

Colin Neighbourhood Renewal Area Annual Report *2015/16*



Colin Neighbourhood Partnership Website: <http://www.newcolin.com>

The comments and views included in the narrative of this report are those of Colin Neighbourhood Partnership and may not reflect or represent the views of the Department for Communities

Colin Neighbourhood Renewal Partnership

ANNUAL REPORT – 2015/16

About Neighbourhood Renewal -

The Neighbourhood Renewal Programme aims to reduce social and economic inequalities which characterise the most deprived areas. It does so by making a long term commitment to communities to work in partnership with them to identify and prioritise needs and co-ordinate interventions designed to address the underlying causes of poverty. Neighbourhood Renewal Partnerships were established representative of local community interests together with appropriate Government Departments, public sector agencies, private sector interest and local elected representatives.

Colin Neighbourhood is located on the outskirts of greater West Belfast and because of the Review of Public Administration transferred to Belfast City Council local government boundaries at 1st April 2015. The remit of the Colin Neighbourhood Partnership (CNP) is *to take forward the Neighbourhood Renewal Programme* by delivering a comprehensive renewal strategy for the Colin Area that comprises Poleglass, Twinbrook and portions of Lagmore and Kilwee a population of approximately 16,400 and a wider surrounding population that increases the population to approximately 30,000.

The CNP was established in 2004 and has active participation from community representatives, public sector organisations, political representatives and voluntary organisations and private sector that have interest in the area's development. The organisation promotes a holistic approach to addressing economic and social inequality closing the gap between neighbourhood renewal areas and those that are not included in neighbourhood renewal. CNP Meets on a monthly basis and holds an AGM yearly it produces audited accounts annually. The administration services are provided through a Partnership Manager, Finance and Office Manager, and a Development Network consisting of; Good Morning Colin Manager, 10 Development Officers with specific remits i.e. Arts & Culture, Community Safety, Men, Youth, Volunteering and Early Intervention Services, and a Marketing Officer.

The Partnership comprises 23 members which include representatives from local communities, voluntary organisations, elected representatives, private sector and local statutory organisations. The Partnership has established six sub groups engaging approx. 200 individuals in task specific remits as well as other funding programmes and several major environmental schemes. The six subgroups assist in the identification, development and where appropriate; the delivery of projects which aim to address Neighbourhood Renewal's four strategic objectives of: Community Renewal, Social Renewal, Economic Renewal and Physical

Renewal. Each sub group has developed its own action plan working in partnership with all the relevant organisations: SEHSCT, E.A., CCMS, PSNI, BCC, NIHE, SIB, DfC, PBNI, PHA as well as all the local community and voluntary organisations. CNP is the lead organisation encompassing five key local organisations; Footprints Women’s Centre, Poleglass Residents Association @ Sally Gardens Community Centre, Youth Initiatives, Ionad na Faiseoige and Cloona Child Contact Centre.

Under review of the Colin Neighbourhood Action Plan in 2010 three priorities were identified and agreed, they are:

- Early Intervention
- Health
- Community Development / Safety

It should be noted that Colin Neighbourhood Partnership and Subgroups have all signed up to and abide by the Neighbourhood Renewal Code of Practice and Guiding Principles and subsequent Subgroup Terms of Reference.












DSD support has been and remains key to the success of the Colin Neighbourhood Partnership. DSD funding has demonstrated confidence in our organisation’s ability to deliver against objectives and in our governance. This has helped in securing funds from other sources to support a range of social, economic and environmental programmes in the Colin Area. Other funders of CNP include:





Funding Body	Purpose of Funding
• Big Lottery	Live and Learn Empowerment Programme
• Belfast City Council	Community events/programmes
• Awards For All	Art and Culture programmes/events
• Education Authority	Youth Inclusion programme costs
• Atlantic Philanthropies	Colin Early Intervention Programme
• Public Health Agency	Colin Early Intervention Programme
• Health & Social Care Board	Colin Early Intervention Programme
• Department of Justice	Colin Early Intervention Programme
• S.E.H.S.C.T.	Colin Early Intervention Programmes and general health
• Social Investment Fund	Colin Early Intervention Programmes
• S.E.H..S.C.T.	Good Morning Colin running costs.

- DCAL
- Arts Council
- Social Investment Fund

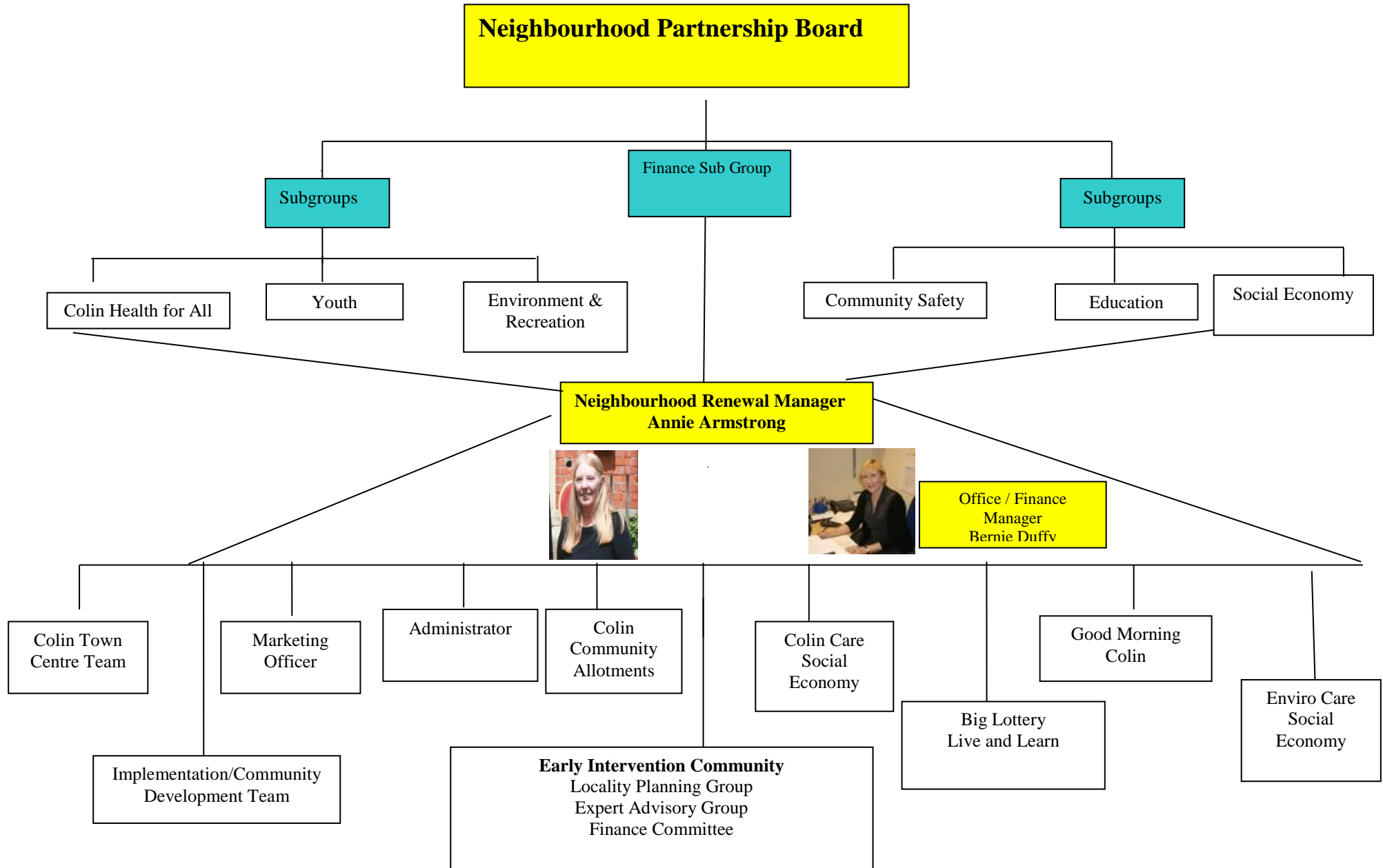
Arts & Culture Programmes.
Arts & Culture Programmes
Capital works to Cloona House

Colin Neighbourhood Partnership Board 2015/16

						
<p>Rose Mary Stalker was appointed Chairperson in 2011. Rose Mary is a Chartered Engineer and business leader with over 25 years multi-national experience</p>	<p>Brian Heading, Secretary for CNP and a SDLP Belfast City Councillor he is the party's Westminster Candidate for Lagan Valley.</p>	<p>Lynda Vladeanu Colin Health for all subgroup Rep. Lynda is currently Acting Assistant Director for promoting Health and Wellbeing within the SEH & SCT.</p>	<p>Theresa Brady Treasurer of CNP Theresa is Chairperson of Ionad Na Fuisceoige.</p>	<p>Bernard Moane Bernard Represents the Kilwee Community. He works for an Executive Agency within the DoE</p>	<p>Geoff Beattie is the DSD Representative. Geoff is Deputy Director for the DSD Belfast Regeneration Office and is a non voting member</p>	<p>Jennifer McCann, Junior Minister is Paul Maskey's (MLA for West Belfast) representative on the CNP Board</p>
						
<p>Jim McCarthy, Vice Chairperson of the CNP. Jim is the Belfast Co-ordinator / Manager of Community Restorative</p>	<p>Stephen Maginnis Belfast City Council Representative S.F.</p>	<p>Malachy Crudden is the CCMS Rep he works with principals and governors in the Catholic maintained Primary Schools in SEELB area.</p>	<p>Naomi Dunbar is Assistant Director in Strategic & Capital Development for the South Eastern Health and Social Care Trust (SHE&SCT)</p>	<p>Jim Bradley is Environmental Subgroup Representative. Jim is the Manager of the Belfast Hills</p>	<p>John McMaster NIHE District Manager of Dairy Farm NI Housing Executive</p>	<p>Bill Groves Belfast City Council Representative SF</p>

						
<p>Jim Gibney is Kilwee Community Representative on the CNP Board</p>	<p>Michael Bailey Poleglass Community Representative As Michael moved out of the Colin area in October 15 therefore could no longer represent the Poleglass area.</p>	<p>Fr. Pat Sheehan is Parish Representative on the CNP board</p>	<p>Arleene Kee is the South Eastern Education and Library Board representative</p>	<p>Isabel Loughran is the Women's Sector representative</p>	<p>Máire Scott & Mary Smith are Lagmore Community Representatives on the CNP Board</p>	<p>Brenda Richards BRO Representative</p>
<p>Patricia Ramsey Twinbrook Community Representative Patricia joined the board in November 2014</p>	<p>Jackie Bunting Twinbrook Community Representative Jackie joined the board in November 15</p>	<p>Paul Kelly Poleglass Community Representative. Paul joined the board in December 15.</p>				

Colin Neighbourhood Partnership Organisational Chart



Colin Neighbourhood Partnership Projects

For the period 01/04/15 through 31/03/16 the Neighbourhood Renewal Investment Fund are currently supporting the following 5 projects in Colin Neighbourhood Partnership.

- Colin Neighbourhood Partnership Core Salaries and Overheads
- Colin Neighbourhood Partnership - Health Priority
- Colin Neighbourhood Partnership – Early Intervention Priority
- Colin Neighbourhood Partnership – Early Intervention Collaborative
- Colin Neighbourhood Partnership – Community Development / Community Safety

CNP is the lead organisation encompassing five key local organisations; Footprints Women’s Centre, Poleglass Residents Association @ Sally Gardens Community Centre, Youth Initiatives, Ionad na Fuisioige and Cloona Child Contact Centre.

Neighbourhood Renewal funding for these projects will end on 31/03/17

Any projects for the period 01/04/15 through 31/03/16 will appear in the annual report for that period.

Community Renewal

1. **Colin Neighbourhood Partnership Core Salaries and Overheads** – this project is an ‘enabler’ it allows CNP to operate and deliver across all priorities. The aim of this project is: to provide the leadership and administration necessary to deliver the Neighbourhood Renewal strategy in the Colin area that further establishes the role of the Partnership as the umbrella for community development and underpins community led infrastructure that attracts support from all stakeholders. This project allows all other programmes and services for the Colin NRA to be developed and delivered.
2. **Colin Neighbourhood Partnership Community Development / Safety** – CNP is the lead in this collaborative project with Footprints Women’s Centre – this project is focused on the implementation of the Colin Neighbourhood Renewal Action Plan *Colin will be an area with a vibrant centre, where people are happy to live, work, play and study and proud to say they are from. It will be a community empowered to participate and make a difference, where local achievements are celebrated and visitors are welcomed.”*

3. The project supports the following posts; Community Safety Officer, Arts & Culture Officer, Volunteering Development Officer, a portion of the Marketing Officer's salary and a Caretaker's post with Footprints Women's Centre

Community Renewal

Colin Neighbourhood Partnership continue to provide an annual calendar of events for all in the community, provide training in capacity building, provide opportunities for volunteering, improve community relations, provide support for local community and voluntary groups, provide projects and activities that promote shared spaces. All of this enables us to sustain the real sense of community spirit and pride in this area.

All of the activities and events highlighted below are extremely beneficial and very much appreciated by the local community. Improvements to this area can be achieved by its residents voluntarily working together. There are many examples of such contributions via all the volunteering activity that goes on day and daily in this community. This is showcased below by showing the many local people who are interested in the welfare and well-being of their local community. We believe it is extremely important that they are recognised at the annual volunteer celebration event that takes place every June during volunteering week. Community Spirit can be accessed from the achievements resulting from community activities, each time a survey is carried out in this community more and more people express contentment about living in the area, they tell us that they feel safer and happier about where they live and are happy to raise their children here. All of this helps create a feeling of collectiveness which reinforces social bonds and enabling CNP to achieve their goal, which is to better the community and develop a sustainable community.

Community festivals and events attract visitors at city and on occasion's regional level. Events help to capture attention and promote a positive view of the local people. They also make it possible to maximise the use of spaces seen previously as a burden and places to avoid. Our events have positive impacts that go well beyond what can be measured in economic terms, they contribute to the quality of life by strengthening this community providing unique activities and events and build awareness of diverse cultures and identities and act as a source of community pride.

There exists in this community a willingness and desire to participate in activities that promote this community, this evidenced by the Increasing numbers of people attending these events year on year.

CNP Highlights



Colette Fitzgerald (back right) – Head of European Commission N.I. carried out official opening of CNP’s new Eco Healthy Living Centre at Colin Allotments. Also in the picture are GWNI’s Simon Murphy, and CNP’s Matthew McKinley and Annie Armstrong.



Residents of Colin and visitors enjoying food in the large Poly Tunnel at the official opening of new Eco Healthy Living Centre.



One of N. Ireland’s top Chefs carrying out a cookery demonstration in the Eco Healthy Living Centre at the official opening in September 2015



Day Trip



Dancing round the May Pole



Celebrating International Women's Day



Having a Ball at the Valentines Ball

Older people face many challenges that they have no control over, we are therefore determined to ensure that older residents in the Colin community feel valued, content, happy and safe.

The process of ageing sees many individuals progressively adapting to changed personal circumstances such as bereavement, living alone, poor physical and mental health and especially in this area a lack of access to a private car and good public transport. CNP provides opportunities for older people to get involved in many activities and events by providing transport and venues to hold activities. These activities include lunch clubs, day trips, events throughout the year, i.e., Valentines Ball, St. Patrick's Celebrations, events tied into Creativity Month each March and an annual May Ball, as well as activities and events during the summer months. Many of these activities are facilitated by volunteers.

We are also acutely aware that the majority of our older residents' main source of income comes from welfare benefits. Each Christmas, with the help of social services and local community organisations we are able to identify those most at risk of suffering extreme poverty over the holiday period, we distribute approx. 120 food hampers each year to help alleviate their concerns and we hold a number of events around Christmas to ensure they don't feel lonely and isolated and have the best Christmas that's possible. The images above reflect just some of the events and activities we organise.

VOLUNTEERING

Volunteer BBQ

This was a celebration event that took place in June. This event was to celebrate all the work the volunteers completed within the Colin Area.



All of our volunteers who received certificates and a gift to recognise their contribution over the past year to the Colin community



A group of young gate crashers who insisted on entertaining the crowd with the song Let it be from Frozen.

Teen Fast Volunteers

Teen Fast is an award winning Early Intervention Programme targeted at young people of teenage years.

Colin Neighbourhood Partnership was delighted to secure this programme for St. Colm's Post Primary School pupils.

The programme brings parents, teachers, pupils and the wider community together to help ensure young people get the support they need to fulfil their potential in school and in life.

19 TeenFAST team members, 6 partners. 11 Peer mentors and 2 youth work partners participated in the TeenFAST training by Middlesex University for the St. Colm's School Teen Fast programme.



Teen Fast receiving their volunteer certificates at Volunteer BBQ Pupils, community workers and residents who volunteered to deliver Teen FAST

TRAINING

225 local residents participated in various training projects over the past year, training included:-
 Careers Guidance Advice – OCN Level 1 in Horticulture – Introduction to Mindfulness – Supporting Your Child with Autism
 Introduction to Mindfulness 3 week course – Introduction to Photography 3 weeks – Stress Management – Dementia Awareness
 Presentation/Confidence Building Skills – Putting Parents First – Introduction to Community Facilitation – Fundamentals of
 Personal Coaching. I have attached below copies of our training brochure and leaflets promoting training opportunities.



Stress Management Course
 Thursday 18th & Friday 19th February 2016
 Day One: 9.30am-4pm
 Day Two: 30 min appointment slots

Do you want to learn about stress and how to take control of stress in your life? Our 2 day stress management course will provide you with information and techniques to help you manage stress.

Day One
 Learn about the definition of stress and how it affects our mind and body.
 Learn about: mind health, emotional health.
 The relationship between nutrition and health & how to set health goals.

Day Two
 Sign up for a range of wellbeing treatments...
 30 minute appointments.
 2 qualified Massage Therapists
 Reflexology / Thai Foot Massage
 Hand Massage
 Scented Acupressure
 Indian Head Massage

Free Event Lunch Provided
 To book a place, contact Gemma at CNP on 02890623813 or email gemma@newcoln.com

This programme is organised by Colin Neighbourhood Partnership and funded by Belfast City Council.

Colin Neighbourhood Partnership
 Cloona House, 31 Colin Road, Poleglass BT17 0L5
 Tel: 028 90 423 813 | www.newcoln.com
 Colin Neighbourhood Partnership
 @CNPartnership



Training drive
 October 15.doc



Colin Neighbourhood Partnership | HSC South Eastern Health and Social Care Trust

Do you want to develop your confidence & self-esteem.
 Improve the health & well-being.
 Have the opportunity to acknowledge & talk about your feelings.
 Discover practical solutions to learn how to manage your emotions & learn how to relax.
 Try something new, different & exciting and have some fun?

Then Positive Steps is for You!

Positive Steps is a flexible and interactive health & well-being programme developed by Health Development in the SEHSC Trust. Positive Steps is a programme that brings many other benefits in addition to improving our well-being.
 The programme provides many exciting opportunities for people to experience, e.g. trying something new, making new connections & relationships, socialising, being creative, learning relaxation techniques, figuring out how to value yourself and how to contribute in valuable way, improving health, knowing when and how to get help, learning all this in a fun way!
 The programme originated from a list of 10 positive steps published by the Health Education Authority 1999. This provided a firm framework for the development of a programme based on these self-help ideas.

Programme will take place over 2 days
Monday 6th & Tuesday 7th July 2015. Time: 10am – 3.30pm
 Venue: Cloona House. Cost: FREE

To register for this programme, contact Gemma Burns on 02890623813 or email gemma@newcoln.com



cnp training brochure
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Training Courses Feb
 March B 2016.doc



Training Feb March A
 2016.doc

Community Bonding Projects

Colin Environment Week: Monday 20th - Monday 25th April



**Easter Bunny Workshop
April 15**

This programme was organised to encourage parents and children to spend quality time together. This was targeted at a specific group of families.



Children from St. Luke's Pr. School

Colin Environment Week is an initiative organised by Colin Neighbourhood Partnership which aims to get local residents and schoolchildren in the Colin area thinking, and getting involved in, environmental activities.

An 8 week programme for fathers and children again the purpose was to encourage fathers to spend more quality and bonding time with their children.



The programme (Super Heroes') was a Dad's and kids 8 week project. Dad & Kinds made Super Heroes masks, shields and tee shirts to wear at the up and coming summer festival. The purpose of the programme was to encourage fathers to spend quality, bonding and fun time with the children. Feedback confirms that fathers as well as the children got a lot from this programme.

Summer Festival



Cultural Food Day at Colin Allotments



GO Games



All Ability Sports Week



Historical Tour of Black Mountain and Surrounding area.



Intergenerational Trip



Family visit to Ulster Museum



The Colin Festival Parade, one of the highlights of the Colin Summer Festival, saw hundreds of revellers make their way up the Stewartstown Road towards the Colin Community Hub at the Laurel Glen shops for a free Family Fun Day. Here they enjoyed bouncy castles, go karts, inflatable's, live music, face-painting, a reptile petting zoo, African drumming Circles, Indian dance displays, performances by An Munia Tober Women's Singing Group, arts and crafts, games, and lots of free entertainment. At the Fun Day the Colin's Got Talent Competition got under way with a number of local residents performing in front of a live audience.



Summer Carnival Parade participants making their way to the Community Hub to participate in a many family events.



Younger members of Saints Youth Centre made hats etc to show off at the Summer Festival Parade



Organised by our Dads Project Fathers & children attended an 8 week programme to produce Masks, Tee Shirts & Shields to wear at the Summer Festival Parade, and recognise their dads as Super Heroes



African Drummers, Indian Dancers and other ethnic culture representatives leading the Carnival Parade.



Young People from the Youth Inclusion Project displaying their Minions Paraphernalia they made during a 6 week programme.

Halloween & Parents Week



Families queuing to enter the spooky ground of Cloona House to be frightened at our Halloween



Grounds of Cloona House Transformed to create many Spooky Halloween events and activities.



Fire Eating in the Grounds of Cloona House



Grounds of Cloona House transformed into a scary grave yard.



Spooky Story Telling under the tree in Cloona House grounds



The old swimming pool in the grounds of Cloona House transformed to create a spooky crypt.



Christmas 2015 events

NATIVITY STORY GIVEN MODERN TWIST IN WEST BELFAST COMMUNITY PRODUCTION

It's the Christmas story, but not as we know it. Partisan Productions teamed up with Colin Neighbourhood Partnership to create a unique community theatre event, *The Colin Nativity*, supported by Lottery funding through the Arts Council of Northern Ireland.

Involving local people working alongside professional actors, singers and musicians, this joyful production offered the hope that, even when times are at their hardest, there is no need to accept despair.

This local twist on the traditional Nativity was staged in and around the Dairy Farm Shopping Centre and the Colin Community Hub. It was a real community affair with members of the Colin Area Men's Shed playing the shepherds, performing arts students from Northern Regional College's Newtownabbey campus as the Militia, and most of the stage hands and set painters were participants on the Youth Initiatives Employment Programme. There was involvement from local schools and community organisations including MACS choir (Mulholland After Care Service) and participants from CNP's family programmes such as FAST (Family and Schools Together) getting involved as performers. We all are familiar with the story of the Nativity; it's a fascinating and joyful tale that inspires hope and is so relevant at Christmas time. There was a few surprises in this new production as it was given a modern twist in that we saw how Mary was worried that she was pregnant without being married and the challenges Joseph faced in having to bring up someone else's child. It was a wonderful experience for the audience who also had an opportunity to get involved in the wedding ceremony of Mary and Joseph and helping them to complete their journey to Bethlehem.



Area around the Lauren Glen Car Park and the Community Hub transferred into a Christmas wonderland and grotto. This was an extremely wet and cold night, but this didn't deter hundreds of people coming out to get involved in the spirit of Christmas.



Happy families and children, (one not so happy) visiting Santa to have their photos taken and receive a small present.

CNP Staff and volunteers totally into the spirit of Christmas.

Creativity Month March 2016

Colin Neighbourhood Partnership, in association with the Department of Culture Arts and Leisure (DCAL) and Urban Villages, held their 3rd Creativity Month in Colin during the entire month of March. The programme offered a variety of creative events, workshops and excursions. The month long festival included hands-on artistic activities such as pottery workshops, basket weaving, bird box building, baking classes, as well as candle and soap making workshops. There were also a number of cultural outings on offer including theatre trips to the Grand Opera House, fishing trips, and cultural trips to Titanic Belfast.

A first for the Colin area was the installation of a synthetic ice rink in the middle of the Dairy Farm Shopping Centre, allowing budding skaters to get creative on the ice.

Film fans were delighted at the return of the Cinemobile, Ireland's only mobile cinema, which was based at the Colin Community Hub. A selection of movies to entertain all age groups were available from Friday 11th March to Sunday 13th March. The Cinemobile transforms itself from a truck into a 100 seat comfortable mobile cinema which is very popular with locals.

A firm family favourite during Creativity Month is the free Creativity Day in the Dairy Farm Shopping Centre. Here, there was international arts and crafts arts stations where kids can get creative making Easter bonnets and decorating eggs. There was also an opportunity to participate in traditional Polish, Mexican and Bollywood dance as well as trying variety foods from these countries. The afternoon also included cooking demonstrations, Chinese Lion dancing and storytelling in Colin library.

“Engagement in culture, arts and leisure by adults in N. Ireland” DCAL Findings 2015/16 –

Findings from the continuous household show that

Adults living in the most deprived areas of N. Ireland were less likely to engage with culture, arts and leisure than those living in the least deprived areas 87% and 94% respectively.

Adults living in the most deprived areas were less likely to visit any museum or science centre and a National Museum than adults living in the least deprived areas.

“Experience of the arts by young people in N. Ireland DCAL findings 2014/15

Findings from the young persons’ behaviour and attitudes survey 2013

Pupils entitled to free school meals, 72% were less likely to have in arts activities than pupils not entitled to free school meals, 77%.

Fewer Catholics pupils than Protestants pupils participated in arts activities 73% and 79% respectively.

Boys 9% were more likely to have enjoyed an arts event than girls 5%, and young people entitled to free school meals 9%, were also more likely to have not enjoyed an arts events than young people not entitled to free school meals 6%.

It is because of the findings above and research that we at CNP provide activities via the arts that help us to address many help and social problems in this community.

Arts enables us to tackle negative emotions, improve medical outcomes, reduce depression, anxiety, stress and distract individuals from thoughts of illness. The activities increase social networks, instils a sense of access to support networks and creates a real sense of community pride. There are both physical and mental benefits from creating art and sharing something with your community.



Making a Cob over at allotments site. 5 week programme



Bakery Classes at Allotment Site – 5 week programme.



Synthetic Ice Skating Rink installed at Dairy Farm Centre for a 3 day period.



Chinese Lion Dance



African Drumming



Irish Dancing



Crafts Workshop



Soft Play area for the nippers



Mexican Dance



Chinese Fan Dance



Hungarian Dance



I.T. Workshop

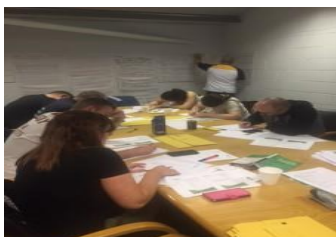
Sally Gardens Highlights - Community Development Theme Highlights



Poleglass Community Association @ Sally Gardens takes the Pride of Place Award

Poleglass Community Association @ Sally Gardens won the 2015 All Ireland Pride of Place Award Urban Neighbourhood category. This is a fantastic acknowledgment of the work our staff, management committee and volunteers do. Community Work in the Colin area is alive and kicking. The judges said in their citation: "On the judges' visit to the winning entry community they quickly discerned from community representatives and third parties the immense improvement in community relations that has occurred here over the past decade. After many years of limited facilities, a pitch for multi-sports use is under construction. This along with a wide range of services has been the strong catalyst for lifting the self-esteem of the local population". This award highlights the positive work that continues to go on in Sally Gardens and our link with the community.

Capacity Building Programme



10 local residents completed OCN Level 2 Community Development Course over 16 weeks. The OCN NI Level 2 Award in Community Development (QCF) qualification was targeted at community development practitioners, providing learners with knowledge in community development, community group structure and understanding of diversity and inequality issues. In addition, the qualification extended to residents wanting to volunteer or get into community development themed employment.

Participants completed:

- OCN Level 2 The Purpose and Process of Community Development
- OCN Level 2 Social Inequality & Diversity Within Communities
- OCN Level 2 Development of Community Groups

Sally Gardens Party In The Park

Sally Gardens organised a Party In The Park event 22nd July 2015, a very successful community event that attracted over 500 residents. Evaluation and feedback from parents and young people highlighted the necessity to source additional funding to run such events. It was heart-warming to see the amount of families attending and local community support for the event.



Sally Gardens Youth Based Activities

Sally Gardens Youth Club continue to work with young people aged 7-25 years old in personal development programmes with young people gaining recognised OCN qualifications during 2015/2016. The programmes had been designed and delivered based on the needs of young people with a youth work ethos. Through building positive relationship building the youth team have supported young people to achieve higher self-esteem and Level 1 & 2 qualifications to assist in their future progress to training or employment. Young people also gained confidence to make positive decisions for their future and they now have self-belief that they can achieve.



Qualifications and Programmes Delivered:

- Youth Leadership Programme
- OCN Level 1 Understanding Diversity in Society
- OCN Level 1 in Active Citizenship in the Local Community
- OCN level 1 Decision Making Skills
- OCN Level1 Understanding the Rights & Responsibilities of a Citizen

Sally Gardens Christmas Intervention

Sally Gardens Christmas intervention programme was a roaring success with a special visit from Santa on a number of occasions,



visiting our Youth Zone, Youth Drop In, Senior Citizens, Colin Safer Neighbourhood Disco and we had all the pupils from St Kieran's. A total of 620 selection boxes had been given out to all participants. The centre remained open over the Christmas period to provide much needed youth provision.



Santa visited over 620 children at Sally Gardens on 22nd December, well done Santa! The event was attended by Sally Gardens Youth Zone, St Kierans and CSNP disco.



Sally Gardens Youth Zone
Sally Gardens Youth Zone particularly

continues to run each Tuesday, Wednesday 3.30pm to 5.00pm with a range of fun activities. The group enjoy themed arts and crafts projects such as Easter, Halloween, St Patricks and Christmas.

Sally Gardens Summer Scheme 2015

Sally Gardens annual summer scheme remains a key event in the area with 55 young people attending. Children, children and even more children! The noise level really went up as Sally Gardens Community Centre went child crazy over a two-week period in the summer of 2015. The staff organised a number of events including trips out and in house activities to keep the children excited and wanting more fun! We had a fun filled two weeks and can't WAIT to next year. No doubt it will be bigger, better and LOUDER! We have to say a HUGE, HUGE thank you to our dedicated volunteers who supported us throughout the two weeks and more!

Sally Gardens Youth Club Visits Dublin Zoo

Sally Gardens pulls out all the stops during mid-term break with a fantastic trip to Dublin Zoo on 15th February 2016. Forty young people attended the event and a great response from parents highlighted the need to continue this type of intervention. A special thank you to our committed team of volunteers.



Footprints Women's Centre – Community Development Theme Highlights

CR(1) Target 80 Actual 164 Number of Participants in Community Relations Projects

Over the last year Footprints continued to develop ongoing good relations work with Windsor Women's Centre in the Village area of Sandy Row. This work allowed women from Colin and the Village to participate in numerous shared programmes and activities throughout the year. Footprints attended the 25 year celebration event organised by Windsor; the International Women's Day event held at Windsor; an activity day held in Belfast Activity Centre. This enabled the Centres to develop future good relations projects for 2016/2017.

Additionally, Footprints facilitates a weekly book club which draws members from the Colin area and wider hinterland. We also hosted students from Millersville University in Pennsylvania; participated in the 'Big Table Event' highlighting sustainable living work undertaken by the Centre, in the middle of the City Centre; organised a good relations visit to the City Hall to visit the Lord Mayor and visits to Digital Archive NI and Milltown Cemetery.



International Women's Day Programme – Footprints participated in several cross community activities including the International Women's Day march through the city with women's organisations rallying at City Hall.

CR(4) Target 50 Actual 52 Number of people engaged or involved in unpaid voluntary work

We have maintained 52 volunteers throughout the duration of the project; all give 2-6 hours per week of their time to a diverse range of volunteering roles: voluntary Board members; gardening volunteers; drop-in/support volunteers who support staff to deliver support groups to Senior Citizens, young girls groups and the women's mental health drop in group; catering volunteers; refurbishment volunteers who upcycled the centre's furniture; and finally volunteers who represent Footprints at events e.g. The Big Lunch; International Women's Day; hosting visitors.

CR(5) Target 75 Actual 86 Number of people receiving training in community development/capacity building skills

Over the period Footprints delivered 3 Women's Empowerment programmes; one in particular focused upon Women understanding the Law. Additionally, the Centre delivered Safer Place Training for local community groups; the Seal Programme for the Young Girls Group; the No Offence programme delivered by Ascertain; and Domestic Violence Awareness training.

A piece of work we are particularly proud of is our '**Call to Action**' lobbying project which resulted in a meeting with the Justice Minister to ensure that measures taken on violence against women are 'effective' and 'appropriate' in line with international human rights standards.

CR(6) Target 250 Actual 930**Number of people using new or improved community facilities**

During the period Footprints Women's Centre launched a Community Food Initiative within the Centre providing 'ambient' foods through FareShare to anyone registered as a member of the Centre. 206 people are registered to use this service and 930 women registered on the database over the reporting period as members.

CR(7) Target 20 Actual 23**Number of community/voluntary groups supported**

Through collaborative working and partnership working Footprints have continued to respond to community groups and voluntary organisations who require information on particular issues. These groups are from across the voluntary/community sector and demonstrate the Centre's ability to work with a diverse range of groups from all backgrounds.

CR(8) Target 3 Actual 3**Number of community relations projects supported**

Footprints were involved in the delivery of 3 CR projects including:

Good Relations project with Windsor Women's Centre, supported by Belfast City Council

Women's Empowerment Project – Footprints supported this project through their own funding to promote leadership within the local community amongst women of all ages.

Ionad na Fuiseoige Highlights - Community Development Theme Highlights**Cross community activities (community development)**

We have continued with our women's empowerment programme along with women from Lisburn. These activities have helped new women to gain self esteem and confidence and those who have been engaged from the beginning have been able to become volunteers within the centre.

Volunteer group:

Our new volunteer group has explored areas that they wish to develop. At this point they are engaging in fun activities for the parents and children together. They organised the Halloween coffee morning/afternoon for parents while they were in the Centre at Halloween stay n play with their children. The parents baked the pastries and cakes and made the scones and sandwiches as well as setting up the room and serving the goodies. Following their success at Halloween they supported us with the Christmas Ballot. Three of the volunteer group approached shops within the local area to ask for support for the Ballot.

This was a big step for the group as they have never done anything like this before. We engaged with Gemma from CNP but the group were not ready for outside input so we will re engage when they are ready.

Summer Scheme

We ran a four week summer scheme during July and August. We had 24 parents and 30 children who attended. All the activities were for parents and children together. The activities were healthy family cookery, a physical activity, arts & crafts and stories, songs and rhymes. There was a fun day on 13th August where 65 adults and children attended. We had face painting, balloon making, a station where the families could make healthy fruit skewers, glitter tattoos and a great barbeque with the cooking done by some of our new volunteers. The parents and children had two trips one to Clements Farm where the children were able to feed and pet the baby animals and the other to Carnfunnock park near Larne. We had 36 adults with 71 children on these trips.

Christmas

Santa came to 78 children in the centre and the mums, dads, grannies, granddads and other adults who attend had a lovely Christmas lunch while Santa was giving out his Gifts .We took individual photographs of each child with Santa as this was the only opportunity many children had to talk to Santa and receive a gift before Christmas. Our children's classes had the opportunity to sing all the Christmas carols and songs that they had learnt and the parents were very proud of their children. We had a surprise visit from an Irish speaking batman which was organised by one of the parents. This was a lovely surprise for everyone.



Youth Initiatives – Community Development Theme Highlights

Community Renewal:

CR1: Number of people involved in community relations projects

Youth Initiatives is a cross-community youth work organisation. All our projects, including 6 in the Colin area, include good relations / CRED features central to our aims. Our approach is to engage young people in CRED learning as well as facilitating encounters across community divides and increase young people's mobility across NI. In 2015-16, the T:BUC summer camp activities, the OFMDFM funded Crosslinks project, our young leaders cross-community training and summer schemes supported by CRC and the United Youth pilot **directly involved 202 Colin Area young people in cross-community contact programmes.**

CROSSLINKS is a cross-community, cross-cultural, arts-based youth project that seeks to break down barriers and address misconceptions pertaining to race, faith, culture and tradition. This year, funding provided for a shorter version of the project and engaged young people from the

Colin Area together with participants from East Belfast, and ethnic minority groups in Belfast. Through the use of the Creative Arts, Crosslinks aims to enable the youth participants to become agents of change within their communities by exploring community relations issues in a safe, positive relational environment and in an atmosphere of mutual respect.

Participants aged 14 to 20 come together from across the city to take part in drama, dance, singing and art modules, which culminate in the production of an original theatrical performance and exhibition attended by family, friends, funders and other youth organisations. Participants also take part in training residential weekends, cultural festivals and service trips to other areas in the world that experience conflict and division.

Our community-relations work also involves engagements in local schools providing curriculum based community relations sessions which support 'Learning for Life and Work' in areas of global citizenship and personal development. We reach out to all young people with acceptance and without prejudice, regardless of ethnicity, creed, culture or sexuality.

The TBUC summer camp provided opportunities for 140 young people, including 60 from the Colin Area, to share daily life over 5 days and through joint life, activities, informal education sessions and sports overcome prejudice and build lasting friendships across community divides.

The United Youth pilot "VENTURE" involved 8 young people from the Colin Area in a good relations & employability programme that reached further young people from the area through the youth work outreach activities designed and run by programme participants.

CR3: Number of people volunteering in community development activities

Youth Volunteering – learning to contribute to build up the common good of their community – is the 5th stage in the YI six phase methodology of bringing young people from indifference to becoming leaders in the community. In the Colin Area there were 37 young people aged 16 – 25 involved in YI's year round volunteer project teams and over 70 young people aged 15+ who served on the 3 week YI summer scheme programme. **Overall, 80 Colin Area volunteers participated in YI's community development activities.**

The YI VOLUNTEER Leadership Project is based on a three-tier leadership development track. Each year volunteers sign up to one of the 3 levels, set personal aims and goals against these levels and receive ongoing training and support to achieve these. Volunteer Leaders, alongside staff, will deliver workshops, activities, games, creative arts, mentoring and outreach youth work to connect young people to alternative youth family like environments.

Volunteer Leaders are young people aged 16 plus who have participated in one or more YI Projects for at least one year. Volunteers attend two training residentials per year (Sept&Jan) where they receive training on skills and character development. This training will benefit their on-the-ground volunteering in YI as well as encourage and develop their skills and character to become leaders in their community and beyond.

In July 2015, we ran the annual YI LIFE Summer Schemes. These take place over a 3-week period in July/ August across each of the 4 YI bases. They start with a 3-day intensive training programme that cover topics such as leadership, community relations, child protection, leading games and groups and many other topics relevant to work with 11 to 14 year olds. The Colin Area schemes involved over 300 participants.



Volunteers leadership training residential



Volunteers run summer schemes for Colin Area participants – here joined by other NI areas for a day

CR4: Number of people engaged/involved in unpaid voluntary work:

UNPAID VOLUNTARY WORK: Youth Initiatives offers voluntary youth work internships and gap year placements to 18-25 year olds looking to serve in the community. **In 2015-16 we placed 6 young people** in youth work placements. The local interns are from the community, live at home, and volunteer up to 20 hours per week. The international gap year participants raise their own room, board, and living expenses to serve full time.

The Youth Initiatives GAP Programme offers placements from 3months to 1 year for those who are aged 18plus and who have a GAP in their lives. This may be taking a year out from university or between school and university or work for experience in working with young people or organisations in the voluntary sector. Youth Initiatives offers a range of placements across the 4 areas (West and East Belfast, Downpatrick and Banbridge). GAP Year or INTERN Placement in YI offers participants one-2-one supervision and support, weekly training, youth work placements, administration and office based work, opportunities for personal development, learning and growth, experience in working with a large and diverse staff team and not to mention good fun. Gappers have the chance to carry out cross community and community relations work and outreach youth work, design and develop youth work programmes and build relationships with young people.

Economic Renewal

Colin Neighbourhood Partnership – Highlights

19 new jobs created during this period, 15 new care assistants recruited via our social economy project Colin Care and 4 new staff Early Intervention Support Staff.

Colin Care staff provide domiciliary care in the home, this includes, personal care, help with medication and very often overnight sits.

The Early Intervention support team delivers Partnership With Parents (PWP) and Mentoring for Achievement (MAP).

PWP

Innovative evidence based home based parenting programme for parents who require support to parent effectively, thereby improving outcomes for children.

MAP

MAP is a 2-year, evidenced-based mentoring programme, based on social learning theory. MAP works with children, selected by the school, between the ages of 10 and 16, who are at risk of early school leaving or school failure. The mentoring process targets the following key school functioning areas - Attendance; Punctuality; School engagement and motivation; Task adherence and Home-school collaboration.

Job Assist with the support of CNP provide a surgery each week in our Community Hub. Over the past year they supported over 100 people who were keen to access careers advice, training and support with C.VS.



Early Intervention Support Team includes 4 new Staff



Mentoring for Achievement trainees

Colin Care

Colin Care is regulated by the Regulation Quality Improvement Authority, this means that all Care Assistants, Team Leaders and managers have to carry out mandatory training each year in the following areas Mandatory Induction, Moving & Handling, First Aid, Vulnerable Adults, Child Protection, Food Hygiene, Medication etc.

CNP

A total of 50 people were trained to deliver the Early Intervention Programmes, these are evidenced based manualised programmes that need to be delivered with fidelity, and therefore it is extremely important that all those delivering are properly trained. Those trained include teachers, Colin Early Parenting support staff as well as volunteers.



Colin Care worker is Best in the West!

Colin Care employee Fiona Rafferty has won a Best Carer award at the Best of the West awards, organised by the Andersonstown News.

Fiona is a Support Worker/Part Time Team Leader at Colin Care and has **been working for the** Poleglass based domiciliary care company since February 2013. The Best of the West Awards were held in the Devenish Complex and recognised those local businesses which provide excellent service and contributions to the community. Fiona was delighted at winning the award saying: "I am over the moon with my Best Carer Award. It was a great achievement for Colin Care too as 3 other staff were also nominated in this category. We are all delighted at being recognised for our work, thanks to everyone who voted for us."

A total of 280 local people were trained in various programmes that were non job specific training, people attended these training sessions because of a special interest in issues that affect them directly or issues that affect their community or to help build the capacity of community organisations.

Examples of this training.

Dementia Awareness training; this is part of the establishment of the Dementia Friendly Community campaign.

6 week Mindfulness programme

2 day Stress management and emotional Well-being programme

'Parenting NI workshop called Building Resilience in children

Completing Successful fundraising applications workshop

3rd third level Horticulture Training.

All local businesses in the Dairy Farm Centre and Stewartstown Road area received information regarding the Rapid Transport – Transport Hub and Civic Square proposal before entering for Planning Permission.

CNP remains the overall responsible organisation for both Colin Care & Enviro-Care. The N.R. Manager holds the position of Responsible Person for Colin Care as required by RQIA.

Colin Allotments – Eco Healthy Living Centre



Phase 2 of the Colin Allotments will develop into our third social economy enterprise, this will see horticultural courses, cookery classes and educational workshops, the ethos of “Grow, Cook, Eat” utilising this edible landscape and celebrating edible education for all.

Central to the building is a demonstration kitchen, which is supported by a half acre 'Edible Landscape' or working kitchen garden. The new building also uses the latest eco technology and features a biomass boiler which will provide heating, and solar panels on the roof which will generate electricity. The new building is a unique and environmentally sensitive construction which will welcome a wide variety of visitors from across the island of Ireland and beyond. Phase 2 of the Colin Allotments site was completed in September 2015. Because this is a modern new building which nestles comfortably into the beautiful surroundings of the Colin allotments on the outskirts of Poleglass, we will also market this site as an ideal spot for all types of organisations to hold conferences, meetings, team building events etc.

The continued development of the Colin Allotments – Healthy Living Centre contributes to and supports all 4 of the strategic priorities of CNP's Action Plan; the project will create a sustainable social enterprise, provide economic, social and physical regeneration and reduce instances of disadvantage. This project has a strong strategic fit with key Government and local initiatives that continue to be implemented by CNP.

Youth Initiatives Highlights



ER15: Number of jobs safeguarded (1): DSD BRO funds the YI core post of Project Support Worker that serves all the YI projects in the Colin Area making it possible for the youth workers to do face to face service delivery on the ground. The Current post holder is Krystal Mohn.

Social Renewal – Education Colin Neighbourhood Partnership – Highlights Colin Early Intervention Community

During this year around 230 parents took part in parent's skills development programmes these included

Colin Early Parenting Programme - Aimed at parents with babies, whose children would be deemed vulnerable to poor outcomes due to family issues.

Families & Schools Together (FAST) FAST guides families through a scientifically structured agenda of evidence-based activities that enhance parenting skills and reduce family stress while encouraging family bonding.

Teen Fast - Brings parents, teachers, pupils and the wider community together to help ensure young people get the support they need to fulfil their potential in school and in life.

I. Y. Baby Toddler – Enables parents to help their toddlers feel loved and secure.

Encourage their toddler's language, social, and emotional development

Establish clear and predictable routines

Use positive discipline to manage misbehaviour

I. Y. Basic Parenting Programme - programs for parents, teachers, and *children reduce challenging behaviors in children and increase their social emotional learning and self-control skills.*

Incredible Dads – Supports Dads to Understand their children’s behaviour Feel more relaxed and in control as a parent Build a close bond with their children Improve children’s behaviour Help children to feel better about themselves

Strengthening Families Programme - Is focussed on building upon strengths within the family and reducing family related risk factors for adolescent problem behaviour & substance misuse

Partnership with Parents Programme - This is innovative evidence informed individual home based parenting programme for parents who need support to increase their ability to parent effectively.

Leap of Faith Awards

Parents and Care-givers from the Colin area were honoured at a gala style awards ceremony in the Balmoral Hotel hosted by BBC’s weather man, Barra Best.

The 4th annual Leap of Faith Awards recognise and celebrate good parenting and parenting support services in the Colin community. Individuals were nominated by members of the community who put their names forward to win one of six awards.

Nomination categories included the Parenting Award, to recognise those parents that go that extra mile for their children; the Main Man Award, which recognises male caregivers who have made a significant impact on an individual’s or family’s life; the Main Woman Award, which recognises those female caregivers who have made a significant impact on an individual’s or family’s life; the Foster Carer Award; and the Parenting Support Award.



Participants– Incredible Dads



Participants Strengthening Families



Leap of Faith Award Winners with Barra Best



Mother and Baby at the weaning workshops And Early Parenting support workers



Just some of the events that took place during Parents week in October 15– Approx. 4000 parents & children took part in these events.

**THE LITTLE COLIN
WEANING WORKSHOP**
Solid Start Programme - Weaning your Baby

To promote good nutrition through home prepared foods and the family diet. Mothers will get the opportunity to taste the recipes and see food being prepared and cooked. This was open to all parents with babies from 3 months old.



Time4Me - A therapeutic counselling service for children & their parents/carers. The service operates during term time and school hours and on school grounds. Referrals are made to the service by school staff, parents/carers etc.

Speech & Language
190 pupils benefitted from the above 2 initiatives during this period.

Roots of Empathy

The ROE is an evidence-based that has shown a dramatic effect in reducing levels of aggression and bullying among school children by raising social/emotional competence and increasing empathy. The core themes of the project are:

- To engender a positive understanding of diversity
- To teach children to respect one another and to build a culture of caring
- To develop empathy and to enable children to value inclusion
- To value participatory democracy
- To promote non violence/anti-bullying.



The speech and language Therapists Schools Team addresses speech and language issues in young children. Funding for the team was secured through Colin Neighbourhood Partnership and Downpatrick Neighbourhood Renewal in 2012. This resulted in 100% access to the service, waiting times of 2 weeks for assessment compared to 9-13 weeks in clinic, improved outcomes, and increased parental engagement.

The image here shows therapists being presented with the South Eastern Trust Chairman's overall award in 2015 and they also received the 2016 N.I. Advancing Health Care Award for empowering communities. The award recognises and celebrates new approaches to health and wellbeing and working with communities.

Ionad na Faiseoige - Social Renewal – Education

We have a number of educational classes running throughout the year. These classes help parents to grow in their own confidence and help them to be able to support their children. These classes also give good example to children through their parents that education and learning are important. We found that Basic skills English and Maths are long courses and parents drop off after a few weeks so we run a number of alternative classes where they use Maths and English throughout the class without it being too intense. These include knitting and crochet where you need skills in Maths and English to read the pattern and produce the article, Cookery where you are following recipes and measuring and weighing ingredients. We also have had beginners and intermediate Irish language classes and History talks.

SOCIAL RENEWAL - HEALTH

Colin Neighbourhood Partnership Social Renewal Health – Highlights

Images below are highlights of just some of the activities held to achieve key outcomes around health & well-being. The objective of the activities are to increase overall life expectancy, increase life expectancy for males and females, reduce percentages of deaths to those under 75 yrs, reduce suicide rates and try to ensure that babies and children are given the best possible start in life.

The Men's Shed is where members share the tools and resources they need to work on projects of their own choosing at their own pace and in a safe, friendly and inclusive venue. They are places of skill-sharing and informal learning, of individual pursuits and community projects, of purpose, achievement and social interaction.

Social isolation, loneliness and stressful social ties are common amongst older men, and are associated with poor physical and mental health, higher risk of disability, poor recovery from illness and early death.

Older men use fewer community based health services than women, and are less likely to participate in preventive health activities. They also find it harder than women to make friends late in life, and are less likely to join community-based social groups that tend to be dominated by women.

Weaning Group – The weaning group delivered by the Colin Early Parenting support staff is to support parents during the process of moving their babies on from a diet of just milk to solid foods. The first stage of weaning helps lay the foundation for healthy eating habits, and teaches the baby how to eat from a spoon, swallow and eventually chew. This is a real opportunity to promote healthy eating as early as possible, this is a good opportunity to encourage parents to start the babies off with vegetables, research show that encouraging veggie intake during weaning helps to shape the babies preferences, forming healthy habits for the future.

Breast Feeding support Group – The levels of breast feeding in the Colin community has been a major concern for many years, statistics reveal that 25% of Colin Mothers breast feed at discharge from hospital compared to 46% N.I. average. We promote breast feeding via the Early Parenting programme highlighting that breast milk is best for baby and the benefits of breastfeeding extend well beyond basic nutrition and in addition to containing all the vitamins and nutrients the baby needs in the first 6 months of life. One of the difficulties mothers experience is that while they are in hospital there is lots of help and support to enable them to breast feed, but when they are discharged there are limited resources in the community to continue this support, this is the reason why we have this support service to support those who really want to continue breast feeding but may experience some difficulty.

Suicide Prevention - World Suicide Prevention Day (WSPD) is an awareness day observed on 10 September every year, in order to provide worldwide commitment and action to prevent suicides, with various activities around the world. The International Association for Suicide Prevention collaborates with the World Health Organisation and the World Federation for Mental Health to encourage countries around the globe to mark this day. Colin Neighbourhood Partnership hold events to mark this date each year because the Colin has the 2nd highest % of deaths under 75s and the highest % of deaths from suicide and undetermined intent compared to all NRAs. These events provide us with the opportunity to repeat the messages from WHO at a community level - "Connect, Communicate, Care" was the theme of the 2016 World Suicide Prevention Day. Those attending the cycle thong (image below) were encouraged to check in on someone you may be concerned about, start a caring conversation, ask how they are doing and investigate ways of connecting with others who are trying to prevent suicide in your community.

Men's Health Week



Fishing trip for dads and kids as part of Men's Health Week.



Abdominal aortic aneurysm screening

Abdominal aortic aneurysm (AAA) screening is a way of detecting a dangerous swelling (aneurysm) of the aorta, the main blood vessel that runs from the heart down through the abdomen to the rest of the body. The swelling more common in men aged over 65 usually causes no symptoms, but if it bursts, it's extremely dangerous and usually fatal. Around 8 out of 10 people with a ruptured AAA either die before they reach hospital or don't survive surgery. Screening involves a simple ultrasound scan of the abdomen and takes around 10-15 mins. Colin Neighbourhood Partnership with the assistance of Public Health Agency offered this screening at Cloona House as a drop in service. 16 men received the scan and 5 others received general health checks.



Colin Men's shed members enjoying learning and experiencing new activities.



Colin Early Parent support staff supporting breast feeding mothers.



Eddie Rooney Chief Ex. Officer Public Health Agency took part in the cycle thong held in Sally Gardens to mark World Suicide Prevention Day.



Dealing with Poverty

Good Morning Colin Volunteers participating in a healthy eating programme that consisted of a 4 week cookery course.

The classes encompassed nutrition, breakfast ideas, cooking on a budget, meal planning, shopping tips and healthy desserts.

The classes had also helped them develop new friendships, learn how to plan meals and realise the importance of eating breakfast.

Those who completed the programme state they are now eating more healthily.

Colin Youth Inclusion Project

The Colin Youth Inclusion project is to empower young people with physical and learning disabilities to develop their skills and abilities. We create opportunities for them to take part in positive play, learning, leisure, and social activities. This approach is unique in the Colin area that is about building close partnerships with parents, youth services and health practitioners.

We work with children and young people from 7 yrs to 25 who have a physical, sensory, AD/HD, Aspersers and Autism syndromes. which in interaction with social, attitudinal and environmental constraints creates barriers which hinder their full and equal participation in society.

Often families with disabled children can feel isolated and developing independent lives becomes difficult for the whole family. Our work provides respite for carer's and siblings and support through their situation whether that is signposting, emotional support or just the opportunity to meet other families in the same situation.



Cloona House turned into a food storage warehouse to make 120 Christmas Food Hampers for distribution to older and vulnerable residents.



Colin Neighbourhood Partnership's Launch of Oil Club.

Poverty – West Belfast has the second highest level of child poverty in the UK, according to a report from the End Child Poverty campaign published in 2013, the survey found that 43% of children grow up in poverty in W. Belfast. Staff at Colin Neighbourhood Partnership is acutely aware of this situation and find ourselves having to support families throughout the year by referring them to agencies such as St. Vincent DePaul, Family Support Panel and Food Banks. This situation is more prevalent during the Christmas period when older people and those with young families come forward asking for assistance. The image above highlights the activities our staff find themselves having to do to support older residents and families in need.

In partnership with N.I. Housing Executive, Bryson Energy, and local organisations, Colin Sure Start and Footprints Women's Centre, CNP established a local oil club to help those experiencing fuel poverty.

This is how it works.

Members place their order with a community co-ordinator. Members might email, text or phone their order by a specified date or leave an order form in an order box at a chosen venue i.e. the Post Office, local shop or library. Some larger groups order oil on a specified date each month.

Oil suppliers are then contacted by the co-ordinator to negotiate the best price for the bulk order.

Members are then advised of the discounted cost per litre and proposed delivery date. At this point they must confirm their order and commit to it.

Members may pay on delivery or they may have paid in advance, depending on any Terms and Conditions established for the group or club.

Footprints Women's Centre Social Renewal Health – Highlights Health Theme

SR (H) 1: 1900 Target Met 2472

Number of People benefiting from Healthy Lifestyle Projects:

Over the last year Footprints Women's Centre has delivered a diverse range of Healthy Lifestyle Projects targeting women and children from the Colin area. The funding from Neighbourhood Renewal enabled us to tackle health needs that are embedded deeply within the community.

(1) Diet and Nutrition Programmes

The Sustainable Living Manager at Footprints supported by a nutritionist delivers Diet and Nutrition Health programmes at Footprints Women's Centre. The programmes are designed to target all age groups ranging from pregnant mums, toddlers to teenagers, right through the life stages to senior citizens. The programmes inform and advise the groups of the nutritional needs for optimal health and wellness and help to raise awareness of nutrition related illnesses.

The challenges of maintaining a healthy diet, in particular for mums feeding a family are immense. In addition to the difficulties accessing quality food supplies in the Colin Neighbourhood, residents are presented with conflicting messages in the media of what constitutes a healthy diet. These factors combined with the rise in food poverty and an environment within which the modern diet is dominated by sweet, salty and fatty foods with too little fruit and vegetables and fibre have shaped our development of programmes which will give appropriate and accurate information to each of the target groups.

The programmes were comprised of Health Fairs, Health Sessions/Workshops and 1-1 referral to a nutritionist for advice. Sessions included Allergen Advice for parents, Boosting Breakfast Tips, Emotional Eating, Digestive Health and The Balance of Good Health. We held information sessions on Food Groups, Choosing Healthier Fats, Food Labelling and Guideline Daily Amounts. In addition to the workshops, the issues which presented this year through group discussions were Obesity, Body Image, Reducing High Cholesterol Levels and Managing Diabetes.

Health messages were communicated using a variety of resources; table top and floor games, sugar and fat displays and leaflets and display boards using Food Standard Agency and British Dietetic endorsed information. Participants reported an increased confidence making the healthier choice.

A key component of the services we provide is the opportunity to translate the nutritional information into practical cookery sessions whereby participants can experiment and develop cookery skills for healthy meals. In this year sessions enabled participants to develop a skills and knowledge base of menu planning, cooking, budgeting and food safety. Women were able to cook freshly prepared, nutritious meals on site and bring home meals to their families. As there was no finance risk to the household budget families could taste different foods including fish dishes, vegetarian dishes and meals high in fibre. Meals which were well received and liked were cooked again at home.

Footprints Women's Centre also linked in with various neighbourhood and organisational events throughout the year promoting fresh fruit to children and hosted a range of cookery demonstrations including our first 'Pumpkin Rescue' during Parent's Week .

Targeted cookery programmes for groups this year included Good Food, Good Health Programmes and Christmas Sweet Treats which was a programme making boxes of homemade sweets & chutneys for gifts. In addition we worked on an individual basis with vulnerable families focusing on mums having a positive experience with her children cooking and eating together as a family.



(1) Food Poverty/Security Programme

This programme works towards enabling people who have severe restraints on their budget to have access to nutritious healthy meals and to tackle the barriers to affording healthy food.

Footprints Women's Centre's on site Catering Service provides nutritionally balanced meals and snacks daily for children to encourage healthy eating habits from a young age and to ensure that children are provided with the energy and nutrients which are essential for growth and development. The service also provides low cost meals for senior citizens, families, service users and volunteers.

Food Poverty has penetrated the public consciousness due to the increase in the number of families who rely on food banks to alleviate crisis. 11,697 people in NI received three days emergency food aid in 2013-2014 from Trussel Trust food banks, an increase of 489% on the previous year (Liz Mitchell IPH) Families living on benefits for prolonged periods will often be in food poverty. In addition to offering benefit checks to ensure claimants are receiving full entitlement and debt counselling referrals, Footprints Women's Centre has developed a Food Poverty Action Plan in response to this issue.

Since 2013 Footprints Women's Centre has been a community partner of Fareshare which enables us to use surplus food donated by retailers and manufacturers within our catering service enabling us to keep costs to a minimum. In June 2016 Footprints, commenced a pilot Community Food Initiative within the Centre which distributes this surplus food to families for a minimal donation, providing an immediate response to families in crisis in the heart of the community. To date 208 women have registered as members and avail of the Community Food Initiative on a weekly basis.

The Sustainable Living Manager is a member of Belfast Food Network's, Food Poverty Working Group and has contributed to the Belfast Food Poverty Action Plan 2016-2020 and the Belfast Sustainable Cities bronze award application. The contribution from Footprints has been to ensure that while developing a food poverty strategy which tackles national priorities and targets, local priorities relating to local population remain on the agenda. The Sustainable Living Manager continues to represent community at Schumacher Ireland Sustainable Leaders meetings and participated in the Climate Change lobby to reduce emissions in Northern Ireland.

The Centre continues to develop the onsite food growing project 'The Kitchen Garden' with a strong volunteer group who grow fresh fruit and vegetables for use in the Centre's catering service and cookery programmes. Surplus produce is donated to the Community Food Initiative. This year as part of the annual Cathedral Quarter Arts Festival Footprints Women's Centre and Windsor Women's Centre came together to host a creative art and gardening session in Belfast City Centre. Hosted by Open Source in partnership with PLACE and Friends of the Earth a temporary Big Table was created at Lower Garfield Street in Belfast for a weekend of discussions, activities, music and performance art, to bring back life to this empty space. Volunteers from The Kitchen Garden Group were on hand to help out at The 'Bring me Sunshine' session which involved families planting summer flowering pots to bring home, promote food growing and assisting Footprints and Windsor Women's Centres to complete a Sunflower mosaic.

(1) Physical Activity

All of the Physical Activity programmes are organised to complement the diet and nutrition programmes and are tailored to meet each group's needs. The range of activities this year included Pilates, Dancercise, Walking Group, Exercise with Seniors and Family Sports Day. This year Footprints Women's Centre linked in with Belfast Community Sports Development Network-Active Communities programme and we were able to secure a coach for a 24 week programme Sept 2015-March 2016. The Active Women's Programme provided opportunities for women to take the first step back into a Physical Activity Programme in an environment where they felt comfortable and linked in with the 'Take 5 steps to improve your Emotional Wellbeing' promotion week.

The Walking group met weekly and was supported by a walk leader from SE Trust who led walks through Colin Glen Forest Park and Colin Highway to Health. As numbers were low throughout the winter St Luke's Family Centre's walking group joined Footprints Women's Centre group fostering new friendships and finished their walk with lunch at Footprints Café.

The Family Sports day brought together mums and their children who took part in 'It's a Knockout Competition' and finished with a BBQ. We continue to encourage families to take part in outdoor activities and Footprints Eco Adventure Club provides another opportunity for families to take part in fun physical activities e.g Big Bug Hunt while also learning about our natural environment.



(1) HEALTH INFORMATION AND AWARENESS PROGRAMME FOR WOMEN/CHILDREN

Over the last year Footprints Women's Centre has delivered a programme that focuses primarily on raising health awareness. An example of some of the activities included in the programme are the following; impact of domestic violence on the health of women and children; sexual health and emotional health; Physical Health and well-being; Breast Cervical Cancer/Awareness Workshop; Awareness Raising event – 'Policing in the Community'; Welfare Benefit Reform Workshop; Safety Plans Sexual Health Awareness; Chest Heart and Stroke; Age NI visiting – befriending programme and dementia; Consumer Advice Council; Senior Falls Prevention Session and Young Girls Face Book Safety.

Additionally, Footprints provide facilities for the local AA group to meet 2-3 times per week for up to 40/50 men and women. Al Anon meet one night per week and this is the only such service in the community. Ten to fifteen men and women participate in this group.

During the reporting period Footprints Women's Centre has delivered a diverse programme focusing on raising health awareness. These have included Domestic Violence Awareness Raising events: Safe Place Training, Domestic Violence Community Conference, Circle of Hope, Digital Stalking Training, Safety Event as well as Brain Fit Programme, Drug & Alcohol Workshop, Breast Cancer Workshop, Smoking Cessation Workshop, Healthy Relationships Programme, Sexual Health Awareness Sessions, Healthy Heart Workshop and Irritable Bowel Syndrome Workshop.

Additionally Footprints continue to provide facilities for the local AA group to meet 2-3 times per week for up to 40/50 men and women. Al Anon meet one night per week and this is the only such service in the community. Up to 15 men and women attend this group.



(1) STRESS MANAGEMENT

This aspect of the programme included the delivery of programmes that supported women to develop relaxation techniques. The programme was delivered to individuals on a 1:1 basis and within group settings. Programmes included relaxation groups; respite for parents; and self-care programmes.

Stress management is delivered on both an individual and group basis to women who present with poor mental health as a result of domestic violence. This has included Relaxation Techniques, Coping Mechanisms, Anger Management, Childcare Respite and Complimentary Therapies

(2) THERAPEUTIC PROGRAMMES

Therapeutic Programmes continue to be in high demand amongst all age groups and have proved very successful both in providing a progression route to specialist referral agencies, or alternatively in 'moving women on' to more mainstream activities ie volunteering, participation in training and education programmes etc. The Therapeutic Programmes were targeted to particular need(s) and included Circle of Wellness, Life Coaching, Time for Me, Complimentary Therapies for women affected by domestic violence, mental health issues or drug and alcohol abuse.

Footprints work very closely with Sally Gardens and Colin Counselling with regard to referrals and this has proven to be a very successful partnership. Footprints also facilitate counselling sessions in the evenings for Colin Counselling and their staff meetings.

Therapeutic Programmes are offered to women and children who have experience trauma and target individual need. These have included, Play Therapy, Music/Art Therapy, Laughter Therapy, Living Life to the Full, Mood Matters, Circle of Wellness and Mindfulness.

In addition Footprints links in closely with Colin Counselling and Women's Aid in regards to specialist service signposting that has proved very successful. In terms of pathways of progression the Support Services department works in collaboration with the wider team to provide conducive internal progression opportunities and activities i.e. participation in training & development programmes and volunteering.

SR (H) 6: 300 Target Met: 418

Number of people participating in suicide prevention projects

The Support Services Manager delivers an 'open door' crisis intervention service for women impacted upon by drug and alcohol abuse, domestic violence and mental health issues. Many of those who have used this intervention service have experienced suicidal thoughts and arrive at the Centre in crisis.

The Support team provide a listening ear service and this is often a pre-requisite to referral to specialist agencies including Women's Aid, Addiction services, mental health services.

The provision of an 'open door' service within the community has prevented many women from further self-harm or suicide.

There has been no reduction in the level of women requesting support and this is placing the 'open door' service under considerable pressure. There are 2 full-time staff delivering this service alongside targeted support work with groups. The women often continue to use the support service sporadically long after the crisis abates and many avail of other services within the centre.

The Support Services Department offers an open door crisis intervention service for women affected by domestic violence and mental health issues. Often these women are at their lowest ebb and present with suicidal ideology.

The support team provide immediate emotional safety and support plans that including emotional support, practical support, advice & guidance and effective signposting to specialist agencies such as Mental Health Services and Women's Aid. The service continues to be in full demand and managing the open door is both challenging and pressured as a high percentage of the women who utilise this service engage very effectively in individual support packages resulting in significant life changing and lifesaving outcomes.

Ionad na Faiseoige Social Renewal Health – Highlights.

Healthy Lifestyles

Our healthy lifestyles programme has been developed more during the last year. We have had a number of classes develop from the walking group which is a good beginning to fitness and health. We have had Pilates in Brooke Activity Centre. Weigh to Health is similar to Slimming World where parents eat Healthy food through the week, engage in physical activities and get weighed weekly. To enable this we have purchased a number of skipping ropes, tension bands, dumbbells and kettle bells.

Cookery with Fiona has continued and has been very successful and we have also had a Cook It class through Colin Sure Start. We have linked our Weigh to Health to our cookery class where they make healthy options for their families.

Our herb garden is still flourishing and all those who wish to take bunches of herbs home for use in their cooking do so. The herbs are used in all the cookery classes we offer as well as the vegetables we grow in our raised beds.

We have had 2 first aid classes through Colin Sure Start and both have been very well attended.

Youth Initiatives Social Renewal Health – Highlights

SR(H) 1: Number of people benefitting from healthy lifestyle project

Four of YI's West Belfast projects have a "healthy lifestyle" emphasis and benefitted 115 young people in 2015-16: the 15-18 year old Lifeline Project, the 11-14 NUTs Project, the single gender girls project, Glow, and the young men's Target Project. Topics range from healthy eating, exercise, mental health and sex and relationships. In 2015-16 these four outreach projects all had at least 3 modules on healthy lifestyle.

Lifeline is a creative, interactive personal and social development project. With over 60 regular participants each week and 5 different types of programmes it continues to empower young people from West Belfast to make positive life choices and vital contributions to their communities.

Lifeline seeks to support young people in taking up second chances and we believe that through Lifeline our young people's lives are being transformed and ultimately filled with hope. The Target Project addresses healthy living and resilience in young men and incorporates outdoor pursuits as a learning tool.



Lifeline end of term residential 2015

SR(C)6: Number of young people benefitting from youth inclusion/diversionary projects

Youth Initiatives, as a cross-community outreach youth work organisation is all about youth inclusion and runs 6 Colin Area projects that qualify for the "diversionary" category (we call them positive engagement in creative activities). **342 young people benefited from YI weekly programmes** and through our outreach work, over 1,500 are involved annually.

Outreach Youth Work is an essential component of our youth work methodology, engaging with the most marginalised young people in the communities in which we work.

Central to our approach is the essential proposition that young people benefit from trusting relationships with reliable adults, a positive peer group and the opportunity to learn through a range of new experiences. We have found that a substantial amount of young people are not accessing youth provision for a variety of reasons. We desire to be in the "places and spaces" where young people find themselves and get into the "messiness" of young people's lives offering young people the opportunity to tell a different and new story of their lives.

Social Renewal – Crime

Colin Neighbourhood Partnership – Highlights



In partnership with Translink and Belfast Police & Community Safety Partnership, CNP held this "Respect the Essential Services" campaign in 5 local primary schools. Over 250 children entered the competition to design a poster to be displayed in all west Belfast Translink buses.

As you can see from the image the overall winners were presented with their prizes and certificates by Junior Minister Jennifer McCann.



18 July 2015

Drugs experts discuss plans

Challenge is to get ideas working on the ground

BY GEMMA BURNS

COMMUNITY workers and agencies working in the Coln area have gathered for a seminar to discuss how best to tackle the misuse of prescription drugs in the community.

Speakers, including a local pharmacist, a representative from the charity Ascort and South Eastern Health Care Trust drugs expert Ed Siplar, discussed drugs misuse with the audience in the Coln Neighbourhood Partnership.

Ahead of the event a drugs bin was set up outside the Laurel Glen Pharmacy on the Stewartstown Road in a community safety initiative between Coln Neighbourhood Partnership, the charity ASCERT and the West Belfast Policing and Community Safety Partnership.

Community worker Michael George said he's pleased with how the bin project is progressing.

"People have started using the bin to dispose of drugs safely," he said.

"We are happy they are using this resource. Everything disposed of remains anonymous."

He said the seminar was an opportunity to look at where things were going right in the area and where the areas are that could be improved.

"Some of the groups in the area that deal with the elderly said they would like more information they could bring to the people they support," he said.

"So we looked at how the information on the use of prescription drugs could be given to the elderly. We also discussed what could be a gap in service provision for young people in juvenile services and those that support adults. We are hoping we can bridge that gap."

Michael said he hoped proposals discussed at the seminar would soon become a reality on the ground.

"It was a good day with a lot of good discussion on how we can tackle medicine misuse in the area," he said.

"Stemming from that we are hoping to have a more coordinated approach between the health centres and the other services in the community, so that discussion will hopefully lead to more successful links to help the people living in the Coln area."

DISCUSSION: Pamela Query of Ascort speaking at the seminar

GLENDALE CARPETS
11 Kennedy Way, Belfast BT11 9AP
Telephone 028 90 30 14 38
SALE NOW ON

Following the installation of a drug bin outside the premises of a local pharmacy.

A seminar held at Cloona House in July discussed how best to tackle the issue of prescription drugs in the Community.

Ed Siplar, health development specialist in alcohol and drugs with the South Eastern Health Trust stated that the over-reliance on prescription drugs by many West Belfast people can be linked to the legacy of the troubles.

The seminar focused on a number of issues, including the over-reliance on benzodiazepines such as Diazepam, used to treat anxiety, as well as anti-depressants and prescription painkillers. Ed stated "this is why a seminar like this is so important. We are trying to help people from over-relying on medication by getting them the support they need".

Those providing services in the local area also discussed what could be a gap in service provision for young people in juvenile services and those that support adults.



Just some of the organisations that set up their stalls at the annual Community Safety Day in December 2015, below some of the schools children who provided entertainment for those attending the event.



The annual community safety say is an opportunity to highlight and profile many of the services that are available in the local community to assist residents to live happier and safer lives. Many of the organisation provide free hand outs in relation to home and personal safety, i.e., window locks, door alarms, personal alarms among others.

There were many residential areas in the community who experienced various levels of anti-social behaviour in their immediate area, i.e. Stewartstown Road apartment block, assisted residents to establish a residents forum, they are now fully informed of the processes of helping themselves in relation to making contact with relevant bodies, PSNI, Housing Providers, BCC and others to help them maintain a safer environment. Residents were also provided with home and personal safety, equipment, i.e., window locks, personal safety alarms etc.

Supported Glengoland residents that experienced large crowds of young people hanging about their area using drugs, alcohol and involved in anti-social acts. Very successful initiative, crowds have moved away and wooded area cleared by residents and BCC.

De Paul trust residents of Cloverhill Hostel, were affected by young people hanging about and around the hostel and involved in anti-social activity, this caused many problems for the residents and caused concern for their safety. A Plan of action was drawn up in partnership with PSNI and PCSP, young people now involved in diversionary projects.

Support provided for residents of Brianswell, young people congregating at an old pathway causing problems for residents, worked in partnership with NIHE, DSD and PCSP to have the pathway extinguished. Young people no longer congregate at this site.

In partnership with CRJI and PSNI, throughout the year we engaged with a group of young men (18) who were involved in anti-social and riotous behaviour during the bon fire period in 2014. This emerged into a long term education and diversionary project facilitated through Belfast PCSP and Youth Justice Agency to ensure these young people understand the negative impact these type of activities have on them, their families and the community. Participated in 9 Youth Conferences with Youth Justice Agency during the year, it is important that these young people understand how their behaviour impact on the overall community.

Social Renewal – Crime

SALLY GARDENS



Youth Interventions

Themed interventions have been ongoing such as July 11th, 12th and 13th, 8th & 9th August. Sally Gardens had been open on the 11-12th of July for our youth group activities. These included Football, DJ mixing, computer games and general drop in. For the juniors 8-11yrs old activities focused on, arts and crafts, bouncy castle, disco and a programme called Leave Our Lights (LOL) in which staff delivered on the dangers of damaging the traffic lights in the area. Staff planned an intervention over the 8/9th of August at Sally Gardens in relation to bonfires and Anti-Social behaviour (ASB) that is associated with them, working closely with young people and statutory agencies in the Colin area.

Physical Renewal

Colin Neighbourhood Partnership Physical Renewal – Highlights

Colin Community Allotments



BEFORE



AFTER



Our new community building which will be used as teaching space for school and community groups, a space delivering training, cookery and a social space for the whole community.

This project improved and reclaimed a third of an acre for open space and developed a new community facility.

The new building also uses the latest eco technology and features a biomass boiler, which will provide heating, and solar panels on the roof, which will generate electricity. It is anticipated that the new building will be a unique and environmentally sensitive construction that will welcome a wide variety of visitors from across the island of Ireland and beyond.

Phase 3 of the allotment site,
This phase consists of 16 additional raised beds and a fire pit. This phase, an extension of Phase 1, the beds will be rented out to local Residents
The overall area of this site is approx. One fifth of an acre.



Before the development



Completion of the development

Work began to replace the roof and heating system at Cloona House in February 2016. Funding for this work was secured Under the Social Investment Fund.

The work includes structural works to replace existing roofing structure and repairs to chimney stacks and integrating and modernizing existing heating system. To allow for the progression of the refurbishment an asbestos survey was required, asbestos containing materials were discovered in tank rooms, boiler rooms, external store as well as the main roof void

An Asbestos management plan was drawn up to allow for adequate management of the identified Asbestos containing materials. This meant we had to secure an additional £60,000 from SIF, which we did successfully.



Colin Neighbourhood Partnership 2015/2016 Expenditure (by Strategic Objective)

The following table details current projects funded via the Neighbourhood Renewal Investment fund. It also details the 2015/16 individual spend for each project, the total amount of expenditure by strategic objective and the overall 2015/2016 total expenditure in the Colin Neighbourhood Renewal Area.

Programme/Project	CFF Funding Period	CFF Funding Amount (Project allocation)	15/16 Spend (as at 31/03/16)
COMMUNITY RENEWAL (2 PROJECTS)			
Core Salaries and Overheads	01/04/15- 31/03/16	£104,600.00	£104,378.00
Community Development Priority Partner organisation under the Community Development Project: 1. Footprint's Women's Centre (FWC)	01/04/15- 31/03/16	£140,310.00	£137,827.00
Total Community Renewal Expenditure		£244,910.00	£242,205.00
SOCIAL RENEWAL – EDUCATION (2 PROJECTS)			
Early Intervention – Core Costs	01/04/15 – 31/03/16	£47,456.00	£45,937.00
Early Intervention – Priority Partner organisation under the Early Intervention Project: 1. Cloona Child Contact Centre (CCCC)	01/04/15 to 31/03/16	£140,536.00	£138,835.00

2. Sally Gardens Community Centre (SGCC)			
3. Youth Initiatives (YI)			
4. Scoil na Fuiseoige (SnF)			
Total Social Renewal Ed Expenditure Note: Early Intervention programmes have impact on both Education and Health priorities.		£187,992.00	£184,772.00
SOCIAL RENEWAL – HEALTH (1 PROJECTS)			
Health Priority Partner organisation under the Health Project: 1. Footprint's Women's Centre (FWC)	01/04/15 to 31/03/16	£140,818.00	£137,573.00
Total Social Renewal – Health Expenditure		£140,818.00	£137,573.00
		Total Allocation	Total Spend
TOTALS		£573,720.00	£564,550.00

CAPITAL PROJECTS			
Colin Neighbourhood Partnership – Allotments Projects	01/04/15 to 31/03/16	£10,104.00	£10,086.00
Poleglass Community Association – Community College Programme IT Purchase	01/04/15 to 31/03/16	£11,134.00	£11,132.00
Ionad na Fuiseoige	01/04/15 to 31/03/16	£200,000.00	£15,924.00
Total Capital Expenditure		£221,238.00	£37,142.00
Overall Total Expenditure		£794,958.00	£601,692.00

Colin Neighbourhood Partnership Conclusion

In the 2015/16 financial year, *Colin Neighbourhood Partnership* total overall spend was **£601,692.00.00***.

This does not include services delivered on a west Belfast wide basis and across the Greater Belfast area. These services received £1,334,500 in 2015/16 from Neighbourhood Renewal funding.

This can be further broken down into strategic objective spend as follows:

Community Renewal; Social Renewal; Economic Renewal.

ACHIEVEMENTS OF NEIGHBOURHOOD RENEWAL FUNDING IN 2015/16 YEAR

Community Output Measures from April 2015 - 31 March 2016

COMMUNITY RENEWAL											
	CR1-Number of people participating in community relations projects	CR2 - Number of people participating in community bonding projects	CR3 - Number of people volunteering for community development projects	CR4 - Number of people engaged/involved in unpaid voluntary work	CR5 - number of people receiving training in community development skills/capacity building	CR6 - Number of people using new or improved community facilities	CR7 - Number of community/voluntary groups supported	CR8 - Number of community relations projects supported	CR9 - Number of people involved in projects that promote shared space	CR10 - Number of people using existing community facilities	CR16 - Number of direct referralsto other support services
CNP HEALTH 2015/16	2605				215		79	20	1480	3100	191
CNP Early Intervention Collaborative Work	292		143	72	54						
CNP Community Development	13773	1133	351	243	322	1352	74	27			
	16670	1133	494	315	591	1352	153	47	1480	3100	191

Education Output Measures from April 2015 - 31 March 2016

SOCIAL RENEWAL - EDUCATION							
	SR(Ed)1 - Number of child care/nursery school places created/safeguarded	SR(Ed)5 - number of people engaged in parenting/skills development programmes	SR(Ed)6 - Number of pupils directly benefitting from the project (Improving attainment in numeracy and literacy)	SR(Ed)10 - Number of pupils directly benefitting from the project (Tackling barriers to learning special education needs)	SR(Ed)13 - Number of pupils whose attainment is measurably enhance /improved against baseline position (Tackling barriers to learning emotional health and wellbeing)	SR(Ed)12 - Number of pupils whose attendance is measurably enhance /improved (Tackling barriers to learning emotional health and wellbeing)	SR(Ed)20 - Number of children and young people having access to specialist support to enhance their physical and emotional well being
CNP Early Intervention Collaborative Work	80						40
CNP Early Intervention Community		229	190	374	241	251	283
	80	229	190	374	241	251	323

Social Renewal - Health Output Measures from April 2015 - 31 March 2016

SOCIAL RENEWAL- HEALTH				
	SR(H)1 - Number of people benefiting from healthy lifestyle projects	SR(H)3 - Number of people accessing intervention/treatment services	SR(H)4 - Number of health education awareness initiatives provided/delivered	SR(H)6 - number of people participating in suicide prevention projects
CNP HEALTH 2015/16	4477	350	17	27472
CNP Early Intervention Collaborative Work	417			
CNP Early Intervention Community		345		
	4894	695	17	27472

Social Renewal - Crime Output Measures from April 2015 - 31 March 2016

SOCIAL RENEWAL - CRIME		
	SR(C)2 - Number of community safety initiatives implemented	SR(c)6 - Number of young people benefiting from youth inclusion /diversionary projects
CNP Early Intervention Collaborative Work		2828
CNP Community Development	12	336
	12	3164

Economic Renewal Output Measures from April 2015 - 31 March 2016

ECONOMIC RENEWAL						
	ER1- Number of FTE Jobs Created	ER3 - Number of people accessing careers advice	ER4 - Number of people receiving job specific training	ER6 - Number of people receiving non job specific training	ER9 - Number of new/existing businesses requiring/receiving advice/support	ER15 - Number of FTE jobs safeguarded
CNP HEALTH 2015/16				180		
CNP Early Intervention Collaborative Work						7
CNP Core Salaries & Running Costs	19	167	130	281	25	
	19	167	130	461	25	7

Conclusion:

Another extremely busy and rewarding year for all involved. This past year saw the continuation and further development of our Early Intervention Programmes, two new evidence based programmes now supported via SIF, Mentoring for Achievement and Partnership with Parents. We also seen the completion of Phase 2 & 3 of the Colin Community Allotments and work began on improvements to Cloona House, roof replacement and installation of gas central heating.

All of our activities, events and projects will no doubt continue to help to deliver against Neighbourhood Renewal and other regeneration priorities to meet the needs of the community.

Continued partnership working with SIB and Urban Villages in relation to the Colin Town Centre Project. Outline Planning for the CTC Masterplan was submitted in December 2014 and granted in May 2016, full planning permission was also granted for the development of the Rapid Transport Hub. While Colin Neighbourhood Partnership board very much welcome the news that the outline planning permission is eventually secured, they are concerned that there is little or no progress on the overall Master Plan development.

Continued working with CYPSPB, HSCB, PHA, SEHSCT, Colin Sure Start, NCB, local Schools and many others to continue to deliver on our Early Intervention Strategy, this work continues to produce very positive outcomes for thousands of children and their families.

We continued throughout this year with our community renewal strategy in relation to delivery of our full annual calendar of events featuring community events for the Easter, St Patrick's Day, Colin Summer Festival, Halloween, Christmas events, Parents Week, Men's Week and many other events including intergenerational activities with various youth providers and Good Morning Colin. We also continued with our successful engagement with DCAL's ALB's which provided us with our third Creativity Month in March, just like previous years thousands of our residents experienced new events and activities.

The activities organised for the Men's Shed members proves to be extremely positive. Activities take place 5 days per week for this group of vulnerable men, the only complaint they have is that it isn't available 7 days per week.

Marketing & Communication Activities.

9 positive events promoted via live media, radio & T.V.

8 positive events & activities promoted and highlighted on other organisations websites.

35 Positive Newspaper stories published.

12 positive events promoted via other organisations magazines.

4 issues of Colin News distributed to 9,130 homes throughout the area

82 poster, leaflets, booklets designed to promote various events throughout the year.

Website approx. 12,000 pages viewed during this period.

Twitter - 19,700 tweets 17000 followers

Face Book Business/Fan Page 35,000

Enviro-Care Face Book Fan page 500

Allotments Face Book 1200

CNP and its partner organisations have worked collaboratively to deliver quality services across the Colin area and will continue to work together to further develop areas of partnership to increase and improve services for all the residents of Colin.

Visit us at <http://www.newcolin.com> for further details on the activities and programmes at CNP supported through Neighbourhood Renewal and others:



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