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Colin Neighbourhood Renewal Area Annual Report 2019/20



Colin Neighbourhood Partnership Website: New Colin website

The comments and views included in the narrative of this report are those of the Colin Neighbourhood Partnership and may not reflect or represent the views of the Department for Communities.

£5m Park Project will Create Shared Space for all



£5m park project will create shared space for the whole community A new £5 million park development in the Colin Urban Village area of West Belfast will provide a welcoming, shared space for local residents and visitors, Junior Ministers Declan Kearney and Gordon Lyons have said. The Junior Ministers were speaking at the official sod cutting ceremony on the site of the transformational project at Stewartstown Road. Junior Minister Kearney said: "This new park will be a fantastic facility that will deliver something for everyone. "This £5 million investment under The Executive Office's Urban Villages Initiative will incorporate a play area for younger children, an event space, a nature education area and a youth zone. "There will be park runs, events and other activities for people

of all ages to get involved in, so it will be a superb space for local people and visitors alike. "There is a diverse local community ready and waiting to enjoy this fantastic new park, which will be a safe, shared space - a place for everyone to enjoy." Junior Minister Lyons said: "Along with other capital projects, completed or still in development across the area, the Urban Villages Initiative is investing in creating shared, welcoming spaces. "This new park provides an opportunity to build on and develop new friendships with people from all backgrounds through a range of diverse and inclusive activities, bringing people together locally, across Belfast and further afield, in this new quality park environment. "This ambitious project reflects a confidence and desire to look ahead. It is about moving forward positively and overcoming the differences of the past."

The project is being delivered in partnership with Belfast City Council on land transferred to the local authority by the Department for Communities. Communities Minister Deirdre Hargey said: "I am delighted that my Department has been able to make this land available for this important project. The new park will provide an exciting location to host and facilitate cross community and good relations programmes. It sounds like it will be a fun, educational and welcoming place that will become a real community hub. I wish everyone well with the project and can't wait to see the final result."

The work will transform the vacant 17-acre site into a high quality destination park for locals and visitors of all ages.



The new Brook Leisure Centre - The new £15 million development by Belfast City Council opened in December 2020. This is an amazing space, for the very first time in the history of the Colin area we now have a fit for purpose Leisure Centre

About Neighbourhood Renewal

The Neighbourhood Renewal Programme aims to reduce social and economic inequalities which characterise the most deprived areas. It does so by making a long term commitment to communities to work in partnership with them to identify and prioritise needs and co-ordinate interventions designed to address the underlying causes of poverty. Neighbourhood Renewal Partnerships were established to be representative of local community interests together with appropriate Government Departments, public sector agencies, private sector interest and local elected representatives.

CNP was established in 2004 and has active participation from community representatives, public sector organisations, political representatives and voluntary organisations and private sector that have interest in the area's development. The organisation promotes a holistic approach to addressing economic and social inequality closing the gap between neighbourhood renewal areas and those that are not included in neighbourhood renewal. The Partnership has established six sub groups engaging approx. 200 individuals in task specific remits as well as other funding programmes and several major environmental schemes. The six subgroups assist in the identification, development and where appropriate; the delivery of projects which aim to address Neighbourhood Renewal's four strategic objectives of: Community Renewal, Social Renewal, Economic Renewal and Physical Renewal.

In 2011 CNP commenced work on a major development "The Colin Town Centre Project" with the aim of developing a new physical and civic heart for the area. This was the result of many community consultations over a number of years. It was clear during these consultations that residents had developed an appetite to make up for lost time and previous lack of investment in their area. A major public consultation took place over a period of 12 months which completed in March 2013, which overwhelmingly confirmed that the people of this area are ready for major investment and the creation of a civic heart that had the potential to improve their quality of life, create a stable community and be proud of where they live. The Colin community is extremely positive about the area's future.

Colin Neighbourhood Partnership (CNP) is committed to help build a sustainable future, to help enhance the quality of life, reduce poverty and disadvantage and increase health and well-being within the Colin area. CNP is determined to address the underlying issues that have contributed to prolonged and entrenched deprivation through the establishment of a "heart" for the area as well as many other initiatives.

It is amazing to witness some of the key elements identified during the consultation either complete or well underway.

This is what Neighbourhood Renewal is about

- Improved public transportation provision incorporating the Rapid Transit proposals as they effect the Stewartstown Road
- Achieved completed March 2018.
- A new civic town square
- Achieved completed March 2018
- A town park and formal play area (similar to Wallace Park in Lisburn
- Commenced in March 2019, due for completion April 2021
- A new multi-use community hub building, to include a new state of the art library facility
- Business Case Underway, funding ring-fenced U. V.
- A new disability resource centre
- Included in the Business Case for Multi-use community hub.

Annual reviews since 2016 confirm and continue to identify the following four priority areas for this Neighbourhood Renewal Area:

- Health
- Community Development/Safety/Arts/Training/Capacity Building
- Physical Improvement/Environment
- Early Intervention

It should be noted that Colin Neighbourhood Partnership and Subgroups have all signed up to and abide by the Neighbourhood Renewal Code of Practice and Guiding Principles and subsequent Subgroup Terms of Reference.

DfC support has been and remains key to the success of the Colin Neighbourhood Partnership. DfC funding has demonstrated confidence in the organisation's ability to deliver against objectives and the governance of the organisation. governance. This has helped in securing funds from other sources to support a range of social, economic and environmental programmes in the Colin Area.

Other funders of CNP include:

- Funding Body Purpose of Funding
- Belfast City Council Community events/programmes and Capacity Building
- Education Authority Youth Inclusion programme costs
- Atlantic Philanthropies Colin Early Intervention Programmes
- Public Health Agency Colin Early Intervention Programme and Healthy Eating/Physical Activity Programmes (Allotments)
- Health & Social Care Board Colin Early Intervention Programme
- Department of Justice Colin Early Intervention Programme
- S.E.H.S.C.T. Colin Early Intervention Programmes, general health and Good Morning Colin running costs.
- SEUPB Early Intervention Programmes
- CLEAR Project Colin area Men's Shed programme activities.
- Social Investment Fund Colin Early Intervention Programmes.
- Social Investment Fund Capital works to Cloona House
- Urban Villages Capital and Revenue programmes.
- The National Lottery Programme Costs for Good Morning Colin and Men's Shed

Colin Neighbourhood Partnership Board 2019/20

Name	Organisation
Bernard Moane, Chairperson	DoE
Theresa Brady, Secretary	Ionad Na Fuiseoige
Jim Bradley, Treasurer	Belfast Hill
Lynda Vladeanu	SEH&SCT
Geoff Beattie	DfC
Orlaithi Flynn, MLA	MLA for West Belfast
Jason White	SEH&SCT
Nigel Monroe	DfC
Fr. Pat Sheehan	
Pauline Smart	Education Authority
Paddy Kelly	N.I.H.E.
Stephen Magennis	Sinn Fein
Maire Scott	Lagmore Community
Mary Smith	Lagmore Community
Patricia Ramsey	Twinbrook Community
Isobel Loughran	Women's Sector

Colin Neighbourhood Partnership Organisational Chart

- Neighbourhood Partnership Board
 - o Health Subgroup
 - o Youth Subgroup
 - o Environment & recreational subgroup
 - o Community Safety subgroup
 - o Education subgroup
 - Social economy subgroup
 - Audit committee

The projects:

- Implementation/Community Development Team
- Administrator
- Youth Inclusion
- Good Morning Colin
- Volunteer/Capacity Building
- · Marketing/Communications Officer
- Early Intervention Community
- Locality Planning Group
- Expert Advisory Group
- Crescendo Steering Group
- Colin Community Allotment
- Colin Men's Shed
- Enviro Care Colin Social Economy
- Colin Town Centre Stakeholders

Colin Neighbourhood Partnership Projects

For the period 01/04/19 through 31/03/20 the Neighbourhood Renewal Investment Fund are currently supporting the following *4* projects in Colin Neighbourhood Partnership.

- 1. Colin Neighbourhood Partnership Core Salaries and Overheads
- 2. Colin Neighbourhood Partnership Health Priority
- 3. Colin Neighbourhood Partnership Early Intervention Priority
- 4. Colin Neighbourhood Partnership Community Development / Community Safety

Neighbourhood Renewal funding for these projects was secured until 31/03/20.

Any projects for the period 01/04/19 through 31/03/20 will appear in the annual report for that period.

Community Renewal

Colin Neighbourhood Partnership Core Salaries and Overheads – this project is an 'enabler' it allows CNP to operate and deliver across all priorities. The aim of this project is: to provide the leadership and administration necessary to deliver the Neighbourhood Renewal strategy in the Colin area that further establishes the role of the Partnership as the umbrella for community development and underpins community led infrastructure that attracts support from all stakeholders. This project allows all other programmes and services for the Colin NRA to be developed and delivered.

Colin Neighbourhood Partnership Community Development, this project is focused on the implementation of the Colin Neighbourhood Renewal Action Plan.

Colin will be an area with a vibrant centre, where people are happy to live, work, play and study and proud to say they are from. It will be a community empowered to participate and make a difference, where local achievements are celebrated and visitors are welcomed."

The project supports the following posts; Community Safety Officer, Arts & Culture Officer, Volunteering Development Officer, a portion of the Marketing Officer's salary and a Caretaker's post with Footprints Women's Centre.

Community Renewal

Colin Neighbourhood Partnership continue to provide an annual calendar of events for all in the community, provide training in capacity building, provide opportunities for volunteering, improve community relations, provide support for local community and voluntary groups, provide projects and activities that promote shared spaces. All of this enables us to sustain the real sense of community spirit and pride in this area.

Here at Colin Neighbourhood Partnership community renewal is action that helps people to develop their own ability and help build resilience to address problems and their needs. We try to achieve this in many ways by offering programmes, activities and training for parents of young children, parents of adolescents, children, young people, men, women, and older residents to help improve the quality of life for all our residents.

This is an opportunity to establish strong communities and gives a voice to communities to decide the best use of assets, it strengthens the capacity of people to become active citizens and provides opportunities for community, statutory and other sectors to work in collaboration to develop social, economic, environmental and other themes to ensure better positive outcomes.

All of the activities and events highlighted below are extremely beneficial and very much appreciated by the local community. Improvements to this area can be achieved by its residents voluntarily working together. There are many examples of such contributions via all the volunteering activity that goes on day and daily in this community. This is showcased below by showing the

many local people who are interested in the welfare and well-being of their local community. We believe it is extremely important that they are recognised at the annual volunteer celebration event that takes place every June during volunteering week.

Planning and conducting festivals and other community events involves many members of the community, which yields a number of social benefits.

Many residents tell us that being involved with festivals, events and assisting in delivering programmes is the opportunity to get involved in helping to build and foster a sense of pride within their own area, feel part of something that is very positive and feel better about where they live.

Community festivals and events attract visitors at city and on occasion's regional level. Events help to capture attention and promote a positive view of the local people. They also make it possible to maximise the use of spaces seen previously as a burden and places to avoid. Our events have positive impacts that go well beyond what can be measured in economic terms, they contribute to the quality of life by strengthening this community providing unique activities and events and build awareness of diverse cultures and identities and act as a source of community pride and spirit.

There exists in this community a willingness and desire to make this area a better place to live, rear happy children and welcome visitors, this is evidenced by the decrease in numbers of residents leaving the area, the increase in numbers of families engaging with schools and the year on year increase in numbers of residents participating in community events and activities that promotes this community in a very positive light.

CNP – Community Renewal

CNP Highlights 2019/20

Colin Volunteers celebrated: Colin Volunteer Awards & Celebration



This event is an opportunity for the community to say THANK YOU to the many volunteers who give their time, skills and passion to support many individuals, groups and organisations in Colin. James Tennyson, local successful boxer presented all our volunteers with a personalised certificate and small gift to recognise and celebrate their role in making a difference in their community. As always there was lovely food and entertainment. The weather let us down but it didn't dampen the high spirits of all those that were celebrated.

Many congratulations to Bernadette McConnell who received her 10 year volunteer award with Good Morning Colin Thank you so much for all your help over the past 10 years.











All enjoying the craic at the Volunteer BBQ in the Poly tunnel at the Allotments site.







Youth Initiatives Volunteers Safer Neighbourhoods Volunteers Members of the Colin Men's Shed who volunteer in the area



Colin Gaels Volunteers

Good Morning Colin

Volunteers



Youth Inclusion Volunteers

As volunteers this group of people bring much to this community, but the time they give is a very precious gift to many people by way of supporting them to build their skills, advise and inspire, and for many just a listening ear goes a long way to address fear, anxiety and loneliness. CNP holds this annual event to take time to acknowledge this very precious group of people, we as a community would be much poorer without this group of amazing people.

Youth Inclusion Project

This project is specifically for young people with e motional and other disabilities as well as those without. The vast majority, young people with disabilities have to attend different educational facilities from their friends, therefore we think it important that they are provided with opportunities to socially interact with their friends and this project is ideal to facilitate this interaction, promotes inclusion and provides opportunities for the young people to understand why some young people may be different.

The group are also very keen to be involved in the large community event that take place throughout the calendar year, i.e., St. Patrick's, Easter, Summer, Halloween and Christmas festivals.

There are over 50 young people registered with the project but attend each session From March the young people have been involved in a number of projects and activities that includes art workshops, drama projects sport and health projects. The Colin Youth Inclusion Project ran 2 summer schemes this year one for junior members aged 7 to 12 and other for senior members aged 13 to 17, both a great success with 26 young people participating each day. The success of the summer project depends very much on the involvement of the Inclusion Project's volunteers and staff.

















Good Morning Colin

Good Morning Colin is funded through DfC Neighbourhood Renewal and the South Eastern Health & Social Care Trust, with smaller contributions from others funders.

The GMC services also provides a very important experience for volunteers as it supports them in addressing depression, social isolation, capacity building and citizenship in relation to them feeling valued and useful.

(See images below of just some of the events that take place throughout the year).

Good Morning Colin is a free of charge cross community telephone befriending and alert service operating 365 days a year, seven days a week, not only the Colin area, but also attracting users in greater Dunmurry e.g. Seymour Hill, through to Lisburn and outlying area s.

An excess of 67,000 phone calls were made in the last year providing the service to 490 older and vulnerable adults.

Good Morning Colin employs one full time Co-ordinator funded by the Department for Communities who manages the day to day operation of the service as well as a team of 26+ telephone volunteers, all of whom live locally. All volunteers are Access NI checked and are required to sign a confidentiality agreement on commencing their voluntary engagement with the service.

Staff and volunteers participate and keep up to date with a wide range of in house and external training on subjects such as:

- Crime Prevention
- H.A.P (Home Accident Prevention)
- First Aid
- Drug and Alcohol Awareness
- Vulnerable Adult
- Deaf Awareness
- Heart/Stroke Awareness
- Alzheimer's/Dementia Awareness

- Mental Health First Aid
- Applied Suicide Intervention Support Training
- Advanced Competent Helper training

With the support of the Coordinator, volunteers are able to identify potential problems, to alert carers, statutory organisations or neighbours to facilitate access to a range of other provision. Good Morning Colin also offers additional features including safety advice and equipment, crime prevention support, social activities, maintenance and gardening support when possible and a range of other services.

Because it is an integrated project within the Colin Neighbourhood Partnership GMC can readily link registered users into the Partnership's extensive menu of locally based services such as:

- Colin Health for All delivering initiatives and programmes addressing, mental health, nutrition and physical activities, substance addiction/misuse, domestic violence/elder abuse and suicide awareness and prevention as well as the Colin Area Men's Shed.
- Colin Community Safety including road safety, home security and gardening support.
- New Colin Community Counselling designed to enable users to explore issues impacting on their lives and discover ways of living more effectively.
- Colin B Well Resource Centre a one-stop contact point for signposting and information on services in the Colin area to enable people to quickly access current and relevant information on a wide range of services and activities available locally.
- Service Users are also enabled to participate in many social activities and events throughout the year, i.e., Valentines, May Balls, St. Patricks Day events, summer festival trips etc., healthy eating cooking sessions, Halloween and Christmas events; all organised by the GMC Coordinator and CNP's Arts & Culture Project Officer.

The GMC services also provides a very important experience for volunteers as it supports them in addressing depression, social isolation, capacity building and citizenship in relation to them feeling valued and useful.

(See images below of just some of the events that take place throughout the year).

As you can see the usual annual fun events took place again this year. We wouldn't get away with not offering these events. There would have been mutiny in Colin by the over 60s.



We are delighted to be shortlisted for Good Morning Colin in the Project for Seniors category in the Best of the West Awards.

Photos from Valentines Ball and St. Patricks Festival













Seniors Easter Bonnets 2019









May Ball







Brooklands tea party







This is an annual event held in one of the local Nursing Homes (Brooklands) this is about offering social and fun events to those older residents who cannot leave the Nursing Home due to various reasons.

Intergenerational Project









This was hosted by young people from the Colin Youth Development Centre at one of the local nursing homes. This group of young people are extremely keen to organise events with the older residents throughout the year.

Good Morning Colin Carers Group

This is the weekly Carers Support provided by GMC, this group are very interested in art activities. CNP's Youth Inclusion Worker support this group at various times during the year to develop art pieces relevant to the season, i.e., Easter, Christmas, Summer (garden gnomes). The group also make use of open market events during the year to sell their wares to support activities, i.e. trips to visitor centres etc.







GMC Christmas and Halloween Events 2019











Community Renewal-Sally Gardens

Sally Gardens Youth, Saints Youth Centre and Suffolk completed a joint Community Relations programme in 2019/2020. The groups came together each week and explored many aspects of positive community relations and completed an OCN in Community Relations also. The group culminated in a 4-night trip to Poland. Outcomes from this project seen 15 young people and 6 staff gain skills and experience in building relationships, celebrating differences, improved communication skills, conflict resolution skills, acceptance of others and expression. The group also enjoyed a visit to Belfast City Hall.

Sally Gardens Youth and Saints Youth Centre have work collaboratively on a couple of projects in 2019/2020. Including a topic that is very close to all our hearts. Young people have come together to design a Positive Mental Health Mural to be displayed in the community.

This project brought together 20+ young people from Twinbrook and Poleglass looking a common issue of Mental Health. All young people have felt a greater sense of belonging and improved relationships.







Junior Summer Scheme

In July/August 2019 Sally Gardens had a very successful junior summer scheme. We had a total of 95 young people from the Colin Area take part in a fun filled 2 weeks. The young people were able to attend trips, make friendships and enjoy many experiences. Our summer scheme gives opportunity to teenagers also to volunteer with the junior scheme. 10 senior members give up their time to help make each day as fun and entertaining as possible. Without their help and dedication, the summer scheme would not have been as successful as what it was.







Luncheon Group

Each Friday from 12-2pm Sally Gardens have the pleasure of inviting pensioners from the area in to the centre. This is a long standing group that runs each week and is enjoyed by everyone. Approximately 15-20 pensioners attend the centre for lunch and a catch up. This group allows the pensioners to get out of the house, interact with peers and build relationships.

In February of this year we were delighted to welcome Mayor of Belfast, Daniel Baker into the centre. Councillor Baker called in for a visit with our luncheon group. They thoroughly enjoyed the visit.









The pensioners also attended an Intergenerational trip to a Christmas Panto show in the Lyric Theatre. This is an annual event that both the pensioners and young people look forward to. It allows the young people who volunteer at the luncheon group to celebrate Christmas with the Pensioners they have built the relationship with over the year.

Art Class

Thursday mornings in Sally Gardens seen our budding artist's indulge in a couple of hours of art. With the help and support of Fra the artist, the group produced some outstanding pieces of art. Each year we hold an exhibition to showcase the work that the group have completed over the year. It allows the group to pull together all their art pieces and see them displayed for their friends and family. This year was another very successful exhibition.





Our Party in the Park events always prove to be very successful. This year we had 400+ people of all ages attend our event.

We held our 4th July Family Fun day in the centre and surrounding area, where we had bouncy castles, play bus, magician, balloon modellers and face painters.

This was a free event and was opened to everyone from Colin.





Colin Youth Awards

Along with representatives from other youth organisations, Sally Gardens and the Youth Strategy Group organised the Colin Youth Awards. This was a very successful evening in the Balmoral Hotel. This was a young person led event and seen young people from youth organisations throughout Colin come together and plan every aspect of this event. It was great to be involved with this project and it allowed young people throughout Colin to be recognised and their achievements to be celebrated on a bigger scale.





Féile

Sally Gardens are represented on the Féile Community Engagement Sub Group and as part of this we have young people represented on the Féile Youth Forum also.

It was great to be part of the Féile Cribby World Cup back in July 2019. This was a Belfast wide project and Colin was represented well in each category, with an overall winner in the Under 10 category. Sally Gardens was the lead organisation for this project and worked alongside other youth and community organisations throughout Colin and West Belfast. This event brought communities and families together through childhood games. It got children away from computer games and out onto the street learning new skills and playing together with friends and families from different generations.







Training CNP







Staff Members from local Beauty Salon

Paul McAuley one of the local Butchers Staff members from local newsagents

The above images are those from local businesses who participated in the Retailers Dementia Awareness Training facilitated by Good Morning Colin staff and volunteers.

The training provides clear tips and guidance to help retailers become more dementia-friendly:

- How to improve signage to help people with dementia
- How to support people with dementia who may struggle with paying for products.
- How to increase staff awareness of dementia and ensure customer's service is dementia-friendly.

Through this training, we hope that retailers and the wider shopping environment will enable people with dementia to continue shopping for as long as possible, by creating places that understand their needs.

Everything the training provides will help improve the customer service as a whole. What is good for people with dementia is ultimately good for everyone

Effective Conversations about Behaviour Change:

The aim of this workshop is to strengthen workers' knowledge, skills and confidence to offer opportunistic brief advice or engage in effective conversations about change which could improve health, wellbeing and relationships

This training session aims to help participants:

- Explore how conversational skills can improve health literacy
- To explore delivery of the levels of a brief intervention
- Improve their understanding of how people change
- Identify factors, barriers, and practitioner behaviours that blocks change
- Improve core skills that encourage change
- Explore resources that can be used to facilitate conversations about change
- To build on skilful advice giving
- Help reduce resistance and reluctance that can arise in sessions
- To explore our own attitudes as workers towards sensitive issues
- Increase knowledge of the range of services available to refer on to
- Identify opportunities in practice to incorporate conversations about change
- To improve the uptake of onward referrals

Supporting Family and friends with substance or alcohol misuse difficulties



3-hour workshop

Supporting someone with substance and/or alcohol misuse difficulties can be difficult and can have a huge impact on a family. This workshop will provide an introduction to how to support someone with substance or alcohol misuse difficulties covering important areas of:

- Awareness of types of drugs and alcohol
- The impact on family and friends
- Information on advice and support services available and how to access them Promoting effective communication

A patient's simple understanding of sciatica - 24 strands of Living Well with Pain



Topics covered on the course include:

- Understanding chronic pain and its impact
- · How to manage activities
- Useful coping strategies for pain
- Dealing with unhelpful thoughts and the emotional impact of living with pain

- Helpful ways of communication about pain to other people
- How to manage pain at its worst?
- To improve the parent/adolescent relationship

Parenting Your Teen 8 Week Programme.

The teenage years can be notoriously challenging but this programme can help Parents navigate your way through the reality of parenting teenagers.

The programme covers a range of topics and promotes the Authoritative Parenting style, which has been proven to be most effective. Parenting Your Teen is an evidence-based programme and has been found to improve outcomes for parents, children and the whole family.

ASIST – Applied Suicide Intervention Skills Training

Applied Suicide Intervention Skills **Training** (ASIST) is a two-day interactive workshop in suicide first aid and more. **ASIST** teaches participants to recognise when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety. Although **ASIST** is widely used by healthcare providers, participants don't need any formal **training** to attend the workshop – anyone 16 or older can learn and use the **ASIST**.

Safe Talk - Suicide Prevention Course

Safe TALK is intended as **suicide alertness training**. It teaches you to recognise people with thoughts of suicide and to connect them to suicide intervention resources. Safe TALK prepares participants to activate a suicide alert by following the TALK (Tell, Ask, Listen and Keep Safe) steps.

Other Training completed during this period.

- Child protection training
- Community capacity building training
- Completing funding applications
- Essential skills in English







Welcome Colin Digital Champions! It was great to see so many people keen to become Digital Champions. Volunteers from the Colin community completed training in how to support others to get online and use basic digital tools, so no one need feel isolated, excluded or left behind in this digital age.

Colin Community learning how to practice gratitude at the last session of a five week virtual Mindfulness Programme with Veronica Ellis of Mindfulness Connected Learning This programme was made possible by a Community Capacity Building Grant from Belfast City Council.

Supporting Communities ran two free short courses, in partnership with CNP, for people who live, work or volunteer in the Colin area

Summer Festival 2019

The Colin Summer Festival, organised by Colin Neighbourhood Partnership and supported by the Urban Villages Initiative and Department for Communities, featured nearly 2 weeks of family events that will took place in the Colin area of West Belfast during the month of August. The Colin Summer Festival was even bigger and better this year with a host of fun filled activities for all the family. Funded by the Urban Villages Initiative, highlights included the annual Colin Summer Festival Parade and Family Fun day which featured carnival rides, face painters, live music, arts and crafts, talent competitions, and bouncy castles. Another highlight was the Food and Craft Market which included a lot of different vendors specialising in a variety of delicious fresh produce and beautiful artisan gifts. The Colin Summer Festival programme also included a Family Treasure Hunt in Colin Glen Forest, BBQ masterclasses at Colin Allotments, family camping and craft night, family trip to Slieve Gullion Forest Park and for the very first time a Movie Night in Colin Town Square where The Greatest Showman and eighties movie classic The Goonies was shown on the outdoor big screen.

Local community organisations that took part in the very successful festival parade.



Some of the volunteers that helped our with the festival event

Some of the activities available for families



The images above are off the Festival Carnival showing some of the activities for all ages and the crowds that enjoyed the fun activities.

Competitors at the Colin's GOT TALENT competition







Movie Nights



Great atmosphere at Movie Night in New Colin Town Square. Now showing The Greatest Showman. The Goonies 7.30 pm

Colin Summer Festival 2019, and for the very first time, we hosted an outdoor cinema in the new Colin Town Square on Saturday 10th August, we screened "The Greatest Showman", a musical masterpiece with an all-star cast from one of cinema's most successful live-action musicals, followed by eighties classic "The Goonies". Families enjoyed the greatest family adventure who all got into the movie atmosphere, they brought all their goodies, sweets and treats that helped to soak up the atmosphere of this movie night event.







Some of the Artsxcta performers who took part throughout the day.







Other activities that took place during the summer festival

Gaelic on the Green" - Monday 5 August, 3 - 5 pm, Glasvey Drive. As part of the summer festival, <u>Gaelfast</u> in partnership with Féile an Phobail and Ulster GAA invites children (age 4 to 11) to a sample of Gaelic Games.



Family Trip to Slieve Gullion Forest Park







Summer Camp at Allotment Site









United Irish Men Trail with Historian Eamon Phoenix







Treasure Hunt at Colinglen Forest Park









Parent Week And Halloween

As always Colin Neighbourhood Partnership held their annual Halloween spook-tacular, hosting fun-filled Halloween themed week of family activities. A full week of events for parents and kids which provides many opportunities and events for parents and kids to spend lots of fun filled quality time together.

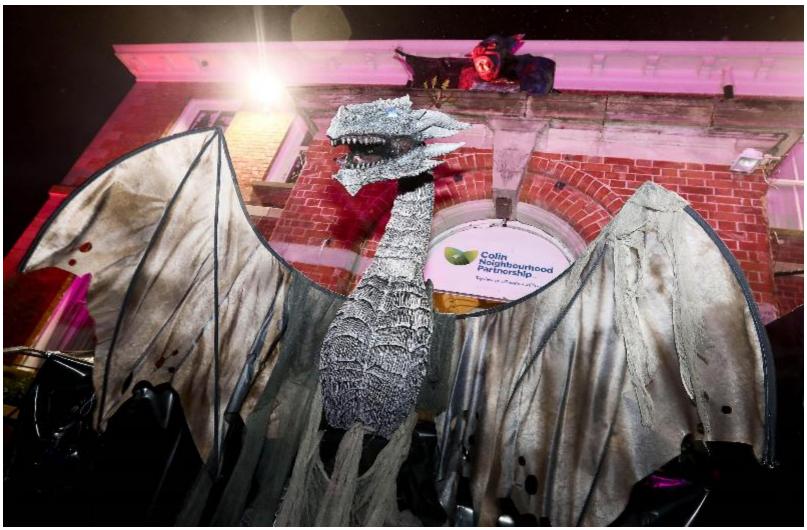
To celebrate this popular time of year Colin Neighbourhood Partnership team up each year with many of other organizations in the area to provide a family fun and scary event. We bring out the ghouls, ghosts, zombies and monsters because people like to be frightened in a fearful controlled space and enjoy the thrills that go with it.

Because this is a major family event that takes place every year during the school mid term break, we also hold a full week of events for parents and kids which provides many opportunities and events for parents and kids to spend lots of fun filled quality time together.

The highlight of the week was the Colin Halloween Parade and Family Fright Night, one of the biggest community events in West Belfast on Halloween night. The parade started at the Laurel Glen car park and made its way up the Stewartstown Road to Cloona House which was transformed into a Halloween Hell Hotel. With carnival rides, fire breathers, spooky storytelling, arts and craft workshops, food stalls, terrifying walkabout characters and dinosaurs and more, an unforgettable night of family fun was experienced by all, some were jumping out of their skin with fright.

A new feature of the Halloween Festival was the Banshee Bike Ride which took place threw the Twinbrook Estate with lots of residents at their front doors to witness the spectacle.

The Big Welcome to Cloona House



Locals dressed up for the night













Some of the Artists performances in the ground of Cloona House scaring the daylights out of locals. Including the Scary Story Teller













More images of locals getting into the spirit of Halloween









The Parade









Some of those who dared to enter the scary hotel







Banshee Bike Ride







Those who took part in our very first Banshee Bike Ride as part of the Halloween Festival







Some of the participants who needed a little help with their Halloween makeup















Young Volunteers who helped us out throughout the Halloween events.

Activities that took place celebrating Parents Week and Harvest Festival











Some of those who braved the cold to watch the outdoor showing of Hocus Pocus Film













Learning to fly their broom sticks

Just on of the many entertainers

One brave little girl

The Parents week events are really important because this is when schools close down for Halloween mid term break. We have been organising activities during this week since 2006 as we believe it is important that children and parents are offered to spend fun, positive and quality time together and not cooped up at home watching TV or Screen time.





Loving our Christmas tree in Colin Town Square which was kindly funded by the Urban Villages Initiative and FORRME, thanks also to Feile and Phobal who supplied the signage through Belfast City Council funding.



Santa and the Grinch lighting up the Christmas Tree



Our amazing singer and entertainer kept everyone happy









Local School Children providig some of the entertainment







Our very own Crescendo Choir entertaining the crowd

Young entertainers from local youth services

Christmas 2019



Images of some of the crowd that turned out.

Group of volunteer entertainers



Just some of the activities provided.



Some of the kids and families that had a ball

Creativity month March 2020

March for the Colin community is an Annual Celebration of everything that is creative and to mark this year's celebrations, Colin Neighbourhood Partnership unveiled a bumper programme of events which included a host of creative and interactive activities for people of all ages.



We were delighted to unveil our programme bumper of events for Creativity Month in Colin:

Make-up lessons

- Multicultural Cookery classes
- Fairy House and slime workshops
- Colin History Tour
- Seniors St. Patrick's Day Céili,
- Community Boxing Event Saints Boxing Club

In partnership with Colin Gaels and St. Luke's Give it a Go events in Brook Leisure Centre plans in place to bring back by popular demand, Colin Town Square transferred into a roller skating rink Creativity Day at the local shopping centre, which would have included St. Patrick's and international arts activities, Irish dancing, international cooking as well as cultural displays from many international communities and much more.

Sadly, the vast majority of our planned events had to be cancelled due to the Covid-19 Lock Down.







This is an image of the popular skating rink at the Colin Town Square the previous year.

Image of the Slime workshop from the previous year, as you can see this is a very popular activity among the kids. This was to be our first-ever baby beach themed pool party this in the new Brook Leisure Centre. With the leisure centre fantastic sensory lighting and pool with raised floor, we were planning to hold 4 sessions of these pool parties which were all fully booked.

Needless to say children and families were extremely disappointed to discover they had to be cancelled.

Some events that were able to go-ahead

Dr Eamon Phoenix in a fascinating exploration of the rich history of the Colin, area from the Plantation of Ulster to the recent Troubles. The tour was focussed on the historic Colin Glen Mass Rock, used by Catholics for secret worship during the Penal days of the 18th century; Teeling Mill, associated with Bartholomew Teeing, executed for his part in the 1798 Rising and Castle Robin, dating from the late 1500s. Other sites included Hannahstown with its penal day connections and the landowning Hamill family'; Drumbeg Parish Church long associated with the famous story of 'Haddock's Ghost' and Cloona House with its famous occupants, the Grimshaw linen family in Victorian times and the British GOC, General Tuzo during the early Northern Troubles.

The Historical Tour proved to be a captivating day out and appealed to all those interested in our local Irish history and learned about the many famous local people of the past.



A special event for those who volunteer in the local community.

As a thank you for all their help, we were delighted that so many could join us on this special volunteer trip around the Glens of Antrim, enjoyed a beautiful day out to the famed Antrim coast with its spectacular seascapes. All were treated to a very nice lunch.



We regretfully have had to take the decision to postpone the remainder of all our events planned for Creativity Month with immediate effect. This measure has not been taken lightly but in the best interests of the health & well-being of the local community, partnership organisations, event contributors and staff members we have had to make this very important decision.

Due to the current situation with coronavirus, all Colin Neighbourhood Partnership offices including Cloona House will close from 5 p.m. on Tuesday 24th March.

Please be assured the Good Morning Colin service will continue to make contact with their clients on a daily basis.

We will continue to accept donations of food and other essential items to support our most vulnerable population, Cloona House will open each Wednesday and Thursday from 11 a.m. – 1 p.m. As long as we are in receipt of donations, we will continue to distribute the items to those most in need.

All staff are working from home; therefore, you can continue to contact us on 028 9062 3813 as the calls will be diverted to a designated staff phone.

You can continue to contact Good Morning Colin on 029 90627863 this number will also be diverted to a designated staff phone.

If you need to contact us, please send an e-mail to info@newcolin.com or phone. Please also check for updates on our Facebook and Twitter accounts.

Please stay safe and look out for your vulnerable neighbours.



As Mother's Day took place at the beginning of the very first lock down, one of our young residents from the Mount Eagles area decided to send a special message to all those Mother's throughout the area who were unable to see their families on this very special day. This young lady put the above message on her windows at home, this resulted in many other households replicating the message. We were more than happy to place this on our various social media platforms.

Social Renewal Health

Colin Men's Shed.

It is well known that men are much less likely to visit a doctor, or even notice signs of illness, than women are. The men's health month focused on getting men to become aware of problems they may have or could develop, and gain the courage to do something about it."

To promote Men's Health, Colin's Men's Shed organised a wide range of events and activities to raise awareness of health issues that affect men. Local men could access physical and mental health services including free health tests to check blood pressure, cholesterol and glucose levels, walk and talk sessions, bowel cancer awareness workshop, complementary therapies and acupuncture and mindfulness courses.













Colin Neighbourhood Partnership Men's Shed gifted buddy benches to local schools in the area to help combat loneliness, bullying and feelings of sadness amongst children. The multi-coloured benches which were hand built by the men shed members are benches which help schoolchildren avoid loneliness and bullying. Any child feeling vulnerable or sad simply sits on the bench, and

other children know to engage and befriend them. This not only helps the vulnerable child, but also teaches the other pupils social responsibility. Local primary schools who received the buddy benches included lonad Na Fuiseoige, Holy Evangelist, Good Shepherd, St. Kieran's and Christ the Redeemer. Colin Men's Shed were kindly supported by the Urban Villages Initiative who provided funding for the benches.





Holy Evangelists Primary with Principal Clare Robinson and the junior school assembly welcoming the buddy bench







Ionad na Fuiseoige Primary School

Good Shepherd Primary School

St. Kieran's Primary School

Social Renewal Health continued.

Suicide Prevention



The Colin Community, once again took to the streets on World Suicide Prevention Day to raise awareness about suicide and its prevention in the wider community. The "Walk & Talk" event organised by Colin Neighbourhood Partnership was routed from the new Colin Town Square along the Stewartstown Road to McKinstry roundabout and back. The local community was invited to join the walk for any amount of time from 5 mins to an hour. Local groups in attendance included the essential services, local schools and sports clubs. All who participated in the walk wore a high visibility vest displaying the lifeline crisis response helpline service number 0800 808 8000 with the key message of **JUST TALK**. Lord Mayor John Finucane also attended on the day to "Walk & Talk". Support groups were also available to offer support and guidance Annie Armstrong, Manager, Colin Neighbourhood Partnership commented: The theme this year was working together to prevent suicide. This walk was organised to encourage people to talk about and share their problems. People need to know that someone is listening and if they or someone they love is in distress, that it's ok to ask for help and help is available and that it is also ok not to be ok.

Images of just some of the organisations that attended to help promote the message JUST TALK and the LIFE LINE service









NI Fire & Rescue Sure Start Service Colin Glen Runners

Sure Start

Pupils from St. Colm's High School









Colin Men's Shed

N.I. Ambulance Service

Belfast City Council

Conservation Volunteers







Queuing up to register as a participant, Lord Mayor John Funicane with local MLA & local Councillor, MLA Gerry Carroll on the walk







Residents on the Walk

Local newly established GAA Club Colin Gaels promoting the LIFE LINE telephone number of their very new kit with the help of Julie Quaille from LIFE LINE









It is absolutely great to see those working with young people recognise that the earlier we promote essential support services the better to our young residents and their families.

Colin Allotments and Health Living Centre site.

Hundreds of local school children have successfully completed The Growing Spaces Programme at Colin Glen Allotments. Now in its 4th year the programme enables school children to learn about how food is grown, understand where the fruit and vegetables they eat come from and provide them with the confidence to make healthy eating decisions. During the programme school children are taught how to plant and care for a variety of vegetables and they are encouraged to lead a healthier lifestyle. The children also use the horticultural produce to make a range of dishes including potato and tomato salads, coleslaw, kale chips and guacamole. Matthew McKinley, Colin Allotments Healthy Living Manager, commented

Health experts warn that children in the UK exceed the maximum recommended sugar intake for an 18-year-old by the time they are 10. Half of the sugar is coming from sugary drinks, sweets, biscuits, cakes, puddings, sugary breakfast cereals and higher-sugar yoghurts and puddings." "It is vital to teach children at a young age to make healthier eating choices. This programme focuses on increasing intake of fruit and vegetables and discouraging intake of food high in sugar to help guide children on a path to long term health in adulthood." The Growing Space Programme is supported by the Urban Villages Initiative.





Children and teachers from Oakwood Integrated Primary School attending their lesson of Growing Spaces.

Junior Minister Declan Kearney, Belfast Lord Mayor Danny Baker, Linsey Farrell TEO and Annie Armstrong Colin Neighbourhood Parntership paid a visit to the lesson to witness first-hand the involvement of young people.





Colin Allotments Continued

This image is representatives from N.I. Water volunteering at our allotment site as part of their Corporate Responsibility strategy committed to contributing to local communities by helping to improve the quality of life for local communities.





Annual Harvest Festival provided by the community allotment holders









The annual Harvest Festival hosted by our Community Allotment Holders is a very popular event with large numbers attending each year. It always proves to be a very successful event, probably because there is always lots of free fresh food on offer, amazing pizzas made on site, great entertainment and always amazing weather.

Below some of our new residents from far off fields also contributed food from their native countries and enjoyed the craic.





Social Renewal - Health



Sally Gardens

PCA at Sally Gardens is a Healthy Living Centre and a member of the Regional Healthy Living Alliance. As part of this we are involved in numerous sub groups e.g Physical Activity Working Group and Mental Health. Our involvement in the Healthy Living Alliance allows for strategic direction in terms of health and wellbeing.

The centre is used by many different organisations and offer many services over the week. Including Mindwise, New Life Counselling, Falls Community Council for an advice clinic, Bridge of Hope for alternative therapies and many other groups, all with an aim of improving the lives of the centre users.

PCA @ Sally Gardens have passed the Business Case stage for a 25 station gym. The project will be funded by Urban Villages. We are looking forward to this progressing and centre users reaping the rewards.

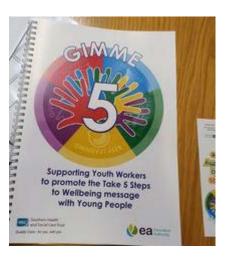
Chronic Pain

We recently run a very successful Chronic Pain Clinic. This was a 12 week programme delivered to participants who suffer daily with pain. Through this programme users got to try different techniques and learnt how to manage their pain. Participants had the opportunity to speak with a Pharmacist, try alternative therapies and speak to others who are experiencing similar things to themselves. Feedback from the group was very positive and all participants recorded an improvement to their pain.









Young People took part in Gimme 5 Training. This training looks at five things we can do to improve our mental wellbeing. This is a programme our staff are trained in and will be delivered on a rolling basis to users in the centre. It is so important to look after our mental health and this programme is designed in a way that it is fun and easy to follow. The young people who completed this training thoroughly enjoyed it and all felt they gained something from taking part.

Yoga and Mindfulness

Transitioning can prove very stressful for a lot of young people and after engagement with schools, parents and young people, coping mechanisms and techniques to help with positive mental health were two themes that we wanted to prioritise. Making sure we addressed the recognised need, we engaged with a local Yoga instructor to target young people who are transitioning from Primary to Post Primary education. Yoga and Mindfulness for young people proved very beneficial and the progression made was excellent.





Social Renewal – Education

Colin Early Intervention Community

Colin Neighbourhood Partnership

Children having access to specialist support to enhance their physical and emotional well-being. The following programmes delivered in schools.

Time4Me

A therapeutic counselling service for children & their parents/carers. The service operates during term time and school hours and on school grounds. Referrals are made to the service by school staff, parents/carers etc. and delivered by Barnardo's. **73 children supported through this programme during this year.**

Changing Lives



Changing Lives is delivered to the parents of children aged 3 – 7 years' old who are (or may be) displaying behaviours consistent with Attention Deficit Hyperactivity Disorder (ADHD). As diagnosis (and support) doesn't typically happen until a child is at least 6, these behaviours are potentially hugely damaging for several years both to the child (and their education) and to their families, without support being available. Research shows that community-based interventions like Changing Lives provide a vital first stage of early intervention, and can significantly and permanently reduce the impact of ADHD behaviours.

Colin Neighbourhood Partnership is responsible for delivering this programme across Belfast and Lisburn, funded through the European Union's INTERREG initiative, and working with our partners Archways (Dublin), Genesis (Louth), Dundalk Institute, and NHS Highlands (Scotland). The programme firstly provides information and awareness sessions to parents about ADHD, and tips and strategies to support their child. Parents undertake a screening exercise about their child's behaviours to indicate if these appear consistent with ADHD. If so, they are then offered a place on a 20-session ADHD-focused Incredible Years programme, to provide a comprehensive set of strategies and techniques to support their child, improve their own parenting confidence, and reduce the impact of these behaviours on family life. Incredible Years is a renowned and proven intervention programme with over

30 years' experience of being delivered to parents across the world. So far, the Changing Lives team in Colin have completed 11 ADHD-focused Incredible Years programmes in Colin, Lisburn, and South, West and North Belfast, and are currently delivering a further 5 programmes. The team are now beginning to build the next round of 5 programmes to start in January 2020.

Just over halfway through the lifetime of the programme, Changing Lives provided support and advice to around 1000 families and over 500 education and health professionals across Belfast, Lisburn, the border counties (Louth, Monaghan and South Down), and the Argyll & Bute region of Scotland. The target before the programme is due to end next year is 2000 families.

Incredible Years ADHD programme

Delivered at various locations, Cloona House, Atlas Centre, Lisburn, Shaftesbury Recreation Centre, Ormeau, Fortwilliam Resource Centre, North Belfast, East Belfast and Falls/Andersonstown West Belfast.

Strengthening Families Programme

Weekly SFP programme delivery with 10 families (parents and children) evenings. Running from 5 November – 17 December 2019, with two weekly booster sessions in February 2020.

Incredible Years ASD & Language Delay Programme

14-week programme delivery with 8 families (c. 12 parents).

One Healthy First Foods weaning programme for 6-8 new mums. January – March 2020.

Colin Breastfeeding Support Group

Runs weekly in Colin Community Hub.

Unfortunately these programmes had to be put on hold at the end of March.

Parenting Support home visits

To vulnerable mums and their babies, including baby massage programme – approximately 10 visits per week.

Manualised core programme for new mothers

Home visits from CEPP Health Visitor to 20 mothers (from 20 weeks antenatal to two years postnatal).





Breast Feeding Support Group celebrating another birthday.

Colin Primary Schools Counselling Project

Time4Me 1:1 counselling

Individual counselling sessions with children delivered in local primary schools by Barnardos, this includes additional related meetings with parents and school staff. Funding is secured by Colin Neighbourhood Partnership from PHA, SEHSCT, Urban

Villages and a contribution from all schools. This programme was interrupted for a short period of time due to the school lock down, but managed to provide support to children on line after the period of interruption.

BOUNCE

Up to 40 classroom-wide workshops to build emotional resilience held across all six Colin primary schools, involving up to 1,200 children at Key Stage 2, along with six senior management team sessions, six teacher training sessions and six parent/carer training sessions.

Speech & Language Therapy Service

1:1 and small group therapy

Children in P1 and P2 across all six Colin primary schools received S&L support, this service offers an average of 14-weeks therapy per child. The service is delivered by South Eastern Health & Social Care Trust Speech and Language team, Colin Neighbourhood Partnership and schools contribute to funding for this service. **Again another programme that had to be put on hold due to the Covid lockdowns in schools.**

Colin Adolescent Counselling Service

1:1 counselling sessions

Individual counselling sessions delivered to 11-17 year olds, service delivered by New Colin Counselling Counselling, funding secured by Colin Neighbourhood Partnership.

Crescendo music development programme

435 primary school children across two Colin primary schools receiving weekly professional music tuition on a class-wide basis throughout the academic year.

At its heart Crescendo is a multi-layered social impact programme using music and social learning to improve a wide range of outcomes for young children and their families. There are a number of short, medium and long term outcomes associated with Crescendo's theory of change. Long term the programme is designed to bring about structural change leading to vibrant and inclusive communities by improving community reputation and morale. Medium term it aims to bring about improvements in the areas of community level emotional health and well-being, parental support, education and child development. In the short term, the core programme outcomes of pupil music skills, social learning and parental engagement in their child's education have been selected through community consultation.

The Crescendo programme emerged in the Colin and Greater Shankill areas of West Belfast, is overseen by a steering committee made up of a cross sectoral partnership that brings together: Colin Neighbourhood Partnership, Shankill Children and Young People's Zone, The Ulster Orchestra, Queen's University and the four school Leaders







Young people from the 4 schools playing alongside Ulster Musicians in the Ulster Hall Children from Holy Evangelist Primary

School

Community Safety/Environment

Safe and Well Day

The Safe & Well Information Day was held on 6th December in the Dairy Farm Shopping Centre. This is an opportunity to promote vital services that can support local residents and also to receive helpful information from a range of organisations on how to stay safe and well over the Christmas period. We were delighted to see so many services getting involved and wiling to show how they are keen to support the local community.

As it was close to Christmas we believed we shouldn't do this without the involvement of Santa and children, and of course free Christmas treats and carol singing was part of the day. The bonus in inviting children from the local nursery and primary schools encourages parents and grandparents to attend creating a captured audience to promote the services.



PSNI Neighbourhood Policing Team



LifeLine – support staff



BCC highlighting food safety and recycling



Choice Housing offering advice



Samaritans encouraging volunteering Free Health Checks on offer









Some of the school children enjoying the atmosphere

Ethnic Minority Open Welcoming Day

The Ethnic Minority Open Day, providing a warm welcome to the area and ensuring them that we are on hand to assist in any way we can was hosted by Colin Neighbourhood Partnership at the Colin Allotments. Over 60 adults and children from the Syrian, Lebanese and Somalian communities attended the event which was funded by Belfast City Council Good Relations Programme. We were joined by PSNI, neighbourhood policing teams as well as Gary Reid MSc Chief Inspector and local Policing Commander, local advice and support agencies which included Public Health Agency, Barnardo's, Northern Ireland Housing Executive ethnic minority team Colin Neighbourhood Partnership community development team and staff from Ionad na Fuiseogie.

The event was an opportunity to bring together and welcome the various diverse communities in the Colin area. Children took part in a show and tell event organised by neighbourhood policing team who had brought along motorcycles, trucks and chase cars. A local chef provided interactive cooking demonstrations in traditional Irish cuisine. Entertainment also included a Jurassic Ark reptile display show which provided families with a fun hands on educational experience. Families also availed of the many support services in attendance.









Images of those who were more than happy to attend the event and share elements of their particular, thankfully mainly food.

Railway Safety Programme

This is a group of young people who took part in a railway safety programme organised by our Community Safety Officer which included representatives from PSNI and Translink's Railway Safety team.

The purpose of the programme was to highlight among young people the dangers of hanging about the local railway halt at Dunmurry. Young people hanging about the site are putting themselves and others (specifically railway staff) in serious danger. Residents that live close to the halt claim that the young people are also causing a major nuisance to the area.

As part of the Railway Safety programme CNP's community safety officer also ran an art competition involving young people in designing a banner to promote railway safety.





"Great night for our Railway Safety Celebration event. Thank you to Brendan McAteer from CNP and Ciara and Brian from Translink. Well done again to Dylan Monaghan for winning the competition. Project funded by BCC PCSP."

Recognition at the West Belfast Community Environment Awards for the work started on the Fairy Trail at the Allotment site.



Brendan, Community Safety/Environment Officer receiving the award from Renee Crawford Chaire of the WBPB Environment sub Group and of course Paul Maskey MP and Paddy Kelly NIHE.



These are images of the site being developed as the fairy trail

Social Renewal Crime

Sally Gardens

Through the programmes delivered in Sally Gardens we aim to help reduce the levels of Crime across the Colin Area:

- Over 2019/2020 programmes delivered included:
- OCN Level 2 Young People and Youth Justice
- OCN Level 1 and 2 Community Safety Awareness
- OCN Level 2 Drug and Alcohol

The OCN's listed above were selected for the primary reason of the outcomes from the courses. The aim of such courses is to increase the awareness of antisocial behaviour and with the new found knowledge, it will then deter youths from taking part in such behaviour







Diversionary Activities

Throughout 19/20 there were a number of diversionary activities that we were able to offer, with the support from Colin Safer Neighbourhood Project - Easter, August, Halloween and Christmas. During the time of the year when young people are off school is when diversionary activities are needed the most. Each holiday period has the potential to see increased anti-social behaviour due to young people being off school. Here in Sally Gardens we offer activities such as Snooker Competition, FIFA Competition, movie nights and other themed activities. i.e Halloween Disco, Pumpkin Carving etc. Activities such as these act as an alternative to hanging around the streets. Reports and feedback suggest that young people will engage in these activities, if offered to them.









A group of 15 teenagers completed numerous OCN qualifications over the year and were rewarded with a residential to Todd's Leap. The group thoroughly enjoyed their experience and were a credit to their parents and their community.

Colin Safer Neighbourhood Project also funded a 6 week Boxercise course for a group of 12 young people. This programme was great for not only their physical health but also their mental health. The coaches from St Michael's ABC we a brilliant support for the group and the young people who took part benefited greatly.



Sally Gardens continued







Sally Gardens have been involved in many social action projects throughout this year. Young people, Staff and Volunteers have helped with graffiti removal, litter picks, planting flowers and general tidying up of the area. Social action projects are key to improving how young people view their area. If the area is well looked after, then people are less likely to dump rubbish or destroy it. It has also been proven that if young people are involved in cleaning up or helping to improve the area then they are more likely to respect it.

Rail Safety

Sally Gardens Youth participated in the Rail Safety Campaign through CNP. Young people from the centre completed two workshops with Translink Staff, looking at the dangers of youths hanging around at railway halts. Young people then took part in a poster competition raising awareness of the dangers they learnt about. A winner was then picked and the winning poster was made in to a banner. There was a night of celebration in Sally Gardens and the winner presented with their prize. Projects like this are extremely important for highlighting the safety concerns that surround railway halts and promoting messages of safety in a subtle, yet effective way



Economic Renewal/Worklessness

Sally Gardens

The Building Your Future employability project is managed by PCA at Sally Gardens and is funded by the European Social Fund, DfE, Urban Villages initiative and Belfast City Council Capacity Build Grant.

The main aims and objectives of this programme are to support those participants who are most job ready to find and sustain employment and to also support those who are furthest away from the job market and are harder to reach, i.e. those who are considered to be economically inactive participants, to realise their full potential by helping them overcome barriers to employment and education.

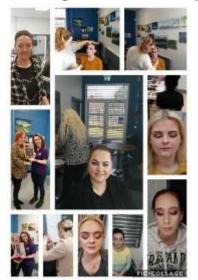


All participants who enrol on the programme are assigned a Mentor who ensures each of their Mentees receives guidance and support to enhance their skills, confidence, motivation and self-esteem. All participants are encouraged to undertake a level 1 qualification. By gaining qualifications, participants are enhancing their educational attainment which enables them to meet not only criteria for employment opportunities but also to reinforce a more effective progression route into level 2 and 3 courses in FE colleges and/or apprenticeship opportunities.

In year 2, April 2019-March 2020, 109 participants enrolled onto the project against a target of 95. This equated to 115% progress against target. 6 unemployed participants gained employment against a target of 5, equating to 120% progress against target. 18 economically inactive participants gained employment against a target of 12, which equates to 150% progress against target. 16 economically inactive participants progressed into education and/or training against a target of 8, which equates to 200% progress against target.

During year 2, 90 participants gained level 1 qualifications within the bank of units for the level 1 Award in Vocational Skills. 40 participants completed an interactive and practical Make Up Application Skills course. These participants also gained further units in Personal Confidence and Self Esteem, Improving Assertiveness, Interpersonal Skills for the Individual, Filing Skills and Word Processing Software. 12 participants gained a level 1 Award in Approaches to Wellbeing.

Building Your Future Employability photos







Physical Renewal

Work on the major Urban Park commenced during this reporting period









This is images of the first work carried out on the £5m urban park mentioned at the top of this report, this is going to make a massive change in the Colin area, we can't wait to see it all completed and hope it all goes to plan and on time.

8 participants attended a Get into Cooking programme from January until March 2020 and gained their Level 1 Award in Vocational Skills obtaining units in Cooking Skills for the Domestic Kitchen and Food Preparation and Cooking. The participants gained invaluable practical skills and learned about preparing nutritionally balanced foods, how to use and maintain kitchen equipment and the importance of health and safety in the kitchen.

14 of our participants obtained their CSR cards. This sector specific card further enhanced their employment opportunities. A number of these participants also went onto attend the Construction Employment Academy.

The start of our 3rd year on this project saw us moving into lockdown as a result of the Covid-19 pandemic. Although we were working from home from the 24th March 2020 until 6th July 2020, we continued to make ongoing contact with our participants and were fortunate enough to be able to recruit for our programme.



New Brook Leisure Centre

The new £15 million development by Belfast City Council opened in December 2020 by Belfast Lord Mayor Danny Baker.

This is an amazing space, the community are absolutely delighted with this new facility, it is important to note that in the first month of opening approx. 8000 people made us of this facility.

Located in the Summerhill Road area of Twinbrook the boasting spacious gym with 60 workout stations including state-of-the-art Technogym cardio and resistance stations, dedicated free weight and functional training areas. The fitness studio offers a variety of classes from yoga to total body conditioning. For the first time in the Colin area, there is now a 4 lane swimming pool, complete with sensory lighting and sounds making this the largest sensory pool in the UK and Ireland. There are 7 new 3G outdoor pitches. Three are covered for all-weather use. There is an outdoor hurling wall adjacent to the pitches. The 5-court sports hall hosts badminton, basketball, gymnastics, football and much more. The health improvement room supports a range of specialist

programmes including Healthwise and MacMillan Move More. Accessible centre facilities include Pool pod, lifts, toilets, showers and changing.



The fully equipped, light, modern, air-conditioned gym is located on the first floor and boasts 60+ state-of-the-art Technogym cardiovascular and resistance stations as well as dedicated free weight and functional training areas.



Brook Leisure Centre focuses on outdoor games with a new 3G pitch for Gaelic and Soccer, three covered and three uncovered 3G five-a-side pitches, and a hurling wall.

New Brook Leisure Centre Continued



The 5 court Sports Hall at Brook Leisure Centre caters for a range of sporting activities from basketball, badminton, netball, gymnastics, table tennis and much more.



The 25m community pool has a depth ranging from 1.0m to 1.2m, and is perfect for swimming lessons and casual swims

Colin Neighbourhood Partnership 2019/2020 Expenditure (by Strategic Objective)

The following table details current projects funded via the Neighbourhood Renewal Investment fund. It also details the 2019/20 individual spend for each project, the total amount of expenditure by strategic objective and the overall 2019/20 total expenditure in the Colin Neighbourhood Renewal Area.

Community Renewal Expenditure

Programme/Project	CFF Funding Period	CFF Funding Amount (Project Allocation)	19/20 Spend (as at 31/03/20)
Core Salaries & Overheads – CNP	01/04/19 - 31/03/20	£119,040	£118,326
CNP – Community Development	01/04/19 - 31/03/20	£97,477	£91,226
Footprints Women's centre	01/04/19 - 31/03/20	£38,477	£26,198
Total Community Renewal Expenditure		£254,994	£235,750

Social Renewal – Education Expenditure

Programme/Project	CFF Funding Period	CFF Funding Amount (Project Allocation)	19/20 Spend (as at 31/03/20)
CNP – Early Intervention Community	01/04/19 - 31/03/20	£47,724	£47,717
Ionad na Fuiseoige	01/04/19 - 31/03/20	£34,674	£34,674
Poleglass Community Association at Sally Gardens	01/04/19 - 31/03/20	£31,442	£31,217
Youth Initiatives NI	01/04/19 - 31/03/20	£21,202	£21,065
Total Social Renewal Education Expenditure		£135,042	£134,673

Social Renewal Health Expenditure

Programme/Project	CFF Funding Period	CFF Funding Amount (Project Allocation)	19/20 Spend (as at 31/03/20)
CNP – Health & Wellbeing	01/04/19 – 31/03/20	£93,532	£93,532
Footprints Women's Centre	01/04/19 - 31/03/20	£51,940	£50,721
Total Social Renewal Health Expenditure		£145,472	£144,253
Total CNP Expenditure		£535,508	£514,676

In the 2019/20 financial year, Colin Neighbourhood Partnership total overall spend was £514,676*

^{*}This does not include services delivered on a West Belfast wide basis and across the Greater Belfast area. These services received £1,095,179 in 2019/20 from Neighbourhood Renewal Investment Funding.

Achievements of Neighbourhood Renewal Funding In 2019/20 year

Community Output Measures

Output Measures	Colin Neighbourhood Partnership	Footprints Women's Centre	Youth Initiatives	Poleglass Community Association @ Sally Gardens	Ionad na Fuiseoige
CR(1)/O1 - Number of people participating in community relations projects	12,563	32	204	236	
CR(3) - Number of people volunteering for community development activities		58	85	25	10
CR(4)/O6 - Number of people engaged/involved in unpaid voluntary work	391	25			
CR(5) - Number of people receiving training in community development skills/capacity building	479	94			
CR(7) - Number of community/voluntary groups supported	75	20			
CR(8) - Number of community relations projects supported	30	3			
CR(10) - Number of people using existing community facilities		1,345			
CR(16) - Number of direct referrals to other support services	690				

Education Output Measures

Output Measures	Colin Neighbourhood Partnership	Footprints Women's Centre	Youth Initiatives	Poleglass Community Association @ Sally Gardens	Ionad na Fuiseoige
SR(Ed) 3 / B1 - Number of pupils whose attainment is measurably enhanced/improved	272				95
SR(Ed) 4 - Number of pupils whose behaviour is measurably enhanced/improved	588				
SR(Ed) 5 / B8 - Number of people engaged in parenting/skills development programmes	707				
SR(Ed)13 / B1 - Number of pupils whose attainment is measurably enhanced/improved against baseline position	884				
SR(Ed) 14 - Number of young people directly benefitting from the project					21
SR(Ed)27 - Number of people engaged in parenting skills/development programmes					72

Health Output Measures

Output Measures	Colin Neighbourhood Partnership	Footprints Women's Centre	Youth Initiatives	Poleglass Community Association @ Sally Gardens	Ionad na Fuiseoige
SR(H)1 - Number of people benefitting from healthy lifestyle projects	5,275	1,912			
SR(H)3/C4 - Number of people accessing intervention/treatment services	799	0			
SR(H)4 - Number of health education/awareness initiatives provided/delivered	37	0			
SR(H)6 - Number of people participating in suicide prevention projects	1,220	317			

Social Renewal - Crime Output Measures

Output Measures	Colin Neighbourhood Partnership	Footprints Women's Centre	Youth Initiatives	Poleglass Community Association @ Sally Gardens	Ionad na Fuiseoige
SR(C)1 - Number of people receiving advice on crime prevention	376				
SR(C)6 - Number of young people benefitting from youth inclusion/diversionary projects			264	253	

Economic Renewal Output Measures

Output Measures	Colin Neighbourhood Partnership	Footprints Women's Centre	Youth Initiatives	Poleglass Community Association @ Sally Gardens	Ionad na Fuiseoige
ER4 - Number of people receiving job specific training				90	
ER6 - Number of people receiving non job specific training e.g. first aid	209				
ER11 - Number of social economy enterprises created/supported	3				
ER14 - Number of people attaining a formal qualification from participation in adult education				121	
ER15 - Number of FTE jobs safeguarded	11	6	1	1	1

Colin Neighbourhood Partnership

Conclusion:

While the Covid-19 Pandemic lock down didn't commence here until towards the end of March, it did have a major impact on our plans for Creativity Month which takes place each March. We had to cancel many events in our calendar due to the pandemic, needless to say that the community were extremely disappointed and some questioned our decision. Because of the daily incidents of deaths and fear in the community, we had to make a call to cancel most of the planned activities, clearly this turned out to be the correct decision for all.

Because of the Colin Town Centre Masterplan the Colin area was named as one of the first Urban Village areas. This has resulted in many major physical improvements projects either completed or underway. Funding for these projects was secured from Urban Villages, Social Investment Fund, Belfast City Council, Dept. for Infrastructure and Dept. for Communities. The projects include, the Rapid Transport System, which for the first time in the history of the area has provided a fit for purpose public transport system that provides public transport services between each of the housing estates; the transport system included the Colin Connect Hub. Other new community facilities, Lagmore Community Forum new build, new build lonad na Fuiseoige family centre, Twinbrook Link, new roof for Cloona House, new facilities at Sally Gardens, improvements at Colin allotment site, all of which are completed in this reporting period. Also completed in the last year is the new Brook Leisure Centre provided by BCC. Projects underway are the Urban Park that will be sited on Stewartstown Road, a new Holy Evangelists Primary School both in Twinbrook.

While the Colin community recognise that they have waited a very long time for these changes and recognise that in comparison to other parts of Belfast that we are really just catching up, they are absolutely delighted with the changes that have taken place in the past 5-6 years and are really excited and can't wait to see what's coming next. These developments have created a real sense of community pride, a sense of a safer place and residents are extremely proud of their area and are beginning to feel valued.

Pockets of deep social need, particularly health and well-being issues continue to persist in the area.

While all the physical changes listed below and all the very positive activity highlighted above which is clearly making a major difference, it is extremely important to ensure that the Colin area is given the resources and support to continue the work of Neighbourhood Regeneration and provided the opportunities to catch up with the rest of Belfast.

We work with many community voluntary and statutory agencies some of which are mentioned below.

Early Intervention

CYPSPB, HSCB, PHA, SEHSCT, SEUPB, Colin Sure Start, NCB, Barnardos, local Schools and many others to continue to deliver on our Early Intervention Strategy, this work continues to produce very positive outcomes for thousands of children and their families.

Community Renewal

Sally Gardens, Ionad na Fuiseoige, Footprints Women's Centre, Youth Initiatives, Education Authority (Colin Youth Development Centre), Good Morning Colin, Ulster Orchestra, Saints Youth Centre, Libraries N.I., Age N.I., Job Assist, Positive Futures, Belfast City Council, Belfast Hills Partnership and of course our many volunteers.

Health SEHSCT, all depts.

(Community Health, Emotional Well Being, Community Mental Health Team, Family Intervention Team, Social Services, Well Being Hub, Family Support Hub), CLEAR (HSCB), PHA, Life Line, Inspire Well-Being, Newlife Counselling, New Colin Community Counselling, Colin Community Allotments and many others.

Community Safety

PSNI, NIFRS, PCSP, BCC, Transport N.I., NIHE, all Housing Providers, Safer Neighbourhoods Project, Community Restorative Justice Ireland and many more.

CNP and its partner organisations will continue to work collaboratively to deliver quality services across the Colin area and will continue to work together to further develop areas of partnership to increase and improve services for all the residents of Colin.

Clearly none of this work would take place without the support from Department for Communities who provide us with resources to employ our core community development team, management in terms of the overall strategy and the early intervention team.

Below included is information regarding our marketing/communication and public relations activities, this work is vital in enabling us to communicate with local residents which results in increased feedback, participation, identification of needs and ensuring community focused activities. Our aim is to reduce communication barriers by producing easily understood messages in relation to consultations and plans that result in ownership of the discussions and reduces negativity, this approach also helps us to make sure that residents are provided with opportunities to have their say.

It is clear that the marketing activity has been the vehicle that encourages local residents to participate in all of our events and activities as each time an event is organised we see growing numbers attending.

Visit us at New Colin Website for further details on the activities and programmes at CNP supported through Neighbourhood Renewal and others.



Department for Communities – Community Empowerment Division

West Belfast Team

4th Floor, NINE Lanyon Place BELFAST BT1 3LP Telephone: 028 9025 0913



