

Omagh

Neighbourhood Renewal Area

Annual Report
2018/19



Department for
Communities

www.communities-ni.gov.uk

Omagh Neighbourhood Renewal Area

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Omagh Neighbourhood Renewal Partnership

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About Neighbourhood Renewal

The Neighbourhood Renewal Programme aims to reduce the social and economic inequalities which characterise the most deprived areas. It does so by making a long term commitment to communities to work in partnership with them to identify and prioritise needs and co-ordinate interventions designed to address the underlying causes of poverty. Neighbourhood Renewal Partnerships were established and are representative of local community interests together with appropriate Government Departments, public sector agencies, private sector interest and local elected representatives.

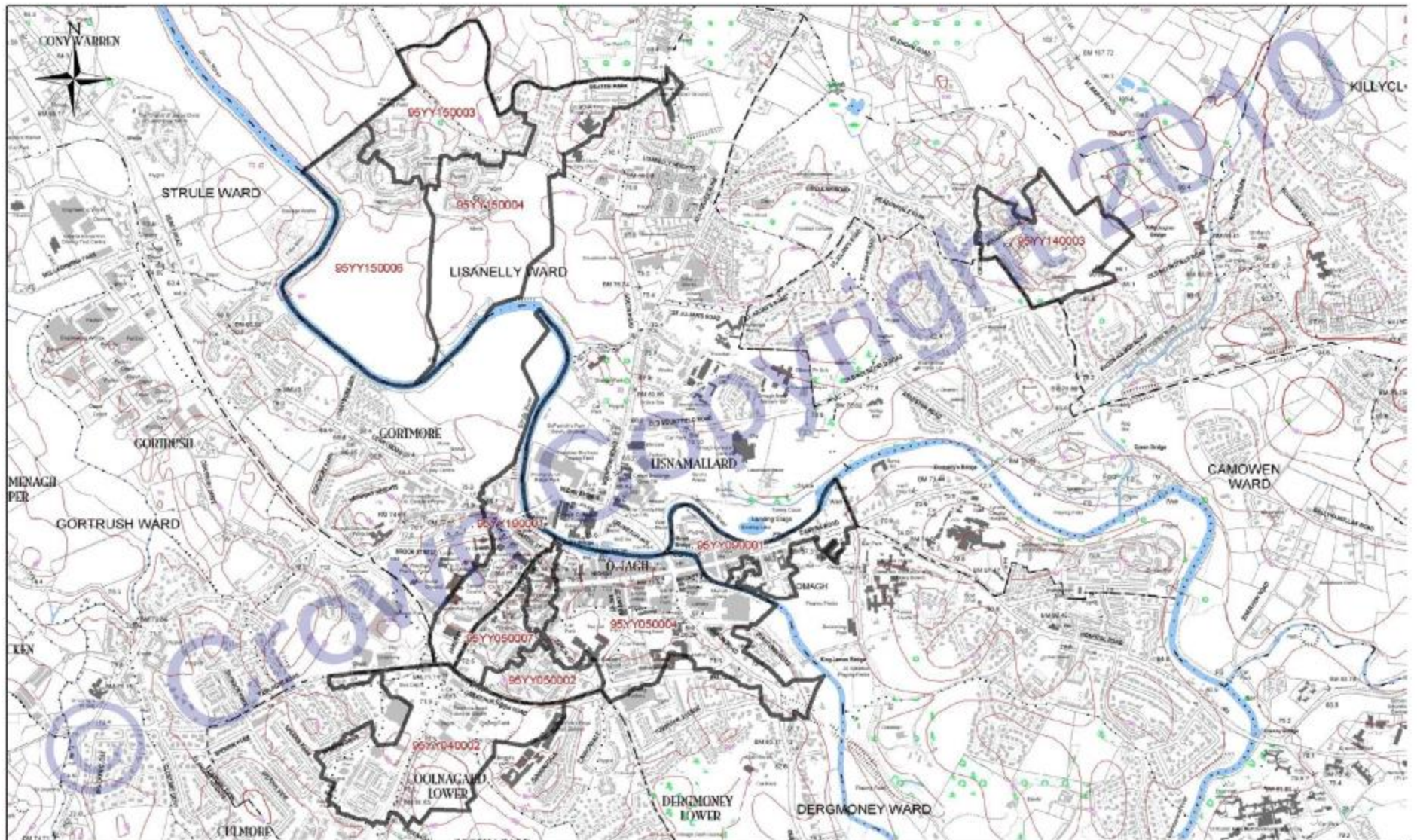
About Omagh Neighbourhood Renewal Partnership


To take forward the Neighbourhood Renewal Programme, Omagh Neighbourhood Renewal Partnership was set up in 2007 to oversee the development and delivery of the local Neighbourhood Renewal Action Plan. The Partnership currently comprises Members which include representatives from local communities, voluntary organisations, elected representatives, private sector and local statutory organisations. It currently meets on a bi-monthly basis and is facilitated by Fermanagh and Omagh District Council through administration services through a Coordinator and Administrator funded by Department for Communities.

Omagh Neighbourhood Renewal Area includes Mullaghmore and Castleview, Strathroy, Campsie, O'Kane Park and Gallows Hill/Johnston Park Housing Estates and areas within the town centre.

The Partnership has three Sub-Committees to assist them in the identification, development and where appropriate the delivery of projects which aim to address the Programmes four strategic objectives of community renewal, social renewal, economic renewal and physical renewal. The Sub-Committees that currently meet bi-monthly include Health, Education and Economic and Community Development.

Omagh Neighbourhood Renewal Partnership and Sub-Committees have all signed up to the Neighbourhood Renewal Code of Practice and Guiding Principles and subsequent Sub-Committee Terms of Reference.



OA's  for NRA:- Omagh

Scale:-  Kilometers

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Omagh NRP Members 2018-2019

Name	Surname	Organisation	Status
Hazel	McGuigan	Campsie Residents' Association (Vice Chairperson)	Community Representative
Rozella	Kelly	Culmore & O'Kane Park Community Association	Community Representative
Anna	McGonigle	Culmore & O'Kane Park Community Association	Community Representative
Ernie	Coburn	Gallows Hill Community Association	Community Representative
Alice	Duggan	Johnston Park Community Association	Community Representative
Aidan	Colgan	Mullaghmore & Castleview Community Association	Community Representative
Peggy	Colgan	Mullaghmore & Castleview Community Association	Community Representative
Mickey	Kelly	Strathroy Community Association	Community Representative
Cllr Joanne	Donnelly	Fermanagh & Omagh District Council	Elected Representative
Cllr Errol	Thompson	Fermanagh & Omagh District Council	Elected Representative
Cllr Sorcha	McAnespy	Fermanagh & Omagh District Council	Elected Representative
Cllr Martin	McColgan	Fermanagh & Omagh District Council	Elected Representative
Cllr Chris	Smyth	Fermanagh & Omagh District Council	Elected Representative
Cllr Josephine	Deehan	Fermanagh & Omagh District Council	Elected Representative
Alison	McCullagh	Fermanagh & Omagh District Council	Local Government Representative
Brendan	Hegarty	Fermanagh & Omagh District Council	Local Government Representative
Kieran	McCrory	Fermanagh & Omagh District Council	Local Government Representative
Kevin	McShane	Fermanagh & Omagh District Council	Local Government Representative
Coleen	McBrien	Fermanagh & Omagh District Council NR Coordinator	Local Government Representative
Carol	Follis	Community Safety Partnership	Statutory Representative
Monica	MacIntyre	Department for Communities	Statutory Representative
Seamus	Byrne	Department for Communities	Statutory Representative
Leo	Owens	Department for Infrastructure	Statutory Representative
Oonagh	McAvinney	Northern Ireland Housing Executive	Statutory Representative
Fionnuala	McKinney	Western Health & Social Care Trust	Statutory Representative
Priscilla	Magee	Western Health & Social Care Trust	Statutory Representative
Colm	McDaid	Supporting Communities NI (Chairperson)	Voluntary Representative

Omagh Neighbourhood Renewal Partnership Projects

The Neighbourhood Renewal Investment Fund supported six projects in the Omagh Neighbourhood Renewal Areas during 2018/19 year as follows:

Strategic Objective: Community Renewal

“To develop confident communities who are able and committed to improving the quality of life in their area”.

1. NRA Employment of Coordinator, Technical Assistant and Associated Costs to 31/03/2019

During 2018/19 the Neighbourhood Renewal Coordinator and the Technical Assistant continued in their role to work across the Omagh Neighbourhood Renewal areas coordinating and implementing the Omagh Neighbourhood Renewal Action Plan which focused on four key themes; social renewal, economic renewal, community renewal and physical renewal. The role also addressed issues relating to anti-social behaviour, personal safety, alcohol abuse and the physical environment. The Coordinator continued to work with the Partnership and Sub-Committees to consider the development and implementation to create a more socially inclusive, empowered and sustainable community infrastructure.

Fundamental to the delivery of the Action Plan are the 6 Partnership meetings and 18 Subgroup meetings that took place during the course of the year with delivery agents, stakeholders, elected representatives and community representatives to ensure projects are developed and delivered in accordance with the needs of the area and the objectives of the plans. The Neighbourhood Renewal Coordinator also reports progress on the implementation of the plan to the Omagh Neighbourhood Renewal Partnership and any associated Working Groups.

The Action Plan was discussed and reviewed at each of the Sub-Committee meetings. It was amended and updated on a rolling basis as actions were successfully completed and new and outstanding actions identified. The action points from the Action Plan were an agenda item for discussion at each Partnership Board meeting to ensure that the Action Plan continued to meet Departmental standards and reflect local evidence based priorities. As part of the annual review, the Action Plan was distributed to Members, all comments noted and outstanding items listed for discussion at the relevant Sub-Committee meetings. The Action Plan was reviewed in September 2018 and endorsed by the Partnership at the December 2018 meeting.

During 2018/19 the Co-ordinator role has facilitated:

- The comprehensive circulation of information regarding potential funding streams to organisations operating in the Neighbourhood Renewal areas or signposting of services or initiatives beneficial to residents in the designated area;
- Support and assistance given to Neighbourhood Renewal's community groups including help with applications for funding from other bodies and capacity building;
- Networking: Guest Speakers from statutory bodies, voluntary agencies and non-Government funding organisations were invited to attend Sub-Committee and Partnership meetings to address Members and explain the services which they provide which may be of benefit to Neighbourhood Renewal Residents';
- The publication of two newsletters per annum. 1,500 copies were distributed of each edition to all Neighbourhood Renewal residents and around the Omagh area;
- The organisation of the delivery of training and development workshops to benefit Neighbourhood Renewal Partnership Members, Residents' and Community Groups; and
- Attendance at events and meetings to publicise and promote Neighbourhood Renewal and raise awareness of the needs of the area.

The following publications were delivered in 2018/19:

Spring 2018 Neighbourhood Renewal Newsletter – the newsletter contained an overview of the activities which had taken place in each of the five Neighbourhood Renewal Areas since the previous newsletter, a description of Workshops which Partnership Members and residents had attended, an update on the Neighbourhood Renewal Health Project, information from a variety of Neighbourhood Renewal Partners and Projects, educational advancement and volunteering opportunities and an invaluable matrix of Training Programmes and Health Providers available for Neighbourhood Renewal Residents to access. The newsletter also contained a questionnaire on the back cover to gather feedback from residents about their area.

Feedback

“As a community representative I find the Neighbourhood Renewal Newsletter invaluable to showcase residents the work of Neighbourhood Renewal but also to keep me informed of all the various support programmes and providers out there. The Newsletter allows me to keep informed so that I can give advice to residents in the area.”

“The Newsletter is an excellent way to promote the services we offer directly to those that are much in need. I find the Newsletter much more effective than some of the traditional forms of advertising as it reaches a large percentage of our target market.”



Some excerpts from the Omagh Neighbourhood Renewal Spring Newsletter 2018

Winter 2018 Neighbourhood Renewal Newsletter – the Newsletter contained an overview of the activities which had taken place in each of the five Neighbourhood Renewal Areas since the previous newsletter, a description of Workshops which Partnership Members and Residents had attended, an update on the Neighbourhood Renewal Health Project, information from a variety of Neighbourhood Renewal Partners and Projects, educational advancement opportunities and volunteering opportunities. This edition also included a ‘List of Useful Telephone Numbers’ to provide a convenient directory of services. Most importantly this newsletter contained three matrixes, one detailing Health services and programmes, one detailing Employment Support programmes and one detailing educational support for 0-25 year olds. Complimentary remarks were given by the Partnership on the quality and content of the newsletter and excellent feedback was received from organisations that featured in it.



Some excerpts from the Omagh Neighbourhood Renewal Winter Newsletter 2018

Following the distribution of the newsletter, several organisations contacted the Neighbourhood Renewal Coordinator to request the inclusion of their details in future newsletters.

The following workshop was delivered in 2018/19:

The Neighbourhood Renewal Coordinator obtained funding support from Fermanagh and Omagh District Council to deliver a workshop introducing Social Enterprise. The Coordinator delivered the workshop in Campsie and invited representatives from all five Neighbourhood Renewal areas to attend. Campsie, Mullaghmore, Gallows Hill and Strathroy all attended.

Thursday 7 March 2019: Social Enterprise Northern Ireland as part of Fermanagh and Omagh District Council Enterprise week delivered Introduction to Social Enterprise and how it differs from Charities in The Hub, Campsie which a total of 32 participants attended. The workshop explored the business model of Social Enterprise and participants learned about diversifying their income streams, moving away from reliance on grants and differing legal structures. This workshop will be delivered by Social Enterprise NI who is the representative body for social enterprises and social entrepreneurs across Northern Ireland. Connecting, supporting, developing and sustaining vibrant businesses to create social change. Social Enterprise NI are an independent, member-led organisation and a gateway for social enterprises in Northern Ireland.

Feedback from participants below:

“The workshop has definitely been very useful as I now have a much clearer understanding of how Social Enterprise works and as a charitable organisation it gives us food for thought.”

“The workshop has been very good and I have gained a lot more knowledge on how Social Enterprise works and how it could be useful to our organisation especially in steering away from being dependent on funding support and grants.”



2. Campsie Community Hub Project

Campsie Residents' Association continued to host successful events in their premises-known as The Hub (located on 1-3 Campsie Drive), over the 2018/19 year. An action plan for delivery of activities and services was compiled incorporating all age groups. Activities to date have provided opportunities for cross and intercommunity interaction. The Hub is situated in the heart of Omagh town centre and offers a wide range of new programmes including keep fit classes for both adults and children, health check events, a summer scheme, drop in counselling sessions, computer training, stress management workshops, first aid training and much more.

The modern facility was also available to hire at very competitive commercial and community rates. The Hub is a perfect central location for meetings, training, workshops, keep fit classes and conferences. This project provided avenues for the residents association to roll out activities locally and further promote Neighbourhood Renewal.

Feedback from Campsie Residents:

“As a resident in Campsie, I was recently persuaded to take part in a Mindfulness course. This was a very new area for me and without persuasion I don't think it would have been a topic I would have been open to. Since completing the course not a day goes by that I don't use some of the techniques that I was taught throughout the course. I am very grateful that Campsie Residents' Association persuaded me to participate.”





Since the opening of The Hub in Campsie, the confidence of community representatives has grown, which in turn led to Campsie Residents' Association delivering on the Campsie Garden Project where residents have expanded their skills in selling organic produce. In June 2018 the community organisation were successful in gaining funding support of £1,500 from Live Here, Love Now to deliver gardening workshops throughout the year and purchase a garden shed, received £2,000 from PEACE IV to purchase a Polytunnel and in February 2019 they received £1,900 from the Northern Ireland Housing Executive to purchase a range of gardening tools.



“Taking part in various workshops in The Hub and as a volunteer gardener, I have grown as a person especially my confidence. In the past I have suffered from mental health issues and The Hub has really supported me throughout the last year whether it be taking part in activities or just popping in for a friendly chat and a cup of tea. I honestly could not see my life without the help and support from The Hub.”

Campsie Hub Engagement figures 2018/19

During the year a range of activities and programmes have taken place in the Campsie Community Hub including:

- Christmas and Valentines hampers delivered to 32 vulnerable residents.
- Received litter pick up equipment from Adopt a Spot and organised a Clean Up event with 25 residents in April 2018
- Campsie Craft Group (14 residents) made window boxes and donated to 12 homes in Campsie in June 2018.
- Christmas Memories (6 weeks) delivered to 20 senior citizens in December 2018.
- A six week Mindfulness programme delivered to 20 residents in September 2018.
- Campsie Health Check event took place on 24 March 2018. A total of 40+ residents benefited from thyroid, blood sugar, blood pressure and hearing tests.
- Campsie Residents' Association received £600 from Fermanagh and Omagh District Council to deliver quilting workshop (12 weeks) to 18 residents in April 2018.
- Delivered a Back to School programme to 12 school children living in the area in August 2018.
- Community representatives completed a Level 2 End of Life course along with community representatives from MACCA. IN attending they also offered support to young people in the area completing the course.
- Campsie Residents' Association hosted World Mental Health Day on 10 October 2018 with over 35 participants.
- The British Lung Foundation delivered a 12 week programme to those suffering with respiratory problems to increase lung capacity.
- Rethink, Reclaim and Recharge your life was delivered to 30 participants in October 2018
- Weekly Tough Issues workshops delivered to 23 young people.
- Weekly craft workshops delivered to 15 participants.
- Weekly sewing workshops delivered to 12 participants.
- Delivered gardening workshops to 6 residents.
- The Saturday Club (Mencap) continued to meet weekly (30+ attendees from throughout the Omagh area)
- Interagency meetings take place at the Hub each alternative month.

Volunteering is at the heart of the success of the Campsie Hub. During 2018/19 a total of 11 volunteers with Campsie Residents Association assist in the Hub. Campsie Residents Association Management Committee members also provide assistance when needed, for example during Estate Inspections. Volunteers continue to work with Campsie Hub and Campsie Residents Association due to good working relationships and for the better of the community.

Building the capacity of the Campsie Community Association also continues and during 2018/19 training on Good Governance, Managing Finances and on Measuring Impact was delivered by Supporting Communities in March 2019 to 8 Members.

During 2018/19 DfC set an objective for the Hub to achieve 220 people use the Community Hub, providing footfall of around 2,200 people accessing the Hub including those external organisations hiring the Community Hub. By the end of the year this target was well exceeded as the Hub engaged with a total of 609 users, with an overall footfall of 2732. This achievement demonstrates that the Hub in NRA of Campsie is being used to its full potential, attracting as many residents from the community to get involved in the activities and programmes on offer. Programmes such as the Arts and Crafts, the Community Garden and the Youth Programme also attracts residents of all ages and helps integrate them in addition to building confidence and self-esteem particularly with the young people for their return to school as well as summer activities.

The Hub and all the activities on offer are available to all minorities. There are a significant number of immigrants living in the area and they are aware of the Hub and how they can become involved. Projects such as the Back to School Programme encouraged engagement from ethnic minorities and activities at the Hub build on this engagement to improve relations.

Campsie Residents' Association liaise with the community police; they discuss and help address Anti-social behaviour and work closely with the PCSP. Community representatives will meet with the PSNI on a quarterly basis to discuss Anti-social behaviour.

Strategic Objective: Social Renewal - Education

“To improve social conditions for the people who live in the most deprived neighbourhoods, through better co-ordinated public services and the creation of safer environments”. To support these areas advance educational attainments through education and training support mechanisms that will reduce the impact of underachievement in these communities.

3. Strathroy Afterschool & Homework Club

Strathroy Estate has now been in existence for over 28 years but the demography of the residents continues to change on a yearly basis as residents have continued to move in and out of the estate. Some of the older residents and their families have now moved on and have been replaced with new families such as 1 parent families and foreign nationals which now includes Syrian Refugees. These families would have poor educational attainment themselves and are relying on benefits and social housing, so the need for this project continues with this Estate of the Omagh NRA. The Afterschool Club provides top quality play and learning opportunities in a warm, nurturing safe and child friendly environment for a total of 52 children registered during 2018/19. The Homework tutor assesses each child and sets baselines to ensure that the success of the intervention is able to be measured.

In 2018/9 52 children attended the Club weekly which is a similar figure to that delivered in 2017/18.

The attendance of the children at the Club is measured in two ways – attendance at the club itself and then improvements in attendance at school because of their participation in the Club. The average attendance in the Omagh NRA for primary school children in 2014 was 95.37% against the N Ireland average of 95.42%. During 2017/18 year the average attendance rate of the 52 children at both the Club and at Christ the King PS was 99%. It should be noted that in 2016/17 attendance rates achieved was 93% compared to only 80% in 2014/15.

The other elements of the project that are measured are:

- Children’s behaviour;
- Attainment in literacy and Numeracy for all P4 – P6 children;
- KS2 Level 4 results for all P7 children, and
- Numbers of Volunteers who engage with the Project.

Behaviour is measured on a daily basis and if a child raises any cause for concern they are put on a monitoring assessment which is measured until the child’s behaviour issues are improved and no longer causing concern. Monitoring the children’s behaviour at the homework club is having a positive impact on these children’s behaviour at school and vice versa. These joint efforts are having an impact in the children’s attendance and attainment along with addressing their social skills for life in school and at home. The

Homework Club works alongside the School and Parents in achieving this. During 2018/19 49 all 52 children who attended the Club achieved an acceptable level (3) of behaviour when starting in September. We are delighted to say that October-December and January to March reporting periods showed a steady increase in positive behaviour. All children and their families were supported during the year, through the Solihull programme principles and also close links with parenting NI and our local Surestart.

Academically in September the majority of the children continued to progress steadily in their literacy and numeracy while additional support was provided to the other children. It was anticipated, as an outcome for this project, that if children attended the homework club and help was provided to help complete their homework, then their attendance at school would improve as a result, which then leads to the children achieving in the long term academically.

A longer term outcome from good attendance rate along with improvements in literacy and numeracy is a noted increase in the percentage of pupils resident in NRAs achieving a Level 4 in their Key Stage 2 assessments. It is evident at this time that without the help and support of Community based homework clubs this would not be achievable as school based homework clubs do not see the same level of engagement from the young people.

The analysis of this data provided YTD shows all of these children have shown improvement in literacy and numeracy as reflected in the comments from their teachers. These comments clarify that the additional help provided by the Homework Club helps their confidence, behaviour, attitude and self-esteem, as well as the homework completion. Improvements in attendance directly impacts on attainment levels as well.

Lastly, yet very importantly, Strathroy Homework and Activity Club is assisted by 5 Volunteers. It has been noted that these volunteers are proving to be a very valuable asset to the homework club, their leaders and the children. Additionally they assist over the summer period by working with the Strathroy Summer Scheme and in the winter months in the youth club and senior citizens this provided continuity with the children, who have established a level of trust with these volunteers which is transferable between the school academic years at the end of summer and the beginning of September.

In addition over the years some volunteers who have been engaged in the project have gone on to obtain qualifications at NVQ GNVQ and Diploma level and have gone to employment in our own establishment and Surestart as family support workers and playgroup leaders.

Included in the Afterschools project is the activities Club, which although no longer funded by DfC as part of this project, also delivers on indoor and outdoor activities that are both educational and fun and allows the children time to focus on physical activity and play as part of their personal development. The Club promotes and supports the importance of play as a part of their overall programme and the benefits of this can be easily recognised in the development of the children's personalities, increased confidence and self-esteem.



4. Omagh Learning Mentor

The Learning Mentor provides one-to-one support for NRA students on a weekly basis to address their barriers to learning and success. The Mentor predominately works with Year 12 students to support them in their upcoming GCSEs using a variety of strategies. In addition to providing one-to-one support to NRA students, the Learning Mentor also delivers large group initiatives to tackle those barriers which prevent students progressing as necessary in their learning. Students are referred to the Learning Mentor for a variety of reasons, some of those reasons include:

Attainment- underachievement has been the main reason for referral since October 2018. Attainment was stated as a reason for referral for 20 of the 24 students supported on a one-to-one basis to aid academic success (some students have been referred for a combination of reasons). Study Skills assemblies and workshops have been delivered by the Learning Mentor.

Attendance— 4 students have been referred for low attendance. Students were at risk of being managed by the EWO (Education Welfare Officer) as their attendance was below 85%. The Learning Mentor has also delivered Attendance workshops to support attendance.

Behaviour— 5 students have been referred to the Learning Mentor due to a range of behavioural issues, these include, low self-esteem, anxiety, social skills and negative behaviour in the classroom. The Hopeful Minds programme, carried out by the Learning Mentor, also aims to support students in this area.

Outcomes for the programme 2018/19

Attainment— 7 Year of the 12 pupils sat January GCSEs and saw improvement in their grades from their previous assessments with grades ranging from A to D. All KS3 students showed improvement in their most recent exams in comparison to their previous results or predicted grades. Outcomes are limited at present as Year 12 pupils are currently sitting GCSEs. Definitive results will not be available until August 2019 for the attainment of those students.

Attendance— All 4 pupils referred to the Learning Mentor have seen a measured improvement in attendance when compared to the previous academic year. Further information on the number of pupils with improved attendance will be available at the end of the academic year.

Behaviour— All 5 pupils have seen improvement in these behaviours. 1 student has finished their time with the Learning Mentor after showing improvement in behaviour, but the Learning Mentor continues to support the other 4 as they approach GCSEs and levels of anxiety begin to rise again. The Learning Mentor offered support to one student to avoid imminent expulsion. The Learning Mentor offered to support the student on a weekly basis to continue learning for the upcoming GCSEs. Therefore, this student has been able to complete revision and exams with the Learning Mentor to support success.

Many of the pupils referred to the Learning Mentor had issues with a number of factors including attainment and attendance, and it is hoped that working with the Learning Mentor will have a positive influence on a number of these factors. This data will not be available until the end of the academic year.

In addition, the Learning Mentor has delivered a range of initiatives to groups of students to tackle widespread barriers to learning. Initiatives include:

- Attendance Workshops to 115 Year 8 students
- Hopeful Minds programme to 17 Year 12 students
- Study Skills assembly to 106 Year 10 students
- Study Skills after school workshops held for 8 weeks per term to teach Year 11 and 12 students study techniques and how to apply them to revision of all subjects. Attendance averaged on 9 students per session.
- Talking Partners - the Learning Mentor organised literacy training for Year 13 students of participating schools to offer peer literacy support.



Over this year a new Learning Mentor took up post in September 2018 and it was necessary to build some training and relationship building into the delivery timeline, after which she then began to again support students from participating schools. The programme has been well established across all the schools now and there is recognition in the schools and the communities of the benefits and impact that this type of support programme can bring to those facing barriers to learning. Feedback from the schools would reflect that this programme is required not only in NRA's but also in the non-NRA's, where demand among students is growing.

Strategic Objective: - Economic Renewal

'To develop economic activity in the most deprived neighbourhoods and connect them to the wider urban economy'

5. Going Places with South West College – Omagh NRA

This project involves the dedicated services of three Mentors in a combined programme who work together as a team to cover all four Neighbourhood Renewal areas across Enniskillen, Omagh, Dungannon and Coalisland.

The Going Places project has continued to act as a stepping stone for Neighbourhood Renewal residents to access Education, Training or Employment. Although it is recognised that there are a number of training courses available in the area, this project is funded to target and provide support to a specific people who, without the additional support of one-to-one mentoring, throughout their training period, are at risk of not remaining on the programme and in not being able to gain transferable skills required for the World of Work.

The project continues to focus on Level 2 and above training provision to avoid duplication with other training courses and meets an identified gap in these Neighbourhood Renewal areas.

Another unique feature of this project is the fact that there is no age limit restriction which is sometimes evident in other programmes. Prior to the introduction of the Going Places Project a lot of the current opportunities available, were being specifically targeted at the under 25 age bracket. Department for Communities Jobs & Benefits Offices have confirmed that this programme compliments existing college provision, by providing access to education and training, as Neighbourhood Renewal area residents are currently under represented in College enrolments in each of the four Neighbourhood Renewal areas.

The Omagh Neighbourhood Renewal element had 42 participants engaged in The Going Places Programme delivered by the South West College during 2018/19. The Omagh programme achieved the following outputs:

2018 -2019	
Careers Advice	42
Mentoring	42
Specific Training	30
Non- Specific Training	9

Formal Qualification	39
Employment	11
Volunteering	1

The following are direct quotes from participants on the programme reflecting impact of the programme:

“As a single parent with no family support around me I struggled to make friends and settle into this new locality that I found myself in. When I met the Going Places Mentor at my door and they were so positive I did agree to go into the college and meet with her it changed my world, they were brilliant. I got to know people and I got support with childcare and help to access funding for courses. I have now completed my level 2 in Health and Social care and hope to come back in September to do my level 3. I have gain confidence in my ability as a parent and have been able to link with other organisations that can help me with my mental health. I would never have known this support existed if the mentor had never called at my door”.

“My mother and father went back to England and as I am a 21 year old and thought that I could rule the world and I did not want to leave, I wanted to stay with my friends. But suddenly I realised that I had a lot on my plate, trying to keep a roof over my head and feed myself. I quickly found myself homeless and penniless. I felt really low. But once I was directed to Going Places, if got the support I needed and the help I need to find a home, get sorted with food, heat and light and have competed my Essential Skills level 2 in Maths and ICT. The Mentor has been a fantastic support to me and I have told others to make contact”.

The Going Places project works collaboratively with various other organisations and delivering agents including Aspire, SUSE, College Connect, Craft Training Services Omagh JBO, New Horizons and the Community & Family Support within all the NRA areas, so that people will gain lifelong skills and learning, which will contribute to the social economy in the areas where these residents reside.

The Omagh Mentor engages in a positive way with residents from Neighbourhood Renewal Areas who have been long term economically inactive and work with them to break down barriers to get them back into employment, training or education. They address the educational deficit in the NRA such as lack of English and Maths attainment at GCSE by ensuring these qualifications can be achieved in the form of Essential Skills. They liaise with local employers to recognise the skills deficits in areas and match participants to courses accordingly. They develop and deliver vocational sampling to ensure that residents embark on programmes of learning which are tailored towards their needs / preferences, thus ensuring long term retention on course and work.

The mentors liaise with all community groups to create a strong collaborative process e.g. community meeting outreach work within communities delivering programme within the community, assisting other organisations with the sharing or social media advertising opportunities.

South West College

ARE YOU AGED 16-65? LEAVING SCHOOL THIS YEAR OR UNEMPLOYED?

DO YOU LIVE IN A NEIGHBOURHOOD RENEWAL AREA?

FULLY FUNDED SOUTH WEST COLLEGE COURSES AVAILABLE



South West College

FULLY FUNDED

SOUTH WEST COLLEGE COURSES AVAILABLE INCLUDING:

<p>FURTHER EDUCATION</p> <ul style="list-style-type: none"> LEVEL 2 SPORTS LEVEL 2 MEDIA LEVEL 2 IT 	<p>TRAINING</p> <ul style="list-style-type: none"> ENGINEERING ELECTRICAL JOINERY 	<ul style="list-style-type: none"> INTERIOR SYSTEMS PLUMBING BRICKLAYING
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HIGHER EDUCATION
 ACCESS TO UNIVERSITY
 LEVEL 3 COURSES
 FOUNDATION DEGREES

MENTORING THROUGHOUT COURSE
 ONE TO ONE SUPPORT THROUGHOUT COURSE
 CAREER GUIDANCE
 HELP WITH APPLICATIONS
 INTERVIEW SKILLS

DEREK: 078 56 381 535 | EMMA: 077 08 152 876 | KATHLEEN: 077 34 281 030

Strategic Objective: Social Renewal – Health

'To enhance positive mental health and physical well-being within deprived neighbourhoods in Omagh'

6. Omagh NR Health and Well Being Project

The Omagh Health and Well Being Project delivers a wide range of initiatives to improve the quality of life for residents in the Omagh Neighbourhood Renewal areas. The Omagh Health subgroup has agreed three overall outcomes for their Health Project:

- *▪To enhance positive mental health and well-being and to contribute to the reduction of suicide rates within deprived neighbourhoods in Omagh*
- *▪To contribute to a healthier, fitter community, equipped with the knowledge to make better lifestyle choices and to work towards the reduction of obesity and associated illness*
- *▪To support the reduction in the number of adults and young people drinking above the recommended number of units and experimenting with any other substance use*

The following outputs were achieved through the various health programmes delivered in the Omagh Neighbourhood Renewal Area between 1st April 2018 and 31st March 2019:

- 489 people have benefitted from healthy lifestyle programmes delivered at a Community level
- 8 additional volunteers assisted at a community level throughout the year
- 195 people attended health education/awareness initiatives
- 26 people benefited from healthy lifestyle collaborative programmes
- 14 additional health education/awareness initiatives were provided/delivered
- 5 community/voluntary groups were supported by the Health Co-ordinator

Breakthru

Throughout the year Breakthru ran a number of programmes targeting all members of the Neighbourhood Renewal communities both through groups already established in the communities and by developing new, innovative programmes. The programmes delivered are outlined below:

- Me Time programme with residents from O’Kane Park
- Leaflet drop to every house in the Omagh Neighbourhood Renewal area as part of Alcohol Awareness Week (all 5 NR areas)
- Session with residents at Harold McCauley House Nursing Home (Campsie)
- Fishing trip to Drumquin with youths and adults from NR areas

- Cage Football with young people from O’Kane Park
- Assisted at CKS, Strathroy and Gallows Hill Summer Schemes
- Cage Football with young people from Gallows Hill
- 4 week personal development programme with young people from Gallows Hill (follow up from fishing trip)
- Men’s Group at O’Kane Park
- Facilitated junior and senior youth clubs at Strathroy
- SureStart Home Safety Day

Unfortunately Breakthru ceased to operate at the end of this financial year. Breakthru delivered much needed support in the Omagh Neighbourhood Renewal areas over the past number of years and the outreach work, undertaken over the past few years, has been of great benefit to people of all ages living in the Neighbourhood Renewal areas. Relationships built and services delivered by this organisation will be sorely missed by the community members. Looking forward to 2019/20 WHSCT worked alongside DFC to secure alternative provision in the area, however a significant gap remains for the outreach work element.

Gallows Hill

The following programmes were delivered in Gallows Hill this year:

- Summer Scheme
- Cook It!
- Health Check day
- Circuits



Strathroy

The following health related programmes were delivered in Strathroy this year:

- Strathroy Summer Scheme
- Relax Kids
- Core NI
- Youth Celebration Event

Campsie

The following health related programmes were delivered in Campsie this year:

- Mindfulness
- World Mental Health Day
- Youth Self Esteem sessions for children going back to school
- Christmas Crafts Course
- Chi Me
- Health Check Day



O’Kane Park

The following health related programmes delivered in O’Kane Park this year:

- Senior Youth Programme
- CKS Summer Scheme
- Christmas Health Hampers
- Gym Passes
- Crafts course – senior citizens
- Crafts course – women’s group
- 5K Fun Run & Walk

MACCA

The following health linked programmes were delivered in MACCA this year:

- Summer Scheme
- Christmas Youth Art Programme
- Jiving lessons
- Piloxing



Neighbourhood Renewal Health Co-ordinator

In addition to supporting the programmes organised by each of the community groups and the work delivered by Breakthru, the Health Co-ordinator also supported, organised and delivered on the following events:

- Walk Away Your Worries campaign including a walk and fresh fruit refreshments. 14 people participated in the walk on 29th May 2018.
- Rethink, Recharge, Reclaim training was delivered by Marie Dunne to 25 NR residents on 19th September 2019.
- Resilience seminar as part of the Elephant in the Room campaign delivered by Marie Dunne (Mental Health Promotion Specialist for the Western Health and Social Care Trust), attended by 15 people at MACCA Community Centre on 9th October 2019.
- Positive Ageing Month ran throughout the month of October for all older people living in the Western Trust area. This was advertised to all NR residents where there was a range of free and reduced rate programmes ran throughout the whole month.
- Dry January sessions – ‘Dry Wit’
 - Omagh 31/01/19
 - Enniskillen 17/01/19
- Drink Wise Age Well Health Fest ran on 23rd January 2019 in Omagh Library for everyone aged over 55.
- SureStart Home Safety event attended by 30 people on 7th March 2019.
- SureStart Antenatal event attended by 30 people on 20th March 2019.



Evaluation of Programmes

Fishing Trip

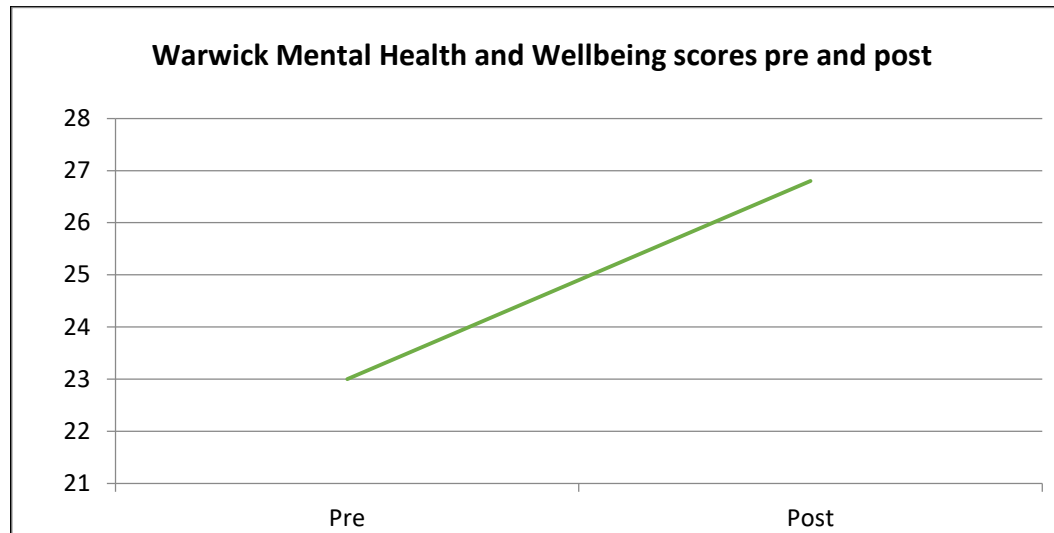
The group consisted of 11 young people (9 male and 2 female). Many of these children have challenges including coping with multiple bereavements or having family members addicted to alcohol. Others are statemented at school because of learning difficulties or ADHD. Others seem to struggle with anxiety and isolation. Some testimonies from the participants illustrate how successful the trip was and the impact it had on the health and wellbeing of these young people:

“It was good. I would go back again. I normally spend a lot of time in the house playing my x-box. I thought it was going to be a boring day but when my friends came it was much better. It was nice and peaceful and everyone was getting on”. Male (11)

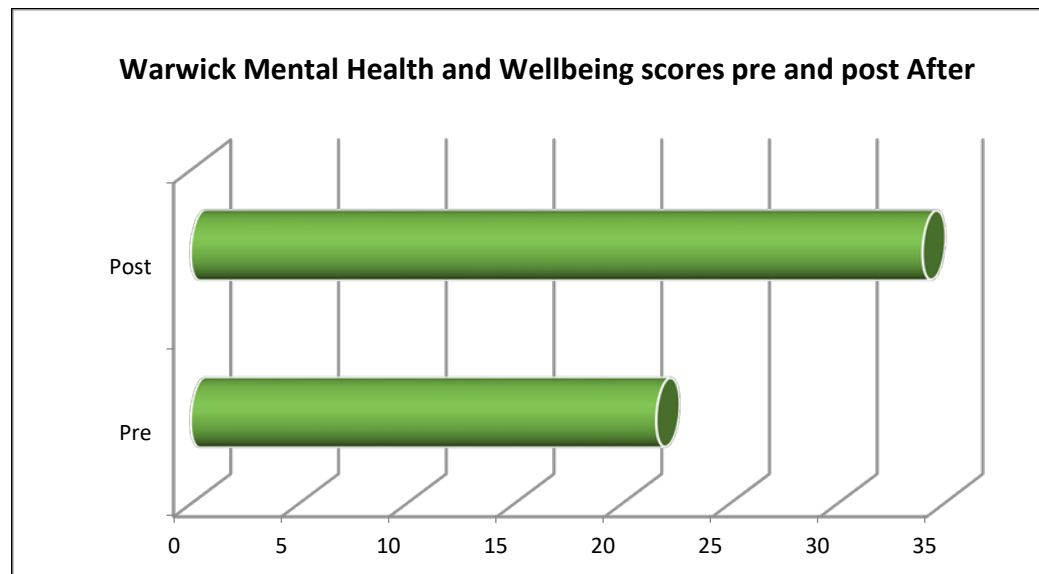
“I didn’t think xxxx would have gone. I was surprised she did. I thought they would be arguing. I expected a phone call to pick her up. I was going to follow the minibus up the road because that normally happens. However, I saw them all coming off the minibus with bags of fish and big smiles on their faces. She has been out many times since. Not one of them had a negative thing to say about the day. xxxx would have her head stuck in the phone. Normally has no concentration. Does not sleep at night. Would be rearranging her room. The fishing tires her out. I am amazed at the concentration xxxx has displayed through the fishing and to stick at something” Mother of female (13)



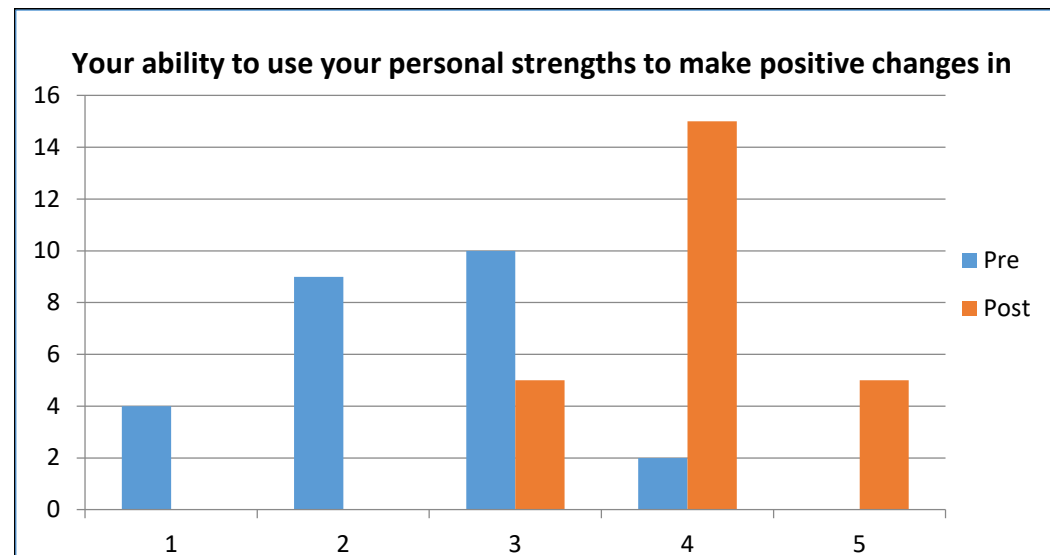
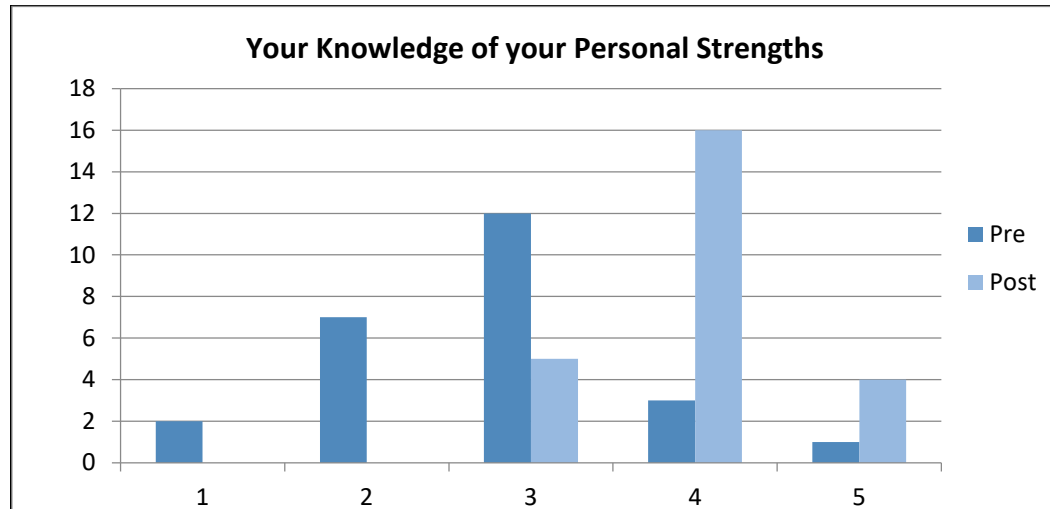
Mindfulness – Campsie



After School Group – Gallows Hill



Rethink, Recharge, Reclaim – 19/09/2018



Some comments from participants:

“One of the best trainings I have ever been on.”

“This day has been life changing for me, and now I know I have the skills.”

“It was excellent and I would recommend the training to everyone.”

Personal Hygiene – Strathroy

Staff from the Strathroy Youth Club had noticed changes in hygiene amongst young people attending the Youth Club. They introduced a programme to incorporate personal hygiene into day-to-day routines, grooming and the free use of sanitary products in the Community Centre, personal development challenges faced in the local area.

CORE NI – Strathroy

This programme was run over 2 months to give children positive experiences of physical activity and overall wellbeing through fun games and activities. At the start of the programme, some children lacked the confidence and self-esteem to participate. Throughout the programme the children grew in confidence as well as their fitness levels improving. Most importantly, the children all began to enjoy the programme and therefore engaged effectively. There was also encouragement of family involvement using the CORE Kids checklist, which is a tool that has 10 daily health habits that everyone can follow to educate themselves on nutrition, exercise and mindfulness. The programme was finished with the delivery of a session to Youth Club staff to increase their knowledge of delivering a physical activity and wellbeing programme.

Strategic Objective: Social Renewal – Physical Renewal

‘To help create creative attractive, safe, sustainable environments in the most deprived neighbourhoods’

6. Upgrade and Resurfacing of O’Kane Park

The Programme of works improved road and path surfaces throughout O’Kane Park. This project would have been considered a low priority for funding from Department for Infrastructure due to restrictions and their workload being primarily focused on routes which witness heavy traffic. O’Kane Park Community Association identified surfaces within the Culmore and O’Kane Park Estates that required urgent upgrades and in particular areas that required work to improve access to the area for older or disabled residents. The estate also has a vast amount of young people and the areas concerned had also been identified as dangerous for example alleyway’s leading directly onto carriageway without barriers. The original surfacing of the area was completed in 1970 and since then only minor works had been completed.

The improvement works were carried out by the Department for Infrastructures, this community involvement with statutory agencies is an indication of continued community development and gives empowerment to residents to speak up for their areas and voice opinions as to where improvements can be made.

Feedback to date has been excellent with residents reporting how the completed works has not only made the area a more visually attractive place to live but in addition O’Kane Park Residents Association has attracted new Members and are even more confident in acting as the voice for the local community. The Neighbourhood Renewal Coordinator is currently designing a survey to collate feedback from all residents.

Before works completed



After works completed



Omagh Neighbourhood Renewal Partnership 2018/2019 Expenditure (by Strategic Objective)

The following table details current projects funded via the Neighbourhood Renewal Investment fund. It also details the 2018/19 individual spend for each project, the total amount of expenditure by strategic objective and the overall 2018/19 total expenditure in the Omagh Neighbourhood Renewal Area.

Programme/Project	CFF Funding Period	CFF Amount at 01/04/2018	18/19 Spend (as at 31/03/2019)
COMMUNITY RENEWAL			
Omagh NRA Employment of Coordinator and Associated Costs	01/04/2018-31/03/2019	£70,235.68	£68,349.90
Campsie Community Hub	01/04/2018-31/03/2019	£10,210.21	£10,210.21
Total Community Renewal Expenditure		£80,445.89	£78,560.11
SOCIAL RENEWAL - EDUCATION			
Strathroy Afterschool & Homework Club	01/04/2018-31/03/2019	£35,595.00	£35,235.19
Omagh Learning Mentor	01/04/2018-31/03/2019	£50,435.20	£39,376.39
Total Social Renewal Education Expenditure		£86,030.20	£74,611.58

SOCIAL RENEWAL - HEALTH			
Programme/Project	CFF Funding Period	CFF Amount at 01/04/2018	18/19 Spend (as at 31/03/2019)
Omagh NR Health & Well Being Project	01/04/2018-31/03/2019	£49,340.60	£49,340.60
Total Social Renewal –Health Expenditure		£49,340.60	£49,340.60
ECONOMIC RENEWAL			
Going Places with South West College – Omagh	01/04/2018 – 31/03/2019	£34,855.50	£34,855.50
Total Economic Renewal Expenditure		£34,855.50	£34,855.50
PHYSICAL RENEWAL			
Upgrade of O’Kane Park Carriageway and Footpaths	01/04/2018-31/03/2019	£136,039.00	£136,039.00
Total Physical Renewal Expenditure		£136,039.00	£136,039.00

Achievements of Neighbourhood Renewal Funding in 2018/19 Year

Community Renewal Output Measures 18/19 Annual Report

PROJECT	CR1 - Number of people participating in community relations projects	CR2 – Number of people participating in community bonding projects	CR3 – Number of people volunteering for community development activities	CR4 - Number of people engaged/involved in unpaid voluntary work	CR5 – Number of people receiving training in community development skills/capacity building	CR6 - Number of people using new or improved community facilities	CR7 - Number of community/voluntary groups supported	CR8 - Number of community relations projects supported	CR9 - Number of people involved in projects that promote shared space	CR10 - Number of people using existing community facilities	CR11 - Percentage of residents who say they are aware of community facilities/services in their area
Campsie Community Hub				12	8				609	2732	
Strathroy Homework & Activity Club				5							

Social Renewal - Education Output Measures 18/19 Annual Report

PROJECT	SR(Ed) 1 - Number of childcare/nursery school places created/safeguarded	SR(Ed)2 - Number of pupils whose attendance is measurably enhanced/improved	SR(Ed) 3 - Number of pupils whose attainment is measurably enhanced/improved	SR(Ed) 4 - Number of pupils whose behaviour is measurably enhanced/improved	SR(Ed) 5 - Number of people engaged in parenting skills development programmes	SR(Ed) 6 - Number of pupils directly benefitting from the project	SR(Ed) 7 - Number of pupils whose attainment is measurably enhanced/improved	SR(Ed) 8 - Number of pupils directly benefitting from project	SE(Ed) 9 - Number of pupils whose attainment is measurably enhanced/improved (in STEM subjects)	SR(Ed) 10 - Number of pupils directly benefitting from the project	SR(Ed) 11 - Number of pupils whose attainment is measurably enhanced/improved against baseline position to ensure pupils reach full potential	SR(Ed) 12 - Number of pupils whose attendance is measurably enhanced/improved
Strathroy Afterschool & Homework Club		52	50	49		52						
Omagh Learning Mentor				5				24		20		4

SR(Ed)1–Early Years, SR(Ed)2–5-TacklingBarrierstoLearning, SR(Ed)6-7ImprovingAttainmentinLiteracyandNumeracy, SR(Ed)8-9-ClosingthePerformanceGap, SR(Ed)10-11-TacklingbarrierstoLearningSpecialEducationalNeeds, SR(Ed)12-13-TacklingbarrierstolearningEmotionalHealthandWellbeing, SR(Ed)14-17-YouthServices, SR(Ed)18-22-ExtendedSchools, SR(Ed)23-25–ICT, SR(Ed)26-28–TacklingBarrierstoLearningExtendedSchools, SR(Ed)29-35SharedEducation.

Social Renewal – Health Output Measures 18/19 Annual Report

PROJECT	SR(H)1 - Number of people benefiting from Healthy Lifestyle Projects	SR(H)2 - Number of people attending Health Education/Awareness initiatives	SR(H)3 - Number of people accessing intervention/treatment services	SR(H)4 - Number of health education awareness initiatives provided/delivered	SR(H)5 - Number of people benefiting from new or improved health facilities	SR(H)6 - Number of new /improved sports facilities provided	SR(H)7 - Number of people participating in suicide prevention projects	SR(H)8 - Number of new/improved sports facilities provided	SR(H)9 - Number of people using new sports facilities	SR(H)10 - Increase (n%) in the number of people using improved sports facilities
Omagh NR Health & Well Being Project	489	195		14						

SR(H)2-4–Early Intervention.

Economic Renewal Output Measures 18/19 Annual Report

PROJECT	ER1 - Number of FTE permanent jobs created	ER2 – Number of residents going into employment	ER3 – Number of people accessing careers advice	ER4- Number of people receiving job specific training	ER5 – Number of weeks (per participant) of job specific training provided	ER6 - Number of people receiving non job specific training e.g. first aid	ER7- Number of weeks (per participant) of non-job specific training provided	ER8- Number of new business start ups	ER9 - Number of new/existing businesses requiring/receiving advice/support	ER10 - Number of people becoming self-employed	ER11 - Number of Social economy enterprises created/supported	ER12 - Number of new business start-up surviving 52 weeks	ER13 - Number of new/existing childcare places supported to facilitate training and or employment	ER14 - Number of people attaining a formal qualification from participation in Adult education	ER15 - Number of FTE jobs safeguarded
Going Places with South West College		11	42	30		9								39	

Physical Renewal Output Measures 18/19 Annual Report

PROJECT	PR1 - Area of land improved for open space	PR2 - Area of land reclaimed for open space	PR3 - Area of land improved and made ready for development	PR4 - Area of land improved and made ready for shared space	PR5 - Number of community facilities improved	PR6 – Number of traffic calming schemes	PR7 – Number of trees planted	PR8 – Number of projects improving community facilities	PR9 - Area of land improved and made ready for development	PR10 - Area of land improved and made ready for shared space	PR11 - Number of people/volunteers involved in physical development and/or environmental improvement projects
Upgrade of O’Kane Park Carriageway and Footpaths						1					

Omagh Partnership Conclusion-

In the 2018/2019 financial year, Omagh Partnership's total overall spend was **£373,406.79**

This can be further broken down into Strategic Objective spend as follows:-

Community Renewal	£78,560.11
Social Renewal	£123,952.18
Economic Renewal	£34,855.50
Physical Renewal	£136,039.00

In addition, the Neighbourhood Renewal Coordinator supported various community organisations across the Neighbourhood Renewal areas gain the confidence and capacity to research various other funding organisations and to apply for support. Successful applications in the 18/19 financial year included:

- £1,500 from Live Here, Love Now to deliver gardening workshops with Campsie residents
- £2,000 from PEACE IV to purchase a poly-tunnel for Campsie Gardening Project
- £1,900 from the Northern Ireland Housing Executive to purchase a range of tools for Campsie Gardening Project
- £1,000 from Fermanagh and Omagh District Council for additional running costs and craft workshops for Campsie Residents Association
- 218 Warm Bags delivered to vulnerable children and adults throughout Neighbourhood Renewal areas. Each bag contained thermal under garments, blankets, scarf, hats and gloves, a fleece and thermal socks.

Breakdown of actual achievements for total expenditure

Under *Community Renewal*, the following organisations continued to be involved:

- Campsie Residents' Association
- Gallows Hill/Johnston Park Community Association
- Mullaghmore and Castleview Community Association(MACCA)
- Culmore/O'Kane Park Community Association(CKS)
- Strathroy Community Association
- Local Voluntary Organisations including Breakthru, Omagh Volunteer Centre, FOCUS, Supporting Communities NI and Action for Children.

The funding for the venue of Campsie Hub has enabled the group to go from strength to strength with activities planned for every day of the week including:

- College Outreach programme providing Maths, English and Computer Tuition
- Weekly Basic Computing Classes
- Women's Health Workshops (funded by Community Pharmacy Programme)
- Mindfulness Courses

The Health and Well Being programme successfully ran throughout 2018/19 with a series of circuit classes and Boxercise sessions in Gallows Hill and CKS; piloxing classes at MACCA; Health Check days across the Neighbourhood Renewal areas; and Sure Start Health events.

The following Education Programmes ran during 2018/19:

- Strathroy Afterschool Club. During 18/19 a total of 52 children from the Strathroy NRA were registered and used this facility which exceeded the original target set by DfC when funding was initially awarded in April 2011.
- The Learning Mentor has worked successfully across the secondary schools, on a one to one basis, with pupils experiencing a range of barriers to education.

The Economic Renewal Project delivered the following during 2018/19:

- The Going Places Programme – all targets set by the Department for Communities were met for this programme

Looking Forward

Consideration of the Measurement of Outcomes Report will show that some progress has been made in a number of areas in the Omagh NRA's however there remains more work to be done to ensure that the communities do not fall back into old patterns of behaviours. Moving forward into 2019/20 the following areas remain to be progressed:

Under **Community Renewal** the Neighbourhood Renewal Coordinator will continue to work alongside Supporting Communities to discuss and identify continuing needs to help address capacity building and sustainability for the 5 Community Groups in the Omagh NRA. Additional training will be made available throughout the five areas.

The NR Coordinator will also continue the delivery of existing funded projects in accordance with Department for Communities guidelines and timescale. They will also:

- In response to community interest and need, continue to identify and assess potential projects that will be of benefit to Omagh Neighbourhood Renewal.
- Identify and highlight opportunities for additional funding to groups, also highlight to groups additional services and potential funding opportunities.

Under **Economic Renewal** it is envisaged that Strathroy Enterprise Company Ltd will be in a position to submit final design plans for the additional six enterprise units during 2020/21. It is expected that the full project will cost £400,000 and Strathroy Enterprise Company will seek funding from other sources, for example Places and Spaces, Big Lottery and Fermanagh and Omagh District Council to see delivery of this project.

Under **Social Renewal – Education** the Education Sub-Committee plan to re-engage with nursery schools, preschools and primary schools across the Omagh area to identify problems and learning disadvantages in young children and the steps which could be taken to address these issues in a timely fashion.

Under **Social Renewal – Health** it has been agreed that the Health Sub-Committee will seek to prioritise mental health of younger people in coping with stress, pressure and the building of their resilience skills. Actions around Suicide Awareness have been added to the Action Plan for 2019/20.

Under **Physical Renewal** it has been agreed that a Programme of Works for Gallows Hill will be sought to be delivered by the Department for Infrastructure during 2020/21 subject to funding. Proposals are also in advance for the refurbishment and upgrading of the Mullaghmore and Castlevew (MACCA) Community Centre alongside an early proposal by Campsie Community Association to possibly acquire the old YMCA Hall as a permanent Community Hub.



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