



Community Sector Training

Annual Report
2019-20

FOREWORD

It is my pleasure to present the 2019/2020 annual report of Community Sector Training. This year's report profiles the wide and diverse range of programmes delivered to many eager, enthusiastic groups in our communities. Our dedicated team of trainers were kept busy working with a multitude of organisations throughout the year, with sessions booked well in advance, throughout all localities.

We enjoyed an evening of celebration and appreciation in July where our trainers, steering group and community groups came together to reflect on the year gone by and all its achievements. We look forward to hosting this again, so please keep any eye out for details!

Unfortunately with the arrival of COVID-19 lockdown, the remainder of our scheduled deliveries in March understandably had to come to a halt as our team could no longer safely continue our work. CST staff then took on the role as call handlers in the COVID-19 Community Helpline and were blown away by how powerful and dedicated our community groups were in working together, as they quickly formed support portals for those shielding and in need.

Looking ahead to 2020/21 we look forward to being able to continue to provide the same high quality training for the groups in our communities.

Alison Daly – CST Co-Ordinator

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Working together



Excellence



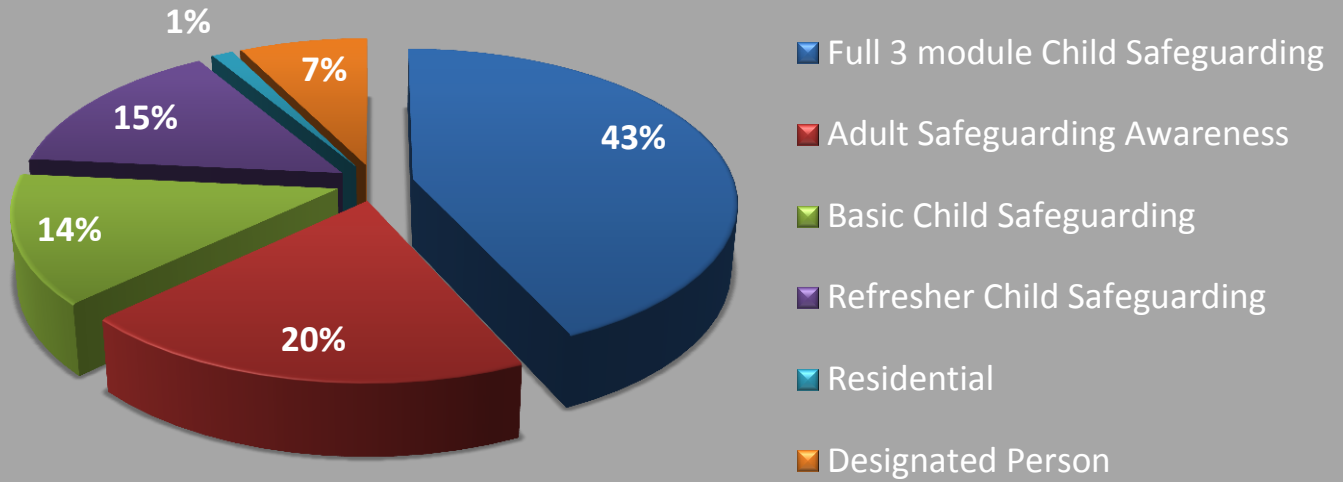
Openness & Honesty



Compassion

TRAINING DELIVERY STATISTICS

Training delivered by course type



2019/2020

84 courses delivered

1,136 participants

153 organisations

Since CST began in 1998, there have been 16,770 people trained!

Course bookings remained consistent this year, right up until the lockdown period which saw several postponements.

CST SAFEGUARDING TRAINING COURSES

You spokewe listened!

The Designated Person course has been reduced from three modules to two modules, based on feedback given. An extra module covering Recruitment & Selection / Supervision is available for groups who feel they need this. We have also developed a single module (3 hours) Designated Person Refresher course for those who have already completed the full course within the last 2 years.

See page opposite for our range of training courses available.

Download our [Enquiry Form](#) complete all sections and send to cst.training@southerntrust.hscni.net

WHAT SAFEGUARDING COURSE DO YOU NEED?

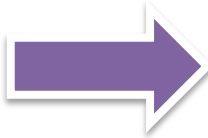
CHILDREN AND YOUNG PEOPLE

Your role doesn't involve much direct or regular contact with children or young people



BASIC AWARENESS COURSE
(3 hours)

Your role involves working directly with children or young people, OR, you are involved in developing policies and procedures for the group.



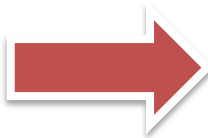
FULL CHILD SAFEGUARDING COURSE (3 modules x 2.5 hours each)

You completed the FULL SAFEGUARDING COURSE no more than 3 years ago and need to refresh your training.



REFRESHER COURSE
(3 hours)

You are going to be the Designated Person for your group & have undertaken the FULL or REFRESHER course in the last 3 years.



DESIGNATED PERSON FULL COURSE (2 modules X 3 hours each)

Completed full DP course in the last 3 years and need to refresh only.



DP REFRESHER
(3 hrs)

Residential trips for Groups.



RESIDENTIALS COURSE (2hrs)

ADULTS

If your role doesn't involve targeted services for Adults and you need to raise the awareness of everyone involved in your group.



ADULT SAFEGUARDING AWARENESS COURSE
(2hours)

CST CELEBRATION & APPRECIATION EVENT

July 4th, 2019 we held an evening of celebration and appreciation for our service users, staff, trainers and Steering Group at Craigavon Civic Centre.

Lauren Manager of Burren Community Centre spoke about what CST has meant for the groups using Burren Community Forum.



Members of CST, Steering Group, Trainers and staff.

From left to right: John McGuinness, Chairperson CST Steering Group, Emily Johnson CST Admin, Alison Daly Co-Ordinator CST, Lorraine Griffin, COSTA and some of the CST Trainers: Seamus Donnelly, Sam Walker, Aine Harrison, Lynne Harvey and Chris Mulholland.

CST CELEBRATION & APPRECIATION EVENT

To celebrate the year gone by in CST, we were delighted to have the trainers, together with our Steering Group and some of our community groups such as Burren Community Forum, Moyraverty Arts & Drama Association and Crossmaglen First Responders.



CST Trainer Sam Walker talks about what it means to him to be a community trainer, why he has taken this path and why it is so important this is freely available to all community and voluntary groups across the Southern Trust.



John McGuinness, ABC Community Manager and CST Steering Group Chairperson, presents Carolyn Agnew with a bouquet of flowers as a token of appreciation for her integral part in the success of CST over her years with the Southern Trust. Carolyn retired from Promoting Wellbeing Head of Service in Sep 2019.

LASP Adult Safeguarding Social Care Trainers Workshop



Mark McCrory, University of Ulster

LASP Trainers Workshop (Local Adult Safeguarding Partnership), Tuesday 25th February in Craigavon Civic Centre, attended by representatives from local Adult Services Provisions.

Speakers included Rosemary Wilson, Barrister and Independent Trainer who talked about Human Rights in the Care Setting; Mary McCrory from University of Ulster who gave a really interesting workshop on Transferring Learning and Ed Cooke from PSNI who presented the challenges of Integrating Human Rights into Training.

Members of Adult Safeguarding Services Team Southern Health and Southern Care Trust: James Todd, Daphne Johnston, Helen McCormick and Eilish Colton, with Alison Daly Community Sector Training and Rosemary Wilson, Barrister and Independent Trainer.



SOUTHERN LOCAL ADULT SAFEGUARDING PARTNERSHIP



Trauma Informed Adult Safeguarding Conference February 2021

Further information will be available nearer to the time.



Due to the impact of COVID-19, the annual safeguarding conference has been moved from November 2020 to February 2021. Please contact james.todd@southerntrust.hscni.net if you would like further information.

WHAT'S NEW IN THE WORLD OF SAFEGUARDING



Adverse
Childhood
Experiences
Be the Change

Adverse Childhood Experiences

You may have heard of the term ACE's which stands for Adverse Childhood Experiences.

The definition of ACE's is given as, 'stressful experiences occurring during childhood, that directly harm a child or affect the environment in which they live.' (Bellis et al 2016)



Preventing ACEs in Wales could reduce in adults aged 18-69 years



For more information, please visit the Safeguarding Board NI website: <https://www.safeguardingni.org/aces>

Studies carried out in Wales (suggested comparable to Northern Ireland) suggest that if ACE's were prevented in childhood, the likely reduction in issues such as incarceration could be reduced by 65%; Heroin / crack cocaine use could be reduced by 66% as well as other issues such as unintended teen pregnancy, high risk drinking and violence (either as the perpetrator or the victim). Children who are routinely exposed to situations such as domestic violence, mental ill health, alcohol and other substance misuse problems in their homes experience a negative impact which can last well into adulthood.

Community Sector Training recognises the role that community groups and organisations play in the lives of our children and young people. We therefore feel that they are often best placed to be able to intervene or provide signposting when they recognise a child or young person may be experiencing trauma in their lives. As a result, CST will be looking at the potential development of suitable resources beneficial to community and voluntary groups in the area.

TRAINING DELIVERIES IN THE COMMUNITY



ABC Community Network
Association Bulgarian Culture and Education NI
Appleby Trust Armagh
Armagh Child Contact Centre
Armagh Rural Transport
Belfast Central Mission
County Armagh County Development

Care in Crisis

Chrysalis Women's Centre
Coalisland Training Services
Community Advice Armagh
Community Advice Craigavon
Confederation of Community Groups Newry
Cruse Bereavement
Friends to Talk
Czech & Slovak Culture NI
Drumbeg Lady's group



Friends of the Callan
Gilford Toddler Group
Gobility
Dunlewy Addictions
Homestart
Irish National Foresters
Kilkeel Development Association
Laurencetown, Lenaderg and Tullylish Association
Moyraverty Arts and Drama Society

TRAINING DELIVERIES IN THE COMMUNITY



Mid Ulster Association for Counselling & Psychotherapy (MACP)

Mid Ulster Child Contact Centre

Mid Ulster Victims Empowerment

Newry Street Unite

Open Arms Community Church

Phil's Farm

Polish Supplementary School

Rural Health Partnership

Schomberg Society - Kilkeel & Banbridge

Team Evolve Martial Arts

Via Wings, Dromore

Vibe Armagh

WALD Centre

Just some of the
fabulous
comments from
our participants
in the
community!

amazing
informative
clear
enlightening
excellent
great
essential
interactive
well delivered
helpful
interesting
worthwhile

Many of the above groups have taken more than one course. Thank you to all groups and organisations who have hosted training sessions!

A DAY IN THE LIFE OF OUR TRAINERSMeet Aine Harrison



Hi all, I am the proud mum of three grown up children who have given me seven wonderful little grandchildren ranging in ages from 1 - 8. So never a dull moment in Nanny's house!

I began my journey as a CST trainer way back in 2000. Twenty years now I don't know where the time has gone! I really enjoy the social aspect of the job and have made many friends along the way. I feel very privileged to have had the opportunity to visit many local community groups, who do fantastic work with our young people and to be able to deliver our vital training. I believe our training is essential for everyone in the community whether you are mum, a dad a granny or an auntie. The information you will receive will help you ensure your own little ones are safe.

I also work full time in Shimna Integrated College in Newcastle and will have been there 21 years this year. I absolutely love my job and gain great job satisfaction watching our young people develop and grow. My roles include teaching assistant, a little bit of teaching and I am also part of the colleges safeguarding team.



Aine pictured with some participants in recent training at KDA (Kilkeel Development Association)









Working with the young people has been very rewarding but has also highlighted for me the harsh reality that some of our young people are dealing with on a daily basis. My training background has given me the knowledge and the skills to deal with issues and concerns that arise. I also deliver the safeguarding training to the teaching and non-teaching staff within the college.

So all in all, I am a very busy lady but I wouldn't have it any other way!

Aine Harrison, CST Trainer

USEFUL CONTACTS

Organisation or service	Contact Info	Useful for
 Southern Health and Social Care Trust Quality Care - for you, with you	Adult Protection Gateway Teams (Southern HSC Trust area) 028 3756 4423	Central point of contact for people who wish to share a concern about an adult at risk or an adult in need of protection who is not already known to social services.
Emergency out of hours Regional Social Worker	028 9504 9999 More info at www.northerntrust.hscni.net/pdf/Regional_Emergency_Social_Worker_Service.pdf	Emergency advice relating to people in crisis which cannot be left until the next working day
 PSNI	Non-emergency number - 101 Emergency number - 999	Will handle any criminal aspect of suspected abuse and refer on protection or support aspect as part of a multi-agency approach
 Federation Northern Ireland	Domestic and Sexual Violence Helpline 0808 802 1414 www.womensaidni.org 24-hour National Domestic Violence Freephone Helpline 0808 2000 247	Dedicated Helplines which operate 24 hours a day. It is open to anyone, male or female who may be a victim of abuse. Women's Aid is the lead voluntary organisation in Northern Ireland addressing domestic and sexual violence and providing services for women and children. They provide refuge accommodation, support services and deliver a range of research and education programmes.
Gateway Teams	Central number - 028 3741 5285 Freephone - 0800 783 7745 Armagh and Dungannon team - 028 8771 3506 Craigavon and Banbridge team - 028 3834 3011 Newry and Mourne team – 028 3082 5000 (Option 1)	First point of contact for people who wish to share a concern about a young person who is not already known to social services.
PSNI Central Referral Unit (CRU)	Central Referral Unit (CRU) 028 9025 9299 or Non-emergency number - 101 (CRU is extension 30299)	Will handle any criminal aspect of suspected child abuse and refer on child protection or support aspect as part of a multi-agency approach
	0808 800 5000 help@nspcc.org.uk More info at www.nspcc.org.uk	Help, advice and support if you are worried about a child. Can signpost on to other services.
	0800 389 4424 More info at www.therowan.net	24/7/365 support for men and women who have been sexually abused, assaulted or raped, whether this is historic or recent. (NI's sexual assault referral centre)
	0800 1111	Free confidential advice and support for children aged 18 and under

COMMUNITY SECTOR TRAINING

Contact us:

Community Sector Training
Promoting Wellbeing Division
Southern Health and Social Care Trust
Brownlow Health Centre,
1 Legahory Centre, Craigavon
BT65 5BE

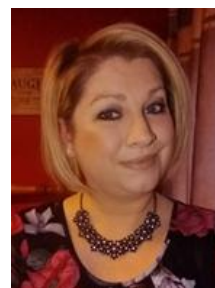
028 3756 1440 / 1441

cst.training@southerntrust.hscni.net

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Email: alison.daly@southerntrust.hscni.net



Emily Johnson, CST Administrator

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Email: emily.johnson@southerntrust.hscni.net

Look us up online and follow us on social media:

www.southerntrust.hscni.net/livewell/1986.htm



CST Trainers

Our team of professional, freelance trainers all come from various safeguarding backgrounds and are committed to delivering high quality training across the Southern Trust.

Our talented team of trainers:

- Sam Walker
- Aine Harrison
- Fiona Mullan
- Karen Clarke
- Chris Mullholland
- Elaine Wright
- Seamus Donnelly
- Róisín McAliskey
- Lynne Harvey

CST Steering Group


Chairperson: John McGuinness, ABC
Community Network (until end April 2019)

Members:

- Laurence Bradley, CCG (Confederation of Community Groups)
- Lorraine Griffin, COSTA (Community Organisations of South Tyrone and Areas)
- Roisin McCann, SHSCT (Southern Health & Social Care Trust)
- Brendan McCann, TADA (The Antrim, Down and Armagh Support Network)
- David McMullen, CACD (County Armagh Community Development)
- Donna Haughian, SHSCT (Southern Health & Social Care Trust)



Community
Sector
Training

 Southern Health
and Social Care Trust
Quality Care - for you, with you



Working together



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