provide a Sports Representative Grant Programme up to £250 to support talented athletes.
- Council also provide top of the range training facilities and access to services locally that will develop the athlete reach their potential.

| Irish Rugby Football Union Ulster Branch | • Talent System has been further advanced in 2015-2016 through the player pathway by reviewing and modifying service provision to athletes in the following way: |
|---|--|
| (IRFU – UB) | Development of the Club Summer & In Season Programme at u16, u17 & u18. |
| | U16 Club Summer Program - Development of a Formal Program 1 day a week during the summer for 8 weeks; supported by a regular programme of contact throughout the season. |
| | U17 & U18 Club Summer Programme - 2 days per week for Representative Age Grade Players; supported by an additional 4 rugby sessions per month in season. |
| | U16 School Summer Program - Development of a Formal Program 1 day a week during the summer for 8 weeks; supported by a regular programme of contact throughout the season. |
| | U17 & U18 School Summer Programme - 2 days per week for Representative Age Grade Players; supported by an additional sessions per month in season. |
| | • Introduction of the Athlete Performance Programme for Female rugby players which gives players of potential at both U18 and adult level access to weekly skills sessions and supervised gym sessions with a view to increasing International representation. We have seen a notable increase in Ulster representation at National level particularly at U18 level with 5 Ulster players selected for the U18 Combined Provinces 7s and 3 for the Ireland U19 7s in September 2016. |
| UK Sport (UKS) | • UKS currently provides athlete funding to 16 Northern Ireland athletes on World Class Programmes (7 on Podium Potential and 9 on Podium programmes). |
| | • Since the last update, UK Sport continues to work closely with SNI via the High Performance Strategic Advisory Group (HPSAG), whose membership consists of the HCSCs, UKS and EIS. This group meets quarterly to address how resources in all the HCSCs and UKS can be aligned to maximise medal success. |
| | • SNI, as part of HPSAG, has been in dialogue with the head of UK Sport Performance Investment in order to ensure the best understanding of how performance sport investment in UK Sport and the HCSCs, including SNI, can be aligned to maximise medal success across the UK. Discussions continue. |
| | • On 6 May 2016, UK Sport HPSAG representatives visited SNI in order to develop better understanding of the NI Paralympic landscape. This work continues, and a SINI representative attended a meeting in October 2016 with UKS, other HCSC representatives, the BPA, and EIS, to address how |
| | we can better prepare HCSCs to support NI Paralympic athletes. |
| Disability Sports Northern Ireland | Rio 2016 Paralympic Games: 9 athletes with disabilities from Northern Ireland represented Paralympics Ireland (5 athletes) and Paralympics GB (4 athletes) at the 2016 Rio Paralympic Games with three of the athletes securing a total of five gold and one silver medal. Athlete Support: Although the majority of talented athletes are now being managed and supported by their relevant mainstream Governing Body of |
| (DSNI) | Sport, in line with Sport NI's 'Disability Mainstreaming Policy' DSNI continued to directly manage and support 4 Paralympic athletes during the period. |

| Sport Matters Progress R | Deport 01 Oct 2015 – 30 Sep 2016 |
|---------------------------|--|
| | Disability Performance Pathways: Supported mainstream Governing Bodies of Sport with the delivery of a range of participation initiatives in the sports of Athletics, Badminton, Football, Table Tennis, Sailing, Swimming and Wheelchair Rugby. Two Governing Bodies of sport, the Irish Football Association and Athletics NI, were also awarded Disability Sport NI's newly developed 'Inclusive Sport Award' during the period. Ulster Boccia Squad Programme for Northern Ireland's most talented players managed during the period. Northern Ireland Wheelchair Basketball Performance Programme implemented during the period. |
| | • DSNI Disability Classification Service: DSNI continued to provide a classification service to local athletes during the period, which is essential to their participation in competitive/elite sport. This involved providing information and advice on classification to individual athletes, parents and sports organisations as well as organising and managing the UK and International INAS-FID Classification System for athletes with learning disabilities. |
| Sports Coach UK (ScUK) | • In collaboration with UK Sport, ScUK has delivered the Aspire programme to Northern Ireland coaches. Over a 20 month period the coaches will engage in an orientation day, six two day workshops, and a celebration event. The coaches will also undertake a 360 degree online review, interact with a community of practice, hear from industry experts and meet experienced coaches from talent and performance domains. Ciaran Ward and Thomas Evans have graduated from Inspire; Stephen Maguire, Jackie McKernan and John Armstrong were on Aspire I; Elaine Grant and Andrew Reid were on Aspire II; Debbie Hanna, Peter Hill and Stephen Hood were on Aspire III; John Armstrong and Laura Kerr are currently on Aspire IV. |

| Target Number: | PE18 |
|------------------------|---|
| Target Details: | PE18a - By 2019, to have established a baseline for the % of adults who have coached in the last year in a paid capacity |
| | PE18b - By 2019, to have established a baseline for the % of adults who have coached in the last year in a voluntary capacity |
| Target Deadline: | 2019 (Long Term) |
| Status: | ON TRACK FOR ACHIEVEMENT |
| Contributing Member | Progress |
| Sport Northern Ireland | • SNI has provided support to sports coach UK to roll-out the UK Coaching Panel survey and share the findings with those responsible for Coaching Development within Northern Ireland linked governing bodies of sport. The Coaching in Northern Ireland 2016 report provides a percentage break down of the demographics, roles and views of a sample of coaches in Northern Ireland; the report was authored by sports coach UK. |
| | • SNI has instigated and financially supported pilot projects with 10 governing bodies of sport to recruit and support more females within the coaching population, with technical support from Sports Coach UK. |
| | SNI has provided direct learning support through coach development workshops, seminars and conferences for 630 coaches. |
| | • SNI has worked with 27 governing bodies of sport to implement effective systems for the development of coaching, aligned to either UK or AllIreland structures. Sport Northern Ireland, in partnership with both Coaching Ireland and sports coach UK; continue to work closely with all funded governing bodies to identify key areas for development associated with the effective recruitment, education and retention of coaches. |
| | SNI has facilitated the regular cycle of Northern Ireland Coaching Development Network events as a means of learning and sharing for sports organisation staff members who are directly engaged in Coaching Development. |

Chief Leisure Officers Association (CLOA)

Fermanagh and Omagh District Council

Council has continued to assist in the provision of local sporting events in the Fermanagh and Omagh District Council area.

Armagh City Banbridge and Craigavon Borough Council

- Council has 5 full-time equivalent multi-sports coaches / physical activity leaders, and a further 3 Coaches on 30hr per week contracts through the Sport NI Active Communities and EBA 2020 programmes for the reporting period. These coaches not only have the appropriate qualifications and experience to deliver but during this reporting period have undertaken comprehensive Continuous Professional Development.
- Council also has 30 casual multi sports coaches employed delivering physical activities sessions for the Sport in the Community Projects, including the MUGA Sports Project, Midnight Street Soccer, DV8 Youth Sport Project.
- The Southern Sports Partnership, of which Council was a member until it dissolved in June 2016, employed 15 casual coaches for the delivery of the annual 2016 Southern Sports Academy a 12 week coaching academy in the sports of Netball, Hockey, and Badminton.
- Council provides structured opportunities for people to access sports specific and generic courses through Sports Development and the work that it does in partnership with the Southern Sports Partnership, NGB's and the Sports Advisory Councils (SACs).

• Council funds the SACs to enable then to provide grant assistance to clubs to support the cost of volunteers undertaking NGB awards at a suitable level and to provide grant assistance to clubs that may wish to bring "expert" coaching advice to its coaches.

Council funded SACs recognise the valuable role played by volunteer coaches at both the Junior and Senior Sports Awards.

Lisburn & Castlereagh District Council

- Working with Volunteer Now to provide opportunities for young volunteers at events.
- Training programme provide opportunities for volunteers to get relevant qualifications.
 Employment of coaches and leaders to deliver sports development and holiday programmes.
- Employment of 4 x EBA2020 Coaches.

Antrim and Newtownabbey Borough Council

- Council Grant funding scheme provided opportunity for individual Grants for staff/coaches for further development i.e. Gateway to coaching awards scheme
- Council has in post 7 full-time equivalent multi-sports coaches / physical activity leaders through the Sport NI Active Communities programme for the reporting period and EBA 2020. These coaches not only have the appropriate qualifications and experience to deliver but during this reporting period have undertaken comprehensive Continuous Professional Development. Numerous casual multi sports coaches employed delivering physical activities sessions.
- Local coaches paid through council let programmes such as the Wildcats, Multi-sports camps, Gymnastics, EBA 2020 programme and IFA soccer weeks. Providing links to sports clubs and coaching.
- Promoted coaching at a local level through funding and recognition at awards evenings etc.
- Delivery of youth coaching programme and opportunities in clubs and council led programmes.
- Delivered community based coaching programmes and training.
- Development of volunteering opportunities i.e. parkrun community.
- Identified and trained future coaches such as gymnastics coaching youth programme.
- Aspire Sport programme strengthening links between talent programmes and governing bodies.
- Active Communities Programme (sport Specific posts) provided links to performance sport.
- Capital development completion of Allen Park Sports Hub.
- Worked in partnership with governing bodies through SNI EBA 2020 Programme.

Mid Ulster District Council

- Council have 3 Fulltime Coaches through the Every Body Active 2020 Programme.
- Council have approx. 15 casual coaches that are used to support to the delivery of a comprehensive physical activity programme throughout the year.

| Ulster Branch Irish Rugby Football Union (UBIRFU) | • | LTPD Stage 1 Rugby: 202 accredited coaches attended 6 courses |
|---|---|--|
| | • | LTPD Stage 2 Rugby: 92 accredited coaches attended 3 courses |
| | • | LTPD Stage 3 Rugby: 59 coaches attended 2 courses |
| | • | LTPD Stage 4 Rugby: 18 coaches attended 1 national course |
| | • | One Ulster Coach recently attained the IRFU Stage 5 Award. This now brings to six (out of 12 attendees) the number of coaches who have |

| | completed and been accredited at this Award which is the highest available from IRFU and is only open to coaches operating full-time in a professional environment. 57 coaches hold the Stage 4 head Coaches award, the next highest level and from which Stage 5 candidates are selected. IRFU are currently revising both Stage 3 and 4 coaching awards to bring their content more in line with current sport requirements. |
|--|---|
| | IRFU are currently revising both Stage 3 and 4 coaching awards to bring their content more in line with current sport requirements. Opportunities to operate as a full-time coach are mainly limited to employees of IRFU, its four branches and Irish Exiles. Neal Doak, Ulster Rugby Head Coach is currently engaged with SINI via the 'Practitioners' programme which helps develop coaches working in a high performance environment. |
| Student Sport Ireland (SSI) | • Coordinated centralised approach to NGB official training courses in third level and development of student coaches in all codes. Referee, official, umpire training and coach development programme (regionalised) for third level students delivered, with shared coaching programmes, venue provision by member institutions etc. |
| Irish Football Association (IFA) | Continued employment of 27 full-time Irish FA Primary School Coaches through Curriculum Sports Programme (DENI Funded) Continued employment of 10 full time Irish FA coaches across the Elite Performance and Coach Education Department. |
| Northern Ireland Sports Forum (NISF) | Continued partnership delivery for reward and recognition of volunteers through Belfast Telegraph Sports Awards, Belfast City Council Sports Awards & Sport NI Coaching Awards. Provided seminar for members on Disputes Resolution & Model Disciplinary Processes. |
| | Active Awards for Sport funding received to fund Leadership Programme at Belfast MET which develops a group of young girls to be the next generation of Female Leaders with the Female Sports Forum. |
| Ulster Council Gaelic Athletic Association (UCGAA) | Full-time coaching workforce in Ulster 107 coaches. Voluntary coaching workforce 9,600 coaches in clubs. Voluntary Coaches working in primary education 590. |
| Sports Coach UK (ScUK) | Development of a Northern Ireland specific Participation workshop to support National Governing Bodies of Sport and Coach Managers involved in the Active Clubs programme. This will increase the understanding of participation motivations across the coaching workforce in both adult and young people populations. Sports Coach UK has contributed by providing technical expertise to NGB staff and Coach Managers involved in the Active Club Programme and through the development of bespoke Participation workshops to meet the meet the needs of coaches working across Northern Ireland. |

| | Tutor Orientations of identified staff from SNI and National Governing Bodies of Sport to support the delivery of the 'How to deliver engaging sessions to Adults/Young People' workshops. Sports Coach UK Participation technical lead officer has delivered workshop orientations and ongoing support to identified tutors. Analysis of the 2015/16 ScUK Coaching Panel Research including 508 responses from Northern Ireland coaches. ScUK has provided a breakdown of statistical and anecdotal data to the SNI Coaching Network including coaching insight linked to gender, disability, age ranges, activity levels, employment status and CPD preferences. This information will allow SNI and the Northern Irish Governing Bodies of Sport to have a greater understanding of their coaching workforce, allow them to target certain gaps in the market and provide more appropriate CPD and training opportunities that meet the coach's needs. A more appropriately skilled and qualified workforce will hopefully lead to an increase in participation across both adult and young people populations. ScUK have assessed the data collected as part of the SNI Coaching Legacy programme. We now understand needs, motivations, barriers from coaches involved in the Coaching Legacy programme. ScUK has started to unpick data already collected in year one and will repeat exercise once |
|---|---|
| | year data has been collated. Compare data from across the years and the different sports involved in the programme. Assess which sports have had the biggest impact? ScUK has provided technical research support and provided a sustainable monitoring and evaluation toolkit which can be used by SNI staff in the future. |
| | • Ongoing support to the SNI Coaching Awards through the development of a Coach Development Bursary for all award winners. ScUK has provided partnership funding to support CPD and training costs for all Coach of the Year award winners. Alignment to Profile and Recognition objectives within the UK Coaching Framework. |
| | • ScUK has become an official planning and delivery partner for the 2016 and 2017 Talent Coaches Conference. ScUK has provided technical guidance on Talent workshops and themes to support the conference including key note speakers and workshop deliverers. Outcome to support the development of Talent coaches from across Northern Ireland to improve the performance of athletes in the various Governing Body Talent pathways. |
| | • ScUK have reviewed the Talent workshops / themes being delivered as part of the Talent Hub offer including ScUK Talent Foundation Series. ScUK has provided training support and material for talent workshops to support 'in house' delivery from Sport Northern Ireland staff. Training and CPD opportunities to be self-sustaining across Northern Ireland providing a workforce of Talent Tutors and appropriately skilled coaches. |
| Outdoor Recreation Northern Ireland (ORNI) | 67 Volunteer Walking in Your Community Leaders trained during the period. |

01 Oct 2015 – 30 Sep 2016

Sport Matters Progress Report

| Target Number: | PE19 |
|---------------------|--|
| Target Details: | PE19a - By 2016 to have 15-20 athletes qualify for the Rio Olympic and Paralympic Games. |
| | PE19b - By 2018 to win at least XX medals at the Gold Coast Commonwealth Games. (Note: unable to confirm medal target at this stage) |
| Target Deadline: | 2016 and 2018 (Long Term) |
| Status: | ON TRACK FOR ACHIEVEMENT |
| Contributing Member | Progress |

| Sport Northern Ireland (SNI) | • 28 NI athletes competed in the Rio Olympics 2016 across 9 different sports (8 athletes represented Team GB and 20 Team Ireland. This was NI's highest ever representation (PE19a). |
|------------------------------|---|
| | • 9 NI athletes competed in the Rio Paralympics 2016 across 6 different sports (4 athletes represented Team GB and 5 Team Ireland). This was NI's highest ever representation. Also in terms of medal haul (6 – including 5 Golds) it was the most successful ever for NI athletes (PE19a). |
| | SNI staff have supported NICGC staff during 'State of Sport' meetings (April 2016) with individual sports targeting the 2018 CWG (PE19b) |
| | • Sports applying to the Sporting Winners Programme have identified athletes targeting the Gold Coast CWG in 2018, within submissions made [Sept 2016] (PE19b). |
| Chief Leisure Officers | Armagh City Banbridge and Craigavon Borough Council |
| Association (CLOA) | • Council funds Sports Advisory Councils to ensure that support is given to talented athletes across the region in the form of grant aid / bursaries and by allowing free access to facilities for training through a Silver Card scheme. |
| | Antrim and Newtownabbey Borough Council |
| | Promoted elite sport through programmes initiatives such as the Sports Awards and Gallery of Sporting Legends |
| | Continued to support NGB's and club to host major sporting events. |
| | Developed Council venues suitable for elite participation. |
| | Actively made venues available for elite participation. |
| | Through Council grants scheme, supported over 18 potential elite athletes from April 2016. |
| | Regional development squads in cricket and football. |
| | Continuation and development of talent programmes. |
| | Council Grant funding support provided for potential elite athletes and clubs. |
| | Mid Ulster District Council |
| | Council provide a Sports Representative Grant Programme up to £250 to support talented athletes. |

| | Council also provide top of the range training facilities and access to services locally that will develop the athlete reach their potential. | |
|---|---|----|
| Outdoor Recreation Northern Ireland (ORNI) | Walking in Your Community Scheme on-going. 65 Community Walk Leaders trained this period. All Community Walk Leaders are volunteers. | |
| Student Sport Ireland (SSI) | Developed and delivered training resources and opportunities for staff, members, students and volunteers. Recognised and acknowledged voluntary contributions of students in annual event. | |
| | • Developed an on line opportunities database for students with training needs to take on voluntary internship posts in administration, coaching a officiating. | nd |

| Irish Football Association (IFA) | Qualified Level One Coaches – 2500. Qualified Irish FA C Certificate Coaches – 700. Qualified UEFA B Licence Coaches – 500. Qualified UEFA A Licence Coaches – 350. Qualified UEFA Pro Licence Coaches – 100. |
|--|---|
| Disability Sports Northern Ireland (DSNI) | • Rio 2016 Paralympic Games: 9 athletes with disabilities from Northern Ireland represented Paralympics Ireland (5 athletes) and Paralympics GB (4 athletes) at the 2016 Rio Paralympic Games with three of the athletes securing a total of five gold and one silver medal. Although the majority of talented athletes are now being managed and supported by their relevant mainstream Governing Body of Sport, in line with Sport NI's 'Disability Mainstreaming Policy' Disability Sport NI continued to directly manage and support 4 Paralympic athletes during the period |
| Northern Ireland Sports Forum (NISF) | Active Awards for Sport funding received to fund Leadership Programme at Belfast MET which develops a group of young girls to be the next generation of Female Leaders with the Female Sports Forum. |
| Ulster Council Gaelic Athletic Association (UCGAA) | NGB Award 2 Programmes delivered with mandatory sanction on all coaches within the talent pathway to be at level 2 for 2016 NGB Award 1 Programmes delivered with mandatory sanction on all coaches within clubs to be at level 1 for 2016 QCF Accredited programmes at level 3 for performance coaching. QCF Accredited programmes at level 3 for GAA Team Management. QCF Accredited programmes at level 3 for GAA Player Lifestyle. QCF Accredited programmes at level 3 for GAA Conditioning. Quality Assurance programmes through Open College Network and Coaching Ireland. Coach Development Programme delivered through workshops to support volunteers. |
| Sports Coach UK (ScUK) | ScUK has become an official planning and delivery partner for the 2016 and 2017 Talent Coaches Conference. ScUK has provided technical guidance on Talent workshops and themes to support the conference including key note speakers and workshop deliverers. Outcome to support the development of Talent coaches from across Northern Ireland to improve the performance of athletes in the various Governing Body Talent pathways. ScUK have reviewed the Talent workshops / themes being delivered as part of the Talent Hub offer including ScUK Talent Foundation Series. ScUK has provided training support and material for talent workshops to support 'in house' delivery from SNI staff. Training and CPD opportunities to be self-sustaining across Northern Ireland providing a workforce of Talent Tutors and appropriately skilled coaches. |

| | • In collaboration with UK Sport, ScUK has delivered the Aspire programme to Northern Ireland coaches. Over a 20 month period the coaches will engage in an orientation day, six two day workshops, and a celebration event. The coaches will also undertake a 360 degree online review, interact with a community of practice, hear from industry experts and meet experienced coaches from talent and performance domains. |
|-------------------|--|
| UK Sport (UKS) | As stated in PE17, UKS works closely with Sport NI as part of the HPSAG group to support the development of a high performance system across the UK which aligns with the home country programmes. PE17 applies to this target. |
| | As per the last update, UKS will support the achievement of Northern Irish medal success at the 2018 Commonwealth Games in line with its current formal policy position on the Games. Essentially, this means that UKS will encourage UK Performance Directors in Commonwealth Games sports to: |
| | o Pro-actively engage with their Northern Ireland governing bodies and the NICGC to maximise the opportunity that the Games presents; o |
| | Position the Games appropriately in the strategic plans of their sport; and |
| | Attend the Games and support the inclusion of World Class programme athletes from Northern Ireland in the Northern Ireland Commonwealth Games team (PE19b). |

| Target Number: | PE20 | |
|------------------------------|--|--|
| Target Details: | By 2019 to have secured a world class system for athlete development consisting of services, facilities and competition following the hosting of the Olympic and Paralympic Games in London 2012. | |
| Target Deadline: | 2019 (Long Term) | |
| Status: | ON TRACK FOR ACHIEVEMENT | |
| Contributing Member | Progress | |
| Sport Northern Ireland (SNI) | In 2015-16 Sport NI is invested c£3m in 34 Governing Bodies of sport through Performance Focus, which essentially is investment in five of the nine pillars - Governance, Club Development, Coaching, Talent identification and Development, High Performance Operations, (the remaining pillars are being picked up by other programmes in SNI for example under Foundation Sport NI operates Active Communities). During this reporting period SNI through its PerformanceFocus programme has continued to invest in 34 Governing Bodies through five of the nine pillars identified in the SPLISS Research (2012) namely Club Development, Coaching, Governance, High Performance and Talent Systems. The remaining pillars are being picked up by other programmes in SNI. During this reporting period SNI through its PerformanceFocus programme has continued to invest in 33 Governing Bodies through five of the nine pillars identified in the SPLISS Research (2012) namely Club Development, Coaching, Governance, High Performance and Talent Systems(the remaining pillars are being picked up by other programmes in SNI for example under Foundation Sport NI operates Active Communities). The PerformanceFocus programme sees investment of £3.1million per year. SNI worked with 33 Governing Bodies, the Southern Sports partnership and the North West Coaching Network to build effective Talent systems for the identification, confirmation and development of athletes. This includes investment into the provision of staff to 22 sports (e.g. Talent officers and coaches) and programme support. SNI is working with 33 governing bodies, the Southern Sports Partnership and the North West Coaching Network to implement effective systems for the development of coaching, aligned to either UK or All Ireland structures. SNI, in partnership with both Coaching Ireland and sports coach UK; continue to work closely with all funded governing bodies to identify key areas for development associated with the effective r | |

| Student Sport Ireland (SSI) | SSI gathered baseline information from all institutions which details campus based sports facilities, maximum capacity and location of facilities in order to promote facilities to community groups. |
|--|---|
| Irish Football Association (IFA) | • Regional Girls Excellence Programme which takes place across four venues (Down/Armagh - The Dub, Antrim - UUJ, Tyrone/ Fermanagh – Mid Ulster Sports Area, Derry - Scroggy Road, Limavady). These are for girls born 2005 – 2000 and are held once a week with 1.5hr session for three age bands. In total there are 180 girls in the programme. From the Regional squads players are identified for extra training which takes place on a Wednesday at the Dub and there are two groups (a) 2001/02 U15 Development squad who play in the Bob Docherty International schools tournament (b) 2003/04 a U13 Development squad giving extra sessions to help the players early in their development. The sessions are both over |
| | 30 weeks of the year from January – November. Once a month on a Sunday all of the squads come together to play round robin games from 7-aside – 11-a-side and these games are used as Talent ID for the Development squads. This year during the summer and Halloween breaks all of the Regions had two days of two sessions per day each week as extra sessions. All of the players are now tested using Soccer Genius twice a year and the 2001/02 age band are fitness tested twice a year and issued fitness programmes. Parents meetings are also held giving an update on the players, nutrition, the programme and the player pathway for girls. |
| Disability Sports Northern Ireland (DSNI) | Disability Performance Pathways: DSNI supported mainstream Governing Bodies of Sport with the delivery of a range of participation initiatives in the sports of Athletics, Badminton, Football, Table Tennis, Sailing, Swimming and Wheelchair Rugby. Two Governing Bodies of sport, the Irish Football Association and Athletics NI were also awarded Disability Sport NI's newly developed 'Inclusive Sport Award' during the period. DSNI Classification Service: DSNI continued to provide a classification service to local athletes during the period, which is essential to their participation in competitive/elite sport. This involved providing information and advice on classification to individual athletes, parents and sports organisations as well as organising and managing the UK and International INAS-FID Classification System for athletes with learning disabilities. |
| Ulster Council Gaelic Athletic Association (UCGAA) | GAA Centres of Excellence established in Derry, Antrim, Fermanagh, Tyrone, and Armagh. Senior GAA Teams accessing services: strength and conditioning, performance analysis, nutrition and player lifestyle. |

| UK Sport | • UKS support to SNI's securing of a world class system for athlete development continues through HPSAG (See PE17 and PE19 above). |
|------------------------|---|
| (UKS) | • UKS Coaching Team continues to lead and fund Project Connect. The next quarterly review will occur on the 18th of October. UK Sport are aware of the number of coaches being developed within NI through Project Connect and the Coaches from NI taking advantage of support offered through the Aspire Programme. |
| | UKS continues to provide support to Sport NI services through EIS practitioner support, including CPD opportunities and journal access. |
| | • UKS Major Event's team continues to maintain regular contact with Tourism NI, who is part of a project group working with UKS and all the other home country event agencies to deliver the Mega Events Strategy for the UK by October 2016. In addition, Tourism NI were part of a group with UKS that has just completed a review of the major event hosting landscape across the UK which has delivered a set of recommendation and conclusions on the future for the industry. |
| | • Through HPSAG, UKS Elite Training Centre (ETC) Advisor Duncan Rolley has offered to provide SNI with assistance and advice around world class facilities, and has also invited Sport NI representatives to attend a two-day ETC Networking Day on 30 November-1 December 2016. |
| Chief Leisure Officers | Antrim and Newtownabbey Borough Council |
| Association (CLOA) | Continuation and development of talent programmes. |
| | • Supported Mary Peters Trust annually and recipients from the Borough continue to be supported in a range of sporting disciplines such as Gymnastics, basketball, motor Sport, Boxing, Golf, Shooting, Table Tennis, Judo, Athletics, hockey and more. |
| | Promotion and highlighting of elite sport through programmes initiatives such as the Sports Awards and Gallery of Sporting Legends. |
| | Continue to support NGB's and club to host major sporting events. |
| | Developing Council venues suitable for elite participation. |
| | Actively making venues available for elite participation. |
| | Through Council Grant funding supported potential elite athletes and clubs. |
| | Continue to collaborate with various partners to facility and competition venue deficits. |
| | • Link with national governing body pathways, introductory programmes have a sustainable pathway and link to established recognised clubs. |

| Target Number: | PL21 |
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| Target Details: | By 2010 to initiate a Northern Ireland certification process that will improve safety management and the fabric of the major stadiums in Northern Ireland, to comply with the Safety of Sports Grounds (Northern Ireland) Order (2006) and associated technical guidance. |
|------------------------------|---|
| Target Deadline: | 2010 (Short Term) |
| Status: | ACHIEVED |
| Contributing Member | Progress |
| Sport Northern Ireland (SNI) | • The Safety of Sports Grounds (NI) Order was introduced in February 2006. Thirty sports grounds were designated in December 2009. Thirty safety certificates have been issued to date by district councils. These certificates are reviewed and amended periodically. SNI is overseeing the implementation of the legislation and reporting to DfC. In addition, SNI has prepared and issued guidance to the district councils (and others) relating to procedural matters and interpretations of the legislation. |

| Target Number: | PL22 |
|--|--|
| Target Details: | By 2014, and subject to Executive approval, to have developed major sports stadiums to meet the strategic needs of Football, GAA and Rugby on an operationally viable and commercially sustainable basis in Northern Ireland. |
| Target Deadline: | 2014 (Medium Term) |
| Status: | ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY |
| Contributing Member | Progress |
| Ulster Branch Irish Rugby Football Union (UBIRFU) | Kingspan Stadium redevelopment completed on time and to budget. |
| Irish Football Association (IFA) | • The National Football Stadium at Windsor Park was opened in October 2016, the completion having been delayed by the structural failure of a spectator stand during the development period. The associated Education and Heritage Centre is due to open in Quarter 1 of 2017. |
| Ulster Council Gaelic Athletic Association (UCGAA) | Planning Process was rejected in December 15 for Casement Park. Process of review and renewed consultation undertaken through the summer and into the autumn. Preparation for second planning application in process. |
| Student Sport Ireland (SSI) | Facility Development Capital Programmes in place for QUB and UU. |

| Disability Sports Northern Ireland (DSNI) | DSNI in partnership with the 'Inclusive Sports Facility Advisory Group' produced four updated sports facility and stadia design and management guidelines during the period. The new guidance documents which will be published in November 2016 have been developed to encourage facility operators and designers to develop sports facilities and stadia that are more inclusive of disabled people. A list of the guides is provided below: I. Guide 1: Accessible Sports Facilities Design Guidelines; |
|---|--|
| | II. Guide 2: Accessible Sports Facilities Management Guidelines; |
| | III. Guide 3: Accessible Sports Stadia Design Guidelines; and |
| | IV. Guide 4: Accessible Sports Stadia Management Guidelines. |

| Target Number: | PL23 |
|--------------------|--|
| Target Details: | By 2014 to have a minimum of 10 new or upgraded facilities that will support Northern Ireland player/athlete development in Olympic and Paralympic sports. |
| Target Deadline: | 2014 (Medium Term) |
| Status: | ACHIEVED CONTROL OF THE CONTROL OF T |
| Baseline Position: | New Measure |
| Current Position: | Since 2009, Sport Northern Ireland and district councils have made over 20 capital investments which may be deemed as making a contribution towards this target in that they support NI athlete development in Olympic and Paralympic sports. |

| Contributing Member | Progress |
|-----------------------------|---|
| Sport Northern Ireland | SNI is progressing with delivering the three strands of its 'Facility Fund,' a £17.5m National Lottery funded investment programme. |
| | I. Strand 1 – Single Facility Fund - The SFF has a total Lottery budget of £2K.153 applications were received and Sport NI is progressing with 21 projects. 6 projects are due to have funds committed in 2016/17 with the reminder completing in 2017/18. Within this process Sport NI has been able to lever partnership funds from DAERA, DfC and various District Councils. |
| | II. Strand 2 – Multi Facility Fund - The Multi Facility Fund will open for applications in Q1 of 2017. This will fund multi facility sites with a maximum award of £1m. |
| | III. Strand 3 – Performance Facility Fund - Applications have been received for the performance facilities for boxing, rowing and athletics. These have been assessed with the Governing Bodies (Irish Amateur Boxing Association, Athletics NI and Rowing Ireland) and a strategic case is being developed to identify early staged preferred projects. |
| Student Sport Ireland (SSI) | Investment in QUB Upper Malone Rugby, Soccer and GAA pitches. |
| Chief Leisure Officers | Fermanagh and Omagh District Council |
| Association (CLOA) | Council completed a Sports Facility Plan for the District. |
| | Council completed an Access to the Countryside Audit. |
| | Council is currently accessing facility provision across the Council and District. |
| | Armagh, Banbridge and Craigavon District Council |
| | Council is currently working with 5 sporting clubs / organisations who have successfully reached Phase 2 of the application for SNI's Single Facility Fund. |
| | Council is currently working with a number of clubs across all league levels who have applied to DCAL (now DfC) / IFA Stadium Fund. |

| Target Number: | PL24 |
|------------------|---|
| Target Details: | By 2015 to have amended public policy frameworks to protect and promote access to and sustainable use of publicly-owned land in Northern Ireland for sport and physical recreation. |
| Target Deadline: | 2015 (Medium Term) |

| ACHIEVED |
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| Met through the introduction of two policies - Forestry Act (Northern Ireland) and the NI Water Recreation and Access Policy. |
| Progress |
| SNI has continued to advocate for the benefits of participation in outdoor recreation by supporting and resourcing the implementation of the Outdoor Recreation Plan. The value of increased access to and use of the natural environment has also been highly visible in community consultation processes allied to the development of the 11 community planning processes; SNI has helped to facilitate and engage with that work. Sustainable access to and use of the natural environment is also acknowledged in the Sports Facilities Framework for NI and the emergent 11 Sports Facilities Area Reports in each of the district council areas. Forest Service NI introduced legislation in 2010 that provides a statutory right of pedestrian access to all public forestry estate land NI Water introduced a Recreation and Access Policy in 2013 to provide a framework for how they promote and manage access to water NI sites. NIEA promote access for health and well-being at all country parks and also have a presumption of access to Nature Reserves and other designated sites provided that it does not conflict with the nature of designation or the species therein. All of the 11 councils promote access for recreation, health and well-being through urban and country parks and this continues to be evidenced in the community plans. SNI is not aware of any other policies within other public bodies at this time, however, the vast majority of public land that can be used for recreation is currently vested in Forest Service (90%), NIEA (4%) local councils (4%) and NI Water (1%).* Therefore 99% of public land can be deemed to have public policy frameworks to protect and promote access to and sustainable use of publiclyowned land in Northern Ireland for sport and physical recreation. |
| • Public land comprises just over 6% of all of the land area in Northern Ireland. *Source: Publicly owned land for outdoor recreation study – ORNI 2010 |
| Fermanagh & Omagh District Council Council is currently undertaking process to plan future access and facility provision across the District. |
| |

Armagh City Banbridge and Craigavon Borough Council Council is currently undertaking a number of scoping exercises in relation to forests and forest parks. If successful this would ensure greater participation, promotion and access to forest estates. **Antrim and Newtownabbey Borough Council** Delivered public access under legislative requirements, Council policy, shared space, rights of way and Council owned and/assets. Delivered Parkrun, triathlon, water sports, Couch to 5K, and outdoor physical play. Increased promotion of usage of Council owned land and facility for Sport and recreation. Council is currently undertaking a number of scoping exercises in relation to Everybody Active Outdoor programme. Northern Ireland NIEA continued to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves. Country Park facilities include mown grass areas for informal games, **Environment Agency** extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches. (NIEA) Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties. NIEA commitment to providing public access to suitable sites is set out in its Policy Position Statements. NIEA continues to work with Sport NI and other partners to deliver the targets of the Outdoor Recreation Action Plan for Northern Ireland which was published in March 2014. Delivery of the targets is embedded in the criteria of Environment Fund and will be embedded in any new grant programme that is developed.

| Target Number: | PL25 |
|------------------------------|---|
| Target Details: | By 2019 to ensure that 90% of the population have quality accredited, multi sports facilities that have the capacity to meet demand, within 20 minutes travel time. |
| Target Deadline: | 2019 (Long Term) |
| Status: | ON TRACK FOR ACHIEVEMENT |
| Contributing Member | Progress |
| Sport Northern Ireland (SNI) | SNI has worked with DfC to finalise the Sports Facilities Strategic Framework and is being submitted to the Department for final approval. District Councils (with support from Sport NI and Strategic Leisure) have been working to finalize their Sports Facilities Area Reports. It is envisaged that these reports will all be completed by the end of Quarter 1 2016/17. Multi Facility Fund – see PL 23 |
| | Single Facility Fund – 18 projects are progressing through the Single Facility Fund which funds smaller capital projects for clubs. In particular Sport NI has worked with DfC and DAERA to identify capital funding for 3 sports projects based in rural areas. This funding relationship will continue in 2017/18. |

Chief Leisure Officers Association (CLOA)

Fermanagh & Omagh District Council

- Council has developed a Facility Plan for the District.
- Council continues to work with SNI, Outdoor Recreation NI, DSNI and various governing bodies of sport, local clubs etc. to maximise, develop and plan future facility developments.

Armagh City Banbridge and Craigavon Borough Council

Council is working with Sport NI to ensure that the development of facilities will meet this need.

Antrim and Newtownabbey Borough Council

- Council is working with Sport NI to ensure that the development of facilities will meet this need.
- Shared strategic government approach to enhance present facilities and work towards a structured planned approach to providing elite, competition and participation venues.
- · Capital development completion of facilities at Crumlin Leisure Centre and Allen Park Sports Hub.
- Monitoring of council facilities/open spaces and parks to ensure access as aforementioned in PL25.

Mid Ulster District Council

• Council are working with Sport NI under the Facilities Strategy with reference to this target which is due to be completed by March 2017.

- Council provide the following Multi Sports Facilities:
 - \circ Cookstown Leisure Centre; \circ
 - Dungannon Leisure Centre; o
 - Mid Ulster Sports Arena; o
 - Meadowbank Sports Arena; o
 - Moneymore Recreation
 - Centre; O Maghera Leisure
 - Centre; Drumcoo; and
 - Greenvale Leisure Centre.

Northern Ireland Environment Agency (NIEA)

- NIEA continued to provide public access to the countryside for outdoor physical recreation at its seven country parks, to fund the management of Colin Glen Forest Park and to facilitate walking at many of its nature reserves. Country Park facilities include mown grass areas for informal games, extensive path networks, trim trails, cycle paths, bridle paths and bathing beaches.
- Capacity to organise events at NIEAs properties was very limited but NIEA continued to facilitate others organising sponsored walks at its properties.

Sport Matters Progress Report 01 Oct 2015 - 30 Sep 2016 NIEA offered funding to Bann Valley Community Group for 2016/17 'To reinstate local pathways, river walks & signage to enhance public access' and funding the Field Studies Council (FSC) for 2016/17 to develop a range of outdoor recreation learning resources (working with KNIB, Ecoschools, ESDF and Leave no Trace). The NIEA Challenge Fund supported: Taghnevan Community Development Association to develop Taghnevan Community Woodland Walk Beragh Red Knights GAC to improve its River Footpath and Accessibility St Brigid's Primary School, Newry, towards the creation of a path for Glassdrumman wood Strangford Community Association to develop the Kilclief and Strangford Walking and Cycling Trail Erne East Community Partnership Ltd for a Willow Craft and Reflective Paths project. NIEA provided strategic funding for Outdoor Recreation NI and contributed information on NIEA properties to the Walk NI website as well as funding the management bodies for Areas of Outstanding Natural Beauty, most of which have outdoor recreation as an objective or target. **Outdoor Recreation Community Trails** 0 Design completed for the development of a 4km Community Trail in Darkley Forest on Northern Ireland behalf of ABC Council. o Design completed for the development of 9 Community Trails in the Ards (ORNI) peninsula on behalf of PHLP. \circ Design completed for the development of a 1.5km Community Trail from Kilclief to Strangford. Feasibility Study completed on the development of a Community Trail in Arney on behalf of Cleenish Community Association. Outdoor Recreation Facilities Designed o Design completed for the development of 15kms of multi-use trails in Gosford Forest Park on behalf of ABC Council. Design completed for the development of multi-use trails in Montalto estate, Ballynahinch on behalf of Montalto Estate. Design completed for the development of up to 15kms of mountain bike trails in Garvagh Forest on behalf of Causeway Coast Council. Design completed for 3km of mountain bike trails, pump track and skills loop at Colin Glen on behalf of Colin Glen Trust. Design completed for 6kms of cross country mtb trails in Castlewellan Forest Park on behalf of Newry, Mourne and Down Council. Design completed for 26kms of walking trails in Gortin Forest Park on behalf of Newry, Mourne and Down Council.

Design completed for 112kms of mountain biking trails in Gortin Forest Park on behalf of Newry, Mourne and Down Council.

| | Undertaken the following studies all of which included recommendations for the future development of outdoor recreation: Outdoor Recreation Development Plan and Management Plan for Castlewellan and Tollymore Forest Parks on |
|---|--|
| | behalf of Newry and Mourne District Council. |
| | ○ Scoping Study of Peatlands Country Park on behalf of NIEA. ○ Scoping Study of Crawfordsburn Country Park on |
| | behalf of NIEA. O Technical Study of a coastal path from Portavogie to Greencastle on behalf of Newry, |
| | Mourne and Down Council. |
| | Recreational masterplan and green book economic appraisal of Gosford Forest Park on behalf of ABC Council. |
| | Recreational masterplan and green book economic appraisal of Gortin Forest Park on behalf of Omagh |
| | Council. O Recreational masterplan and green book economic appraisal of Davagh Forest on behalf of Mid |
| | Ulster. ○ Site assessment of Carnagh Forest on behalf of ABC Council. |
| | Site assessment of Clare Glen on behalf of ABC Council. ○ Access to the Countryside Audit for Fermanagh and Omagh. ○ Feasibility Study of the Strabane Canal towpath. ○ Feasibility Study of a long-distance walk from Ardstraw to Lough Derg. ○ Recreational Scoping studies for all forests in Mid Ulster. |
| Disability Sports Northern Ireland (DSNI) | • DSNI Inclusive Sports Facility (ISF) Accreditation: The scheme is designed to recognise sports facilities which meet optimum levels of good practice in terms of inclusive use by people with disabilities. The following ten sports facilities located throughout Northern Ireland have now secured accreditation: |
| | Bangor Aurora Aquatic and Leisure Complex; |
| | The Vale Centre, Greysteel; ○ RDA, Coleraine; |
| | Bready Cricket Club, Magheramason; |
| | Glenravel Sport & Community Complex, County |
| | Antrim; O Beragh Red Knights GAC; O The |
| | Torrent Complex, Donaghmore; |
| | Shaftesbury Community & Recreation Centre, Belfast; Tollymore National Outdoor Centre, Bryansford; Ballymote Sports & Wellbeing Centre, Downpatrick; and A further 10 sports facilities are working |
| | towards accreditation. |

| Northern Ireland Sports Forum (NISF) | NISF promoted all capital funding programmes via SportsWatch and social media channels for our members and the sector to be aware of. |
|--|--|
| Gaelic Athletic Association (GAA) | Development of Centres of Excellence – Owenbeg, Lissan, Garvaghy, Breffini, Cloughan, Killygordon, and now Dunsilly Investment in partnership with Belfast City Council in 4G facilities in Belfast Investment with local clubs in Derry for facilities development. |

| Target Number: | PL26 |
|------------------------------|--|
| Target Details: | By 2019 to ensure that all planning decisions follow Planning Policy Statement 8: Open Space, Sport and Outdoor Recreation in relation to the provision of spaces for sport and physical recreation. |
| Target Deadline: | 2019 (Long Term) |
| Status: | ON TRACK FOR ACHIEVEMENT |
| Contributing Member | Progress |
| Sport Northern Ireland (SNI) | See SNI update at PL24. |

Chief Leisure Officers Association (CLOA)

Fermanagh & Omagh District Council

• Council is engaged in local Community Plans, local Area Plans to help provide clear pathways to recognise and plan future sports facility provision across the District.

Armagh City Banbridge and Craigavon Borough Council

- Planning applications considered in relation to the provision of spaces for sport and physical recreation considered under the SPPS, PPS8 and the extant Local Development Plans.
- Council Development Plan Open Space & Recreation Position Paper including 'NPFA 6 acre standard' open space audit of larger settlements presented to Planning & Regulatory Committee (March 2016).
- Council are currently in discussions with Forestry NI regarding development of a walking/cycling infrastructure in Forest Parks.

Antrim and Newtownabbey Borough Council

• Planning applications considered in relation to the provision of spaces for sport and physical recreation considered under the SPPS, PPS8 and the existing Local Development Plans.