



sport matters

8th PROGRESS REPORT
01 Oct 2016 to 30 Sept 2017

Approved by the
Sport Matters Monitoring Group
7 November 2017

1. Introduction

- 1.1 “Sport Matters: The Strategy for Sport and Physical Recreation 2009-2019” proposes a strategy for the development of sport and physical recreation in Northern Ireland up to 2019 – a strategy which will provide a lasting and sustainable legacy for future generations. In so doing, the document identifies high level targets (and related key steps) and sets the key strategic priorities for sport and physical recreation over the next ten years and will inform future investment by all stakeholders across the public, private and community/ voluntary sectors.
- 1.2 The high level targets are structured to reflect the current and anticipated needs of sport and physical recreation as expressed through consultation.
- 1.3 This is the eighth report which highlights the progress made by members of the Sport Matters Implementation Groups (SMIGs) against the high-level targets identified in the Strategy and the supporting Sport Matters Action Plan 2015-2019, covering the period 01 October 2016 until 30 September 2017.

2. Review Process

- 2.1 The report presents a summarised overview of members’ progress to date against the high level targets (summarised by the three themes of Participation, Performance and Places), using the following framework:
 - Target Reference and Details;
 - Timeframe;
 - Status;
 - Baseline information and current position (where appropriate and available); and
 - Progress to date and contributing organisation.
- 2.2 The summary report has been collated by Sport Northern Ireland on the basis of information that was submitted by each member organisation represented on the SMIGs.
- 2.3 The status of progress against each target has been rated using an extended Traffic Light system. The ratings are defined as follows:
 - **BLUE** – Target achieved;
 - **GREEN** – On track for achievement;
 - **AMBER** – On track for achievement but with some delay or uncertainty; and
 - **RED** – At risk for achievement.

Table 1 details the current rating of each target categorised by theme and time-frame.

TABLE 1

CURRENT RATING OF EACH HIGH LEVEL TARGET CATEGORISED BY THEME AND TIME-FRAME

	PARTICIPATION			PERFORMANCE			PLACES			TOTAL
	Short	Medium	Long	Short	Medium	Long	Short	Medium	Long	
BLUE	3	2		3	1	1	1	2		13
GREEN			5			4			2	11
AMBER								1		1
RED										0

Target Number:	PA1
Target Details:	By 2009, to have agreed and commenced implementation of a revised research framework for participation rates that is cognisant of the recommendations of the Chief Medical Officers in the UK.
Target Deadline:	2009 (Short Term)
Status:	ACHIEVED
Baseline Information:	2008: No large scale survey in place that measured participation rates taking cognisance of the Chief Medial Officers in the UK's Physical Activity Recommendations. In 2010, Sport Northern Ireland developed and commissioned a survey, Northern Ireland Sport and Physical Activity Survey (SAPAS), to achieve this target.
Current Position:	2017: Sport Northern Ireland is currently developing a business case for repeating SAPAS over the period 2017-2019. Since 2013, the Continuous Household Survey has been used as the main data source for monitoring progress against Sport Matters all participation targets.
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> SNI published Northern Ireland's Sport and Physical Activity Survey (SAPAS) in 2011 – the large-scale adult participation survey which provided baseline data for many of the targets identified within Sport Matters. Within this reporting period, SNI prepared a business case for repeating SAPAS during 2017-2018. SNI is currently engaging with a range of key partners to secure partnership funding to deliver the survey over the next two financial years. It is anticipated that findings from this research, if the necessary funding is secured, will be available in the spring of 2019.
Irish Football Association (IFA)	<ul style="list-style-type: none"> Research Unit set up within Irish FA Foundation to monitor youth participation and football for all. Developing new social impact tools with UEFA as part of Grassroots Charter.
Student Sport Ireland (SSI)	<ul style="list-style-type: none"> SSI member colleges commenced the implementation of the <i>Student Activity and Sport Study Ireland (SASSI)</i> report published in February 2016. Supported by SSI member colleges, Sport Northern Ireland and Sport Ireland the study was commissioned by SSI to investigate sport and physical activity participation, preferences and provision in third level colleges on the island of Ireland. The SASSI study and its recommendations significantly influenced the drafting of the new SSI Strategic Plan (2017-2020) and the proposed work plan for the organisation for the duration of the strategic plan. The strategic plan outlines the commitment to the implementation of an evidence based work programme and to act on research findings. In addition the plan ensures that impact evaluation is part of all of SSI's work programme and that new programmes have such evaluations built into them from the beginning. In May 2017 SSI's Research Committee facilitated a "One Year On" workshop to review the implementation of the study recommendations with SSI colleges. The workshop found that SSI members were making good progress in the implementation of the recommendations on campus. The workshop also found that the report was supporting Sports Dept. staff in their discussions with senior management in the strategic planning of sport and physical activity on campus. Member colleges availed of the opportunity provided by SSI to further interrogate the substantial amount of data collated during the research process to further inform specific sports or physical activity programme development e.g. high performance SSI is exploring undertaking additional review of the collated data and of the possibility of repeating some elements of the study in the short to medium term.

Target Number:	PA2
Target Details:	By 2010 to have reviewed the economic impact of sport and physical recreation in Northern Ireland.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Baseline Information	2008: £688m (2.8%) was spent by consumers on sport-related goods and services during the year.
Current Position	2013: £932m (3.2%) was spent by consumers on sport-related goods and services during the year.
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • SNI published the Economic Importance of Sport in Northern Ireland in November 2015. The report was disseminated to a wide range of stakeholders across NI and is available online at www.sportni.net. • During 2014, SNI also published the Economic Impact of Outdoor Recreation report in collaboration with Outdoor Recreation NI (ORNI), NI Environment Agency, Tourism Northern Ireland and Inland Waterways.
Irish Football Association (IFA)	<ul style="list-style-type: none"> • Football For All economic and social impact study completed in 2010 by Helen Matthews.
Chief Leisure Officers Association (CLOA)	<p><u>Armagh City Banbridge and Craigavon Borough Council</u></p> <ul style="list-style-type: none"> • Support from Council for sporting events continues e.g. Armagh International Road Race, Tandragee 100, Lurgan Park Rally, UEFA U19's Girls Tournament • A large number of sporting organisations received funding through the Council's Financial Assistance Policy. This included: Capital Grants: 8 clubs were successful with £51,467.30 awarded General Grants: 45 clubs were successful with £43,885.16 awarded

Target Number:	PA3
Target Details:	<p>PA3a - By 2013, to have established a baseline for the % of post primary children normally participating in a minimum of two hours physical education per week.</p> <p>PA3b - By 2013, to have established a baseline for the % of post primary children normally participating in a minimum of two hours of sport after school per week.</p> <p>PA3c - By 2013, to have established a baseline for the % of post primary children normally participating in a minimum of two hours of sport outside school per week.</p>
Target Deadline:	2013 (Short Term)
Status:	ACHIEVED
Baseline Position:	<p>69% of post primary children normally participate in a minimum of two hours physical education per week (PA3a, 2013 YPBAS)</p> <p>27% of post primary children normally participated in a minimum of two hours of sport after school per week (PA3b, 2013 YPBAS)</p> <p>65% of post primary children normally participated in a minimum of two hours of sport outside school per week (PA3c, 2013 YPBAS)</p>
Current Position:	Not currently available.
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • SNI's Every Body Active 2020 is delivered through Strand 1 (Opportunities) increasing quality opportunities for targeted groups – especially around key transition points (e.g. moving from primary to post primary school) to start and sustain participation in sport and physical activity. Delivered in partnership with the 11 District Councils, community/voluntary groups, governing bodies of sport approx. 66% of all participants in 2016/17 were children and young people. This provision includes after-school sports activities and taster sessions to encourage children to participate in community sport opportunities. • Support to Disability Sport NI to deliver '5 star challenge' in 22 primary schools and 4 youth groups, engaging 3,420 pupils and raising awareness of disability sport. • Support to Special Olympics Ireland to deliver programme engaging children and young people in partnership with 29 schools in 2016/17.
Department of Education (DE)	<ul style="list-style-type: none"> • Legislation prevents DE from prescribing the amount of time that should be allocated to a subject within the curriculum. However, DE guidance recommends schools should provide pupils with a minimum of 2 hours per week. • In October 2014, the Education and Training Inspectorate (ETI) carried out a scoping exercise on Physical Education (PE) involving 6 primary schools (controlled, maintained & integrated) [stage2 of planned work]. They noted a clear commitment from senior leaders and governors to provide regular quality PE for all pupils. The agreed quality indicators show high expectations for the pupils and are age and stage appropriate: teachers are clear on the milestones the children should be reaching in each of the activity areas as they progress through the key stages. An evaluation of the quality of the work of adults other than teachers, i.e. coaches, is a key area for development in primary schools. • A qualitative survey of PE provision in post-primary schools has been scheduled in the ETI's work plan for 2017/18.

<p>Ulster Branch Irish Rugby Football Union (UBIRFU)</p>	<ul style="list-style-type: none"> • UBIRFU currently employ one Female Rugby Officer who is responsible for the development of the on-field aspects of the female game, one Female Rugby Coordinator who is responsible for developing the off-field aspects of female rugby and one Female Participation Officer who is responsible for providing participation opportunities for girls in the Belfast City Council area. • As a result of UBIRFU's development work in schools we have seen an increase in the number of non-traditional rugby schools participating in various school based competitions, as a result of the increase in rugby delivery within Maintained, Integrated and Voluntary Grammar sectors. Contact 7s rugby has been introduced to secondary schools as an additional option to the well-established tag format of the game. In the season 2016/17 37 teams from 29 schools took part in tag rugby with 18 teams from 14 schools taking part in contact 7s. • During the season 2016/17, the UIRFU deployed 23 Club and Community Rugby Officers throughout Ulster alongside 4 Community Participation officers. The programme enabled 17,100 participants to partake of rugby activity involving 303 schools – 174 Secondary and 129 Primary schools. This included 5700 female participants.
<p>Irish Football Association (IFA)</p>	<ul style="list-style-type: none"> • IFA and GAA Curriculum Sports Programme delivering to 40,000 children (50% female) in over 400 Primary Schools across Northern Ireland (funding currently in jeopardy due to political situation at Stormont) • IFA Foundation works with 30,000 school children through Let Them Play Youth Strategy – 20,000 PS and 10,000 Post PS. If DE funding ceases to exist on 31st Oct 2017 this will drop to 24,000 – 14,000 Primary School and 10,000 Post Primary School.
<p>Chief Leisure Officers Association (CLOA)</p>	<p><u>Derry and Strabane Council</u></p> <ul style="list-style-type: none"> • Council supported the provision of school sport, through Everybody Active Programme (EBA 2020). Approximately 81.23% (6646) in 2014/15 were children/young people. This provision included after schools and curricular based sports activities and taster sessions to encourage children to participate in community sports opportunities. • Delivering Sport NI funded EBA 2020 programme Council has employed 8 activity leaders/coaches who run various activity/sports programmes within post primary schools. Council is working in partnership with post primary schools within the Local council area to develop links with the EBA 2020 programme and working with education board, NGB's, Local clubs, Sport NI • Council has continued to run linkage programmes, such as the Rugby, Athletes, Cricket, Soccer, Hockey, Gaelic, Football, Couch to 5k and Gymnastics. • Actively promoted events and programmes such as parkrun, gymnastics, orienteering, cross-country event, seasonal sports programmes, swimming lessons, seasonal camps/programme. • Numerous regular opportunities exist for young people to participate in organised formal sessions such as swimming, gymnastics, athletics, this is above and beyond the informal public usage opportunities that occur indoor and outdoor leisure in play parks and open spaces which are provided and maintained by the Council. • Continuous delivery of coach/club development initiatives on an annual basis • Promotion of Leisure based programming ---focused on post primary participation • Support local sports clubs through the provision of Grant Funding • Continue to work with Sport and Community Based organisations to promote club programmes and initiatives • Council through the Healthy towns programme have funded and supported a Junior Parkrun to commence later in the year. <p><u>Armagh City Banbridge and Craigavon Borough Council</u></p> <ul style="list-style-type: none"> • Council has an extensive school swimming programme and provides regular opportunities for young people to participate in organised formal after school sessions in swimming and gymnastics

	<ul style="list-style-type: none"> • Plethora of informal public usage opportunities exist in indoor and outdoor leisure, community centres , golf ski centre, watersports centre, parks and open spaces and dual use facilities provide quality activity/programmes in school settings e.g. Lurgan Junior High School, Keady Community Centre • Council delivers Sport NI Every Body Active 2020. Numbers of young people during this period 6,700. • DFC Sport in The Community: 4,800 project participants took part in community sport projects such as Midnight Street Soccer, MUGA Sports, DV8 Sports. • DFC Sustainable Communities: 11,100 across Bushcraft, Cycling and Fishing. • Sporting Pathways: over 1000 young participants took part in the racquet sports, netball, girls' soccer and volleyball development programmes. • Council also provides numerous holiday scheme opportunities where physical activity is a central theme. • Youth Sport Trust – Girls Active Pilot Project 60 girls from 10 post primary schools were developed and trained as Girls Active Leaders. These 60 girls attended a Girls Active Inspiration Day designed to develop their leadership and marketing skills and to develop them as a role models so they could go back to their schools and encourage other girls to take part in PE and school sport activities and initiatives. 1463 girls engaged throughout the programme through a series of targeted interventions aimed at the least active girls within school. This included the provision of new curricular and extra-curricular activities such as racquet sports, jive, line dancing, boxercise, girls' rugby, girls' soccer and also multi-sport clubs e.g. 'Fit 4 Summer'. <p><u>Lisburn and Castlereagh City Council</u></p> <ul style="list-style-type: none"> • Year 9 survey for Sport and Health Related Physical Activity Strategy for Lisburn and Castlereagh.
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> • NISF led campaign to avoid closures of Outdoor Activity Centres with representations made to Education Committee, Education Authority and a coordinated approach amongst members.

Target Number:	PA4
Target Details:	By 2013, to have stopped the decline in adult participation in sport and physical recreation.
Target Deadline:	2013 (Medium Term)
Status:	ACHIEVED
Baseline Information:	45% of the Northern Ireland adult population participated in sports and physical recreation once in the last 12 months (2008-09 CHS)
Current Position:	54% of the Northern Ireland adult population participated in sports and physical recreation once in the last 12 months (2016-17 CHS)
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> As a statutory consultee SNI staff are continuing to engage with and support the development of Community Plans in each of the 11 District Councils, at both strategic partnership, operational working group, and thematic group level. Each Community Plan acknowledges the importance of sport and physical activity in delivering against a number of outcomes and this is variously reflected in the published Indicators. Sport NI continues to explore opportunities to further strengthen collaborative working with District Councils and other (statutory) partners involved in community planning, as has facilitated networking planning sessions to share learning from the Fire Fitness and Fire Fit 50+ pilots, the opportunities presented by Walk @Parkrun, Love to Move and Tennis for Free. Strand 1 (Opportunities) of the Every Body Active 2020 Programme links the delivery of sport and physical activity to the Community Plan and invests the resource in working towards the achievement of the draft outcomes within each plan. All 11 District Councils are engaged in the delivery of Strand 1 of the Every Body Active Programme. Strand 4 (Capacity Building, Outreach and Small Grants) of the Every Body Active 2020 Programme also links the delivery of sport and physical activity to the Community Plan and its planned outcomes. Under this strand during 2016/17 13,977 participants were involved: 8,333 participants were women and girls; 1595 participants were people with a disability; and 7761 participants came from areas of greatest need across NI. To enhance the link to the Community Planning Process and increase Sport NI's Outreach and Capacity Building function, Strand 4 has been devolved to District Councils. At the time of reporting all 11 District Councils are engaged in the delivery of Strand 4 and 8 small grants schemes are operational across NI. SNI continues to support the active clubs participation intervention to encourage increased and more equitable sports club membership. SNI is working with 11 governing bodies of sport (GAA, hockey, orienteering, sailing, dodgeball, gymnastics, boxing, table tennis, angling, cricket & netball) and two NI 'umbrella' organisations (DSNI & ORNI). Active clubs seeks to increase the number of people in membership of at least one sports clubs – as a proxy for lifelong involvement in sport & physical activity. Total participants as at 31 March 2017, 6112 Target Group Breakdown: <ul style="list-style-type: none"> Women & Girls – 4098 (67%) People aged 14-25 years – 1420 (23%) People with a disability – 453 (7%) People living in areas of greatest need – 1498 (25%) SNI continues to work closely with both DSNI and Special Olympics Ireland to improve opportunities for people with a disability to get involved in sport and active recreation projects. Following the conclusion of a strategic planning process for the wider disability sport sector, overseen by a cross-sectoral project board (inc. Disability action, OFMDFM, DHSSPS, NISF & disability sport reps) the Active Living: No Limits 2021 action

	<p>plan was launched in October 2016. As part of the implementation of the plan, through funding secured through DfC, Sport NI worked with DSNI to deliver 11 Community capital equipment hubs and 4 watersports centres in partnership with the 11 District Councils.</p> <ul style="list-style-type: none"> • <i>Active Inclusion</i>: By 30 September 2017, 6,230 people with disabilities have participated through Special Olympics and DSNI • <i>Outdoor Recreation</i>: SNI continues to support the implementation of the NI Outdoor Recreation Action Plan (ORAP). Active Outdoors Five ‘large scale strategic’ area plans completed for the Sperrins, Mourne, Lough Neagh, Strangford and Lecale and Causeway Coast. The National Outdoor Recreation Forum has been established and brings together all the relevant Non-Governmental Stakeholders who are monitoring the delivery of the ORAP. The Interdepartmental “Strategic Group” has also been established by DAERA in conjunction with DfC and SNI is also represented on this group and provides insight and knowledge on the delivery of the plan. • <i>Every Body Active End of Year One report</i>: <ul style="list-style-type: none"> • Total participants as at 31 March 2017: 75,446 • Target Group Breakdown: <ul style="list-style-type: none"> ▪ Women & Girls – 44,424 (58.9%) ▪ People with a disability – 12,052 (16.0%) ▪ People living in areas of greatest need – 27,241 (36.1%) ▪ Sustained participants – 27,065 (35.9%) • <i>Together Building United Community</i> - SNI secured a number of TBUC related projects in Quarter 3 and Quarter 4 of 2016/17. Headline outputs include: <ul style="list-style-type: none"> ○ <i>Defibrillators for Sport Programme</i> -1094 AEDs were available across the 11 council areas using an agreed allocation which used Proximity to Services and Population measures. By 30 September 2017 973 devices were allocated by clubs. The remaining 121 devices will be allocated to the council areas that were oversubscribed in the application process. Training commenced in September 2017 and will be completed by December 2017 with 800 club volunteers attending AED Awareness Sessions. All AEDs will be mapped with NIAS. ○ <i>Benefits of Outdoor Sports to Society (BOSS)</i> – The EU funding is at 79% for a €500K project (€400K). The project has been facilitated by the European Network of Outdoor Sports (ENOS) and will be led by the CREPS Rhone Alpes (the outdoor division of the French Ministry of Sport). The total income to Sport NI will be €26,954 to cover time spent on the project and also travel and subsistence for meetings. This unique project will develop and test a framework for clear and comparable evidence of the economic value of the social benefits that have been evidenced from outdoor sports. The first stage of the project to gather evidence from across Europe on the Social benefits of Outdoor Sport is being led by Technical University Munich and will be completed by the end of 2017. ○ <i>Watersports Enhanced Together (WET)</i> - This project was aimed at increasing health enhancing physical activity especially for those at risk of social and economic isolation through the use of water based sports and activities. It involved collaborative working to promote opportunities for long term sustainable engagement in sport and physical activities in, on or adjacent to water but through a major promotion of water based sports during the European Week of Sport. A series of taster and try it events throughout the summer season to engage new participants with a range of water based sports resulted in over 7000 new participants across all 6 partners being involved in watersports. The project has also developed a toolkit for the development of watersports which was endorsed by the Commissioner for Sport Youth a Education in the European Commission – Mr Tibor Navracsics. The toolkit can be downloaded at www.beactive-getwet.eu/tool-kit ○ <i>Tollymore</i> -Tollymore National Outdoor Centre continues to support the implementation of the NI Outdoor Recreation Action Plan (ORAP) and to help deliver on PA4. The centre has a focus of delivering skills and leadership training in a range of outdoor sports and also provides courses for schools and youth groups with a focus on skill development for young people. 4,642 individuals utilised the
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	<p>centre during the first 2 quarters of 2017-18. The centre has developed new climbing classes for young people on a weekly basis at the Hotrock climbing wall and provides facility use for a range of other organisations to help deliver new opportunities for sport and recreation. The centre's rolling pool is now being used by 3 different independent swimming teachers to provide swim lessons for children and a new partnership with the Field Studies Council is enabling a greater range of work in the outdoors to be delivered through the centre. Partnership working with both NI Orienteering and Mountaineering Ireland has provided a range of opportunities and the development of 2 clubs based in the area that also utilise the facilities at the centre.</p> <p>Active, Fit & Sporty – SNI continues to work with the Female Sports Forum on the delivery of the action plan. In October 2016, through DfC funding, SNI invested in 6 pilot projects: WISPA, Sported, Youth Sport Trust, Female Sports Forum, DSNI & University of Ulster. A total of 3,039 female participants were engaged over the 6 month period. 39% were initially inactive, 46% were females with a disability, 33% were aged 50+ and 82% from areas of greatest need. Continued funding for 17-18 identified through Sport NI baseline has enabled continued investment in these 6 projects.</p> <ul style="list-style-type: none"> • SNI supported IFA, GAA and Ulster Rugby on the participation and legacy projects following the UEFA U19's women's football tournament, the Feile Peil na nOg and the World Rugby Women's Rugby World Cup. Funding secured for the 3 organisations in addition to the Female Sports Forum will assist in securing a greater legacy from these events.
Chief Leisure Officers Association (CLOA)	<p><u>Derry and Strabane Council</u></p> <ul style="list-style-type: none"> • Delivery of couch to 5K programmes across the district. Promotion of these programmes across council. • Continued delivery of Everybody Active 2020 programme across the District to target 12,763 participants yearly. • Worked in partnership with the Public Health Agency to implement a GP Physical Activity Referral programmes across the District. 400 adults involved yearly. • Council offers countless structured and informal participation opportunities within indoor and outdoor leisure for all in the community to participate in a diverse range of sport and physical recreation activities. • Large numbers of participants taking part in formal running activities weekly through park run and the annual half marathon and marathon series • Across the Council region Over 50's clubs are established within leisure facilities. • Comprehensive Walking Programme which includes led walks, Volunteer Walk Leader Training and Walking Festival events. E.g Sperrin Walking Festival. • Council delivered a Sports Development training programme and provided assistance with club development plans and application for grants. • Sports awards delivered annually across Derry city and Strabane District • Through EBA 2020 – worked with clubs to encourage new members and new physical activity opportunities. • A wide range of classes and programmes are offered across all of the council leisure facilities to encourage participation • The legacy councils hosted a very successful 50+ Activity Clubs in each of its leisure centres. • The GP referral scheme in partnership with the PHA continues to be a success with full subscription and high retention rates • Undertaken development of new Macmillan move more co-ordinator post. Due to commence Nov 17. <p><u>Armagh City Banbridge and Craigavon Borough Council</u></p> <ul style="list-style-type: none"> • Council offers countless structured and informal participation opportunities for adults within indoor and outdoor leisure and in community centre settings for all in the community to participate in a diverse range of sport and physical recreation activities. • The Physical Activity Referral Scheme in partnership with the PHA is a successful engagement tool. • C25K, Park Runs and 10k events continue to be popular.

	<ul style="list-style-type: none"> • EBA 2020 programmes 3000 adults participated in a range of sport and physical recreation. • Over 50's clubs are established and thriving within leisure facilities • Provision for adults with a disability in partnership with SHSCT through Fit4U programmes and through delivery from DSNI Inclusive sport and Leisure initiative and the Spirit of 2012 Get Out – Get Active initiative. • Strategic Action plan for Walking approved through Council • Macmillan Move More Project launched and highly engaging. • Concession pricing in place to cater for those in greatest need. <p><u>Lisburn and Castlereagh City Council</u></p> <ul style="list-style-type: none"> • Sports Development Coach and Club Training Programme to provide pathway for adults to get involved in coaching and admin within clubs • Sports Development Physical activity classes run on a weekly basis in activity, community and sports centres – circuit training, five a side football, pickleball • Every Body Active 2020 programme – Target groups – adult male population (19-49) as well as women and girls, People with disabilities • Major events – Half Marathon, Triathlon, Business Games, Couch to 5K • Sport Lisburn and Castlereagh fund individuals to obtain coaching qualifications, clubs organising events to encourage new members and travel and accommodation for elite athletes • Healthwise and Macmillan programme – encourage adult physical activity and delivered in partnership with Statutory and Voluntary Partners.
Irish Football Association (IFA)	<ul style="list-style-type: none"> • Recent UEFA Kantar Research shows adult participation in football has remained the same from 2015-2017 with all other sports dropping. • IFA currently reviewing need for a plan focused specifically on amateur adult football. • IFA Foundation now have close to 20,000 adults playing masters/veterans (35 plus) football across NI.
Outdoor Recreation Northern Ireland (ORNI)	<ul style="list-style-type: none"> • 7th Giant's Causeway Sportive took place on 9th September 2017. 1200+ registered to take part in the event. • Working with the outdoor activity industry sold £32,255 of outdoor activity experience vouchers to the public. • 'Park Walk' established – up and running in 4 Parks where Park Run takes place weekly (Waterworks, Wallace Park, City Park - Craigavon, Valley Leisure Centre. • Active marketing and promotion of over 35 outdoor recreation sports to the populations through a wide range of media including: Websites: Main consumer websites (OutdoorNI.com, WalkNI.com, CycleNI.com, CanoeNI.com and MountainbikeNI.com) received 728,950 absolute unique visitors. • Funding for new website Outmore.com secured and website built. Data input on-going.
Student Sport Ireland (SSI)	<ul style="list-style-type: none"> • Significantly influenced by the <i>Student Activity and Sports Study Ireland (SASSI)</i> the new Student Sport Ireland strategic plan launched in September 2017 identified increasing third level student participation in sport and physical activity as the central focus for the organisation during the lifetime of the plan (2017-2020). The plan set out detailed strategic objectives with key performance indicators and outcomes to be delivered during the lifetime of the plan. The <i>Physical Activity Health and Well-being Committee</i> was tasked with the responsibility of coordinating the delivery of the objectives within the timeframe • In excess of 1,800 students participated in SSI coordinated intercollegiate league and cup competitions • SSI member colleges coordinated over 60 additional intercollegiate competitions with thousands of participating students • On campus colleges support almost 850 sports clubs across 54 different club types with over 30,000 participating student members

	<ul style="list-style-type: none"> • Individual member colleges coordinated mass student physical activity events to promote health and well-being
Disability Sports Northern Ireland (DSNI)	<ul style="list-style-type: none"> • Disability Sport NI and it's Community Interest Company, Live Active NI contributed to the target during the reporting period by organising the following fourteen participation programmes and initiatives in partnership with District Councils, Governing Bodies of Sport, sports clubs and disability sports groups and organisations: <ul style="list-style-type: none"> ○ <i>Get Out Get Active Project, Derry & Strabane</i> – participation project organised through Live Active NI in partnership with Derry City & Strabane District Council ○ <i>Get Out Get Active Project, ABC</i> - project organised through Live Active NI in partnership with Armagh City, Banbridge & Craigavon Borough Council ○ <i>Every Body Active North & West Belfast</i> - participation project organised through Live Active NI in partnership with Belfast City Council ○ <i>Everybody Active South & East Belfast</i> - participation project organised through Live Active NI in partnership with Belfast City Council ○ <i>Everybody Active Disability Sports Hub Project</i> - participation project in partnership with Belfast City Council. ○ <i>Inclusive Leisure Project, ABC</i> - participation project in partnership with Armagh City, Banbridge & Craigavon Borough Council ○ <i>Women in Sport 'FitHer' Project</i> – a Sport NI funded pilot project. ○ <i>Inclusive Water Sports Project</i> - a Department for Communities funded initiative to improve access to water sports for people with disabilities at Belfast Lough Sailability, Foyle Sailability, Lough Erne Yacht Club and Craigavon Water Sports Centre. ○ <i>District Council Disability Sports Hub Project</i> – a Department for Communities funded initiative to establish a Disability Sports Hub with a specialist pool of equipment, including pools of sports wheelchairs and adapted bikes, in all 11 District Councils. ○ <i>Active Clubs Programme</i> - project focusing on the inclusion of people with sight loss and people with physical disabilities in new and existing disability and mainstream sports clubs. ○ <i>Community Events Programme</i> - a series of 12 participation based events in a range of sports including Boccia, Bowls, Goalball, New Age Kurling, Sports Hall Athletics, Swimming and Wheelchair Sports. ○ <i>Inclusive Sport Programme</i> – a programme supporting Governing Bodies of Sport with the delivery of a range of participation initiatives in the sports of <ul style="list-style-type: none"> ○ Athletics, Angling, Football, Cycling, Sailing, Triathlon, Swimming and Wheelchair Rugby. Three Governing Bodies of sport, namely the Irish Football Association, ○ Athletics NI and Ulster Rugby have also been awarded Disability Sport NI's Inclusive Sport Award, in recognition of their commitment to Inclusion. ○ <i>Northern Ireland Boccia programme</i> - involving eight local clubs and a participation based Northern Ireland League. ○ <i>Northern Ireland Wheelchair Basketball programme</i> involving four groups/clubs and a series of participation initiatives. • During the reporting period Disability Sport NI's fourteen participation projects benefitted just under 8,000 participants.
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> • NISF increased membership to 68 Full Members and 22 Associate Members with over 480,000 individuals as members of those organisations. • NISF promote opportunities for engagement in sport and physical activity from our members on relevant media channels

Gaelic Athletic Association (GAA)	<ul style="list-style-type: none">• Provision of Provincial Football, Hurling and Handball Competitions• Provision of County Football, Hurling and Handball Competitions• Provision of Provincial Ladies Football Competitions• Provision of County Ladies Football Competitions• Provision of Recreational Ladies Football Opportunities• Provision of Active GAA in Clubs through Active Clubs - Physical activities in clubs (yoga, keep fit, circuits, couch to 5k)
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Target Number:	PA5														
Target Details:	By 2014 to have increased the number of people in Northern Ireland in membership of at least one sports club														
Target Deadline:	2014 (Medium Term)														
Status:	ACHIEVED														
Baseline Information:	23% of the adult population are members of a club in which they can participate in sport or physical activities (2010 SAPAS) 19% of the adult population stated they were a member of at least one sports club (2008-09 CHS)														
Current Position:	23% of the adult population stated they were a member of at least one sports club (2016-17 CHS)														
Contributing Member	Progress														
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> The headline figures for Active Clubs for 2016/17 are as follows: <table border="1" data-bbox="611 608 1816 855"> <thead> <tr> <th>KPI Target</th> <th>2016/17 Actual</th> </tr> </thead> <tbody> <tr> <td>Total number of sports club engaged in the programme</td> <td>173</td> </tr> <tr> <td>Total new sports club members</td> <td>6112</td> </tr> <tr> <td>Total new sports club members aged 14-25 years</td> <td>1420</td> </tr> <tr> <td>Total new sports club members who are women/girls</td> <td>4098</td> </tr> <tr> <td>Total new sports club members from areas of high social need</td> <td>1498</td> </tr> <tr> <td>Total number of training, education & learning opportunities for coaches & volunteers</td> <td>3233</td> </tr> </tbody> </table> <p>*Figures are reflective of Q1 & Q2 actuals.</p> <ul style="list-style-type: none"> SNI has worked with 21 governing bodies of sport to implement effective club development systems through its PerformanceFocus Investment through to 31st March 2017. SNI has awarded investment to 21 sporting organisations through Sporting Clubs 2017-21, this will deliver the benefit of sustained increases in club membership across the four year period of investment and deliver improvements aligned to club accreditation, volunteer, coaching and officials development. SNI has facilitated a regular cycle of Network events as a means of learning and sharing for sports organisation staff members who are directly engaged in Club and Workforce Development. SNI facilitated the Accelerate '17 conference on 25th September 2017 in Titanic Belfast. Over 100 delegates were in attendance to learn and share best practice within the club and workforce spectrum. SNI has continued to co-ordinate the Clubmark NI club accreditation scheme and relaunched the scheme in June 2017. Clubs who have adult members only can now also seek accreditation as well as those who are Junior only or junior and adult clubs. SNI has through its Club Leaders programme has provided free workshops to support volunteers involved in the day-to-day running of sports clubs to advance their skills and ability to operate on a more business like level. 	KPI Target	2016/17 Actual	Total number of sports club engaged in the programme	173	Total new sports club members	6112	Total new sports club members aged 14-25 years	1420	Total new sports club members who are women/girls	4098	Total new sports club members from areas of high social need	1498	Total number of training, education & learning opportunities for coaches & volunteers	3233
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<p>Chief Leisure Officers Association (CLOA)</p>	<p><u>Derry and Strabane Council</u></p> <ul style="list-style-type: none"> • PA5a + PA5b — Delivery of club development initiatives, incorporating capacity building workshops, generic and sport specific courses whilst providing access to development grants/funding • Continue with the Derry/Strabane Clubmark accreditation scheme and support NGB’s recognised schemes • Continue to support the North West Coaching initiative delivered in partnership with SNI • Establish a new database of existing and new clubs throughout the new council area, communicating development opportunities that may arise, creating pathways and signpost people from Council lead initiatives. • Working with all the relevant agencies (e.g. SNI, NGBs, etc.) to assist in the development and sustainability of local clubs through grant aid, club development courses, advice and support with infrastructure, good governance and /or facilities. • Recognition and celebration of the positive effect that good clubs have on our community through various sports awards, hall of fame and Mayoral recognition/PR. • Delivered coaches training course such as safeguarding, first aid. • Celebrate local sporting success through Annual Sports Awards. • Promotion of sustainable pathways through national governing bodies with links to local clubs. • Co-ordinated and delivered sports taster days within local primary and secondary schools <p><u>Armagh City Banbridge and Craigavon Borough Council</u></p> <ul style="list-style-type: none"> • Council’s Sports Development section works with the relevant agencies (Active Clubs, ABC Sports Forum, SNI, NGBs, Local Schools and Clubs) to assist in the development of sporting pathways and in the development and sustainability of local clubs through grant aid, club development courses, advice and support with infrastructure, good governance, clubmark accreditation and facility development. • ABC Sports Forum currently has 30 sports clubs represented on ABC Sports Forum covering 24 different sports. • Recognition and celebration of the positive impact that good clubs have on our community through various sports awards and Mayoral recognition/PR • Council has demonstrated how the development of sport and physical activity can impact the delivery of “Connected – A Community plan for the ABC area” • Club participation opportunities in the sports of swimming / gymnastics and soccer are reliant on subsidised facility provision by Council. <p><u>Lisburn and Castlereagh City Council</u></p> <ul style="list-style-type: none"> • Provide link between after school programmes and sports clubs • Sport Lisburn and Castlereagh – build capacity of sports clubs, funding for coaches and special events and provision of information through Directory of Sport • Sports Development Training Programme - assistance with club development plans and application for grants. • Club Mark – assist clubs to attain accreditation with their governing body recognising good practise. • Sports awards – annual Lisburn and Castlereagh Sports Awards recognise club development. • EBA 2020 – engage participants in sport and physical activity and provide pathways and signpost to clubs to encourage new members.
<p>Ulster Branch Irish Rugby Football Union (UBIRFU)</p>	<ul style="list-style-type: none"> • Through the UBIRFU ‘Play Rugby Initiative’ we aim to provide young people with the opportunity to have access to rugby union. The concept has 2 streams:-

	<ul style="list-style-type: none"> • Schools session at a local club. In areas where development officers are working, we link schools activity up to additional sessions at the local club. Local schools are invited to an 'open day' type training session which is hosted by the officers in partnership with the local club coaches, with the intention of filtering players from schools into the club environment. • In areas where development officers are not working, resource packs are made available to teachers with equipment and 'play rugby' coaching guidelines. • During 2015/2016 the UBIRFU invested in the employment of 23 Club Community Officers the employment of these Officers has led to 4994 young participants within rugby clubs in Ulster.
Irish Football Association (IFA)	<ul style="list-style-type: none"> • IFA Foundation Club Mark and Schools Quality Mark increasing adult and young people's involvement in football. • 200 clubs across NI involved in IFA Club Mark programme • 50 schools involved in IFA Schools Quality Mark – key component of this is the school and club link is demonstrated.
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> • NISF increased membership to 68 Full Members and 22 Associate Members with over 480,000 individuals as members of those organisations. • NISF promote opportunities for engagement in sport and physical activity from our members on relevant media channels
Ulster Council Gaelic Athletic Association (UCGAA)	<ul style="list-style-type: none"> • Engagement of young females through Active Clubs Programme (schools club links) has developed opportunities to link with formal clubs • Engagement with young people through Active Clubs (disability hubs) has developed participation opportunities in the four hubs (clubs)

Target Number:	PA6
Target Details:	By 2014 to provide every child in Northern Ireland over the age of 8 years with the opportunity to participate in at least two hours per week of extra-curricular sport and physical recreation.
Target Deadline:	2014 (Medium Term)
Status:	NOTE: Following the review of Sport Matters 2015, this target was combined with PA3. Therefore target PA6 no longer exists.

Target Number:	PA7
Target Details:	By 2019 to deliver at least a 3 percentage point increase in adult participation rates in sport and physical recreation (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	37% of the adult population participated in sport and physical recreation in the last week (2010 SAPAS) 31% of the adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)
Current Position:	48% of the adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2016-17 CHS)
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • See Sport NI update at PA4
Chief Leisure Officers Association (CLOA)	<p><u>Derry and Strabane Council</u></p> <ul style="list-style-type: none"> • Continue to meet KPI's as established through Everybody Active Programme –specifically focusing on adult participation – Target 12,763 yearly. • Produce and deliver a new sports strategy for the council area • Implementation and delivery of the Public Health Agency's PARP and Healthy Town Programmes • Support the planning and delivery of programmes that promote adult participation ---eg, women groups, over 50's, danderball, disability Sport and Neighbourhood Renewal initiatives • Offer access to programming through the various leisure sites. • Supported local clubs and provided a sports development support source across the District • Worked with Public Health Agency to help promote the Choose to Live Better Campaign as well as providing couch to 5k's, Park Runs, Outdoor Gym Programmes, Cycling Programmes etc. • Worked with Public Health Agency to deliver and develop Physical Activity Referral Scheme across the District. • Adult participation has grown yearly through the EBA 2020 programme. • Council provides a range of opportunities for adults to participate in sport and physical recreation through Leisure facilities (indoor and outdoor) and through its Community Centre based facilities and outdoor spaces. • Council in partnership with the Public Health Agency, is delivering the Physical Activity Referral Scheme- a project that offers a targeted approach to sedentary people with specific health problems or who are at risk of disease to receive support in becoming more active. • Council's corporate wellbeing Officer and HR department Officer oversee a range of Workplace exercise and health initiatives. • Council organises a number of events which promote large scale participation such as park run initiatives proving extremely popular across the Borough. • Provide collaborative arrangements for targeted programmes to access Council facilities and coaching expertise. • Exercise referral scheme across 3 sites – 400 adults participants yearly • Working closely with community based organisations to deliver focussed taster sessions through the EBA 2020 programme. • Undertaken development of new Macmillan move more co-ordinator post. Due to commence Nov 17.

	<p><u>Armagh, Banbridge and Craigavon Borough Council</u></p> <ul style="list-style-type: none"> • Please see PA4 <p><u>Lisburn and Castlereagh City Council</u></p> <ul style="list-style-type: none"> • EBA 2020 one of its KPI's – adults (19-49), women and girls (14-25) and people with disability. • Healthwise scheme – encourage adults with health issues to get active. • Sports Development activity sessions – circuit training, walking groups. • Sport Lisburn and Castlereagh encourages clubs to have open sessions to attract new members. • Training programmes to encourage adults to stay involved in sport potentially through roles in coach and administration. • Mass Participation Events – half Marathon, business games, couch to 5K, colour run.
Ulster Branch Irish Rugby Football Union (UBIRFU)	<ul style="list-style-type: none"> • UBIRFU continues to promote adult tag rugby as a version of the game that is played in the summer months. This non-contact version of the game has proved very popular bringing both new and previous participants back into the sport. There has been a particular increase in the number of mixed teams (ie both male and female) now playing over the last number of years. • Adult Women's Rugby is currently in the strongest position it has been to date. At September 2017 we have 1 team in All Ireland League and two provincial adult leagues below this with 6 and 9 teams respectively. We also have Ulster University of Coleraine playing a Wednesday team in the Student Sport Ireland League. • Over the course of the last year we have introduced two additional formats of rugby to help with increasing rugby participation in adults. (1) 20s rugby – this is primarily aimed at players between the age of 18 & 21 who have previous experience of playing in age grade rugby but have not yet transitioned into adult rugby. These players play within their peer group in a series of blitzes throughout the year. The focus is on fun and participation and providing a quality rugby experience. (2) Cross Field 7s (X7s) – this is a modified version of 7s rugby primarily aimed at those players who no longer play who are unable to play because of other commitments. The games take place midweek again in a blitz format against teams of similar ability/experience. Initial evidence suggests that players are responding to these different formats.
Disability Sports Northern Ireland (DSNI)	<ul style="list-style-type: none"> • Disability Sport NI and it's Community Interest Company, Live Active NI contributed to the target during the reporting period by organising the following fourteen participation programmes and initiatives in partnership with District Councils, Governing Bodies of Sport, sports clubs and disability sports groups and organisations: <ul style="list-style-type: none"> ○ <i>Get Out Get Active Project, Derry & Strabane</i> – participation project organised through Live Active NI in partnership with Derry City & Strabane District Council ○ <i>Get Out Get Active Project, ABC</i> - project organised through Live Active NI in partnership with Armagh City, Banbridge & Craigavon Borough Council ○ <i>Every Body Active North & West Belfast</i> - participation project organised through Live Active NI in partnership with Belfast City Council ○ <i>Everybody Active South & East Belfast</i> - participation project organised through Live Active NI in partnership with Belfast City Council ○ <i>Everybody Active Disability Sports Hub Project</i> - participation project in partnership with Belfast City Council. ○ <i>Inclusive Leisure Project, ABC</i> - participation project in partnership with Armagh City, Banbridge & Craigavon Borough Council ○ <i>Women in Sport 'FitHer' Project</i> – a Sport NI funded pilot project. ○ <i>Inclusive Water Sports Project</i> - a Department for Communities funded initiative to improve access to water sports for people with disabilities at Belfast Lough Sailability, Foyle Sailability, Lough Erne Yacht Club and Craigavon Water Sports Centre.

	<ul style="list-style-type: none"> ○ <i>District Council Disability Sports Hub Project</i> – a Department for Communities funded initiative to establish a Disability Sports Hub with a specialist pool of equipment, including pools of sports wheelchairs and adapted bikes, in all 11 District Councils. ○ <i>Active Clubs Programme</i> - project focusing on the inclusion of people with sight loss and people with physical disabilities in new and existing disability and mainstream sports clubs. ○ <i>Community Events Programme</i> - a series of 12 participation based events in a range of sports including Boccia, Bowls, Goalball, New Age Kurling, Sports Hall Athletics, Swimming and Wheelchair Sports. ○ <i>Inclusive Sport Programme</i> – a programme supporting Governing Bodies of Sport with the delivery of a range of participation initiatives in the sports of ○ Athletics, Angling, Football, Cycling, Sailing, Triathlon, Swimming and Wheelchair Rugby. Three Governing Bodies of sport, namely the Irish Football Association, ○ Athletics NI and Ulster Rugby have also been awarded Disability Sport NI’s Inclusive Sport Award, in recognition of their commitment to Inclusion. ○ <i>Northern Ireland Boccia programme</i> - involving eight local clubs and a participation based Northern Ireland League. ○ <i>Northern Ireland Wheelchair Basketball programme</i> involving four groups/clubs and a series of participation initiatives. ● During the reporting period Disability Sport NI’s fourteen participation projects benefitted just under 8,000 participants.
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> ● Promotion of sport and physical activity opportunities from our member organisations on relevant social media outlets.
Ulster Council Gaelic Athletic Association (UCGAA)	<ul style="list-style-type: none"> ● Active Clubs Programme – promotion of female participation in handball and Ladies Football. ● All County Games Programme for junior, intermediate and Senior Football and Hurling Teams. ● All Provincial Handball tournaments.
Public Health Agency (PHA)	<ul style="list-style-type: none"> ● The Public Health Agency (PHA) continues to lead on the non-departmental recommendations within the Fitter Futures Obesity Prevention Framework. A rolling action plan has been produced and this is updated annually and includes a range of targets and initiatives to increase physical activity levels in the population. ● PHA has continued to support increased participation in physical activity through a range of investments in obesity prevention/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local HSCTs; provision of a range of training for trainers courses; allotment and community garden projects; physical activity referral schemes by GPs and other health professionals to local leisure facilities and healthy living centres; ‘Couch to 5k’ programmes; ‘Sofa to Saddle’; active travel projects in schools, workplaces and communities; ‘Healthy Towns’ initiatives in a number of council areas which bring together a range of programme areas at local level; work place health initiatives; and through joint working with local government e.g. Active Belfast and ‘Healthy Towns’. ● The PHA produces a range of resources to increase awareness of the CMO guidelines on physical activity for the Adult population. Infographics on the CMO physical activity guidelines for all age groups were printed and circulated to all GPs and health professionals in Trusts. Regular messages are also distributed through various media formats to promote 150 minutes of physical activity a week for adults. ● In February 17 the PHA re-launched its obesity prevention campaign “Clocking up” which encouraged people to measure how many steps they take, and then set personal goals to increase this number. The campaign is supported by a website with links to related activities and organisations. ● In April 2017 the PHA insured 1732 Walk Leaders who are leading walking for health initiatives throughout Northern Ireland. Discussions are still ongoing with Outdoor Recreation NI and other key partners to merge the Walking for Health and Walking in the Community programmes.

- The development of a standardised programme for Physical Activity Referral is being advanced with a view to rolling out a regional standardised programme in April 2018. The PHA continues to support Physical Activity Referral Schemes in almost all district council areas. A number of rehabilitation programmes including, cardiac rehabilitation, pulmonary rehab, diabetes and cancer rehabilitation are also funded in some Council areas.
- Get Active Belfast, under the auspices of the Active Belfast Partnership, has set out seven shared pledges they will deliver in realising their ambition to increase physical activity levels, address inequalities and improve health and wellbeing across Belfast. During 17/18 Get Active Belfast supported a range of programmes which are listed below and cross referenced to relevant PAs:
 - Cedar foundation: Global challenge (PA10)
 - Sustrans: Balance for all (PA 7)
 - Healthwise Referral Programme (PA, 7, 8, 9, 10, 11)
 - Condition Specific Level IV (PA 7, PA 8, PA 9, PA 10 PA 11)
 - Youth Action Northern Ireland: Perform4life (PA 9)
 - Belfast Community Sports Development worker (BCSDN); KEY – Keep Empowering Yourself (PA 11)
 - Tackling Awareness of Mental Health: Active NLR Take 5 (PA7, PA 9)
 - South Belfast Partnership Board; Up & At It PA 11)
 - Lagan Valley Orienteers; Neighbourhood Orienteering (PA7, PA 9)
 - Ulster Rugby: Get Active with Ulster Rugby; (PA7, PA8)
 - St James Forum (PA7, PA9, PA 11)
 - Willowfield Parish Community Association; Willowfield Community Gym (PA 7, PA 9, PA 11)
 - Mount Merrion Parish Church: Community Health and Fitness Hub (PA 9)
 - St Patricks Primary School (PA 9)
 - Springvale Employment and Learning Solutions; Elevate (PA 8, PA 9)
 - Windor Women’s Centre; Dive into Dance (PA 8, PA 9)
 - Jog Belfast Programme (PA 7, PA 8, PA 9, PA 10, PA 11)
- PHA and other key partners under the auspices of the Active Belfast Partnership continue to oversee the implementation of an Active Travel Action Plan for Belfast. This will enable Belfast to become a vibrant city where people are healthy, fit and well-connected with one another, a city where people walk, cycle or take public transport as part of their normal, everyday lives.
- A programme to increase active travel in 12 disadvantaged communities in Belfast was procured in 2016 and Sustrans were appointed in November 2016 to roll out a three year pilot.
- The PHA supported the Piccolo Fondo for a third year. The event took place on 3rd June 2017.
- The Ciclovía Belfast, a health and community based initiative which closed a part of Belfast to traffic for a short period giving cyclists the opportunity to ride through traffic free zones was supported by the PHA and held on 24th September 2017.
- PHA has supported the CHIPS project (the Cycle Highways innovation for Smarter People Transport and Spatial Planning Project). The CHIPS project has been funded through EU Interreg North West Europe. CHIPS will see Belfast collaborate with leading cycling nations – the Netherlands and Belgium, as well as Transport for London, Germany and the Republic of Ireland over the next three years. Sustrans is the British partner in CHIPS. The programme will develop and promote bicycle highways as an effective and cost efficient low carbon solution for commuting to and from urban employment poles in North West Europe. By combining infrastructure improvements with behaviour change initiatives, CHIPS aims to decrease transport greenhouse gas emissions significantly, while at the same time tackling congestion and mobility related health problems. In Northern

	<p>Ireland, the Comber Greenway in Belfast has been selected as the demonstration route, and Sustrans will work with 6 key employers along the route to encourage more of their staff to travel actively to work. The employers are Stormont Estate, Ulster Hospital, Holywood Arches Retail Park, Titanic Quarter, Montgomery Road Business Park and the Dundonald Ice Bowl Complex.</p> <ul style="list-style-type: none"> • The “Leading the Way” initiative to encourage employees to actively travel to and from work is continuing to be rolled out in Belfast and Derry. The North West Leading the Way initiative has recently been awarded the Active Travel Workplace of the year award at the inaugural Healthy Streets Awards in London. • The Conservation Volunteers (TCV) continues to deliver Green Gym Projects in the north, west, Belfast and the south eastern areas. The Green Gym is a preventative health project supporting people to connect with their local green space to improve their health, the local community and the environment. The Green Gym model supports people who experience health inequalities in making behaviour changes to benefit their physical, emotional and social wellbeing through direct involvement in local practical conservation projects. • PHA funded a new Parkrun in Castlewellan. • PHA in the south eastern area has been involved in the QUB Physical Activity Loyalty (PAL Scheme) which included the participation of PHA staff members. • Annually, the PHA has provided funding through the CLEAR Programme to local community groups to run small scale programmes or community events that aim to promote positive mental health or reduce suicide addressing the Take 5 themes, i.e. Give, Be active, Connect, Keep learning and take notice. The aims of the local grants scheme are to encourage communities to be pro-active in promoting positive mental health and emotional well-being, and tackle the contributing factors of self-harm and suicide. A wide range of programmes/events are supported under this grants programme including many physical activity programmes/events.
Student Sport Ireland (SSI)	<ul style="list-style-type: none"> • SSI commissioned <i>Student Activity and Sports Study Ireland (2016)</i> provides a baseline for third level student activity levels on the island. The study found that 64% of students are “highly active” and deemed sufficiently active to meet the recommended physical activity guidelines for health.

Target Number:	PA8
Target Details:	By 2019 to deliver at least a 6 percentage point increase in women's participation rates in sport and physical recreation (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	30% of the female adult population participated in sport and physical recreation in the last week (2010 SAPAS) 24% of the female adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)
Current Position:	41% of the female adult population stated they normally participate in sport and physical recreation on at least 1 day a week (2016-17 CHS)
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • See Sport NI update at PA4
Chief Leisure Officers Association (CLOA)	<p><u>Derry and Strabane Council</u></p> <ul style="list-style-type: none"> • Continue to meet KPI's as established through EBA programme –specifically focusing on female participation – 7147 female participants yearly. • Produce and deliver a new sports strategy for the council area • Implementation and delivery of the Public Health Agency's PARP and Healthy Town Programmes • Support the planning and delivery of local event that promote adult participation ---e.g., women groups, over 50's, disability Sport and Neighbourhood Renewal initiatives • Offer access to programming through the various leisure sites. Female specific programme running on sites –Female Fit, return to netball, ladies gymnastics • EBA 2020 Programme and associated initiatives/classes/programmes. 6,800 females accessed the programme last year. • Working in partnership with Governing bodies to deliver female specific programme and training • Delivery of Female Try a Tri – 108 females engaged. • Sustainability of Fit and Active over 50s Programme. • Exercise referral scheme • Capital development of facilities <p><u>Armagh City Banbridge and Craigavon Borough Council</u></p> <ul style="list-style-type: none"> • Council's Sports Development Action Plan for 2015 – 2017 and the EBA 2020 Strategic Action Plan 17/18 sets a high priority for inclusivity for all under-represented groups. Figures for EBA 2020 will be included in Sport NI figures for NI as a whole. • Underrepresentation of women and girls in regard to participation in sport and physical activity noted in the context of the Health and wellbeing element of Connected – A community plan for the ABC area. • High percentage of females continue to participate in C25K events across the region. • Council provides a range of programmes designed and delivered specifically to appeal to females and to encourage participation e.g. the provision of exercise classes, aerobics, dance.

	<ul style="list-style-type: none"> • Council independently, and in partnership with both club and statutory agencies, provides facilities which accommodate female participation and supports competitive opportunities. • Youth Sport Trust - Girls Active New pilot initiative funded by SNI through Department for Communities proved popular and highlighted the desire for girls not only to be active if simple changes are made to the school environment, but also the desire for girls to take on leadership roles if given the opportunity to do so. <p><u>Lisburn and Castlereagh City Council</u></p> <ul style="list-style-type: none"> • EBA 2020 target women’s activities – girl’s rugby, soccer, fitness, dance, buggy blitz. Also attendance at female sports forum • Sports Development sessions for girls/women – cheerleading at Moira Logic café, Netball at Lough Moss • Participation events – Fun Run, Triathlon, Business Games and Couch to 5K • Partnership working - PHA, YMCA, Guide groups • Sport Lisburn and Castlereagh Club Event grants – promote girls activities within existing clubs • IFA Development Officer – promoting girls futsal in schools and clubs • General focus of financial assistance on female activities.
Ulster Branch Irish Rugby Football Union (UBIRFU)	<ul style="list-style-type: none"> • UBIRFU has run a number of initiatives to increase participation in the female game. These include: • Girls' Schools Cup - Contact 7s rugby has been introduced to secondary schools as an additional option to the well-established tag format of the game. In the season 2016/17 37 teams from 29 schools took part in tag rugby with 18 teams from 14 schools taking part in contact 7s. • Play Rugby Girls – This is an IRFU initiative which aims to provide girls with the opportunity to participate in rugby sessions at their schools. Schools involved are then invited to an ‘Open Day’ at their local Club which is hosted by Development officers and Club coaches with the aim of getting girls to continue this activity in a club environment. • Girls only Summer Camps - Camps for females aged between 12-17 years were held in both the East and West of the Province. • U18 Girls Regional Development Squads – Formalised training calendar for girls born 2000-2003 introduced during summer 2017. Screening held in September and players will now train on a bi-weekly basis on and East and West regional basis. • As a result of this increasing participation in schools the number of girls participating in Clubs youth sections has increased from 6 at the beginning of the programme, to 14 in the 2017 season. • Adult Women’s Rugby has started to see some consolidation with 17 established teams playing in formal competition structures.
Student Sport Ireland (SSI)	<ul style="list-style-type: none"> • SSI commissioned <i>Student Activity and Sports Study Ireland (2016)</i> provides a baseline for third level female student activity levels on the island. The study found that found that 58% of female students are “highly active” and were deemed to be significantly more active than females in the general population. • The new SSI Strategic Plan launched in September 2017 identified the promotion of the reduction in the gender gap in participation in sports clubs identified in the <i>Student Activity and Sports Study Ireland (2016)</i> report from the current gap of 32% to 30%.
Irish Football Association (IFA)	<ul style="list-style-type: none"> • IFA Foundation transforming girls/women’s football landscape with new youth leagues from U9, U13, U15, U17 and U19 since launch of Let Them Play youth football strategy in 2015. • IFA Foundation have employed 8 part time youth development co-ordinators to mentor women’s teams to put in place sustainable youth structures. • Girls and Women’s football participation figures up by 20% since 2015. • IFA and UU have a new Women’s Football Academy offering full time football and education for elite players. • IFA employed 4 new staff working specifically on girls game including 2 Female Football Ambassadors.

Disability Sports Northern Ireland (DSNI)	<ul style="list-style-type: none"> ● Disability Sport NI and its Community Interest Company, Live Active NI contributed to the target during the reporting period by organising the following fourteen participation programmes and initiatives in partnership with District Councils, Governing Bodies of Sport, sports clubs and disability sports groups and organisations: <ul style="list-style-type: none"> ○ <i>Get Out Get Active Project, Derry & Strabane</i> – participation project organised through Live Active NI in partnership with Derry City & Strabane District Council ○ <i>Get Out Get Active Project, ABC</i> - project organised through Live Active NI in partnership with Armagh City, Banbridge & Craigavon Borough Council ○ <i>Every Body Active North & West Belfast</i> - participation project organised through Live Active NI in partnership with Belfast City Council ○ <i>Everybody Active South & East Belfast</i> - participation project organised through Live Active NI in partnership with Belfast City Council ○ <i>Everybody Active Disability Sports Hub Project</i> - participation project in partnership with Belfast City Council. ○ <i>Inclusive Leisure Project, ABC</i> - participation project in partnership with Armagh City, Banbridge & Craigavon Borough Council ○ <i>Women in Sport 'FitHer' Project</i> – a Sport NI funded pilot project. ○ <i>Inclusive Water Sports Project</i> - a Department for Communities funded initiative to improve access to water sports for people with disabilities at Belfast Lough Sailability, Foyle Sailability, Lough Erne Yacht Club and Craigavon Water Sports Centre. ○ <i>District Council Disability Sports Hub Project</i> – a Department for Communities funded initiative to establish a Disability Sports Hub with a specialist pool of equipment, including pools of sports wheelchairs and adapted bikes, in all 11 District Councils. ○ <i>Active Clubs Programme</i> - project focusing on the inclusion of people with sight loss and people with physical disabilities in new and existing disability and mainstream sports clubs. ○ <i>Community Events Programme</i> - a series of 12 participation based events in a range of sports including Boccia, Bowls, Goalball, New Age Kurling, Sports Hall Athletics, Swimming and Wheelchair Sports. ○ <i>Inclusive Sport Programme</i> – a programme supporting Governing Bodies of Sport with the delivery of a range of participation initiatives in the sports of <ul style="list-style-type: none"> ○ Athletics, Angling, Football, Cycling, Sailing, Triathlon, Swimming and Wheelchair Rugby. Three Governing Bodies of sport, namely the Irish Football Association, ○ Athletics NI and Ulster Rugby have also been awarded Disability Sport NI's Inclusive Sport Award, in recognition of their commitment to Inclusion. ○ <i>Northern Ireland Boccia programme - involving eight local clubs and a participation based Northern Ireland League.</i> ○ <i>Northern Ireland Wheelchair Basketball programme</i> involving four groups/clubs and a series of participation initiatives. ○ During the reporting period Disability Sport NI's.
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> ● NISF led the development of the Female Sports Forum Active, Fit & Sporty Strategy ● NISF led the coordination of the Active, Fit & Sporty Conference in March 2017 which was attended by over 110 delegates. ● NISF coordinated a consultation event to develop Action Plans in key strategic areas. ● Provision of information and templates for members advertisement of 2017 Women's Sports Week opportunities. ● Development of the Female Sports Forum website and additional social media channels. ● Development of Active Female Award and role model profiling increasing exposure of role models. ● Delivery of seminars on increasing media profile for members and upskilling female administrators for local clubs ● 28 women and girls took part in Sports Leaders UK Leadership Programmes.

Ulster Council Gaelic Athletic Association (UCGAA)	<ul style="list-style-type: none"> ● Provision of County Football, Hurling and Handball Competitions ● Provision of Provincial Ladies Football Competitions ● Provision of County Ladies Football Competitions ● Provision of Recreational Ladies Football Opportunities ● Provision of Active GAA in Clubs through Active Clubs - Physical activities in clubs (yoga, keep fit, circuits, couch to 5k)
Public Health Agency (PHA)	<ul style="list-style-type: none"> ● As detailed in PA7 – all programmes in the PHA are open to both genders ● The PHA funds JogBelfast whose aim is to encourage people who are inactive and have not run before to get active by taking up walking, jogging or running. The programme is delivered in local communities across Belfast and open to people of all ages and abilities. In 17/18, JogBelfast will deliver 18 programmes. Some 80- 90% of participants are female. ● ‘Couch to 5k’ programmes have been implemented in the north, south, west and south east in partnership with local Councils or community and voluntary sector organisations. Whilst open to both genders these programmes continue to particularly attract women. ● Western area ‘Healthy Towns’ programme promotes a number of physical activity programmes where the majority of participants are women e.g. walking, running, cycling and swimming. ● The ‘Health Promoting Homes’ programme in the western area, of which the promotion of physical activity is a key element, is delivered through Sure Start and Healthy Living Centres and is targeted in areas of deprivation. ● Get Active Belfast, under the auspices of the Active Belfast Partnership, has set out seven shared pledges they will deliver in realising their ambition to increase physical activity levels, address inequalities and improve health and wellbeing across Belfast. During 17/18, Get Active Belfast supported a range of programmes, see PA7. Programmes specifically targeting women include: <ul style="list-style-type: none"> ○ Ulster Rugby: Get Active with Ulster Rugby; (PA7, PA8) ○ St James Forum (PA7, PA9, PA 11) ○ Springvale Employment and Learning Solutions; Elevate (PA 8, PA 9) ○ Windsor Women’s Centre; Dive into Dance (PA 8, PA 9) ● In the Southern area, PHA has supported a range of physical activity opportunities which have attracted women including ‘Couch to 5K’ and ‘Sofa to Saddle’ initiatives across the localities. The schemes are focused on those who are leading sedentary lifestyles.

Target Number:	PA9
Target Details:	By 2019 to deliver at least a 6 percentage point increase in participation rates in sport and physical recreation among socio-economically disadvantaged groups (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	30% of the adult population in social groups C2DE participated in sport and physical recreation in the last week (2010 SAPAS)
Current Position:	40% of the adult population living in the most deprived areas of NI stated they normally participate at least 1 day a week (2016-17 CHS)
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • See Sport NI update at PA4
Chief Leisure Officers Association (CLOA)	<p><u>Derry and Strabane Council</u></p> <ul style="list-style-type: none"> • Will continue to work in partnership with Neighbourhood Renewal Officers to assist in the delivery of Sport and Physical Activity Programmes • Improve capacity building through coach/club development initiative such as Active Citizenship • Access external funding to improve infrastructure and facility development within Neighbourhood Renewal areas, allowing for greater participant opportunities –such as Melvin Sports Complex • EBA 2020 Programme and associated initiatives/classes/programmes across. Have met targets to increase participation and sustain exercise among people living in the 20% most deprived areas. 4000 participants last year • Subsidised prices in local leisure and recreational facilities to enable access for participation • Targeted programmes in these areas to engage youths – cage soccer/midnight soccer. • Undertaken development of new Macmillan move more co-ordinator post. Due to commence Nov 17 • GP Referral scheme -400 participants yearly. <p><u>Armagh City Banbridge and Craigavon Borough Council</u></p> <ul style="list-style-type: none"> • Council has a range of programmes which are specifically targeted at those least likely to participate in physical activity and sport, namely Every Body Active Strand 1 Opportunities, DFC Sport in the Community Programme and Bushcraft Project, Sports Development – Good relations projects these projects see delivery to a wide range of participants from high social need areas. Across all programmes over 5,000 participants have been engaged in “targeted physical activity interventions” which see them increase their involvement in sport and physical activity and in some specific programmes build on their employability. • Council operates a concession card scheme for access to facilities at a reduced rate for people who are in receipt of income support. • The figure above does not include the services provided by community centres across the region in areas of HSN provide facilities and activities for community participation in sport and physical activity and to dev communities and people. • Council delivers EBA 2020 Small Grants programme for clubs to access small items of equipment and revenue to deliver programmes to this group. • Connected – A Community Plan for Armagh City, Banbridge and Craigavon Borough has cross cutting themes of equality, sustainability and connectivity and the those hardest to reach populations will be to the fore when the action plans are developed for the 9 themes.

	<p><u>Lisburn and Castlereagh City Council</u></p> <ul style="list-style-type: none"> ● Community Sports Development Officer - Targets clubs and groups in areas of social deprivation. ● Sports Development Unit - subsidised after school clubs, coaching sessions and holiday schemes. ● Sport Lisburn and Castlereagh - funding for clubs and individuals attending coaches' courses. ● EBA 2020 - target clubs, schools and community groups in areas of social deprivation. ● Working with other agencies such as PCSP and PHA - Business Games. ● Training – provide subsidised training course for clubs and individuals – first aid, safeguarding etc.
Ulster Branch Irish Rugby Football Union (UBIRFU)	<ul style="list-style-type: none"> ● Through the Community Rugby Programme and our involvement with Active Communities both schemes are primarily concerned with generating 'new' participants into the game. Each coach employed under these schemes seeks to engage with schools and groups who have never experienced rugby before and encourage participation across all sections of the community. ● In addition, the UBIRFU has been involved with the development of the Game of 3 Halves and Sport 4 Change initiatives in partnership with the GAA and IFA. These projects are based on providing young people from all sides of the community with the opportunity to participate in sporting activity in key interface areas in Northern Ireland. ● In addition, we sourced funding to deploy 7 additional Community Rugby Coaches across Northern Ireland. These coaches worked to increase access to rugby opportunities in communities shown to be most deprived across the province. As a result of this programme 12 primary schools, from the top 30% MDMI rating participated in inter-school Mini Rugby for the first time during the year. Funding for this programme ended in March 2015.
Irish Football Association (IFA)	<ul style="list-style-type: none"> ● IFA Foundation have Community Benefits Partnership with Belfast City Council working with 50-80 NEETs using football as a hook to get young people (16-24) back into education or employment. ● IFA Foundation works with Street Soccer NI to offer free football to 100 homeless people a week in Derry and Belfast. IFA Foundation also supports development of NI Homeless World Cup teams (men and women) with sponsor of kit and use of Coaches. ● IFA and PSNI run a Reducing Offending Partnership Programme with 20 young offenders via Hydebank College. ● IFA Foundation has a Football For All team (12 staff) dedicated to social outreach work, working with community groups reaching 5000 at risk/disadvantaged people a year across NI including Refugees, Homeless and NEETS.
Public Health Agency (PHA)	<ul style="list-style-type: none"> ● All the actions outlined in PA7 are also relevant to this target ● PHA continues to focus efforts on socio-economically disadvantaged groups to help reduce health inequalities. Neighbourhood Renewal areas are proactively targeted in the distribution of PHA resources and programmes. ● PHA has supported increased participation in physical activity through a range of investments in obesity prevention/physical activity interagency forums and other programmes. Examples include: physical activity co-ordinator posts in local Health and Social Care Trusts; provision of a range of training for trainers allotment and community garden projects, physical activity referral programmes by GPs and a range of other health professionals to local leisure facilities; active travel projects; healthy towns initiatives in a number of council areas which bring together a range of programme areas at a local level; work place health initiatives; through joint working with local government e.g. Active Belfast. ● Get Active Belfast has a key role in facilitating and driving collaborative effort to tackle health inequalities in areas and groups that are socio economically disadvantaged. During 17/18 Get Active Belfast supported a range of programmes see PA7. Programmes specifically targeting adults living in deprived areas include: <ul style="list-style-type: none"> ○ Youth Action Northern Ireland: Perform4life (PA 9) ○ Tackling Awareness of Mental Health: Active NLR Take 5 (PA7, PA 9)

	<ul style="list-style-type: none"> ○ Lagan Valley Orienteers; Neighbourhood Orienteering (PA7, PA 9) ○ St James Forum (PA7, PA9, PA 11) ○ Willowfield Parish Community Association; Willowfield Community Gym (PA 7, PA 9, PA 11) ○ Mount Merrion Parish Church: Community Health and Fitness Hub (PA 9) ○ St Patricks Primary School (PA 9) ○ Springvale Employment and Learning Solutions; Elevate (PA 8, PA 9) ○ Windsor Women’s Centre; Dive into Dance (PA 8, PA 9) <ul style="list-style-type: none"> ● PHA in the southern area funds three Health Improvement Workers (HIWs) based in local councils across the Southern locality, with the aim of improving health and reducing inequalities. As part of this work HIWs build capacity within communities by providing training on, and/or delivering a range of health related programmes including Walk Leader Training and Cycle Leader Training, Cook It courses etc. ● PHA in the south eastern area funds several community health development workers across the locality, with the aim of improving health and reducing inequalities. As part of this work HIWs build capacity within communities including providing training on, and/or delivering a range of health related programmes eg. Walk Leader Training. Community health development workers have been encouraged to seek opportunities to develop parkrun and volunteer led couch 25k. A new Parkrun in Castlewellan has been funded by PHA. ● In the western area the healthy towns funded programmes created opportunities for increasing physical activity in particular in areas of high deprivation with a focus of programme delivery within neighbourhood renewal areas. ● During 16/17 and 17/18 the PHA supported the Neighbourhood Health Improvement Programme (NHIP) in 6 neighbourhood renewal areas in the north west, a focus of this programme was to improve adult health by increasing opportunities to physical activity particularly the roll out of step challenges throughout these communities. ● The Health Promoting Homes programme in the western area, of which the promotion of physical activity is a key element, is delivered through Sure Start and Healthy Living Centres and targeted in areas of deprivation.
<p>Ulster Council Gaelic Athletic Association (UCGAA)</p>	<ul style="list-style-type: none"> ● Provision of Active GAA in Clubs in areas of high social need: Active Clubs - Physical activities in clubs (yoga, keep fit, circuits, couch to 5k) ● Provision of participation opportunities through Mum and me in areas of high social need.

Target Number:	PA10
Target Details:	By 2019 to deliver at least a 6 percentage point increase in participation rates in sport and physical recreation among people with a disability (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	19% of the people with a disability (NI adult population) participated in sport and physical recreation in the last week (2010 SAPAS) 11% of the adult population with a lifelong limiting illness stated they normally participate in sport and physical recreation on at least 1 day a week (2008-09 CHS)
Current Position:	29% of the adult population with a lifelong limiting illness stated they normally participate in sport and physical recreation on at least 1 day a week (2016-17 CHS)
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • See Sport NI update at PA4
Chief Leisure Officers Association (CLOA)	<p><u>Derry and Strabane Council</u></p> <ul style="list-style-type: none"> • Continue to meet KPI's as established through EBA Programme –specifically focusing on disability participation – 1300 people with disabilities participated in programme last year • Continue to provide training opportunities and support to local clubs to ensure they are accessible for people with disabilities. • Work in partnership with the Public Health Agency to deliver programmes such as PARP and the Pulmonary Rehab programme. • Any new facility development to comply with DDA regulations • Provide opportunities to access funding/grants to assist programme delivery • Provide grants to clubs and individuals. • Disability awareness training courses. • Sport schemes applications are vetted and appropriate measures/resources put in place to ensure those with a disability have access. • Council recognises the achievements' of people with a disability at its annual Sports Awards ceremonies. • Development and roll out of New sports disability Hub at Foyle Arena • Undertaken development of new Macmillan move more co-ordinator post. Due to commence Nov 17 <p><u>Armagh City Banbridge and Craigavon Borough Council</u></p> <ul style="list-style-type: none"> • Council has a diverse range of physical activity interventions which see the delivery of sport and physical activity to people with a disability these include <ul style="list-style-type: none"> - Sport NI EBA 2020: Opportunities - DSNI / ABC funded Inclusive Sport & Leisure Initiative - Spirit of 2012 Get Out – Get Active Project - SHSCT / ABC All Stars Disability Summer Scheme

	<ul style="list-style-type: none"> • The Active Living – No Limits strategy was taken to Council for noting and the ABC response to the DSNI Call to Action was presented to Council with updates annually. • Council operates a concession card scheme for access to facilities at a reduced rate for people with a disability who are in receipt of disability living allowance. • Council delivers EBA 2020 Small Grants programme for clubs to access small items of equipment and revenue to deliver programmes to this group. <p><u>Lisburn & Castlereagh City Council</u></p> <ul style="list-style-type: none"> • EBA 2020 Disability Officer – programmes for physically disabled and people with learning difficulties, Wheelie Active Club, disability holiday programmes • Sports Development programme with Disability clubs – Lisburn 2Gether, Para-badminton Club, Santos FC , • Special events - Special Schools Sports Hall Athletics competition, Boccia League, • Sport Lisburn and Castlereagh – grants to clubs and individuals • Disability awareness training courses - inclusive games for sports clubs • Healthwise scheme – encourages people with disabilities to get active • Autism specific sessions • Inclusive Summer Scheme run in partnership with South Eastern Trust. • Progression of Disability Sports Hub in partnership with DSNI and SNI
Ulster Branch Irish Rugby Football Union (UBIRFU)	<ul style="list-style-type: none"> • UBIRFU established the STAG rugby committee – Special Needs Tag Rugby Advisory Group. This is a group made up of representatives of the rugby clubs who have established sections for children and young adults with a Learning Disability. Their role is to co-ordinate activity amongst the clubs and to provide support and guidance to groups who are looking to establish similar sections within their own clubs. This group has now aligned itself to the national disability group and has been renamed DAG – Disability Advisory Group. • IRFU (Ulster Branch) appointed a Disability and Inclusion Officer in September 2013 to grow the opportunities for people with a disability to participate in rugby union. Funding for this post ended in March 2015. The IRFU appointed a Spirit Officer post in Ulster in August 2017. Part of her role is to support the development of disability rugby within Ulster. • Through funding from Belfast City Council Active Communities programme Ulster Rugby employ a part time disability rugby officer to support the development of rugby opportunities for people with a disability in the City. • The number of Clubs involved in Special needs rugby has now grown to 9 Clubs from a baseline of 3 in the 2011/12 season. • Ulster Rugby organised a Disability Tag Rugby Summer Camp in summer 2015 with 25 participants. • Supported the Ulster Barbarians Wheelchair Rugby Team in running a ‘come and try event’ which led to new members (adult and youth) joining the club
Irish Football Association (IFA)	<ul style="list-style-type: none"> • IFA Foundation has a clear Disability Football Strategy 2016-2020 and was first governing body to receive Disability Sport NI Inclusive Sport Award in 2017. • 600 students with a disability receive free IFA football coaching in Special Schools across NI. • IFA Disability Coach Education Programme considered best practice by UEFA and FIFA. • IFA Disability Programmes up to 5200 participation figures per annum including following areas – Learning Disabilities, Visually Impaired, Deaf Football, Frames Football, Walking Football, Pan Disability Clubs, Cerebral Palsy and Acquired Brain Injuries and Power Chair Football.

Disability Sports Northern Ireland (DSNI)	<ul style="list-style-type: none"> • Disability Sport NI and its Community Interest Company, Live Active NI contributed to the target during the reporting period by organising the following fourteen participation programmes and initiatives in partnership with District Councils, Governing Bodies of Sport, sports clubs and disability sports groups and organisations: <ul style="list-style-type: none"> ○ <i>Get Out Get Active Project, Derry & Strabane</i> – participation project organised through Live Active NI in partnership with Derry City & Strabane District Council ○ <i>Get Out Get Active Project, ABC</i> - project organised through Live Active NI in partnership with Armagh City, Banbridge & Craigavon Borough Council ○ <i>Every Body Active North & West Belfast</i> - participation project organised through Live Active NI in partnership with Belfast City Council ○ <i>Everybody Active South & East Belfast</i> - participation project organised through Live Active NI in partnership with Belfast City Council ○ <i>Everybody Active Disability Sports Hub Project</i> - participation project in partnership with Belfast City Council. ○ <i>Inclusive Leisure Project, ABC</i> - participation project in partnership with Armagh City, Banbridge & Craigavon Borough Council ○ <i>Women in Sport 'FitHer' Project</i> – a Sport NI funded pilot project. ○ <i>Inclusive Water Sports Project</i> - a Department for Communities funded initiative to improve access to water sports for people with disabilities at Belfast Lough Sailability, Foyle Sailability, Lough Erne Yacht Club and Craigavon Water Sports Centre. ○ <i>District Council Disability Sports Hub Project</i> – a Department for Communities funded initiative to establish a Disability Sports Hub with a specialist pool of equipment, including pools of sports wheelchairs and adapted bikes, in all 11 District Councils. ○ <i>Active Clubs Programme</i> - project focusing on the inclusion of people with sight loss and people with physical disabilities in new and existing disability and mainstream sports clubs. ○ <i>Community Events Programme</i> - a series of 12 participation based events in a range of sports including Boccia, Bowls, Goalball, New Age Kurling, Sports Hall Athletics, Swimming and Wheelchair Sports. ○ <i>Inclusive Sport Programme</i> – a programme supporting Governing Bodies of Sport with the delivery of a range of participation initiatives in the sports of <ul style="list-style-type: none"> ○ Athletics, Angling, Football, Cycling, Sailing, Triathlon, Swimming and Wheelchair Rugby. Three Governing Bodies of sport, namely the Irish Football Association, ○ Athletics NI and Ulster Rugby have also been awarded Disability Sport NI's Inclusive Sport Award, in recognition of their commitment to Inclusion. ○ <i>Northern Ireland Boccia programme</i> - involving eight local clubs and a participation based Northern Ireland League. ○ Northern Ireland Wheelchair Basketball programme involving four groups/clubs and a series of participation initiatives. ○ During the reporting period Disability Sport NI's fourteen participation projects directly benefitted just under 8,000 participants, 84% of whom were people with disabilities
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> • NISF had representation on the Active Living: No Limit's Strategic Project Board.
Ulster Council Gaelic Athletic Association (UCGAA)	<ul style="list-style-type: none"> • Provision of opportunities to increase participation in hubs for people with disabilities though wheelchair hurling. • Provision of opportunities for able bodied to experience participation in games using wheelchairs. • Delivery of a schools programme to students who have a peer who is wheelchair bound in their class. • Participation in Inter Provincial League and Championship for wheelchair hurlers. • Participation by young people with learning difficulties in half time game and Ulster championship.

	<ul style="list-style-type: none"> • Participation by young people with physical and learning difficulties at regional hubs and at club championship games.
Public Health Agency (PHA)	<ul style="list-style-type: none"> • Actions outlined in PA7 may also be relevant to this theme • PHA supports increased participation in physical activity among people with a disability through a range of investments at obesity prevention/physical activity interagency forums level including training for trainer courses to promote and deliver: (1) Inclusive Games and Skills; (2) Boccia; (3) Chair based activities; (3) New Age Curling; (4) Cardio Rehab IV programmes; and (5) a range of other relevant programmes • Physical Activity Referral Schemes continue to be supported in a number of local council areas. • In the south eastern area, the PHA works with the HSC Trust to support providers of Physical Activity Referral Schemes to offer outreach to special schools for young adults 16 years +. • Through the Community Active Travel (CAT) project and in conjunction with LORAG Healthy Living Centre PHA Belfast teams have provided training and equipment for people with disabilities to learn how to use and have access to bikes, allowing them to become more active and involved in the CAT project. • In the southern area PHA provides funding for SHSCT's the Fit 4 U initiative (which includes funding for WTE Coordinator and programme costs. This co-ordinator provides structured programmes of safe, accessible physical activity and leisure opportunities for people with physical disabilities and sensory impairments across the Southern HSCT area. Southern LCG has also provided funding for similar opportunities for people with learning disabilities. • The healthy towns funding programme in the western area provides opportunities to be physically active for people with disabilities. Programmes funded include structured physical activity programmes for children and adults with disabilities. The inclusive world cup disability programme for children in Fermanagh/Omagh targeting 6 participating schools and 200 children. • During 17/18 Get Active Belfast supported a range of programmes see PA7. Programmes specifically targeting disabled adults include: • Cedar foundation: Global challenge (PA10) • Condition Specific Level IV (PA 7,PA 8, PA 9, PA 10 PA 11) • In the southern locality, the Physical Activity Co-ordinator, funded by PHA, provided a range of activities/events targeting children, young people and families with disabilities, including boccia tournament, walk, cycle, dance and strength and balance training for Active Communities coaches working with disabled people.

Target Number:	PA11
Target Details:	By 2019 to deliver at least a 6 percentage points increase in participation in sport and physical recreation among older people (from the 2011 baseline).
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	21% of older people (aged 50 and over) participated in sport and physical recreation in the last week (2010 SAPAS)
Current Position:	32% of older people (aged 50 and over) stated they normally participate in sport on at least one day a week (2016/17 CHS)
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • See Sport NI update at PA4
Chief Leisure Officers Association (CLOA)	<p><u>Derry and Strabane Council</u></p> <ul style="list-style-type: none"> • Continue to provide training opportunities and support to local clubs. • Assist in the delivery of programmes and opportunities through Leisure base physical activities • Assist in the delivery of programmes and opportunities through the development of Clubs and Coaches. • Work with the relevant agencies to increase participation amongst older people • Increase sustained participation through exercise/G.P. referral schemes, cardiac rehab clinics • Increase sustained participation among older people through the EBA 2020 programme and focused programmes such as boccia, danderball, and chair based activities. • Partnership working with local care homes and community / voluntary groups to deliver taster sessions with people over 50 years of age such as OTAGO. • Provide incentives and offer a range of activities at local leisure facilities for older people. • Undertaken development of new Macmillan move more co-ordinator post. Due to commence Nov 17 <p><u>Armagh City Banbridge and Craigavon Borough Council</u></p> <ul style="list-style-type: none"> • Council is developing an age friendly strategy • Council's Sports Development Action Plan for 2015 – 2017 sets a high priority for inclusivity for all under-represented groups over 50's is one such target group. • Over 60's have access to free swimming across the region. • Proactive Over 50's clubs are established in Leisure facilities across the region and if requested Council provides planning and support to them in accessing funding.

	<ul style="list-style-type: none"> Community centres across the region offer opportunities through Tea Dances etc for older people to come together to enjoy physical activity and socialising. SHSCT with ABC delivers Strength and Balance training for the prevention of falls through EBA 2020: Opportunities. PHA / ABC Exercise Referral Programme – delivered across the region. Retention rates high. <p><u>Lisburn & Castlereagh City Council</u></p> <ul style="list-style-type: none"> Sports Development working in partnerships with groups such as CSaw, Age Concern and PHA Development of Active Ageing Club - Walking groups, Development of new activities aimed at elderly – Pickle Ball, Walking Football, Line Dancing, Zumba Participation events – Fun Run , Couch to 5K, Colour Run Sport Lisburn and Castlereagh funding for individuals entering representative masters events Training programme helps keep elderly people involved with clubs Ongoing implementation of Healthwise and Macmillan Move More initiatives Planning for International Day of Older People
Irish Football Association (IFA)	<ul style="list-style-type: none"> IFA launched Back in The Game in 2017 and now have 20,000 people (35yrs old to 75yrs old) playing in regular 7 aside masters/veterans football.
Disability Sports Northern Ireland (DSNI)	<ul style="list-style-type: none"> During the reporting period just under 10,000 people benefitted from Disability Sport NI’s range of participation, performance, education and training programmes, 23% of whom were older people (over 50). However this percentage rose to 44% for participation programmes and initiatives.
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> NISF promote opportunities for engagement in sport and physical activity from our members on relevant media channels.
Ulster Council Gaelic Athletic Association (UCGAA)	<ul style="list-style-type: none"> Provision of Recreational Ladies Football Opportunities – Mum and Me Provision of Active GAA in Clubs through Active Clubs - Physical activities in clubs (yoga, keep fit, circuits, couch to 5k).
Public Health Agency (PHA)	<ul style="list-style-type: none"> Actions outlined in PA7 may also be relevant to this theme PHA supported increased participation in physical activity among older people through a range of investments at obesity prevention/physical activity interagency forum level including training for trainer courses to promote and deliver: (1) Movement to Music; (2) Chi Me; (3) Boccia; (4) Inclusive Skills; (5) Walk Leader training (Walking for health programme); and (6) Other relevant programmes. The Physical Activity Referral Scheme continues to be supported in most local council areas. A programme to increase active travel in 12 disadvantaged communities in Belfast, the Community Active Travel (CAT) project, was procured in 2016 and Sustrans were appointed in November 2016 to roll out a three year pilot. This programme is open to all age groups. Active Belfast is implementing an Active Ageing Action Plan in line with the Active Belfast Plan. <ul style="list-style-type: none"> During 17/18 Get Active Belfast supported a range of programmes see PA7. Programmes specifically targeting disabled adults include:

	<ul style="list-style-type: none"> ○ Condition Specific Level IV (PA 7,PA 8, PA 9, PA 10 PA 11) ○ Belfast Community Sports Development worker (BCSDN); KEY – Keep Empowering Yourself (PA 11) ○ South Belfast Partnership Board; Up & At It PA 11) ○ St James Forum (PA7, PA9, PA 11) ○ Willowfield Parish Community Association; Willowfield Community Gym (PA 7, PA 9, PA 11) <ul style="list-style-type: none"> ● In 2016-17/2017-18, the PHA continues to fund ArtsCare to run the ‘Here and Now’ older people’s arts festival across Northern Ireland. The aim was to enhance the well-being and quality of life of Older People through access to participation in high quality arts activities across a variety of art forms including dance. ● The Healthy Towns funding programme in the western area provides opportunities to be physically active for older people. Programmes funded include physical activity programmes for both men and women. This included an Aqua Legends Programme, Chi Me, Bocci, Kurling and a Chair/Walk Programme. ● The Physical Activity Co-ordinator in the Southern Trust area continued to offer physical activity opportunities for older people through the community-based strength and balance programmes and chair based activity training in agreed localities to specific audiences in response to local needs. ● The Southern Strategic Health Improvement Partnership (comprising PHA, SHSCT, Southern Local Commissioning Group, Armagh, Banbridge, Craigavon, Dungannon and Newry and Mourne Councils and NI Housing Executive) has identified older people as a priority population group for the next three years. Work is underway to establish “Good neighbourhoods for Ageing Well” in five pilot sites across the locality, which has included opportunities for older people to be physically active. ● Mid Ulster District Council, the Public Health Agency (PHA), NHSCT and SHSCT are continuing to implement the ‘Make a Change’ project, working with older people to help improve their physical activity, nutrition, mental health and wellbeing. The ‘Make a Change’ initiative involves Health Support Officers providing one-to-one support to people from the target group to help them make a change for the benefit of their health. The themes identified are physical activity and healthier eating, with an emphasis on how these can contribute to mental health and wellbeing. ● Active ageing programmes are being supported by the PHA northern team in conjunction with Mid and East Antrim Borough Council and are delivered by Everybody Active coaches. ● PHA in the south eastern area has been involved in the QUB Walk with me study.
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Target Number:	PE12
Target Details:	By 2010 to have a fully operational Sports Institute that supports 100 athletes per annum to achieve improved high performance sport outcomes.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Baseline Position:	New Measure
Current Position	The Sport Institute is fully operational and supports c100 athletes per annum to achieve high performance sport outcomes.
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> The Institute is now operating as the high performance 'arm' of Sport NI. Sports benefit from support in terms of how to manage their high performance programmes, and through provision of sport science and sport medicine services delivered from the Institute base at Jordanstown, from SNISI training centres (Bangor, Lisburn, Belfast), sports facilities/training venues across NI and national and international locations as required.
Ulster Council Gaelic Athletic Association (UCGAA)	<ul style="list-style-type: none"> Support from SNI in the delivery of services to service providers – performance lifestyle and performance analysis
Irish Football Association (IFA)	<ul style="list-style-type: none"> Links in with IFA Female Performance Academy at UU.

Target Number:	PE13
Target Details:	By 2010 to win at least five medals at the Delhi Commonwealth Games.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Baseline Position:	2 Medals Won (Melbourne, 2006)
Current Position:	10 Medals Won (Delhi, 2010)
Contributing Member	Progress
Sport Northern Ireland, NI Commonwealth Games Council, Governing bodies of Commonwealth Games sports.	<ul style="list-style-type: none"> The Delhi 2010 Commonwealth Games took place from 3rd - 17th October 2010. SNI chaired and facilitated the Delhi 2010 Preparation Committee which met 18 times between July 2007 and September 2011. The Committee comprised representatives from the NICGC, governing bodies, SNI and SINI and in its advisory role, the Committee aimed to contribute to the objective of improving the athletic performance and competitive potential of athletes at the Games. The Committee is currently producing a report on the preparations and performance of the NI Team in Delhi, with a view to putting forward recommendations which can inform the planning for Glasgow 2014. In 2010, SNI invested £40,000 in the NICGC to offset some of the costs of presenting the NI Team in Delhi. In addition, SNI, through the ASP invested £304,273 in 15 governing bodies in respect of 48 athletes who were members of the Northern Ireland Delhi Team. This investment was for the training, coaching and competition programmes (excluding attendance at the Games) for the athlete during 2010 (in most cases January to December 2010). Within the 48 athletes, 12 also benefited from living costs awards (included in the above figure), which assisted the athlete to train on a full-time or part-time basis. SINI provided sports science and medical services to 25 athletes in the year prior to the Games and in the final three months of preparation offered services to include the wider team membership of 81. Through the Performer Development Centres (PDC), services such as strength and conditioning, physiotherapy and performance lifestyle were provided to 18 members of the Northern Ireland team. Ten medals (including 3 gold, 3 silver and 4 bronze medals) were won in Delhi 2010 in boxing (5), cycling (2), shooting (2) and bowls (1).
Chief Leisure Officers Association (CLOA)	<p><u>Armagh City Banbridge and Craigavon Borough Council</u></p> <ul style="list-style-type: none"> Council funds the Armagh Banbridge Craigavon Sports Forum to ensure that support is given to talented athletes competing at provincial level or higher, from across the region in the form of talented athlete grants by allowing free access to facilities for training through a Silver Card scheme.

Target Number:	PE14
Target Details:	By 2011 to ensure that all Sport Northern Ireland funded governing bodies are 'fit for purpose' organisations.
Target Deadline:	2011 (Short Term) – Timeline for the achievement of PE14 has been changed to 'By 2015' (Approved by SMMG June 2013).
Status:	ACHIEVED
Baseline Information:	24% of Sport Northern Ireland funded governing bodies are fit for purpose (2007-08 Governance and Management Audit).
Current Position:	100% of Sport Northern Ireland funded governing bodies are fit for purpose (2015-16 Performance Focus Self Assessment)
Contributing Member	Progress
Sport Northern Ireland (SNI)	<p><u>Governing Bodies Engagement</u></p> <ul style="list-style-type: none"> • Sport NI has developed 28 governance expectations which the governing bodies funded through Sporting Clubs and Sporting Winners programmes should achieve within the 2017-21 period. Currently 43% of the expectations have been achieved by 34 governing bodies. • The UK Equality Standard was launched in March 2012. At 30th September 2017, 14 sporting organisations have achieved foundation level and 4 have achieved preliminary level. • At 30th September 2017, a total of 29 governing bodies funded by Sport NI have attained a 'satisfactory' level of assurance following an NSPCC Safeguarding in Sport assessment. • Sport NI continues to implement a policy of recognising governing bodies of sport using criteria that demonstrates that minimum governance and operating standards are in place. An online process has been developed for recognised sports to submit documentation annually to evidence that they continue to achieve the recognition criteria. <p><u>Anti-Doping</u></p> <ul style="list-style-type: none"> • A total of 34 governing bodies funded by Sport NI through Sporting Clubs and Sporting Winners programmes continue to be World Anti-doping Code Compliant. • The Clean Sport/Pure Winner strategy has been implemented to ensure that Governing Bodies and other key organisations are supported to meet their responsibilities in relation to the World Anti-Doping Code. Sport NI has focused on building capacity within the governing bodies of sport by training and supporting 23 educators across 11 sports to provide accurate Clean Sport education and guidance to their athletes' coaches and support personnel. • The Pure Winner Major Games programme was successfully completed for Bahamas Commonwealth Youth Games 2017 and work is progressing with NI Commonwealth Games Council Team NI for the Gold Coast 2018 according to the UK Major Games Policy. <p><u>Strategic Partnership Management</u></p> <ul style="list-style-type: none"> • UK Sports Governance Group – Sport NI has attended 2 meetings of this group and influenced the development and implementation of sport specific codes of good governance and shared best practice and intelligence across the sports landscape in the UK. • All Ireland Sports Governance Group – Sport NI has attended 1 meeting of this group and shared best practice and intelligence across the sports landscape in Ireland. This has resulted in a more joined up approach to addressing governance issues in sports of shared interest between Sport NI and Sport Ireland.

	<ul style="list-style-type: none"> UK Leadership Programme – Sport NI has engaged in 1 meeting of the UK Leadership programme focussed on sharing an update of current work in developing leadership across the UK and planning future work for leadership development and opportunities for a shared approach. Sport NI is represented on the NI Developing Good Governance Group and has attended 2 meetings of this group and gathered information on current governance matters and legislative requirements (e.g. GDPR) to inform current and future focus of work with governing bodies. <p><u>Capacity Building/Education Opportunities</u></p> <ul style="list-style-type: none"> Information regarding Charities and CASC legislation was delivered to 15 Local Authority Sports Development Officers as part of the North West Coaching Network.
Chief Leisure Officers Association (CLOA)	<p><u>Derry and Strabane Council</u></p> <ul style="list-style-type: none"> Support and assist clubs meet the minimum requirements both in relation to Council funding and external funding. Assist in the delivery of ‘Clubmark’ initiatives through the North West Coaching Network. Work in partnership with NGB’s to develop capacity and good working practices within local clubs Ensured that all groups seeking funding, extended lets and award status are affiliated to a governing body that is recognised by SNI. Advocated that all sporting organisations adhere to governing body model of best practice and have the correct governance arrangements in place. <p><u>Armagh City Banbridge and Craigavon Borough Council</u></p> <ul style="list-style-type: none"> The SD Action Plan for 2015 -2017 sets this out as a priority area of work for Sports Development. Officers from SD work closely with the ABC Sports Forum to ensure that support is given to clubs to communicate best practice models. Recognition given to clubs in receipt of Clubmark / Clubmaith etc in the form of a grant and also in regard to celebration of the achievement at the Sports Awards ceremony. Sports Clubs are eligible to apply to the Council’s Financial Assistance Policy Council delivering Sport NI EBA 2020 Small Grants programme which allows for development of coaches.
UK Sport (UKS)	<ul style="list-style-type: none"> Leadership: A representative from Sport NI joins quarterly meetings (UKS, SE, SW, SS and SNI) either by phone or in person, to share best practice and what we are doing regarding Leadership Development. Corporate Governance: Regular consultation with the Governance leads in SNI took place on the drafting and publication of the new UK Governance Code, launched on 31 October 2016. Quarterly meetings of the five sports councils governance group continues, where the group share common challenges with funded bodies, and best practice. The group also receives updates on funded organisations’ progress towards compliance with the Governance Code. UK Sport also continued to work with the UK Recognition Panel, which consists of representatives from all the HCSCs, to complete the process of revising the Recognition Policy and appeals rules, which was signed off by Chief Officers Group and is now being disseminated by each HCSC to their constituent sports governing bodies. Standards: Both the UKS Standards Coordinator and Edel Cosgrove work together on the Equality Standard through the Sports Council Equality Group (SCEG). This group looks at issues facing sports around Equality and Diversity and share best practice and advice.
Irish Football Association (IFA)	<ul style="list-style-type: none"> IFA has regular self-analysis in this area
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> NISF held Sports Law Conference in November 2016 which had a theme of Equality & Good Governance NISF provided Access NI Support for over 20 member organisations NISF represented the sector on the Fundraising Regulator Working Group to improve fundraising practices.

	<ul style="list-style-type: none">• NISF coordinated the development of the Sports Governance Guide which is due for launch on 9th November.• NISF consulted with member organisations on their future strategic needs in development of a new Strategic Plan.
Ulster Council Gaelic Athletic Association (UCGAA)	<ul style="list-style-type: none">• Ulster GAA have a robust governance grading.
Student Sport Ireland (SSI)	<ul style="list-style-type: none">• SSI's Finance and Governance Committee oversees all SSI operations including financial, regulatory and operational oversight and compliance• SSI has initiated the journey to be compliant with the <i>Governance Code for Community, Voluntary and Charitable Organisations</i>• SSI accounts are audited annually by an external auditor and submitted to the Company Registration Office.

Target Number:	PE15
Target Details:	By 2014 to win at least five medals at the Glasgow Commonwealth Games
Target Deadline:	2014 (Medium Term)
Status:	ACHIEVED
Baseline Position:	10 Medals Won (Delhi, 2010)
Current Position:	12 Medals Won (Glasgow, 2014)
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> In the period April 2013-March 2014, SNI invested £409,545 in sports costs and £98,584 in living costs in support of 48 athletes and 4 squads in 12 of the 17 sports included in the Glasgow 2014 Commonwealth Games. In addition, in 2013-14, SNI invested £1,216,946 in 15 Commonwealth Games sports (including the NI Commonwealth Games Council), to support the employment of staff as well as resources for programmes (although not all investment is focused on the high performance element of the sport). In the period April 2014- March 2015, SNI invested c. £500,000 in sports costs and living costs in support of 99 athletes and 5 squads in 12 of the 17 sports included in the Glasgow 2014 Commonwealth Games.
UK Sport (UKS)	<ul style="list-style-type: none"> As per the last progress update, UK Sport actively encouraged engagement around CWGs between WCPs and their HN colleagues. As per the last progress update, CWG medal achievement is one of five core objectives for the UK High Performance System Strategy led by the High Performance Strategic Advisory Group (HPSAG).
Northern Ireland Commonwealth Games Council (NICGC)	<p><i>2014 Glasgow Games</i></p> <ul style="list-style-type: none"> Total of 12 medals won at Glasgow 2014: 2 Gold, 3 Silver; and 7 Bronze. <p><i>2017 Bahamas Commonwealth Youth Games and 2018 Gold Coast Commonwealth Games</i></p> <ul style="list-style-type: none"> The NICGC, in partnership with SNI, has met with all relevant governing bodies as part of the assessment process for allocating athlete numbers per sport for each Game. This has also helped to ascertain the level of service provision required for the preparation of athletes and coaches. Supported by UK Anti-Doping and the relevant Sports Councils, the NICGC has worked in partnership with other home nation Commonwealth Games Associations, the BOA and the BPA to develop an educational framework for all athletes, coaches and support staff attending major multi-sport Games. This will be implemented for the 2017 Bahamas Commonwealth Youth Games. A Review and Resolve Group has been agreed with SNI to act as an oversight body for the preparations for Gold Coast 2018. This group will constructively challenge the Team Management so that performances may be maximised. <p><i>2021 Commonwealth Youth Games</i></p> <ul style="list-style-type: none"> Following the preparation of a bid by the NICGC, the 2021 Commonwealth Youth Games were awarded to Belfast in January 2016. These Games will involve children born 2003 to 2006. A total of 1000 athletes and 500 support staff will take part in a world class sporting event. Previous Youth Games participants include Carl Frampton, Michael Conlan, Beth Tweddle, Jessica Ennis-Hill, Heather Watson and Geraint Thomas. Games aim to provide gender equity and will therefore see a general promotion of participation amongst children but with an emphasis on girls. Participating governing bodies will have to ensure highest standards of governance and engage in a programme to increase technical capabilities.

	<ul style="list-style-type: none">To date, the Stormont Executive has not yet confirmed funding to support hosting the Commonwealth Youth Games in 2021. Following the preparation of an updated economic appraisal by Deloitte in April 2016, the case is now sitting with the Minister for Economy. Total Cost - £4.4m (NI Executive - £2.5m; Local Authorities - £0.5m and Self-fund - £1.4m [£0.6m already secured]).
Sports Coach UK (ScUK)	<ul style="list-style-type: none">Through the Inspire programme sports coach UK has provided support to Ciaran Ward who coached Lisa Kearney to Judo Bronze in the women's 52kg

Target Number:	PE16
Target Details:	By 2019 to have implemented nationally recognised coach accreditation systems in all Sport Northern Ireland funded governing bodies.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Baseline Information:	55% of Sport Northern Ireland funded governing bodies of sport in Northern Ireland are currently implementing nationally recognised coach accreditation systems (2008-09)
Current Position:	91% of Sport Northern Ireland funded governing bodies of sport in Northern Ireland are currently implementing nationally recognised coach accreditation systems (2013-14)
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> 97% of SNI funded governing bodies of sport, through PerformanceFocus investment to 31st March 2017, have nationally recognised coach accreditation systems in place. SNI has worked with 27 governing bodies of sport to implement effective systems for the development of coaching, aligned to either UK or All-Ireland structures. SNI, in partnership with both Coaching Ireland and sports coach UK, continue to work closely with all funded governing bodies to identify key areas for development associated with developing and implementing the UK Coaching Certificate and the Coaching Development Plan for Ireland. SNI has awarded investment to 21 sporting organisations through Sporting Clubs 2017-21, this will deliver the benefit of sustained increases in club membership across the four year period of investment and deliver improvements aligned to club accreditation, volunteer, coaching and officials development. SNI has facilitated a regular cycle of Network events as a means of learning and sharing for sports organisation staff members who are directly engaged in Club and Workforce Development. SNI facilitated the Accelerate '17 conference on 25th September 2017 in Titanic Belfast. Over 100 delegates were in attendance to learn and share best practice within the club and workforce spectrum. SNI hosted the 2017 UK Coaching Summit in partnership with UK Coaching at the Slieve Donard Hotel, Newcastle with over 180 delegates in attendance to learn and share best practice in the coaching environment.
Ulster Council Gaelic Athletic Association (UCGAA)	<ul style="list-style-type: none"> GAA Coach Accreditation is through Coaching Ireland at Foundation, Level 1 and Level 2 GAA rule has initiated Level 2 s a minimum requirement for Inter County Coaches
Chief Leisure Officers Association (CLOA)	<p><u>Lisburn & Castlereagh City Council</u></p> <ul style="list-style-type: none"> Sports Development – coaches with appropriate Governing Body qualifications. Sports Lisburn and Castlereagh – fund coaches to attend coaching courses and provide opportunity to improve knowledge and experience. Club mark – Clubs to have qualified coaches.
Ulster Branch Irish Rugby Football Union (UBIRFU)	<ul style="list-style-type: none"> First two coach education courses on IRFU Coach Education Pathway have been verified by Quality & Qualifications Ireland (QQI) and have been placed on the National Framework for Qualifications (Ireland). Now aiming for verification of these courses by OFQUAL in NI.

	<ul style="list-style-type: none">• Currently consulting with NOCN to validate the awards and place them on the NQF (National Qualifications Framework) available for UK students.• The IRFU have undertaken a review of coaching course content through stages 1 to 3 during 2015/16• All courses on the IRFU coaching pathway have been reviewed throughout 2016/17 with recommendations to improve online learning facilities through the next 12 months.
UK Sport (UKS)	<ul style="list-style-type: none">• UK Sport offers support to NI coaches directly through “Project Connect” Grants, which are awarded to SNI to run coach development activities that are delivered under the supervision/with the endorsement of the UK Sport Coaching team.
Irish Football Association (IFA)	<ul style="list-style-type: none">• IFA Coach Education programme thriving and works closely with Sport NI were appropriate.

Target Number:	PE17
Target Details:	By 2019 at least 100 Northern Ireland athletes to have attained medal success at the highest level in their sport including European, World and Olympic/Paralympic level.
Target Deadline:	2019 (Long Term)
Status:	ACHIEVED
Baseline Information:	22 NI athletes attained medal success at t the highest level in their sport including European, World and Olympic/Paralympic level (2006-07).
Current Position	105 NI athletes attained medal success at the highest level in their sport including European, World and Olympic/Paralympic level (2015-16).
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • While the medal target has been already achieved, at World and European level a further 10 medals were won during the reporting period. • Also within this reporting period, Sport NI has taken steps to build on the medal success achieved to date. • A major vehicle for this was the Sporting Winners Investment Programme 2017-21. • Decisions regarding this programme were made in November 2016 and investments into successful sports has now begun for the 2017-21 cycle. • This SW Programme was targeted at sports able to demonstrate nationally aligned high performance programmes and with athletes able to deliver performance benefits (including medals) at the highest level. Decisions made took account of value for money (performance benefits vs. investment costs), and viability (as indicated by the sports recent track record of performance and quality of strategic planning around how identified athletes are supported in order to deliver performances targeted. Given the climate of falling lottery balances and the prediction of continued reductions over the investment period, the overall affordability of the Sporting Winners Investment programme was a key factor in the investment option selected by the SNI Board.
Chief Leisure Officers Association (CLOA)	<p><u>Derry and Strabane Council</u></p> <ul style="list-style-type: none"> • Provide opportunities for athlete support through Council initiatives and delivery of talent ID programmes in partnership with NGB's • Provide world class facilities to assist in the training an preparation of athletes, such as Foyle Arena and Melvin Sports Complex <p><u>Armagh, Banbridge and Craigavon District Council</u></p> <ul style="list-style-type: none"> • Council funds ABC Sports Forum to support talented athletes across the region in the form of grant aid free access to facilities for training through a Silver Card scheme. <p><u>Lisburn & Castlereagh City Council</u></p> <ul style="list-style-type: none"> • Sport Lisburn and Castlereagh - recognition of local sporting individuals with monthly and annual sports awards • Elite Athlete Club - provides free use of quality training facilities for top athletes • Partnership with clubs and GBs - hosting and providing financial support for regional and national events such as Orienteering, Gymnastics, Badminton, Netball • Sports Development programmes - club Development to provide a pathway from beginner/recreational to elite athlete. • Provide financial assistance for elite athletes to offset costs associated with competition and training.

UK Sport (UKS)	<ul style="list-style-type: none"> • UKS currently provides athlete funding to 15 Northern Ireland athletes on World Class Programmes. 11 of those athletes are on Podium Potential and 4 are on Podium programmes. • As per the last update, UK Sport continues to work closely with SNI via the High Performance Strategic Advisory Group (HPSAG), whose membership consists of the HCSCs, UKS and EIS. This group meets quarterly to address how resources in all the HCSCs and UKS can be aligned to maximise medal success. • Since the last update, SNI has been involved in a collaborative project with HPSAG and the HCSIs to develop and deliver an online common portal for sports science, sports medicine, and performance lifestyle practitioners. This will enhance the performance and development of NI practitioners and increase their ability to support NI world class level athletes. • Further to the last progress update regarding ETCs (in PE 20), SNI have continued to be involved in the sharing of best practice around elite training centres (ETC) through HPSAG ETC tours, and received further invitations for SNI staff to ETC Networking Days (run by UKS ETC Advisor Duncan Rolley). Future plans for HPSAG and for UKS representatives to visit NI to further discuss and share best practice have been made for November 2017 and for early 2018.
Disability Sports Northern Ireland (DSNI)	<ul style="list-style-type: none"> • <i>Athlete Support:</i> Although the majority of talented athletes are now being managed and supported by their relevant mainstream Governing Body of Sport, in line with Sport NI's 'Disability Mainstreaming Policy' Disability Sport NI continued to directly manage and support 4 Paralympic athletes during the period. • <i>Disability Performance Pathways:</i> Disability Sport NI has continued to support mainstream Governing Bodies of Sport with the delivery of a range of participation and competition initiatives in the sports of Athletics, Angling, Football, Cycling, Sailing, Triathlon, Swimming and Wheelchair Rugby. Three Governing Bodies of sport, the Irish Football Association and Athletics NI and Ulster Rugby have now been awarded Disability Sport NI's Inclusive Sport Award. • <i>Northern Ireland Boccia Squad Programme</i> for Northern Ireland's most talented players managed during the period. • <i>Northern Ireland Wheelchair Basketball Performance Programme</i> implemented during the period. • <i>Disability Sport NI Disability Classification Service:</i> Disability Sport NI continued to provide a classification service to local athletes during the period, which is essential to their participation in competitive/elite sport. This involved providing information and advice on classification to individual athletes, parents and sports organisations.
Student Sport Ireland (SSI)	<ul style="list-style-type: none"> • Five high performance Northern Ireland student athletes completed at the multi-sport World University Games held in Taipei City, Taiwan in August 2017. The World University Games is second only to the Olympics in terms of competing numbers.

Target Number:	PE18
Target Details:	PE18a - By 2019, to have established a baseline for the % of adults who have coached in the last year in a paid capacity PE18b - By 2019, to have established a baseline for the % of adults who have coached in the last year in a voluntary capacity
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland	<ul style="list-style-type: none"> • Sport Northern Ireland has provided support to UK Coaching to roll-out the UK Coaching Population survey including a boosted sample for Northern Ireland. • Sport Northern Ireland has instigated and financially supported pilot projects with 10 governing bodies of sport to recruit and support more females within the coaching population, with technical support from Sports Coach UK. • Sport Northern Ireland has awarded investment to 21 sporting organisations through Sporting Clubs 2017-21, this will deliver the benefit of sustained increases in club membership across the four year period of investment and deliver improvements aligned to club accreditation, volunteer, coaching and officials development. • Sport Northern Ireland has provided direct learning support through coach development workshops, seminars and conferences. • Sport Northern Ireland has worked with 27 governing bodies of sport to implement effective systems for the development of coaching, aligned to either UK or All-Ireland structures. Sport Northern Ireland, in partnership with both Coaching Ireland and sports coach UK, continue to work closely with all funded governing bodies to identify key areas for development associated with the effective recruitment, education and retention of coaches. • Sport Northern Ireland has facilitated a regular cycle of Network events as a means of learning and sharing for sports organisation staff members who are directly engaged in Club and Workforce Development. • Sport Northern Ireland facilitated the Accelerate '17 conference on 25th September 2017 in Titanic Belfast. Over 100 delegates were in attendance to learn and share best practice within the club and workforce spectrum. • Sport Northern Ireland hosted the 2017 UK Coaching Summit in partnership with UK Coaching at the Slieve Donard Hotel, Newcastle with over 180 delegates in attendance to learn and share best practice in the coaching environment.
Chief Leisure Officers Association (CLOA)	<p><u>Derry and Strabane Council</u></p> <ul style="list-style-type: none"> • PE18a – PE18b – delivery of a coach development and training audit with subsequent training provided. • Work in partnership with NGB's to deliver course and qualification required to enable a coach to work on their own. • Implement recruitment process for casual coaches who must comply with Council minimum operating standards for employment and establish a database of coaches locally • Delivery of a coach mentoring development programme to assist development. • Council Grant funding scheme provided opportunity for individual Grants for staff/coaches for further development i.e. Gateway to coaching awards scheme • Council has in post 7 full-time equivalent multi-sports coaches / physical activity leaders through the Sport NI Active Communities programme for the reporting period and EBA 2020. These coaches not only have the appropriate qualifications and experience to deliver but during this reporting

	<p>period have undertaken comprehensive Continuous Professional Development. Numerous casual multi sports coaches employed delivering physical activities sessions.</p> <ul style="list-style-type: none"> • Local coaches paid through council let programmes such • Development of volunteering opportunities i.e. parkrun community <p><u>Armagh City Banbridge and Craigavon Borough Council</u></p> <ul style="list-style-type: none"> • Council has 4 full-time equivalent multi-sports coaches / physical activity leaders, and a further 3 Coaches on 30hr per week contracts through the Sport NI EBA 2020 programmes for the reporting period. These coaches not only have the appropriate qualifications and experience to deliver but during this reporting period have undertaken comprehensive Continuous Professional Development. • Council has extensive swimming, watersports, outdoor pursuits, gymnastics, archery, cycling and skiing programmes and has instructors / coaches / teachers employed to deliver these. • Council also has 30 casual multi sports coaches employed delivering physical activities sessions for the Sport in the Community Projects, including the MUGA Sports Project, Midnight Street Soccer, DV8 Youth Sport Project. • Council provides structured opportunities for people to access sports specific and generic courses through Sports Development and the work that it does through the Sporting Pathways project. • Council funds the ABC Sports Forum to enable it to provide grant assistance to clubs to support the cost of volunteers undertaking NGB awards at a suitable level and to provide grant assistance to clubs that may wish to bring “expert” coaching advice to its coaches. • The ABC Sports Forum recognises the valuable role played by volunteer coaches at both the Junior and Senior Sports Awards. <p><u>Lisburn & Castlereagh City Council</u></p> <ul style="list-style-type: none"> • Working with Volunteer Now, Schools and SERC to provide opportunities for young volunteers at events. • Training programme – provide opportunities for volunteers to get relevant qualifications. • Sports Development Unit and Sports Facilities - employment of coaches and leaders to deliver sports development and holiday programmes • Employment of 4 x EBA2020 Coaches/Development Officers.
Ulster Branch Irish Rugby Football Union (UBIRFU)	<ul style="list-style-type: none"> • During the 2016/17 season within Ulster our coaching audit shows: <ul style="list-style-type: none"> ○ 1000 Coaches delivered rugby through clubs within Ulster ○ 259 Coaches delivered rugby through Schools of Ireland schools within Ulster.
Irish Football Association (IFA)	<ul style="list-style-type: none"> • IFA have over twenty thousand coaches working in voluntary capacity across NI and about 100 coaches being paid.
Ulster Council Gaelic Athletic Association (UCGAA)	<ul style="list-style-type: none"> • GAA contribute approximately 75 paid coaches to the baseline figure • GAA contribute approximately 15,000 coaches to the voluntary coaches baseline figure.
Outdoor Recreation Northern Ireland (ORNI)	<ul style="list-style-type: none"> • 53 Volunteer Walking in Your Community Leaders trained during the period.

Department of Education (DE)	<ul style="list-style-type: none">• DE continued to contribute towards participation in PE through its funding of the Curriculum Sports Programme. The programme aims to improve both the physical literacy skills of our youngest pupils (Foundation & Key Stage 1) and the skills and confidence of teachers in delivering PE.• During the 2016/17 school year, approximately 50 coaches delivered the programme in 450 schools, reaching over 36,000 pupils. The coaches provide between 30 and 60 minutes per week for each participating class, depending on the age group of the class.• Due to budgetary constraints DE announced that funding for the Curriculum Sports Programme would cease on 31 October 2017. However, following the allocation of additional monies to DE, funding for the programme will now continue until 31 March 2018.
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Target Number:	PE19
Target Details:	PE19a - By 2016 to have 15-20 athletes qualify for the Rio Olympic and Paralympic Games. PE19b - By 2018 to win at least XX medals at the Gold Coast Commonwealth Games. (Note: unable to confirm medal target at this stage)
Target Deadline:	2016 and 2018 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> PE 19a achieved. PE19b - NICGC has not yet made comment regarding the medal target set for Team NI at the Gold Coast Commonwealth Games. This is likely to be determined following final selections. In this reporting phase, SNI staff have been engaged supporting the NI Commonwealth GC staff at meetings with sports to consider athletes, preparation and potential targets. Sports will make their athlete nominations to the NICGC in December 17 with selections confirmed by the NICGC in January. Via the Review & Resolve Group SNI staff have also worked alongside the NICGC to review team preparation and manage risks and opportunities. SNI has invested in the Gold Coast preparation through its Sporting Winners investments into Commonwealth Sports and the NICGC. The Sports Institute continues to support the preparation of athletes with the potential to achieve top 8 performances or medals. In addition the Sports Institute has released staff to provide support to the NICGC during Team NI preparation activities.
Chief Leisure Officers Association (CLOA)	<p><u>Derry and Strabane Council</u></p> <ul style="list-style-type: none"> Through Council grants scheme, supported over 18 potential elite athletes from April 2016. Council Grant funding support provided for potential elite athletes and clubs. <p><u>Armagh City Banbridge and Craigavon Borough Council</u></p> <ul style="list-style-type: none"> Council funds ABC Sports Forum to support talented athletes across the region in the form of grant aid free access to facilities for training through a Silver Card scheme.
Disability Sports Northern Ireland (DSNI)	<ul style="list-style-type: none"> <i>Rio 2016 Paralympic Games:</i> 9 athletes with disabilities from Northern Ireland represented Paralympics Ireland (5 athletes) and Paralympics GB (4 athletes) at the 2016 Rio Paralympic Games with three of the athletes securing a total of five gold and one silver medal. Although the majority of talented athletes are now being managed and supported by their relevant mainstream Governing Body of Sport, in line with Sport NI's 'Disability Mainstreaming Policy' Disability Sport NI continued to directly manage and support 4 Paralympic athletes during the period <i>2018 Winter Paralympic Games:</i> Disability Sport NI continued to directly manage and support 1 Paralympic athlete working towards medal success at the 2018 Winter Paralympic Games during the period.
UK Sport (UKS)	<ul style="list-style-type: none"> As stated in PE17, UKS works closely with Sport NI as part of the HPSAG group to support the development of a high performance system across the UK which aligns with the home country programmes. PE17 applies to this target. As per the last update, UKS will support the achievement of Northern Irish medal success at the 2018 Commonwealth Games in line with its current formal policy position on the Games. Essentially, this means that UKS will encourage UK Performance Directors in Commonwealth Games sports to:

	<ul style="list-style-type: none">○ Pro-actively engage with their Northern Ireland governing bodies and the NICGC to maximise the opportunity that the Games presents;○ Position the Games appropriately in the strategic plans of their sport; and○ Attend the Games and support the inclusion of World Class programme athletes from Northern Ireland in the Northern Ireland Commonwealth Games team (PE19b).
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Target Number:	PE20
Target Details:	By 2019 to have secured a world class system for athlete development consisting of services, facilities and competition following the hosting of the Olympic and Paralympic Games in London 2012.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Student Sport Ireland (SSI)	<ul style="list-style-type: none"> More than €11 million per annum is invested by colleges in the provision of sport and physical activity. Representative/competitive sports clubs received 44% of the current allocation. Almost 1,100 full-time and part-time staff are employed in colleges in support of sport and physical activity. The <i>Student Activity and Sports Study Ireland (2016)</i> indicated a planned investment of almost €55 million in indoor and outdoor facilities by colleges during the period 2015 – 2019.
Irish Football Association (IFA)	<ul style="list-style-type: none"> IFA has youth strategy 2015-2025 Let Them Play.
Disability Sports Northern Ireland (DSNI)	<ul style="list-style-type: none"> <i>Disability Performance Pathways:</i> Disability Sport NI continued to supported mainstream Governing Bodies of Sport with the delivery of a range of participation and competition initiatives in the sports of Athletics, Angling, Football, Cycling, Sailing, Triathlon, Swimming and Wheelchair Rugby. Three Governing Bodies of sport, the Irish Football Association and Athletics NI and Ulster Rugby have now been awarded Disability Sport NI's Inclusive Sport Award. <i>Disability Sport NI Classification Service:</i> Disability Sport NI continued to provide a classification service to local athletes during the period, which is essential to their participation in competitive/elite sport. This involved providing information and advice on classification to individual athletes, parents and sports organisations.
UK Sport (UKS)	<ul style="list-style-type: none"> As per the last update, UKS support to SNI's securing of a world class system for athlete development continues through HPSAG (See PE17 and PE19 above). As per PE17 above, SNI has been involved in a collaborative project with HPSAG and the HCSIs to develop and deliver an online common portal for sports science, sports medicine, and performance lifestyle practitioners. This will enhance the performance and development of NI practitioners and increase their ability to support NI world class level athletes. As per PE17 above, further to the last progress update regarding ETCs (in PE 20), SNI have continued to be involved in the sharing of best practice around elite training centres (ETC) through HPSAG ETC tours, and received further invitations for SNI staff to ETC Networking Days (run by UKS ETC Advisor Duncan Rolley). Future plans for HPSAG and for UKS representatives to visit NI to further discuss and share best practice have been made for November 2017 and for early 2018. As per the last progress update, UKS Major Event's team continues to maintain regular contact with Tourism NI. Both Tourism NI and Sport NI have been invited to attend UK Sport's Major Event Partners Day in October 2017.
Chief Leisure Officers Association (CLOA)	<p><u>Derry and Strabane Council</u></p> <ul style="list-style-type: none"> Delivery of Talent-ID and development schemes/programmes in partnership with NGB's Hosting international standard competitions locally

- Continue to develop our leisure provision as per Foyle Arena and Melvin Sports Complex to assist with elite athlete development
- Promotion and highlighting of elite sport through programmes initiatives such as the Sports Awards and Gallery of Sporting Legends.
- Developing Council venues suitable for elite participation.
- Actively making venues available for elite participation.
- Through Council Grant funding supported potential elite athletes and clubs..
- Link with national governing body pathways, introductory programmes have a sustainable pathway and link to established recognised clubs.

Armagh City Banbridge and Craigavon Borough Council

- Council is in the process of developing two large-scale capital projects, which will be 'Centre of Excellence' standard sporting facilities, and will have a significant impact on the level of high quality indoor & outdoor provision. One facility aims to be completed by 2020 and the second to be completed by 2025

Target Number:	PL21
Target Details:	By 2010 to initiate a Northern Ireland certification process that will improve safety management and the fabric of the major stadiums in Northern Ireland, to comply with the Safety of Sports Grounds (Northern Ireland) Order (2006) and associated technical guidance.
Target Deadline:	2010 (Short Term)
Status:	ACHIEVED
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> The Safety of Sports Grounds (NI) Order was introduced in February 2006. Thirty sports grounds were designated in December 2009. Thirty safety certificates have been issued to date by district councils. These certificates are reviewed and amended periodically. SNI is overseeing the implementation of the legislation and reporting to DfC. In addition, SNI has prepared and issued guidance to the district councils (and others) relating to procedural matters and interpretations of the legislation.
Ulster Council Gaelic Athletic Association (UCGAA)	<ul style="list-style-type: none"> Ongoing work being completed around grounds in relation to safety. President's Awards for the quality of GAA Grounds.
Irish Football Association (IFA)	<ul style="list-style-type: none"> IFA co-operates fully with all relevant partners in this area.

Target Number:	PL22
Target Details:	By 2014, and subject to Executive approval, to have developed major sports stadiums to meet the strategic needs of Football, GAA and Rugby on an operationally viable and commercially sustainable basis in Northern Ireland.
Target Deadline:	2014 (Medium Term)
Status:	ON TRACK FOR ACHIEVEMENT BUT WITH SOME DELAY
Contributing Member	Progress
Ulster Branch Irish Rugby Football Union (UBIRFU)	<ul style="list-style-type: none"> • Kingspan Stadium redevelopment completed on time and to budget.
Irish Football Association (IFA)	<ul style="list-style-type: none"> • IFA in state of readiness to support this development.
Ulster Council Gaelic Athletic Association (UCGAA)	<ul style="list-style-type: none"> • Planning Permission resubmitted in July for the development of the Casement Park site.
Student Sport Ireland (SSI)	<ul style="list-style-type: none"> • Facility Development Capital Programmes in place for QUB and UU.
Disability Sports Northern Ireland (DSNI)	<ul style="list-style-type: none"> • DSNI in partnership with the 'Inclusive Sports Facility Advisory Group' produced four updated sports facility and stadia design and management guidelines during the period. The new guidance documents which will be published in November 2016 have been developed to encourage facility operators and designers to develop sports facilities and stadia that are more inclusive of disabled people. A list of the guides is provided below: <ol style="list-style-type: none"> I. Guide 1: Accessible Sports Facilities Design Guidelines; II. Guide 2: Accessible Sports Facilities Management Guidelines; III. Guide 3: Accessible Sports Stadia Design Guidelines; and IV. Guide 4: Accessible Sports Stadia Management Guidelines.

Target Number:	PL23
Target Details:	By 2014 to have a minimum of 10 new or upgraded facilities that will support Northern Ireland player/athlete development in Olympic and Paralympic sports.
Target Deadline:	2014 (Medium Term)
Status:	ACHIEVED
Baseline Position:	New Measure
Current Position:	Since 2009, Sport Northern Ireland and district councils have made over 20 capital investments which may be deemed as making a contribution towards this target in that they support NI athlete development in Olympic and Paralympic sports.
Contributing Member	Progress
Sport Northern Ireland	<ul style="list-style-type: none"> The Sport NI facility Fund is a £17m investment into sports facilities for community (Single Facility Fund), club (Multi Facility Fund) and performance (Performance Facility Fund) use. Progress is as follows: <ul style="list-style-type: none"> Single Facility Fund - 6 projects have been completed and 11 are various stages of development; Multi Facility Fund – it is envisaged that the MFF will be launched in 2017/18; and Performance Facility fund – Sport NI is developing strategic cases for boxing, rowing and athletics. <p>The Boxing Investment Programme is nearing completion and has delivered 40 new or refurbished boxing facilities.</p>
Irish Football Association (IFA)	<ul style="list-style-type: none"> IFA in state of readiness to support this development.
Chief Leisure Officers Association (CLOA)	<p><u>Armagh, Banbridge and Craigavon District Council</u></p> <ul style="list-style-type: none"> Council is currently working with 5 sporting clubs / organisations who have successfully reached Phase 2 of the application for Sport NI’s Single Facility Fund. To date 1 project has completed, with the other 4 aiming to complete by Summer 2018 Council is currently working with a number of clubs across all league levels who have applied to DCAL / IFA Stadium Fund. This process has stalled at present due to the issues with Central Government. Council is currently working with a number of clubs who have expressed an interest in going into a formal partnership with Council to take over the management and development of a number of council owned sports facilities.

Target Number:	PL24
Target Details:	By 2015 to have amended public policy frameworks to protect and promote access to and sustainable use of publicly-owned land in Northern Ireland for sport and physical recreation.
Target Deadline:	2015 (Medium Term)
Status:	ACHIEVED
Current Position	Met through the introduction of two policies - Forestry Act (Northern Ireland) and the NI Water Recreation and Access Policy.
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • SNI has continued to advocate for the benefits of participation in outdoor recreation by supporting and resourcing the implementation of the Outdoor recreation Plan. The value of increased access to and use of the natural environment has also been highly visible in community consultation processes allied to the development of the 11 community planning processes; SNI has helped to facilitate and engage with that work. Sustainable access to and use of the natural environment is also acknowledged in the Sports Facilities Framework for NI and the emergent 11 Sports Facilities Area Reports in each of the district council areas. • Forest Service NI introduced legislation in 2010 that provides a statutory right of pedestrian access to all public forestry estate land • NI Water introduced a Recreation and Access Policy in 2013 to provide a framework for how they promote and manage access to water NI sites. • NIEA promote access for health and well-being at all country parks and also have a presumption of access to Nature Reserves and other designated sites provided that it does not conflict with the nature of designation or the species therein. • All of the 11 councils promote access for recreation, health and well-being through urban and country parks and this continues to be evidenced in the community plans. • SNI is not aware of any other policies within other public bodies at this time, however, the vast majority of public land that can be used for recreation is currently vested in Forest Service (90%), NIEA (4%) local councils (4%) and NI Water (1%). Therefore 99% of public land can be deemed to have public policy frameworks to protect and promote access to and sustainable use of publicly owned land in Northern Ireland for sport and physical recreation. • Public land comprises just over 6% of all of the land area in Northern Ireland.
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> • NI Sports Forum provides facility on website and social media for members to respond to appropriate consultations.
Chief Leisure Officers Association (CLOA)	<p><u>Derry and Strabane Council</u></p> <ul style="list-style-type: none"> • Council will work and comply with current legislation in relation to access etc. • Delivered Parkrun, triathlon, water sports, Couch to 5K, and outdoor physical play. • Increased promotion of usage of Council owned land and facility for Sport and recreation
Irish Football Association (IFA)	<ul style="list-style-type: none"> • IFA works with CAFÉ and relevant partners to ensure football stadia meet requirements.

Target Number:	PL25				
Target Details:	By 2019 to ensure that 90% of the population have quality accredited, multi sports facilities that have the capacity to meet demand, within 20 minutes travel time.				
Target Deadline:	2019 (Long Term)				
Status:	ON TRACK FOR ACHIEVEMENT				
Contributing Member	Progress				
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • The Sport NI facility Fund is a £17m investment into sports facilities for community (Single Facility Fund), club (Multi Facility Fund) and performance (Performance Facility Fund) use. Progress is as follows: <ul style="list-style-type: none"> ○ Single Facility Fund - 6 projects have been completed and 11 are various stages of development; 				
No. of Projects	Organisation	Programme	Grant Amount	Disposition Date	Status
1	Crewe United Football & Sports Club	Single Facility Fund	£19,800	04/10/2016	Design Award Only
2	Downshire Tennis Club	Single Facility Fund	£58,757	14/10/2016	Complete
	Downshire Tennis Club	Single Facility Fund	£58,757	29/09/2016	
3	Flight Gymnastics Academy	Single Facility Fund	£11,364	03/01/2017	Design Award Only
4	Greater Village Regeneration Trust (GVRT)	Single Facility Fund	£34,000	24/03/2017	Onsite
	Greater Village Regeneration Trust (GVRT)	Single Facility Fund	£100,000	24/03/2017	
	Greater Village Regeneration Trust (GVRT)	Single Facility Fund	£12,600	04/10/2016	
5	Killyleagh Yacht Club	Single Facility Fund	£40,000	18/11/2016	Complete
	Killyleagh Yacht Club	Single Facility Fund	£41,094	18/11/2016	
6	Loughgall FC	Single Facility Fund	£49,147	28/07/2017	Onsite
	Loughgall FC	Single Facility Fund	£58,246	28/07/2017	
	Loughgall FC	Single Facility Fund	£9,100	10/03/2017	
7	Love Hockey Ireland	Single Facility Fund	£15,797	04/10/2016	Complete
	Love Hockey Ireland	Single Facility Fund	£101,243	10/02/2017	
	Love Hockey Ireland	Single Facility Fund	£94,657	10/02/2017	
8	Patrick Sarsfield GAC	Single Facility Fund	£230,000	22/02/2017	Complete
	Patrick Sarsfields GAC	Single Facility Fund	£100,000	22/02/2017	
	Patrick Sarsfields GAC	Single Facility Fund	£33,000	09/09/2016	
9	St Louis Grammar School	Single Facility Fund	£99,765	11/07/2017	Complete
10	St Pauls GAC	Single Facility Fund	£30,246	09/09/2016	Complete
	St Pauls GAC	Single Facility Fund	£150,000	22/02/2017	
	St Pauls GAC	Single Facility Fund	£139,626	22/02/2017	

- Multi Facility Fund – it is envisaged that the MFF will be launched in 2017/18; and
- Performance Facility fund – Sport NI is developing strategic cases for boxing, rowing and athletics.

The Boxing Investment Programme is nearing completion and has delivered 40 new or refurbished boxing facilities.

No. of Projects	Organisation	Programme	Grant Amount	Disposition Date
1	County Derry Amateur Boxing Board	Business Case Investment	£13,130	13/02/2014
2	Eglinton Amateur Boxing Club	Business Case Investment	£11,064	13/02/2014
3	Oak Leaf Amateur Boxing Club	Ring Fenced	£20,269	13/02/2014
4	Ring Amateur Boxing Club	Business Case Investment	£16,704	13/02/2014
5	Rochester's Amateur Boxing Club	Business Case Investment	£10,831	13/02/2014
6	Springtown Amateur Boxing Club	Business Case Investment	£17,304	13/02/2014
7	St Joseph's Amateur Boxing Club	Business Case Investment	£21,241	13/02/2014
8	St Mary's Amateur Boxing Club	Business Case Investment	£9,408	13/02/2014
9	Monkstown Amateur Boxing Club	Boxing Investment Programme	£24,751	07/08/2014
10	Spartans Amateur Boxing Club	Boxing Investment Programme	£19,778	05/03/2015
11	Rochester's Amateur Boxing Club	Ring Fenced	£92,868	10/03/2015
12	Eglinton Amateur Boxing Club	Boxing Investment Programme	£6,984	13/04/2015
13	Holy Family Golden Gloves Boxing Club	Boxing Investment Programme	£11,500	11/05/2015
14	Holy Trinity Amateur Boxing Club	Boxing Investment Programme	£46,391	17/07/2015
15	Lisburn Amateur Boxing Club	Boxing Investment Programme	£22,992	17/07/2015
16	Oliver Plunkett Amateur Boxing Club	Boxing Investment Programme	£66,138	17/07/2015
17	Saints Amateur Boxing Club	Boxing Investment Programme	£52,632	17/07/2015
18	St Agnes Amateur Boxing Club	Boxing Investment Programme	£53,870	17/07/2015
19	Belfast 'KRONK' Boxing Gym	Boxing Investment Programme	£38,127	22/09/2015
20	Dockers Amateur Boxing Club	Boxing Investment Programme	£16,125	22/09/2015
21	Glengormley Amateur Boxing Club	Boxing Investment Programme	£25,278	22/09/2015
22	Newington Amateur Boxing Club	Boxing Investment Programme	£34,148	22/09/2015
23	St Joseph's Amateur Boxing Club	Business Case Investment	£468,627	02/10/2015
24	Eastside ABC	Boxing Investment Programme	£47,089	04/11/2015
25	Ligoniel Amateur Boxing Club	Boxing Investment Programme	£69,019	04/11/2015
26	Star ABC	Boxing Investment Programme	£51,820	04/11/2015
27	Dungannon Amateur Boxing Club	Boxing Investment Programme	£42,136	16/11/2015
28	Sean Doran's ABC	Boxing Investment Programme	£63,961	16/11/2015
29	Springtown Amateur Boxing Club	Ring Fenced	£468,972	26/11/2015
30	Errigal Amateur Boxing Club	Boxing Investment Programme	£67,111	29/01/2016
31	St Canices Amateur Boxing Club	Boxing Investment Programme	£34,416	29/01/2016
32	Phoenix Amateur Boxing Club	Boxing Investment Programme	£354,334	23/02/2016
33	Phoenix Amateur Boxing Club	Business Case Investment	£3,859	23/03/2016
34	Clonard Amateur Boxing Club	Boxing Investment Programme	£262,137	29/07/2016

	35	Immaculata ABC Belfast	Boxing Investment Programme	£92,433	14/11/2016
	36	Cairn Lodge Amateur Boxing Club	Business Case Investment	£2,965	07/12/2016
	37	City of Belfast Boxing Academy	Business Case Investment	£3,840	07/12/2016
	38	Midland Amateur Boxing Club	Business Case Investment	£3,884	07/12/2016
	39	Belfast City Council	Business Case Investment	£18,788	19/01/2017
	40	Sandy Row Boxing Gym	Business Case Investment	£5,640	31/01/2017
	41	St Paul's Amateur Boxing Club	Boxing Investment Programme	£65,522	01/02/2017
	42	Antrim ABC	Boxing Investment Programme	£88,558	15/02/2017
	43	City of Belfast Boxing Academy	Business Case Investment	£133,188	20/02/2017
	44	Loup Boxing Club	Boxing Investment Programme	£56,106	20/02/2017
	45	Cairn Lodge Amateur Boxing Club	Business Case Investment	£79,497	08/03/2017
	46	Albert Foundry Amateur Boxing Club	Boxing Investment Programme	£138,827	21/03/2017
	47	Midland Amateur Boxing Club	Business Case Investment	£41,628	21/03/2017
	48	Coleraine Amateur Boxing Club	Boxing Investment Programme	£42,410	23/03/2017
	49	Holy Family Primary School (Derry)	Business Case Investment	£13,390	23/03/2017
	50	Moneyglass Amateur Boxing Club	Boxing Investment Programme	£94,479	23/03/2017
	51	Portrush Community Enterprises Ltd	Boxing Investment Programme	£30,000	07/08/2017
	52	Corpus Christi Amateur Boxing Club	Boxing Investment Programme	£95,068	18/09/2017
Chief Leisure Officers Association (CLOA)	<p><u>Derry and Strabane Council</u></p> <ul style="list-style-type: none"> Develop a Sport and Leisure Facility Strategy to provide a structure approach to facility development Assist and support local clubs source external funding to develop sports facilities locally. <p><u>Lisburn & Castlereagh City Council</u></p> <ul style="list-style-type: none"> Integral role in development of Local Sports Facilities and National Sports Facilities Strategy Development of Playing Pitches Strategy 				
Irish Football Association (IFA)	<ul style="list-style-type: none"> IFA support over 20 multi-sport applications a year via councils with support letters. 				
Outdoor Recreation Northern Ireland (ORNI)	<ul style="list-style-type: none"> Community Trails <ul style="list-style-type: none"> Slane's Graveyard Community Trail delivered on the ground Feasibility Study completed on the development of Community Trails in Knock, Co.Fermanagh Work on-going on the development of a Community trail at Cloghey, Ards peninsula Community Trail Plan completed for Mourne and Slieve Croob DEA Funding secured to do a Community Trail Plan for final 5 NM&D Council area DEAs Work on-going to develop a Community Trail in Darkley Forest, South Armagh 				

	<ul style="list-style-type: none"> • Outdoor Recreation Facilities Designed: <ul style="list-style-type: none"> ○ Work on-going to develop a multi-use trail network in Gosford Forest Park ○ Work on-going on developing the Seamus Heaney Trails for Mid Ulster • Undertaken the following studies all of which included recommendations for the future development of outdoor recreation: <ul style="list-style-type: none"> ○ Outdoor Recreation Strategy for Mid Ulster Council ○ Outdoor Recreation Strategy for the Ring of Gullion AONB ○ Outdoor Recreation, Open Space and Access Audit for the Binevenagh AONB and Coastal Lowlands ○ Parks and Play Strategy for Mid Ulster Council ○ Knocks Outdoor Recreation Feasibility Study ○ Lower Bann Blueway Feasibility study (on-going) ○ Feasibility study completed for the International Appalachian Trail ○ Walk Trail Review and Visitor Information Plan completed for Crawfordsburn Country Park
Disability Sports Northern Ireland (DSNI)	<ul style="list-style-type: none"> • Disability Sport NI Inclusive Sports Facility (ISF) Accreditation: The scheme is designed to recognise sports facilities which meet optimum levels of good practice in terms of inclusive use by people with disabilities. The following eleven sports facilities located throughout Northern Ireland have now secured accreditation : <ul style="list-style-type: none"> • Lakeland Forum, Enniskillen • Bangor Aurora Aquatic and Leisure Complex • The Vale Centre, Greysteel • RDA, Coleraine • Bready Cricket Club, Magheramason • Glenravel Sport & Community Complex, County Antrim • Beragh Red Knights GAC • The Torrent Complex, Donaghmore • Shaftesbury Community & Recreation Centre, Belfast • Tollymore National Outdoor Centre, Bryansford • Ballymote Sports & Wellbeing Centre, Downpatrick <p>A further 10 sports facilities are working towards accreditation.</p> • A further 7 sports facilities are working towards Inclusive Sports Facility (ISF) Accreditation
Northern Ireland Sports Forum (NISF)	<ul style="list-style-type: none"> • Capital Funding programmes highlighted via SportsWatch and social media channels for our members and the sector to be aware of.

Target Number:	PL26
Target Details:	By 2019 to ensure that all planning decisions follow Planning Policy Statement 8: Open Space, Sport and Outdoor Recreation in relation to the provision of spaces for sport and physical recreation.
Target Deadline:	2019 (Long Term)
Status:	ON TRACK FOR ACHIEVEMENT
Contributing Member	Progress
Sport Northern Ireland (SNI)	<ul style="list-style-type: none"> • See Sport NI update at PL24.
Chief Leisure Officers Association (CLOA)	<p><u>Armagh City, Banbridge and Craigavon Borough Council</u></p> <ul style="list-style-type: none"> • Planning applications considered in relation to the provision of spaces for sport and physical recreation considered under the SPPS, PPS8 and the extant Local Development Plans. • ABC Development Plan Open Space & Recreation Position Paper including 'NPFA 6 acre standard' open space audit of larger settlements presented to Planning & Regulatory Committee (March 2016). • The Council is currently in discussions with Forestry NI regarding development of a walking/cycling infrastructure in Forest Parks.