

# Limavaddy

# Neighbourhood Renewal Area

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Annual Report 2019/20

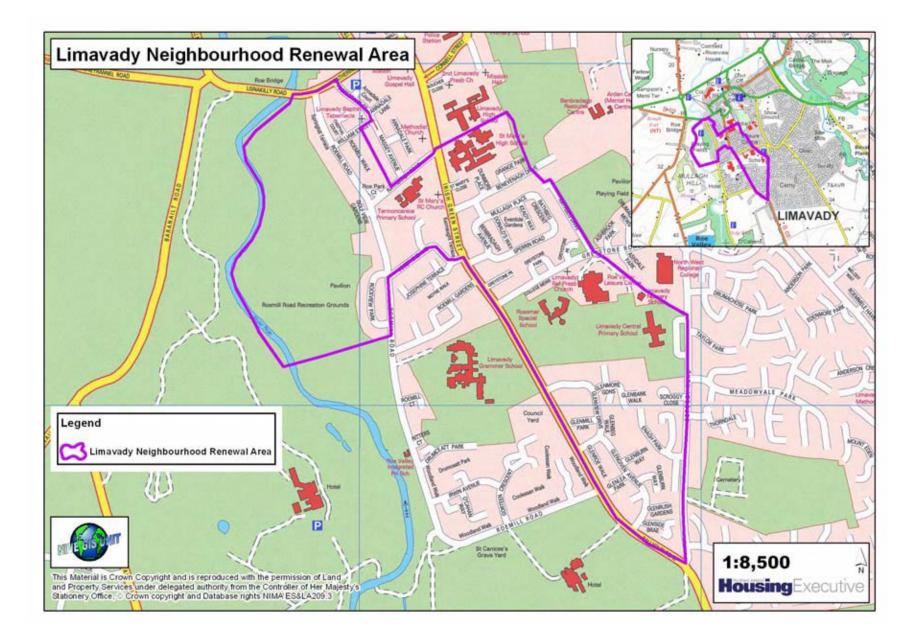






# Limavady Neighbourhood Renewal Area Annual Report 2019 – 2020





#### **About Neighbourhood Renewal**

Neighbourhood Renewal aims to reduce the social and economic inequalities which characterise the most deprived areas of Limavady. Through the Neighbourhood Renewal Programme it does so by making a long term commitment to communities to work in partnership with them to identify and prioritise needs and co-ordinate interventions designed to address the underlying causes of poverty.

Neighbourhood Renewal Partnerships were established as representative of local community interests, with membership including representatives from local community groups and organisations, together with appropriate Government Departments, Public Sector Agencies, Private Sector interests and local elected representatives.

#### About Limavady Neighbourhood Partnership

Limavady Neighbourhood Partnership is an inter-sectoral partnership of public, private and community/voluntary interests formally established in February 2006 to work with the then Department of Social Development (DSD) North West Development Office on the delivery of the Department's Neighbourhood Renewal strategy, to take the lead in managing the Neighbourhood Renewal process in the Limavady Neighbourhood Renewal (NR) areas and to implement the Limavady NR Action Plan. The former DSD is now the Department for Communities (DfC) which continues to work with Causeway Coast and Glens Borough Council and the Neighbourhood Renewal Coordinator to ensure progress in improving services available to residents of the Limavady NR area. The current Limavady NR Action Plan covers the six-year period April 2015 to the end of March 2021 and is reviewed annually to ensure that it reflects the developing requirements of the area. The Action Plan is a 'live' document which is also considered at each bi-monthly Partnership meeting and amended/updated as required on an ongoing basis.

The purpose of the Action Plan is to provide a strategic framework linking regional and local priorities for tackling disadvantage in NR areas. The NR Coordinator plays a key role, taking the lead in managing the process in the Limavady NR area, including implementing the Limavady Action Plan at a strategic, as well as at an operational level and promotes the community, social, economic and physical renewal of the Partnership area. The main duties of the NR Coordinator include facilitating inter-sectoral and inter-agency partnership working, promoting the concept of the Partnership among all sectors through meetings, focus groups, workshops and seminars, identifying and enlisting the support of key influencers and agencies that will contribute to the work of the Partnership and ensuring the fit between the Limavady NR Action Plan and the Department for Communities' overarching strategy for the area. The NR Coordinator is accountable to the full Limavady Neighbourhood Partnership of representatives from key

statutory, political and community interests within the Limavady area. The NR Coordinator is operationally managed through Causeway Coast and Glens Borough Council and adheres to all financial and governance policies and procedures operational within Council.

As part of the NR Partnership there are four Partnership sub-groups that meet bi-monthly to ensure that the key aims contained within the NR Action Plan are progressed. Each of these four sub-groups focuses on one of the following over-arching areas of work:

- Education
- Health and Wellbeing
- Economic Renewal
- Physical renewal

The NR Partnership and the NR Partnership sub-groups operate within the four Strategic Objectives and the key aims of the NR Action Plan, as follows, (strategic objective numbering does not imply priority order):

#### Strategic Objective 1 – Community Renewal

Key Aim - to empower communities from the Neighbourhood Renewal Area to develop confidence, knowledge and skills so they are able and committed to improving the quality of life in their areas.

This is to be actioned through:

- support for community development, including increased community capacity and volunteering;
- improving community relations, including working harmoniously when facilitating or participating in projects and events;
- encouraging and increasing the ability and engagement of young people in influencing decisions that affect them and improving access to accredited training;
- Sourcing and sharing information on service and funding availability to enable communities to sustain themselves.

#### Strategic Objective 2 – Social Renewal

Key Aim – to create a healthy community, safer environment and improved social conditions for the people who live in the Neighbourhood Renewal Area through more active, collaborative working and better coordinated services.

This is to be actioned through:

- support and education regarding emotional, physical and mental health and wellbeing for all residents with the NRA;
- helping people to feel safe and proud to live in the NRA through improved inter-agency working to improve health, the physical environment and reduce crime and vandalism in the NRA;
- reducing levels of educational under-achievement in the NRA through provision of relevant training and projects;
- Provision of parenting programmes within the NRA to improve skills and assist parents to support children's development.

#### Strategic Objective 3 – Economic Renewal

Key Aim – to empower residents from the Neighbourhood Renewal Area and encourage participation to develop educational and employment pathways that connect residents to the wider community.

This to be actioned through:

- working in partnership with the community and voluntary sector, Government departments, the Education Authority and the private sector to encourage participation in accredited training programmes, advice and mentoring for those furthest removed from the labour market and to support residents in the NR areas through the Welfare Reform process;
- increase involvement of the business community in the development of the NRA;
- ensuring that the specific needs of the NRA are taken into account in terms of economic strategic planning, including developing relationships with organisations within Causeway Coast and Glens Borough Council (CC&GBC) to highlight Limavady as an area for investment.

#### Strategic Objective 4 – Physical Renewal

Key Aim – to help create an attractive, safe, sustainable environment in the NRA.

This to be actioned through:

- ensuring that community facilities are up to health and safety standards and accessible to all and to secure environmental projects that enhance the physical look and use of the NR estates through enhanced features;
- improved community and outdoor recreational facilities, to be accessed jointly by the NRA groups and estates;
- Improving the appearance of the areas through continued links with the Inter-Agency group, including the Housing Executive, to ensure that estate-based issues such as graffiti, litter, void houses, etc. are addressed urgently.

Membership of the Limavady Neighbourhood Renewal Partnership and Sub-Groups between April 2019 and March 2020 is outlined in the lists on pages 7 to 12.

| Name                                 | Organisation  |
|--------------------------------------|---|
| Tina McCloskey (Chair)               | The Glens Community Association                                       |
| Karen Campbell, Chair wef March 2020 | Roe Valley Residents' Association (RVRA)                              |
| Trudy Highlands                      | Limavady Community Development Initiative (LCDI) Advice Service       |
| Stephen Lowry                        | Dry Arch Family Centre  |
| Sheila McWilliams                    | Coolessan Community Association (CCA)                                 |
| Mary O'Neill                         | NI Housing Executive (NIHE)   |
| Darren Mornin                        | Limavady High School  |
| Leslie Finlay                        | Western Health and Social Care Trust (WH&SCT)                         |
| Catriona Sweeney                     | North West Regional College (NWRC)                                    |
| Sgt. Darrell McIvor                  | Police Service NI (PSNI)  |
| Ashleen Schenning                    | Limavady Volunteer Bureau, LCDI                                       |
| Joanne Kinnear                       | Manager, LCDI   |
| Diane Rathfield                      | Roe Valley Education Forum  |
| Deirdre Bradley                      | Education Authority   |
| Louise Scullion                      | Community Development Manager, Causeway Coast & Glens Borough Council |
|                                      | (CC&GBC)  |
| Cllr. Brenda Chivers                 | CC&GBC  |
| Ald. Alan Robinson                   | CC&GBC  |
| Dáirine McGarrigle                   | Department for Communities (DfC)                                      |
| Kate McGregor                        | Department for Communities (DfC)                                      |
| Mamie Anderson                       | Neighbourhood Renewal Coordinator                                     |

| Limavady Neighbourhood Renewal Partnership | p members during 2019/20: |
|--|---------------------------|
|--|---------------------------|

### Education Sub-Group Members:

| Name                         | Organisation  |
|------------------------------|---|
| Karen Campbell (Chair)       | RVRA  |
| Tina McCloskey               | The Glens CA  |
| Caroline Murray              | Developing Relationships in Vulnerable Environments (DRIVE) project |
| Sheila McWilliams            | Coolessan CA  |
| Hazel Brooks                 | Bovalley CA   |
| Stephen Lowry                | Dry Arch Centre   |
| Freddy Clifford              | Roe Valley Learning Community (representing 6 local schools)        |
| Diane Rathfield              | Roe Valley Education Forum  |
| Catriona Sweeney/Eilish Reid | NWRC  |
| Kate McGregor                | DfC   |
| Dáirine McGarrigle           | DfC   |
| Fiona Nelson                 | Education Authority (EA)  |
| Deirdre Bradley              | Education Authority (EA)  |
| Linzie King                  | Libraries NI  |
| Mamie Anderson               | NR Coordinator  |

## Health and Wellbeing Sub-group members:

| Name                  | Organisation   |
|-----------------------|--|
| Tina McCloskey, chair | The Glens CA   |
| Karen Campbell        | RVRA   |
| Shelia McWilliams     | Coolessan CA   |
| Caroline Murray       | DRIVE Project  |
| Hazel Brooks          | Bovalley CA  |
| Sharon White          | Dry Arch Sure Start                                      |
| Camilla Lowry         | Nhip Limavady  |
| Patricia Harkin       | WHSCT  |
| Eilish McCloskey      | Social Worker, Scroggy Road HC multidisciplinary team    |
| Maureen Duffy         | Social Worker, Bovalley Medical Centre MD team           |
| Patricia Carlisle     | Limavady Initiative for the Prevention of Suicide (LIPS) |
| Kerry Cooper          | DfC  |
| Kate McGregor         | DfC  |

| Name                | Organisation              |
|---------------------|---------------------------|
| Dáirine McGarrigle  | CC&GBC Environment Health |
| Patricia McGettigan | NR Coordinator            |
| Mamie Anderson      | RVRA                      |

### Economic Renewal Sub Group Members

| Name                  | Organisation                |
|-----------------------|-----------------------------|
| Karen Campbell, chair | RVRA                        |
| Tina McCloskey        | The Glens CA                |
| Shelia McWilliams     | Coolessan CA                |
| Trudy Highlands       | Advice Service, LCDI        |
| Ashleen Schenning     | Volunteer Centre, LCDI      |
| Catriona Sweeney      | NWRC                        |
| Diane Rathfield       | Roe Valley Education Forum  |
| Louise McFarland      | DfC Jobs and Benefits       |
| Martin Devlin         | Roe Valley Enterprises      |
| Kate McGregor         | DfC                         |
| Dáirine McGarrigle    | DfC                         |
| Bridget McCaughan     | CC&GBC Economic Development |
| Mamie Anderson        | NR Coordinator              |

# Physical Environment Sub Group Members

| Name                  | Organisation   |  |
|-----------------------|----------------|--|
| Tina McCloskey, chair | The Glens CA   |  |
| Karen Campbell        | RVRA           |  |
| Shelia McWilliams     | Coolessan CA   |  |
| Mary O'Neill          | NIHE           |  |
| Sgt Darrel McIvor     | PSNI           |  |
| Kate McGregor         | DfC            |  |
| Dáirine McGarrigle    | DfC            |  |
| Mamie Anderson        | NR Coordinator |  |

#### Limavady Neighbourhood Partnership Projects:

The Neighbourhood Renewal Investment Fund supported and funded seven revenue projects in the 2019/20 reporting year, i.e. Causeway Coast and Glens Borough Council Neighbourhood Renewal Coordinator; Roe Valley Residents Association; The Glens Community Association; The D.R.I.V.E. Project; Northern Health Improvement Programme; Generalist Advice Service; The Dry Arch Centre, and one capital project; Bethany Community Hall.

#### Neighbourhood Renewal Coordinator - 1 P/T post

The NR Coordinator is responsible for the implementation of the Limavady Action Plan and provides secretariat support for and assistance to Limavady NR Partnership and its sub-groups, plus other meetings involving the NR community to prioritise actions and develop projects to meet the identified needs of the residents of the Limavady NR area.

During 2019/20 this post continued to provide a support network for all the organisations working within the NR area and assisted in coordinating activities in a strategic manner including disseminating information to voluntary/community organisations working in the Limavady NR area to assist in accessing training and grant funding, with information issued daily. Membership of the Health and Wellbeing Sub-group and the Education Sub-group was expanded to include representatives from Multi-disciplinary teams from two Limavady Health Centres, from Libraries NI and from the Roe Valley Learning Community which represents six schools in the Limavady area. A representative from Libraries NI also attends both sub-groups. The Coordinator also arranged for various organisations who contribute to the regeneration of the NR area to present to and attend NR Partnership and sub-group meetings. By extending membership of the NR Partnership and Sub-groups the opportunity for partnership working, cooperation and wider knowledge of arising needs and available resources has been increased.

The four NR sub-groups operating in the Limavady NR area, i.e. the Education, Health and Wellbeing, Physical Renewal and Economic Renewal sub-groups, plus the NR Partnership, met a total of 29 times during 2019/20. Due to social distancing as a result of the COVID-19 pandemic, the March meeting of the Education sub-group was cancelled. Written reports and verbal updates on the work of all four sub-groups were presented by the NR Coordinator at each Partnership meeting. The NR Action Plan was also an Agenda item for discussion at NR Partnership meetings to ensure that the issues and targets in the Plan reflect up-to-date and relevant issues for the NR area and was reviewed and updated in March 2020. The number of meetings and workshops highlight the considerable time investment made by voluntary, community and statutory representatives and confirms their commitment to improving services for the residents of the Limavady NR area.

#### **Roe Valley Residents Association**

1 P/T Project Coordinator and 1 P/t Administration.

Roe Valley Residents' Association is based within the Hospital Lane estate in Limavady both in Keady Way and in additional premises located at the Gate Lodge of the LCDI building. The Association continued to maintain capacity in both throughout the year. The investment provided from DfC Neighbourhood Renewal supported the Association to plan, develop and deliver a wide range of projects and programmes aimed at tackling the range of problems prevalent in the Hospital Lane areas. RVRA continued to strive towards increasing the range of services provided in the local community. The RVRA Project Coordinator identified the needs of the local community, sourced additional funding and designed programmes and activities which best suited these needs and continued to work in partnership with voluntary and statutory agencies to develop and deliver community programmes and ensure that the voice of the community of Hospital Lane was represented. There continued to be engagement with hard to reach demographic groups and proactive encouragement and support to new and existing volunteers to enhance confidence, skills and further opportunities, as well as offering a range of diversionary projects for young people living within local area.

Volunteering continued to be an integral part of RVRA's success and its ability to cater for the wide range of needs of the residents living locally within the Neighbourhood Renewal Area. During 2019/20 RVRA had 38 volunteers who offered their skills and commitment to the organisation, from input on an ad hoc basis to more than 20 hours per week. RVRA supported and developed volunteers through training and skills development programmes tailored to their needs. Examples of this training offered in 2019/2020 were OCN Level 3 in Youth Work, Child Protection and Adult Safeguarding Training, Basic First Aid, Health & Safety and Outcomes Star Training. Funding was secured from the Association of Independent Volunteer Centres, (AIVC), and Volunteer Grant to support the volunteer training and the acknowledgement and celebration of the key work volunteers undertake.

#### Education

Education continued to be a key focus for Roe Valley Residents Association in their aim of providing additional opportunities for all local residents. Accredited qualifications were offered to residents from the age of 14 through OCN and Northwest Regional College. A total of 73 residents completed qualifications in Basic Food Hygiene; First Aid; Essential Skills: Numeracy and Literacy; Paediatric First Aid; SafeTalk; OCN Level 3 in Youth Work; OCN Level 3 in Managing Challenging and Difficult Behaviour and Level 3 in Working with Children with Special Needs. These courses continued to be popular with local residents and enabled those in the local area to gain core skills and qualifications.

In addition, the International Fund for Ireland's Personal Youth Development Project, (PYDP), offered educational opportunities for a cohort of 35 young people aged 16-24 to complete a series of accredited qualifications including QA Level 2 Award in Emergency First Aid at Work, Level 1 Health & Safety at Work, Drug & Alcohol Awareness workshops and an INSPIRE Employability Programme. Due to the success of the PYDP in the past 3 years, Roe Valley Residents Association has made significant impacts on young people's lives, offering them a person-centred support system, empowering them to make more positive life choices.

The young people participating in PYDP gained qualifications including OCN Level 2 in Good Relations, Level 3 First Aid at Work, CV Building, Team Building, 'School of Hope', Anger Management, CSR Training, Braiding and Plaiting and Essential Skills. Some of the young people also were given a personal development budget which enabled them to access driving lessons and complete their driving theory test, overcoming a significant barrier for some in accessing employment. In addition to supporting young people from the Limavady Neighbourhood Renewal Area, the PYDP programme included participants from other groups within the NR area and also Magilligan, Greysteel, Ballykelly, Drumsurn and Dungiven.

#### Young People's Project

Roe Valley Residents Association, in partnership with Springboard Opportunities, Belfast and partners in the border counties, secured funding from PEACE IV (SEUPB) for a 4 year young people's project. This project was in year 2 in 2019/20 and at that stage had successfully engaged with 140 young people aged 14-24 in a 6 month Good Relations and Personal Development Programme. RVRA is the lead partner for this project in the Limavady area and has developed positive working relationships with other rural areas around Limavady including Dungiven, Burnfoot, Glack and Greysteel. Young people gained a qualification in Personal Success & Wellbeing and built confidence and self-esteem, enabling them to progress to other courses, projects and employment upon completion of the DEFINE project.

In order to help address the educational underachievement of some of the children living within the NR area, Roe Valley Residents Association facilitated homework support clubs on 3 evenings per week, where children and young people accessed facilities and one to one support with their homework. In addition to this, a creative arts club was also developed and, during the summer months, regular visits were made to the local library. 27 young people began to have enjoyable experiences of literacy through storytelling and developing their creativity.

#### **Summer Intervention Programmes**

In addition to the weekly youth clubs, which engaged up to 110 children and young people. Summer intervention programmes operated again during 2019/20 and a series of health and well-being programmes, including:

- skills school
- circus skills
- jumping clay
- first aid awareness
- crafts
- the annual Halloween and Christmas celebrations

A number of family and community outings occurred during the summer to:

- Sperrin Fun Farm
- Belfast Zoo
- Lisburn Leisure Centre

2 Family Fun days also took place during the summer of 2019, 1 in the Hospital Lane estates and the other in the Josephine Avenue areas of the ward.

#### **Summer Camps**

RVRA also successfully delivered two other major externally funded programmes from July 2019 until February 2020, funded through TEO TBUC Summer Camps. TBUC 1 engaged with 60 children and young people aged 11-13 in a summer based project opening up opportunities for young people to forge new friendships in positive and safe environments. These 60 young people participated in a three day camping experience in Castlewellan, Co Down. TBUC Project 2 engaged with 40 young people aged 14-16 in a Good Relations Project which addressed the similarities and differences in communities through the medium of sport. This involved a study visit to Glasgow, as well as sharing experiences at both a Linfield Soccer Game and a local Gaelic Football competition at Celtic Park, Derry/Londonderry. Both these projects achieved great success as there were a lot of new friendships forged between young people from differing community backgrounds and a mutual level of respect developed for each other's cultural backgrounds.

#### **Anti-Social Behaviour**

Roe Valley Residents Association continued to address issues with youth and anti-social behaviour. Following consultation with PSNI and Limavady Town Team, RVRA delivered a targeted 12 week programme to 20 young people who were known to the police and at risk of becoming involved in anti-social behaviour. High levels of engagement were maintained throughout the duration of the programme and as a result, the number of ASB incidents reported to PSNI in the area reduced dramatically. Two members of staff at Roe Valley Residents Association, along with two young people, were selected to represent the views of young people in Northern Ireland at a BBC Children In Need Discovery Group in London, thus enabling them to influence future strategic development of funding organisations.

#### **Luncheon Club**

RVRA continued to run its monthly Luncheon Club throughout 2019/2020, engaging up to 36 local older residents. This initiative was overseen and managed by local volunteers and enabled older people from the estates to enjoy hot food while forging new friendships. The luncheon club acts as a unique platform to engage local members of the community and for RVRA to share health promotion information on topics including unwanted medications and the safe use of prescriptions, health awareness, hearing loss, Alzheimer's and bowel cancer. The social inter-action in these groups also supports mental health and wellbeing. The group also completed a glass painting course and health initiatives such as armchair yoga and Pilates. 26 older people also attended the Friday morning craft class where skills in a number of crafting disciplines were developed. In addition to the older people's regular activities, a women's empowerment programme was also established. 40 local women came together on a weekly basis to learn new skills and socially connect with their peers. A weekly walking group and workshops on crocheting were delivered. This proved to be a popular group and highlighted the need for further development and engagement with local women aged 25+. A weekly parent and toddler session was also facilitated by The Dry Arch Centre at the Community House in Keady Way. The RVRA weekly savings club continued to operate, with 88 local households saving.

#### **Sharing Your Space Programme**

With funding secured through Causeway Coast & Glens Borough Council, the Peace IV Sharing Your Space Programme enabled Roe Valley Residents Association to improve the internal layout of the community house as numbers of participants in RVRA's community based programmes continued to increase. The new open plan layout provided a more connected delivery of programmes, enabling engagement with a higher number of local residents at the one time.



Reopening of newly refurbished RVRA Community house, funded by the PEACE IV Sharing Your Space Programme

#### **Covid Response**

With the unprecedented impact of COVID 19 from mid-March 2020, RVRA has been very proactive in aiming to respond to the needs and issues of the local community. A colour coded system was sent to every household so the community organisation could quickly identify those who required some level of support and/or assistance. In addition, over 160 meals were delivered to the older, most vulnerable residents. Weekly activity packs, online connections through Zoom and Facebook were also initiated with local children and young people. For older residents, activity and essential care packages were organised, along with weekly or, in some cases daily, phone calls to connect with them. The Project Coordinator oversaw this community response and has, with the support of other staff and volunteers, made a considerable impact in supporting the daily lives of many local residents.

The following photographs show a selection of RVRA 2019/2020 activities:



Young people enjoying the summer TBUC Camp at Castlewellan Co. Down and Young people participating in the TBUC project Summer Camp to Glasgow, Scotland



Participants in the Women's Empowerment Project



Parents and toddlers enjoying their weekly play session



Members of the RVRA Youth Forum showcasing work at BBC Broadcasting House, Belfast and PYDP Participants engaging in group discussion



PYDP participants studying for qualifications



Young people's Graffiti Art Project



DEFINE Project participants at DAY ON activities



Residents enjoying the monthly luncheon club



Young people attending the weekly youth club

#### The Glens Community Association

- 1 F/T Project Coordinator
- 1 F/T DRIVE worker

The Glens Community Association continued to provide a wide range of programmes and activities for all ages in the Glens estate. They also provided an advice service, facilitated by the LCDI advice outreach worker coming once a week on a Thursday afternoon to the community house where residents received confidential information, support and advice. The weekly youth club continued to attract 25 young people each week and provided a safe environment for young people to come and take part in a number of activities including arts and crafts, dinner club, indoor and outdoor games, gardening and cooking.

The Glens Community Association also delivered classes and activities including sewing/knitting classes, a fly tying/fishing programme, volunteer team-building, activities for physical and mental health, Summer Diversionary activities such as a Community Festival, (attended by over 350 people from the Glens and neighbouring estates), a weekly luncheon club for elderly people, a children's Christmas party and Christmas dinner for 30 elderly people. These programmes encouraged all ages to come into the community house and see what was on offer.



Glens Christmas Dinner 2019

The Glens also ran educational programmes such as Essential Skills literacy and numeracy which provided residents with qualifications to enable them to secure employment. Through funding from Conservation Volunteers, The Glens offered CSR card training. Their community garden encouraged residents to help with its upkeep and to grow flowers and vegetables for the community. A gardening service was also offered to the residents of the Glens estate. For a small fee people could have their garden cut, yard power hosed and hedges cut. The Glens continued to rely on volunteers to deliver this service and continued to

actively source new people to assist. During 2019/20 The Glens also provided facilities to enable three people to undertake their community service, which provided additional support to residents of The Glens community.

The Glens community garden continued to be a popular focal point with colourful plants and flowers, with residents coming into the garden and enjoying the beautiful surroundings as well as availing of the bumper crop of apples.



The Glens Community Association secured funding from NIHE Cohesion division to deliver a Summer Festival. This Festival was held as a diversion to bonfires and to reduce the risk of anti-social behaviour around the 15 August 2019.





The Glens Community Fun Day

Funding received from the CLEAR programme provided a range of additional provision such as craft classes, armchair exercises, drama, outdoor activities for young people, Cook It classes for young and older people and a drug and alcohol awareness session for all ages.

The Glens luncheon club catered for up to 20 people in the community house each week and volunteers delivered, on average, six to eight dinners weekly to homes in the area where residents were unable to attend the luncheon club in the community house. In addition to having a three course meal, residents enjoyed bingo followed by craft classes. This service alleviated loneliness for elderly residents and helped bring people together who would not normally come to activities. Food received through the CHNI Fare Share programme provided a brunch club for young people during the summer holidays.

The Glen's staff, committee, volunteers and young people took part in Peace IV programmes such as Developing Our Young Leaders, Banksy, Sharing Your Community Space, Capacity Building and Good Relations. These programmes enabled participants to gain qualifications WHAT QUALIFICATIONS and be involved in cultural visits including a trip to Poland.

Renovations to the community house were completed in September through the Peace IV Sharing Your Community Space programme. The renovated kitchen became around 3 times the size before. Funding from Peace IV Capacity Building and Good Relations grants funded kitchen equipment.



The newly renovated kitchen in The Glens Community House

Funding received from the Halifax Foundation enabled 55 young people undertaking GCSE's to have extra tutorials to increase their chances of obtaining passes in English and Maths. This funding was obtained and tutorials facilitated in partnership with Darren Mornin, the Principal of Limavady High School.

The Glen's staff and committee asked that their thanks be recorded to the Department for Communities and the NR Coordinator for their continued support throughout 2019/20.

#### D.R.I.V.E. (Developing Relationships in Vulnerable Environments) Project

#### The Drive Project 2019/2020

The Drive Project, co-ordinated by the Glens Community Association, works within the Neighbourhood Renewal area in Limavady. In 2019/20 the project continued to target young people aged between 5 and 13 years, with an emphasis on gathering a volunteer network from family and other members of the local community, strengthening familial and societal bonds. The project offered programmes to help young people grow in areas such as Educational (with a focus on Stem Subjects), Confidence Building, Environmental Awareness, Physical Activity, Personal Safety and Health and Personal Hygiene. The Drive Project continued to nurture the young people who participated, their family members and their local community.

The Drive project continued to work in partnership with local voluntary and statutory agencies such as Causeway Coast & Glens Borough Council, NI Education Authority, Sure Start, LCDI, The Dry Arch Centre, PSNI, NIHE, Western Health and Social Care Trust and local schools, ensuring that all families were targeted and given an opportunity to participate. The project also provided a signposting service to other local support when needed.

The Drive Project was mainly funded by Department for Communities (DfC), which funded one Drive worker, (managed by the Glens Project Coordinator), and running costs. This funding enabled the Drive Project to provide several facilitators and develop an exciting project for young people. In 2019/20 the project also received funding from the Public Health Agency (PHA) Clear Fund which enabled the project to supplement some of the core themes and provide volunteer training to maintain best practice. Training provided was chosen to strengthen the Drive Project services whilst providing volunteers and family members with beneficial qualifications and included Designated Adult Training, Child Protection Training and Vulnerable Adult training.



**DRIVE** Training

#### **The Environmental Programme**

This programme worked to strengthen family and community bonds, promote civic pride and develop a better understanding of nature and local wildlife. Young people, volunteers and family members learned about planting flowers and weeding, recycling and identifying birds. By planting hanging baskets and undertaking litter picks, young people gained a sense of pride in their areas and improved relationships with older people.



Children participating in the Environmental programme

#### The Personal Safety Programme

Young people were involved in summer safety workshops in 2019. They took part in Stranger Danger workshops and in roleplay activities. The young people also participated in a workshop presented by the Pink Ladies on reducing the risk of developing cancer.

The Personal Safety theme was chosen specifically to target the safety issues that arise around Halloween. Subject areas included safe trick-or-treating, road safety, safety with fireworks, Halloween crafts and lantern-making, and was delivered in partnership with LCDI. The project also worked in partnership with the local Community Officer from the PSNI to provide information on how to stay safe at Halloween. 34 young people participated in this programme.



Personal Safety events

#### The Confidence-Building Programme

This programme built upon levels of self-esteem and confidence and was facilitated by Fresh Little Minds, including GROW training to encourage personal and social development. This programme introduced children to the AMBER approach, teaching them elements of neuroscience and helping them appreciate how their minds and bodies work together. They explored themes including kindness, bottling up feelings, people time and me time, whilst learning techniques that helped their bodies relax when anxious, stressed, scared, worried or excited. Parents participated in the final intergenerational session to see what the young people had learned and to share some of their new coping techniques.



The Confidence-Building Programme - GROW training sessions

An intergenerational programme of flower arranging was held to promote peer to peer learning, develop skills and strengthen family bonds. 44 young people participated in the Drive Confidence Building programmes.



Inter-generational flower arranging

#### **Educational Programme**

Young people were involved in learning adjectives through Art and Poetry, learning symmetry, the solar system, magnetic painting, and producing personalised plaques and in building challenges.

The Drive Project brought W5 to Limavady for 3 Saturdays in January 2020 in order to make science accessible to young people who might not have had the means to access such a vibrant programme at W5 in Belfast. Young people took part in a science magic show, technology trials, bridge building challenges, a teetering tower challenge and a space show.



W5 activities held locally

Another part of the Education theme was to bring Maths sessions into local community houses, the young people learned addition, subtraction, shapes, fractions and problem-solving in a fun, constructive way. 31 young people participated in the Educational themed programmes.

#### **Physical Activity**

Throughout January to March 2020 the Drive Project promoted Physical activity by providing young people with swimming lessons and exercise classes. Swimming lessons were graded so that young people could feel a sense of achievement whilst being given the opportunity to improve their swimming ability and completed their swimming classes and obtained certificates. The project also

brought in facilitators from Skill Schools NI to facilitate three skills schools at half term. Skill Schools provided taster sessions in a variety of sports and exercises where young people competed in teams and were awarded certificates and medals on completion. 50 young people participated in the Physical activity themed sessions.







Children obtaining swimming certificates







Children taking part in physical activity sessions

#### Health and Hygiene Programme

Young people took part in a Health and Hygiene programme addressing issues including oral hygiene, germs, washing hands and the importance of exercise.

As a natural progression from the physical activity theme the Drive Project promoted healthy eating and lifestyles in the Community Houses where the Drive project took place. Young people participated in Cook It sessions, learned about portions, the Eatwell plate and food groups. Young people played nutrition-focused games and prepared their own meals.



CookIt and EatWell sessions

When lockdown was imposed in March 2020, the Drive Worker maintained contact with participants through social media and produced and distributed activity packs.

#### Improvement in Educational Attainment of NR Residents

The following are examples of contributions from Neighbourhood Renewal Partnership organisations to improved access to services for Limavady NR area residents:

#### **Dry Arch Centre**

The Dry Arch Children's Centre continued to be represented on the Limavady Neighbourhood Renewal Partnership during 2019/20. During this period, the Dry Arch provided a range of support services to children, young people and families residing in the Limavady Neighbourhood Renewal area and the wider Limavady and surrounding areas. The Dry Arch provided a holistic approach, supporting the family as a whole, with wide demographic services encompassing: support for antenatal mothers; post-natal; early year's education and developmental support; primary school programmes; youth mentoring and structured youth programmes for parents and grandparents.

The Centre continued to work in partnership with community and statutory organisations within the Limavady area In 2019/20, through the delivery of programmes, events and outreach work within respective communities, to ensure a joined-up approach focused on the best results of families in the Limavady Neighbourhood Renewal area.

The list below is not exhaustive but provides an overview of the services provided to the NR area during 2019/20 by the Dry Arch Children's Centre.

#### **Early Intervention Family Support Hub**

The Dry Arch Family Support Hub worked to enable vulnerable families who required support within the NR area to have access to appropriate services. It ensured that the needs of children, including factors that compromise children's educational achievement, were met in a holistic manner and that the right support was made accessible to those who were referred. The Family Support Hub comprised a range of community and statutory organisations, working together and referring clients to the Dry Arch to ensure early interventions are provided. The Dry Arch Family Support Team worked closely with NR partners in education, health and community to provide a comprehensive family support service, ensuring the right help was given at the right time.

#### SureStart Project

The Dry Arch Children's Centre Sure Start project provided a range of services for children aged 0-4 years and their families in the wider Limavady Area including the NR areas of Limavady. Relationships began at the antenatal stage with expectant parents being supported through programmes such as Antenatal Reflexology, Welcome to the World, Hypnobirthing, Pregnancy Yoga, Home Visiting and REWIND Therapy. Parents and children under 1 year of age, engaged in several early education and developmental programmes such as Bright Beginnings, Breastfeeding Support Group, Baby Massage, Baby PEEP and Solid Start. The Sure Start Developmental Programme for 2-3-year olds, Ready Steady Preschool and Creative Club programmes helped facilitate a smooth transition between home, programme and preschool setting. The Speech and Language Department supported all children within the project as they moved through the different stages of development. The project also provided parenting and family support to encourage and support positive parenting and strengthen relationships. Community involvement through Community Play Days, Health Promotion Campaigns and Seasonal Events provided opportunities for participation, volunteering and encouraged involvement across all ages. Signposting and collaborative working with professionals within education, health and social care continued as pooled expertise and resources were shared. Dry Arch Sure Start produced a quarterly planner of activities and programmes, that were well publicised across the various digital learning platforms and website.



Halloween event



Surestart project

#### **Family Support and Home Visiting**

During 2019/20 Family Support and Home visiting continued as key services provided by Dry Arch Family Support workers and enabled signposting into Dry Arch and other community services to ensure people residing in the NR area were supported appropriately.

Work was undertaken throughout the NR and wider Limavady area to help local families overcome hardship and ensure they were made aware of the appropriate help available to them. Requests for support were received by the Dry Arch through self/family referrals, schools, GP's, professionals, community groups and statutory partners.

The Dry Arch Children's Centre provided Family Support and Home Visiting for 400+ families. Additionally, they provided Telephone 1-1 support to 1000+ families and supported a further 60+ families through case conferencing/core meetings.

#### **Youth Mentoring**

This project, supported by the Dept. for Communities, enabled the Dry Arch to provide one-to-one and group support sessions to young people in NR areas to help them make better choices and move away from negative influences and towards education, employment or training. 121 young people aged 10-24 in the Limavady NR area engaged in this programme. The youth mentoring programme dovetailed with existing services in the community, providing early intervention support for young people and a holistic approach by supporting the wider families on issues such as family break-up, family breakdown, poverty, alcohol and drug misuse, anger management, isolation, social anxieties, etc., being a few examples of the complex needs that the programme addressed with young people and families as part of the project.

Through this project, families from the NR area who were isolated and required support, engaged within community-based activities, taking part in volunteering with the Dry Arch Centre and in teen projects such as resilience training, physical activity and residential. CyberPAL, resiliency programmes, Health Promoting Homes and work placements were also provided through this project, which built confidence and skills in young people who were unemployed, preparing them for education, work, and training.



Dry Arch Youth Mentoring programme

#### **Therapeutic Play Interventions**

The Dry Arch Centre provided therapeutic play therapy to families within the Limavady NR area and had an extensive waiting list for this project which was reduced in 2019/20 through the implementation of individual and group sessions, delivered both in the Dry Arch Centre and in settings throughout the community. The Dry Arch Play Therapy Coordinator was supported by additional sessional workers to enable children aged 3-12 years, who were referred by education providers and professionals, to learn self-control, self-respect, to express feelings more positively, solve problems more skilfully, and to modify problem behaviours. Children within the NR area benefitted from this project throughout 2019/20. In addition to direct therapy sessions for the child, the wider family network was supported through Dry Arch services.

The Dry Arch have been working in Termoncanice Primary School, Central Primary School, Ballykelly Primary School, St. Canice's Primary School Dungiven, St. Canice's Primary School Feeny, Faughanvale Primary School St. Colmcille's Primary School Claudy, St. Mary's Primary School Park, Gaelscoil Limavady, Gaelscoil Dungiven. Roe Valley Integrated Primary School and also provided sessions in community settings for additional school-aged children.

#### **Limavady Gets Active**

The Limavady Gets Active project was a Dry Arch initiative working in partnership with Children in Northern Ireland to provide support to children in the NR area during holiday periods. The project provided food, physical activity and accredited skills training programmes. This project ran at Easter, Summer and Halloween periods in Limavady, working closely with the Dry Arch Family Support Hub and NR partners who signposted participants. Over 100 young people participated across the NR area in 2019/20.



Limavady Gets Active Programme



CyberPAL programmes

#### CyberPAL

Dry Arch Centre continued to deliver the OCN accredited training programme CyberPAL which was pioneered by the Centre to ensure awareness in young people and parents of the threats that exist online and to help tackle Cyber bullying. This continued to be available through schools, community groups and parents' information sessions. In 2019/20, 355 young people took part in CyberPAL training delivered by the Dry Arch. CyberPAL provided up to date information to help them stay safe, be aware of the dangers of social media and the implications of cyber bullying.

#### **Creative Spark Training**

Creative Spark provided a weeklong programme for young people to help them understand the impact of trauma on their bodies, minds and brain development, relationships, behaviours and the ability to learn. This project was more suitable for young people who had suffered from adversities and provided them with the appropriate mechanisms to cope with their problems.

#### **Healthy Emotions**

Young people completed this 6-week intervention to help them deal with emotions and foster appropriate behaviours. The Healthy Emotions programme helped young people to manage stressful situations better, promoted a positive mind-set and attitude and provided education on how/why emotions matter.

#### **Dry Arch Voices**

A weekly group focused on singing with 12 participants. The group was open to young people throughout the Limavady area with the aim of improving confidence, social skills and teamwork.

#### Just Us – Emotional Wellbeing Programme

Young people completed this intervention, designed to enable them to address sensitive and controversial issues. This was delivered in 2 x 4-week programmes for teenagers in the Limavady NR area. Outcomes of the Just Us programme included:

- Young people felt better equipped to manage/control these emotions.
- Young People felt more involved in school and home life.
- Young People felt they were better equipped to understand and self-regulate behaviours and emotions.

#### **Teen Knit & Knatter**

12 young people attended the Trauma Teddies initiative which took place during 2019/20. This project attracted children and young people from a number of schools to come together and learn how to knit and crochet. The project provided donations to the PSNI and hospital Accident and Emergency department.

#### Dry Arch Bounce Back Resilience Programme

The Dry Arch Centre delivered an evidence-based resilience and well-being curriculum enabling children to talk about their feelings. This was a six-week programme based on the GROW programme and introducing the AMBER approach, teaching children elements of neuroscience and helping them to understand their minds and bodies. Resilience training was delivered to over 300 young people in the Limavady NR area and an additional 250 young people in the wider Limavady area.



#### **Resilience Programme**

Aimed at 11 to 18-year olds, this programme was delivered to young people and their families. The Bounce Back resilience programme explored the neuroscience behind behaviour and how our bodies work, particularly in times of stress or anger. The programme introduced ways to "re-set" the nervous system and self-regulate their behaviour. As a result of this programme

- Young People were better able to understand and self-regulate behaviours and emotions.
- Family relations where improved
- Relations in schools and other social settings where supported

#### **Health Promoting Homes**

This was a free 18-week personal development programme, delivered in partnership with the Public Health Agency, providing opportunities for parents and young people from the NR area to develop new skills. Sessions included 'Cook It' and nutritional advice, physical activities and personal and social development elements.

# **Community Events**

Throughout 2019/20 the Dry Arch Children's Centre held several free community events including:

- Halloween Celebration of Families at the Roe Valley Arts and Cultural Centre (2,400+ attendees)
- Summer Fun Days with community partners including The Glens Community Association and Roe Valley Residents Association
- Christmas Fun Days with Santa



Working in partnership with other organisations

## **Generalist Advice Service**

This project, funded by DfC and Causeway Coast and Glens Borough Council, continued to provide a local estates-based advisory service which was delivered by Limavady Community Development Initiative (LCDI) providing outreach sessions in Community Houses in the NR area. This service ensured that individuals did not suffer through insufficient understanding of their rights and provided advisory services within the NR area so that residents were aware of their benefit entitlements. The service provided

assistance with appeals, completed application forms, provided supplementary benefits advice, better off calculations, signposting to other services, including to the Volunteer Centre for those interested in volunteering and/or obtaining paid employment.

During 2019/20 the main focus of work continued to be supporting those applying for Universal Credit and the impacts of the change to this new system.

In the 2019/2020 funding period the provision of this service generated £434,891 in annual benefit awards and £417,225 in refunds, compensation and back money awards for the residents of the Limavady NR area, (a total generated income of £852,116 for an outlay of £18,139).

#### Neighbourhood Health Improvement Programme (Nhip)

This programme provided a part-time Health Development Worker and programme costs. The purpose of the Neighbourhood Health Improvement Programme, facilitated regionally by the Western Health and Social Care Trust, was to continue to develop and deliver programmes/initiatives to enable residents in communities in the Neighbourhood Renewal area to improve their health and well-being. NHIP programmes in Limavady have continued to grow from strength to strength and are impacting more families than ever as groups and classes are adapted and developed over time. NHIP links in well with other programmes delivered by Council, enabling long term impact on individuals within the Limavady NR area. In 2019/20 there were a total of 234\_beneficiaries in the Limavady NR area from DfC funded programmes.

In 2019/20 programmes funded and delivered by NHIP through DfC funding were as follows;

DanceFIT/,Movers(32), Yoga(22), MumFIT(14), YAYA(16) (mental health & well-being group), Turn up & Tone(28), Mindful ME(19), Family games and Cookery(54), Men's MOT's (23) and Fitness, Danderball & Boccia.(10)

Sessions were well attended weekly and the programmes ran in longer blocks due to the demand for them to continue. It was noted that running the fitness sessions in longer duration blocks enabled them to become more established over time and this learning will inform the next year's programme of classes.

Below are some photos of participants in a variety of activities:





Turn up and Tone Spin Sessions





Men's Fitness Nordic walking

Choose to Lose FoodFIT Sessions



DanceFIT/Wear Neon Sessions



Chair Yoga Session

## **Bethany Community Hall**

Following a £400,000 DfC funding award towards construction of the Bethany Community Hall in 2018/19, work commenced in January 2019 and was scheduled to complete within the 2019/20 financial year. However, due to the impacts of Covid-19, work was suspended, causing delay in the issue of the Completion Certificate.

The community hall is located within the Limavady Neighbourhood Renewal area and will provide a much needed community hub where residents and the wider community can meet and carry out their activities, where social inequalities and exclusions can be addressed and where opportunities for individuals can be maximised, particularly by those groups, residents and families living

within the NR area. The building comprises a large hall, a minor hall, administration office, three additional offices/meetings rooms, an industrial kitchen, common rooms and toilet facilities. The project has been widely supported by all sections of the community and will bring great benefits to the town by providing a venue for events and creating opportunities for volunteering and employment.

## North West Regional College (NWRC)

NWRC continued to work as a partner on the Limavady NR Partnership with representatives attending Education and Economic Renewal sub-group meetings. In addition to courses available on the NWRC campus, the following courses were provided by NWRC in Community Houses during 2019/20 to improve ease of access for residents. Those living in the area covered by Coolessan CA were also free to avail of courses in any of the Community Houses:

- The Glens
  - o Essential Skills Literacy
- Roe Valley Residents Association
  - o Managing challenging behaviour in children and young people
  - o Essential skills literacy entry level
  - o Essential skills numeracy entry level
  - o Essential skills numeracy level 1 and 2
  - o OCN level 3 working with children and young people with special needs

## Improvement in Health and Social Wellbeing of NR Residents

## Local Primary and Post Primary Schools

Heads of primary and post-primary schools continued to work with the Partnership and its sub-groups during 2019/20 in order to enhance services within the NR area for children and young people of school age and cooperated closely with the local community groups in the out-of-school services they provide. Breakfast clubs were an important support to learning for pupils from the NR area.

In 2019/20 school representatives from the NR area highlighted the need for additional service provision to reduce levels of anxiety and improve the mental health/resilience of pupils, particularly around transition time. Continued need for speech and language

therapy in primary schools was also highlighted. These issues were included in the review of the NR Action Plan that took place in March 2020.

As a result of the above, and in order to support local schools by providing up-to-date information on services available to pupils, in 2019/20 the NR Coordinator produced a database of courses, mentoring and other services available to schools through the Western HPSS Trust, the Education Authority, the Dry Arch Centre and the LIPS suicide prevention group, among others. This database was updated at six-monthly intervals with up-to-date support information.

A joint funding application to the Halifax Foundation by Limavady High School and The Glens CA was again successful in 2019/20 to provide tutoring support for GCSE maths and English for pupils of post-primary schools in the NR area.

#### **Suicide Prevention and Bereavement Support**

The Limavady Initiative for the Prevention of Suicide (LIPS) joined the Health and Wellbeing Sub-Group in 2017/18. Their work with those bereaved by suicide and in the prevention of suicide continued to develop throughout 2018/19 and 2019/20 with continued support to those in the Limavady NR area and elsewhere. Examples of activities during 2019/20 include:

- LIPS were successful in obtaining funding from the Keadue Community Grants Fund to employ a staff member in June 2019 and among her initial tasks were to undertake a needs assessment and to enhance working in partnership with other groups to pool resources rather than duplicating work;
- LIPS partnered with Aware NI and the staff member and a committee member undertook facilitator training in August in
  order to facilitate a support group at the Body Mind and Soul Centre in Irish Green Street, Limavady fortnightly from October
  2019. The group is free to attend and is for anyone experiencing depression, their friends and family;
- they continue to promote Lifeline, whose services include phone contact, advice, advocacy and six week sessions of one-toone counselling;
- The worker attended the Stendhal Festival to speak to young people about the services LIPS provides, signposting to other relevant services and undertook a young people's community audit in August/September to identify needs and service gaps. A survey was also undertaken online;
- free suicide awareness training was held in Limavady in April 2019;
- a committee member is Assist trained and 22 people attended Connections training;

- LIPS received funding from the Western HPSS Trust and provided 'Safetalk' training, including for groups of 15 30 aged 16+;
- counselling was provided in, and subsidised by, Limavady Grammar School;
- there was also a counsellor from Lifeline in attendance at the Stendhal Festival to promote the lifeline QR code;
- The 'Under Pressure' programme was delivered to NWRC students. The programme's aims were to improve confidence and strengthen resilience in the 16-24 age group and included the 5 Steps to Wellbeing initiative. This programme is also being delivered to Rossmar special school, both in school and after school;
- The 'This Is Me' programme of identity workshops included students from Limavady High School, St Mary's and the Grammar School for 14-16 year olds. This programme was also open to community groups;
- over a six-week period in January and February 2020 the AWARE programme, 'Living Life to the Full', was facilitated from the Body, Mind & Soul Centre, Limavady and the AWARE support group met fortnightly; and
- LIPS continued to be well supported by the community and held various fundraising events, e.g. the Rotary Club Variety concert held in March 2020.

# CC&G Borough Council – Environmental Health and Community Development

Causeway Coast and Glens Borough Council continued to provide Environmental Health support to residents, including those in the Limavady NR areas. Interventions available in 2019/20 included the following:

- Grants available for insulation, boiler replacement, etc. aimed at reducing fuel poverty and the ill effects of cold;
- Home visits by Council staff to advise and assist householders on energy efficiency;
- Onward referral for free insulation installation;
- Energy Detectives programmes in schools;
- Energy Efficiency workshops for parents;
- Slow Energy Cooking programme, (using slow cookers, batch cooking, etc.). A number of slow cookers were available to take home and keep for those who attended slow energy cooking courses. Participants were also provided with free dry ingredients and a recipe book to take home. Four courses were held with around 10 participants on each course;
- Council provided 20 sewing machines on loan to groups that wished to run sewing courses. Some materials were also provided;

- Council received 600 Keep Warm Packs from PHA for vulnerable/ill adults and those with poor mobility/wheelchair users suffering from fuel poverty, (i.e. who spend more than 10% of their income on fuel for heating and cooking). Packs included thermal underwear, socks, scarves, hats, a gilet, blanket, etc. These were distributed throughout the Borough; and
- Keep Warm Packs were also distributed for infants and young children. Infant packs included items such as cellular blankets, baby grows, etc.

During 2019/20, as in previous years, CC&G Borough Council's Community Development department provided grants for community groups, including those from the Limavady NR area. The Council supported the wellbeing of local communities through support for social activities, support for community groups, social inclusion, network meetings, good relations plus culture, arts and heritage. Community Development grants provided during 2019/20 included:

- Community Festivals Fund funding for Fun Days, one off events, or two day festivals;
- Community Development Support Grant a running cost grant for community organisations/Associations £2000 for groups with premises and £1000 for groups with no premises;
- Social Inclusion Grant small grants for older people's groups/women's groups/youth groups/groups who cater for people with disabilities which will cover activities/programmes and small amount towards running costs like venue hire;
- Building a United Community Fund (BUCF) grants for good relations focused projects; and
- Culture, Arts & Heritage Grants for projects relating to art/heritage or culture

'Everybody Active' grants were also available from Council during 2019/20 to assist local organisations to promote and increase participation in physical activity. One of the priority criteria when considering applications for these grants was a focus on the top 25% of wards designated by the NI Multiple Deprivation Measure Index 2010. (Limavady NR area falls within the top 10% of designated wards under the Deprivation Measure Index).

During 2019/20 the following grants were made to groups in or close to the Limavady NR area through Causeway Coast and Glens Borough Council:

- LCDI Social Inclusion grant of £500
- LCDI Community Festivals Grant £750
- Limavady Volunteer Centre Community Festivals Grant £750

- RVRA Community Development Support grant of £2,000
- RVRA Every Body Active grant of £1,000
- RVRA Community Festivals Fund grant of £1,500
- The Glens Community Development Support grant of £2,000
- Coolessan CA Community Development Support grant of £1,000
- Dry Arch Centre Community Festivals Fund grant of £1,500
- Dry Arch Centre Every Body Active grant of £1,000

# Western Health and Social Care Trust & Health Improvement Department

# Primary Care Multi-disciplinary Teams Pilot Projects

In 2019/20 two new members joined the Health and Wellbeing sub-group, representing the new two-year pilot Primary Care Multidisciplinary Teams from Scroggy Road Health Centre and Bovalley Medical Centre. These teams focused on simplifying and expediting patient access to services with the goal of securing the best outcomes for individuals and families through prevention and early intervention.

Western HSC Trust and Health Improvement Department representatives continued to participate in the Health and Wellbeing subgroup and at NR Partnership meetings and provided ongoing training opportunities for NR residents. The 2019/20 training brochure, outlining all health and social care training available to community groups and individuals, was made available from July 2019 and included 70 courses in various locations throughout the Western HPSS Trust area, rolled out until March 2020. A few examples of the courses provided are noted below:

- The Managing the Challenge course for those with chronic conditions, (pain management).
- The Daily Mile, (a 15 minute jog, run or walk, in addition to schools' PE classes, in primary, nursery and special schools).
- A new leaflet to assist with Sleep issues.
- A new Sexual Health campaign.
- Moving More Often/Strictly Active Dance courses, especially beneficial for people suffering from dementia.
- Heart Start half day training facilitated by NI Ambulance.

#### Improvement in Economic Status of NR Residents

#### DfC (Jobs and Benefits)

DfC (Jobs and Benefits) updated NR Economic Sub-group members at meetings on the programmes and training opportunities available to the unemployed in the area and the number who signed off unemployment. The Jobs and Benefits office also continued to work closely with local community groups who provided employability training. At February 2020 there were:

- 1569 Universal Credit claimants of which 494 were seeking work, the remainder being incapacitated and unable to work;
- 207 were still on the old Job Seekers' Allowance;
- There were 30 jobs available in Limavady.

#### North West Regional College (NWRC)

As noted earlier in this report, NWRC provided training in Community Houses in the NR area:

#### **Generalist Advice Service**

See page 40

## **LCDI Volunteer Centre**

The Volunteer Centre provided continuing support for NR residents in placing volunteers with groups and organisations that provided services in and to the NR area. NR residents were also provided with support in volunteering and the experience of volunteering has helped some individuals to progress to paid employment. During 2019/20 a number of events took place to support and celebrate the work of volunteers, including Volunteer Week. The work of volunteers throughout the Borough was celebrated in June 2019 with a large event facilitated by LCDI in partnership with the Coleraine Volunteer Centre and Causeway Coast and Glens Council. LCDI also administered the Volunteer Small Grants Programme for the whole of the North West area.

#### Improving Physical Facilities in the NR Area

#### **Roe Valley Residents' Association**

During 2019/20 RVRA were involved in the 'Sharing Your Space project that carried out building work within the RVRA community house through Council employed contractors. A dividing wall on the ground floor of the community house was demolished, providing a more usable space for the group's activities. A photograph of the finished work can be seen on page 16 of this report.

#### **The Glens Community Association**

During 2019/20 renovations to the kitchen took place, funded partly by Peace IV and partly by NIHE. A dividing wall was demolished and new worktops and storage installed, enabling the group to better cater for local residents through the luncheon club and distribution of Fare Share goods. A photograph of the finished work can be seen on page 23 of this report.

#### **Bethany Community Hall**

See page 39

#### **Inter-Agency Estate Inspections**

These inspections continued regularly during 2019/20 when areas requiring maintenance, rubbish removal, etc. were highlighted to relevant statutory agencies and appropriate action taken to ensure that the NR estates are maintained in good condition. Members who attend these inspections included community group representatives, Council Environmental Services staff, NIHE and DfC. Issues highlighted at these inspections were then addressed at regular Inter-Agency meetings and these provided an additional opportunity for community groups to highlight any areas of concern, which relevant statutory agencies then addressed.

# Limavady Partnership 2019/20 Expenditure (by Strategic Objective)

The following tables detail projects funded via the Neighbourhood Renewal Investment fund

# Community Renewal Expenditure 2019/20

| Programme/Project   | Contract for Funding<br>(CFF) Funding Period |          |          |
|---|--|----------|----------|
| Roe Valley Residents Association Core   | 1 April 2019 to 31 March                     | £31,198  | £30,222  |
| Salaries and Running Costs  | 2020   | 624.000  | 004.000  |
| The Glens Community Association Core<br>Salaries, Running and Programme Costs | 1 April 2019 to 31 March<br>2020             | £34,906  | £31,663  |
| The Glens Community Association D.R.I.V.E project                             | 1 April 2019 to 31 March<br>2020             | £34,756  | £32,809  |
| Causeway Coast and Glens Borough Council Technical Assistance                 | 1 April 2019 to 31 March<br>2020             | £29,526  | £27,997  |
| Total Community Renewal Expenditure   |  | £130,386 | £122,691 |

# Social Renewal Health Expenditure 2019/20

| Programme/Project                         | Contract for Funding<br>(CFF) Funding Period | CFF Funding Amount<br>(Project allocation)       | 19/20 Spend                  |
|---|--|--|------------------------------|
| Neighbourhood Health Improvement Project  | 1 April 2019 to 31 March<br>2020             | £165,133 overall<br>funding for NWDO<br>projects | £21,232 spent in<br>Limavady |
| Total Social Renewal – Health Expenditure |  |  | £21,232                      |

# Social Renewal Education Expenditure 2019/20

| Programme/Project                | Contract for Funding<br>(CFF) Funding Period | CFF Funding Amount<br>(Project allocation) | 19/20 Spend |
|----------------------------------|--|--|-------------|
| The Dry Arch Children's Centre   | 1 April to 31 March 2020                     | £26,133                                    | £26,091     |
| Total Social Renewal Education   |  |  | £26,091     |
| Expenditure                      |  |  |             |
| Total Social Renewal Expenditure |  |  | £47,323     |

# Physical Renewal Expenditure 2019/20

| Programme/Project                  | Contract for Funding<br>(CFF) Funding Period | CFF Funding Amount<br>(Project allocation) | 19/20 Spend |
|------------------------------------|--|--|-------------|
| Bethany Community Hall.            | 1 April 2019 to 31 March<br>2020             | £400,000                                   | £188,577    |
| Total Physical Renewal Expenditure |  |  | £188,577    |

# Economic Renewal Expenditure 2019/20

| Programme/Project                          | Contract for Funding<br>(CFF) Funding Period | CFF Funding Amount<br>(Project allocation) | 19/20 Spend |
|--|--|--|-------------|
| Generalist Advice Service (Administered by | 1 April 2019 to 31 March                     | £18,140                                    | £18,140     |
| DfC Voluntary & Community Unit)            | 2020   |  |             |
| Total Economic Renewal Expenditure         |  |  | £18,140     |
| Overall Total                              |  |  | £376,731    |

# **Output Measures Achievements**

# Economic Output Measures

| Project  | <b>ER 2</b><br>Number of<br>residents going<br>into employment | <b>ER 14</b> – Number<br>of people<br>attaining a formal<br>qualification from<br>participation in<br>Adult education | <b>ER15</b><br>Number of FTE<br>jobs safeguarded |
|--|--|---|--|
| CC&GBC -Technical Assistance                                   |  |   | 0.7  |
| Roe Valley Residents Association                               |  | 73  | 1.6  |
| The Glens Community Association including the<br>DRIVE project |  | 40  | 2  |
| CC&GBC Generalist Advice Service                               | 66   |   | 1  |
| The Dry Arch Children's Centre                                 |  |   | 0.8  |

# Social (Education) Output Measures

| Projects   | SR(ED)5<br>Number of people<br>engaged in parenting<br>skills/ development<br>programmes | <b>SR (ED) 8</b><br>Number of pupils<br>directly benefiting<br>from the project | SR(ED)9<br>Number of pupils<br>whose attainment is<br>measurably<br>enhanced/ Improved<br>(in STEM subjects) | SR(ED) 14<br>Number of young<br>people directly<br>benefitting from the<br>project |
|--|--|---|--|--|
| The Dry Arch Children's Centre                             | 64   | 57  |  |  |
| The Glens Community Association including<br>DRIVE project | 108  |   | 85   | 38   |

# Social (Health) Output Measures

| Projects  |  |   |
|---|--|---|
|   | <b>SR(H) 2</b><br>Number of people<br>attending Health<br>Education/Awareness<br>Initiatives | SR(H) 3 Number of<br>people accessing<br>intervention/treatment<br>services |
| Roe Valley Residents Association                        | 230  |   |
| The Glens Community Association including DRIVE project | 279  |   |
| The Dry Arch Children's Centre                          |  | 355   |

# Social (Crime) Output Measures

| Projects   | SR(C)3<br>Number of<br>people<br>participating/<br>attending<br>community<br>safety<br>initiatives |
|--|--|
| Roe Valley Residents Association                               | 203  |
| The Glens Community Association including the<br>DRIVE project | 160  |

# Community/Other Output Measures

| Projects  | <b>CR2</b> - Number of people<br>participating in community<br>bonding projects | <b>CR3</b> - Number of people<br>volunteering for community<br>development activities | <b>CR 4 -</b> Number of people<br>engaged/involved in unpaid<br>voluntary work | <b>CR5 -</b> Number of people<br>receiving training in<br>community development<br>skills/capacity building | <b>CR10</b> – Number of people<br>using existing community<br>facilities | <b>CR 12</b> Number of enquiries<br>and clients by category | <b>CR 13</b> Total number of<br>beneficiaries (including<br>family members) |
|---|---|---|--|---|--|---|---|
| CC&GBC Generalist Advice<br>Service                         |   |   | 23   |   |  |   |   |
| Roe Valley Residents Association                            |   | 38  |  |   |  |   |   |
| The Glens Community Association including the DRIVE project | 365   | 162   |  | 150   |  |   |   |
| The Dry Arch Children's Centre                              |   |   | 30   |   |  |   |   |
| CC&GBC Generalist Advice<br>Service                         |   |   |  |   |  | 1429  | 1018  |
| Roe Valley Residents Association                            |   |   |  |   | 562  |   |   |

# Physical Output Measures

| Projects                        | <b>PR5</b><br>Number of<br>building(s)<br>improved |
|---------------------------------|--|
| The Glens Community Association | 51   |

# Achievement of Neighbourhood Renewal Funding Citywide In 19/20 Year

The Project below is a Citywide Project covering Triax~Cityside, Outer North, Outer West, Waterside, Limavady and Strabane NRAs.

# **Economic Renewal Output Measures**

| Project (Citywide)   | Number of<br>ded.                           |
|--|---|
|  | <b>ER 15 –</b> Nu<br>FTE jobs<br>safeguarde |
| Western Health & Social Care Trust -<br>Neighbourhood Health Improvement Project | 3   |

## Social Renewal (Health) Output Measures

| Project (Citywide)   | <b>SR (H) 2</b> – Number of<br>people attending Health<br>Education/Awareness<br>Initiatives. | <b>SR (H) 4</b> – Number of<br>Health Education/<br>Awareness Initiatives<br>provided/delivered. |
|--|---|--|
| Western Health & Social Care Trust -<br>Neighbourhood Health Improvement Project | 3790  | 72   |

#### Limavady Partnership Conclusion

In the 2019/20 financial year, the Limavady Partnership total overall spend was £376,731.

This spend is broken down by Strategic Objective in the Limavady NR area in 2019/20 was as follows:

| Economic Renewal: | £18,140   |
|-------------------|---|
| Physical Renewal: | £188,577  |
| Social Renewal:   | £47,323 (Education £26,091 plus Health £21,232) |
| Community Renewal | £122,691  |

In the 2019/20 financial year, Limavady NR Partnership continued to maximise funding from the Neighbourhood Renewal Investment Fund to ensure that projects delivered a range of benefits to the area for people of all ages. Outputs included increased participation in community events, increased social skills of the residents of the neighbourhood renewal area and overall increased community capacity.

We wish to thank all the Neighbourhood Partnership and Sub-Group members and their respective organisations for their commitment to the programme and look forward to the continued development of projects which will meet the needs of the residents in the Limavady Neighbourhood Renewal area and improve their quality of life.



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