



# Community Sector Training

# Annual Report 2018-19

## INTRODUCTION

### Foreword

I am privileged to present another year of CST results and looking forward to what the year ahead brings.

I would like to also take this opportunity to welcome Alison Daly and Emily Johnson to the team and wish a fond farewell and thank you to Ruth Allen who, over the last 4 years, has made excellent improvements in the project and wish her well in her new post as Promoting Wellbeing Manager for Newry and Mourne!

**“Abuse changes childhood, but so can we .....it is preventable.”**

Demand for Child Safeguarding training continues to be a high priority for our voluntary and community groups.

Safeguarding children is everyone’s responsibility and this is clearly recognisable with the increase each year of training requests to CST, with organisations raising their awareness of child protection and abuse, knowing which policies and procedures are required and being able to create a safe environment for all involved.

**“All adults have the right to live a life free from abuse and exploitation.”**

Last year we saw the introduction of a new CST course on Adult Safeguarding and it has continued to prove itself vital in the role our community groups play. The new course addressed a clear gap in provision and continues to be very well received and valued.

Across all localities in the Southern Trust, CST is making a valuable contribution to increasing the safeguarding awareness of groups and their responsibilities under the regional safeguarding policy and procedures.

*John McGinnis*

## STATISTICS

### Delivery statistics

**2018/19 course delivery**

**86 courses** provided

**1,082 participants**

**196 organisations**

**Since CST started in 1998**

**15,634 people trained**

### Evaluation feedback

**98%** rated courses very good or excellent

**98%** rated training delivery very good or excellent

**97%** would recommend the course



# Profile of training delivery

Course bookings remained consistent this year, with **1082** participants accessing training, across a total of **196** groups.

## Courses requested

Requests for training on safeguarding children has continued to be in demand for the full 4 module course, as we reach new and emerging groups.

Again most of the growth this year was due to our Adult Safeguarding Awareness course, initially launched last year. However demand for all other courses remain consistent and CST continues to meet group needs.

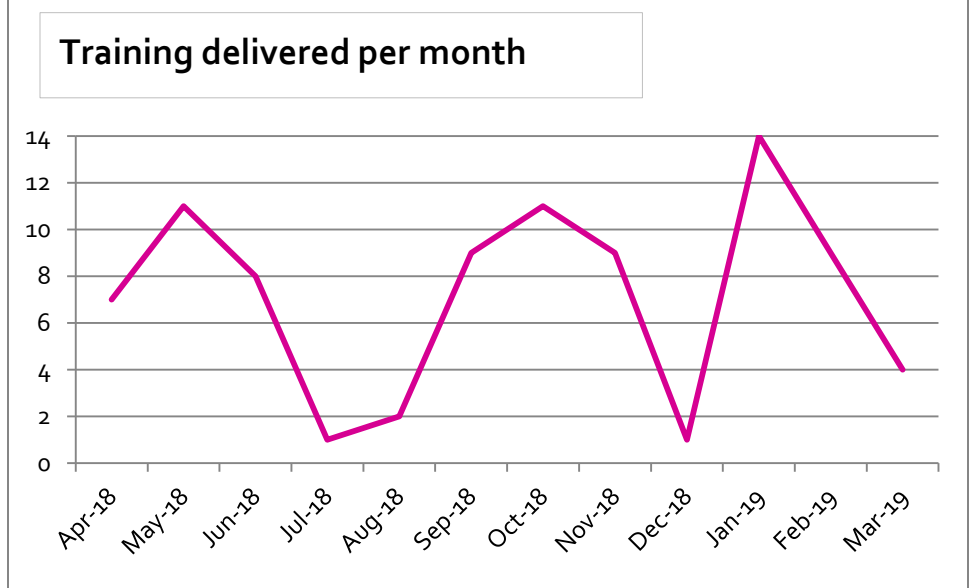
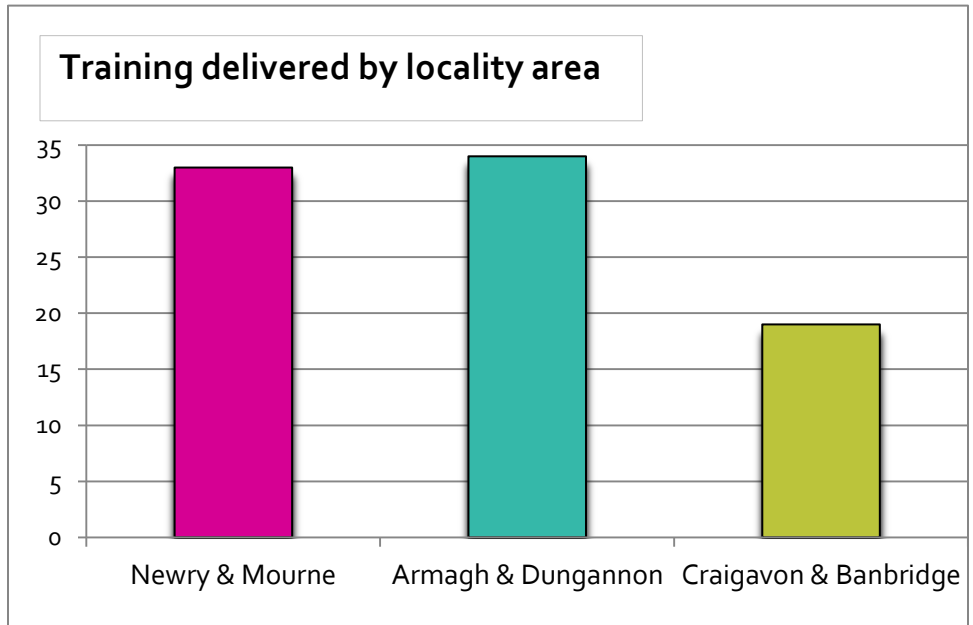
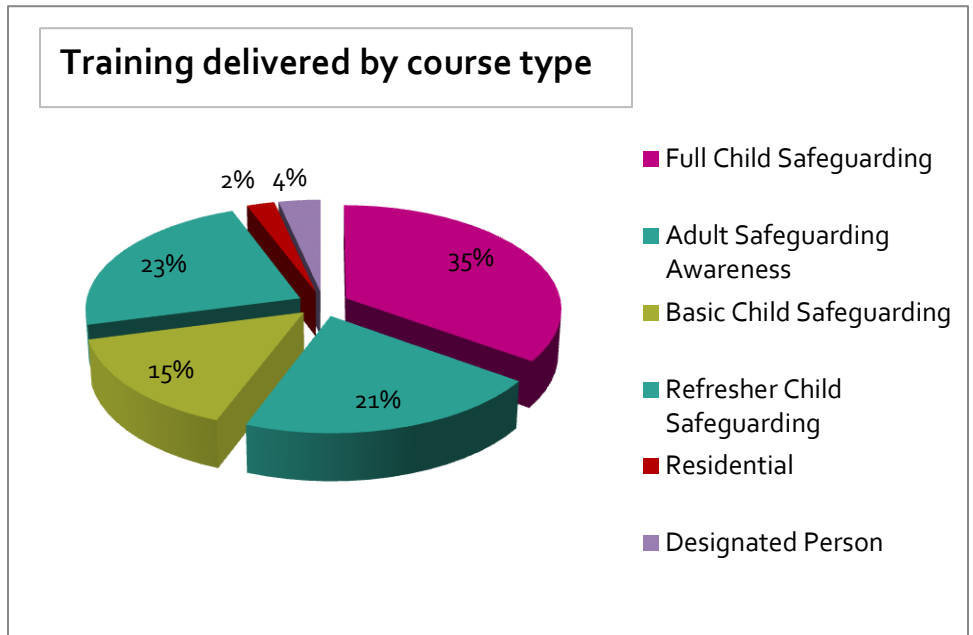
Overall, participant numbers showed a further 4% increase, again with smaller groups on each course. This is often the case with new groups or where new volunteers are being trained up. This supports more interactive training discussions and benefits the quality of the learning experience.

## Areas of training demand

This year saw a reverse in the numbers requiring training in each of our localities, with Armagh & Dungannon having the highest requests. We continue to engage with network organisations to promote training widely across all locality areas and so realise this will vary on an annual basis.

## Monthly profile

As you can see from the graph, demand for training peaks and dips throughout the year according to the seasons and holiday periods, which fall in line with how community and voluntary organisations operate also. However our dedicated CST Trainers will always endeavour to meet training needs as and when they arise.



# Course Evaluation

## What do we evaluate?

Our evaluation focuses on finding out from participants the following:

- What they learnt
- What difference it will make
- How satisfied they were with the course
- How CST could improve training

## How we used the feedback

Changes implemented include:

- Full course condensed down to three sessions from four sessions
- Increased use of discussion activities in Refresher course
- Materials constantly updated with new statistics, updated policy and the new regional child protection procedures.



## Learning

Our first concern is to confirm that we are adding to the existing knowledge of attendees.

At the end of the course, we ask participants to rate their knowledge level before and then after the training.

### Did we increase awareness?

We found that, on average, knowledge increased by a third. The greatest increases were seen in the Full Child Safeguarding Course and in the Adult Safeguarding Training with increases of well over 40%.

28% of Refresher course attendees valued the updated information regarding changes to policy and practice.



### What was most useful?

- Increased Awareness
- Policies and Procedures
- How to recognise abuse
- How to report concerns
- Code of Behaviour
- Online Safety
- Updates
- Support for Children & Families

### The most important thing I learnt was...

"Increased awareness of abuse"

"aware of need to look at club's policies and procedures"

"How to report concerns"

"Creating a safe environment"

"Increased awareness and the impact it can have on children"

"more aware of when to seek help, advice and support"

# Course Evaluation

## Impact

The value of training is measured by whether it results in any changes to practice.

So we asked participants whether they were planning or had already made changes as a result of the course.

### Planned changes

Two out of three participants said they were planning or had already made changes as a result of the training.



The majority were going to either review, create or increase awareness of their policies and procedures.

### Code of Behaviour

Participants also commented that they were going to look at their Code of Behaviour and in particular how their teams were going to be trained.

**Tell us about the changes you are planning**

“Makes me feel better prepared to respond.”

“The importance of Access NI checks and putting them in place.”

“Ensuring staff and volunteers get the training they need”

“Update of policies in group with a Designated Person”.

## Improvements

In CST we are always making improvements, listening to our ‘customers’ feedback and ensuring the best possible training is delivered.

Following a review of feedback from last year, community groups and trainers asked for our full child safeguarding course to be condensed down to three sessions.

We have listened and after a year of this change can confirm the 3 sessions of training is more attainable for most groups and according to our trainers, still covers all the necessary subject areas and continues to meet the requirements of a Level 2 training course, in line



with the Safeguarding Board NI’s Training Framework.

We also recognise that this increases our capacity to deliver more programmes, as we extend our portfolio to include the new adult safeguarding awareness course.

Participants on the new three module programme must complete all three modules to receive their full certificate, but can also opt to join other groups to complete a module they may have had to miss.

### Course packs

We endeavour to make our course packs useful and appropriate, adding in leaflets and information pages as and when they become available.

### Web Page

Our web page for CST can be found at:

[www.southerntrust.hscni.net/services/1986.htm](http://www.southerntrust.hscni.net/services/1986.htm)

You can link to all the key policy, procedures and guidance documents on both child and adult safeguarding.

# Course Evaluation

## Satisfaction

"one of the best trainers I have seen – material was concisely explained and well-illustrated with working examples. Well done."

"Course was very good for all information that we needed to know. Always time to ask questions, nothing was a silly question and were always answered professionally."

"Excellent training session – very informative and lots of discussion opportunities."

98% of attendees rated the course overall as either excellent or very good

"covers a large, complex topic in a way that was relevant and practical"

"Very informative, thoroughly enjoyable. Well delivered by facilitator."

97% of attendees rated the training delivery as either excellent or very good.

"I feel so much more confident now that I understand procedures and am better able to recognise adults at risk and those in need of protection. Great training. Thank you."

98% of respondents would recommend the course

"Good balance of content and natural conversations."

"Trainer was lovely, very friendly and took time to explain everything."



## LIST OF GROUPS (2018-19)

The host organisation for each training session is listed below.

Many groups will have completed more than one type of course.

AMH  
 Armagh Bands Forum  
 Armagh Child Contact Centre  
 Assist Youth  
 Ballygorman School House Association  
 Breakthru  
 CACD  
 Care in Crisis  
 Carnagat Community Group  
 Carnew Accordion Band  
 CCG – various groups  
 CCG Student Summer Scheme  
 Coalisland Training Services  
 Commons RDA  
 Community Intercultural Programme (CIP)  
 Confederation of Community Groups (CCG)  
 DART Partnership  
 Diamond Club, Maghera  
 Drumellan Children and Young People Centre  
 Edgarstown Residents Association  
 First Steps Womens Centre  
 Galbally Youth & Community Association



Thanks to all groups who hosted individuals from other organisations joining their session!

Homestart Newry & Kilkeel  
 Keady Community Festival  
 Kilkeel Development Association  
 Ladies of Mourne  
 Laurencetown Summer Scheme  
 Lislea Community Centre  
 Lislea Mens Shed  
 Loughshore Care Partnership  
 Mid-Ulster Association for Counselling and Psychotherapy  
 Mid-Ulster Women's Aid  
 Moyraverty Arts and Drama Society  
 Newry Early Years Centre  
 Newry Street Unite  
 North Lurgan Playgroup  
 Orange Lodge - Anne Sinton Memorial  
 Polish Supplementary School  
 Schomberg Society  
 Step  
 Supporting Communities  
 Syerla and District Pipe Band  
 The JIMS Project  
 Wah Hep  
 WALD Centre  
 Torrent Buddies  
 West Armagh Consortium  
 Womens Aid Dungannon  
 Women's Aid Armagh Down  
 Women's Community Matters Group  
 Zero-8-Teen

# Creating a safer space online for our children and young people

The 'internet' is fabulous! Everyone benefits from the speedy access of information, instant connection to friends and family and endless fun through games and entertainment. The big question is, why do we see so much hurt, anxiety, exploitation and abuse on the internet? Children and young people are more vulnerable whilst online, trying to keep up with the latest trends and what their peers are doing.

According to recent studies, how a child or young person is 'kept safe online' can depend on a lot of different factors such as age, circumstances, gender, disability, sexual orientation or political opinion.

Who's responsibility is it to keep children and young people safer online? Is this the job of parents and carers, or teachers, or government, or the companies that design and own the platforms that so many of our children and young people use?



**childline**

ONLINE. ON THE PHONE. ANYTIME  
childline.org.uk | 0800 1111

Research has shown that young people are still frequently taking huge risks by making and sending sexual images of themselves. This remains an immense pressure on young people to participate in creating an image or video of themselves, with around a quarter of all those questioned saying they had sent the image or video to someone else. The **Internet Watch Foundation (IWF)** is an organisation that works with the online industry to eliminate images of child sexual abuse from the internet and are currently working closely with **ChildLine** to ensure young people **know where to turn to** get sexually explicit images removed from online.

*"Help end the Wild West Web, we know that industry can do much more to keep children safe online."*



Currently NSPCC are lobbying government to put an end to what they describe as the internet being like the **"Wild West Web"** calling for statutory regulation so that social networks have a legal duty of care to protect every child. **NSPCC** have also teamed up with **O2** the mobile network provider and created a helpline and in-store service for parents and carers to seek advice and guidance. Number to call: **0808 8005002**

The **Northern Ireland Executive** have also commissioned the Safeguarding Board Northern Ireland (**SBNI**) to develop an e-Safety strategy, intended as far as possible to keep all children and young people in Northern Ireland safe and secure online.

**In the meantime, CST are** continuing to incorporate online safety in our Child Safeguarding courses, providing an insight into the risks and benefits and what sources of assistance our community and voluntary groups can use to be able to recognise and signpost efficiently.

In our training participant packs, we are continuing to include handy checklists to all the major social network sites; **Facebook, Twitter, Instagram and Snapchat**, as well as **Sexting and the Law**.

The **Respectful Sharenting** guide also remains part of our packs and is more relevant now than ever, as more and more young people understand the practice of consent online and therefore it is essential that others, including parents and carers are also aware of the role they play in 'sharing!'

# Meet the CST team

## CST TRAINERS

**We couldn't reach local groups without our team of freelance community trainers.**

**Their commitment and flexibility, enables us to meet training needs, by delivering in the group's own venue, regardless of where you are located across the Trust area.**

Our talented team of trainers:

- Karen Clarke
- Seamus Donnelly
- Áine Harrison
- Lynne Harvey
- Róisín McAliskey
- Fiona Mullan
- Chris Mulholland
- Sam Walker
- Elaine Wright

## CST STEERING GROUP

### Chairperson

John McGuinness  
ABC Community Network

### Members

Laurence Bradley, CCG  
Lorraine Griffin, COSTA  
Róisín McCann, SHSCT  
Brendan McCann, TADA  
David McMullen, CACD  
Donna Haughian, SHSCT

## CST ENQUIRIES

Contact us:

**Community Sector Training  
Promoting Wellbeing Division**  
Southern Health and Social Care  
Trust, Brownlow Health Centre,  
Legahory Centre, Craigavon,  
BT65 5BE. Tel: 028 3756 1440

Look us up online:

[www.southerntrust.hscni.net/live/well/1986.htm](http://www.southerntrust.hscni.net/live/well/1986.htm)

Put a face to the name .....

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