

### Large Grant Category

Grant Application Name	Project Description -	Amount	Location
Action Mental Health	YEW Project (Your Emotional Wellbeing)	£494,911.00	Belfast, County Antrim
Epilepsy Action Northern Ireland	Delivery of the Epilepsy Action NI Counselling Project to improve the mental health of people affected by epilepsy across NI.	£204,627.00	Belfast, County Antrim
Niamh Louise Foundation	Employment of 2 x full time Suicide Intervention Workers on the Shared Journey to Recovery programme.	£302,727.00	Dungannon, County Tyrone
Start 360	THRIVE project (Throughcare Health & Recovery Interventions Valuing Emotional-Wellbeing).	£500,000.00	Belfast, County Antrim
The Rainbow Project	Staff and overhead costs associated with the LGBTQIA+ Mental Health Programme.	£262,851.58	Belfast, County Antrim
		<b>Total £1,765,116.58</b>	

### Small and Medium Grant Category

Grant Application Name	Project Description - Summary	Amount Recommended	Geographical Location
ACET (Northern Ireland) Limited	Delivering accredited Mental Health and Emotional Wellbeing Education Programmes to young people across Northern Ireland.	£94,000.00	Holywood, County Down
Circle of Support for Autism Families	New counselling service for parents of children and young people with ASD.	£24,214.00	Springtown, County Londonderry
Northern Ireland Music Therapy Trust	Clinical music therapy service at Woodstock Lodge.	£64,212.00	Carryduff, County Down

ta Harmony	Everyday			
Greenisland Football Club	Mental health and well-being project in local primary, secondary and special schools.	£54,230.00	Carrickfergus, Co Antrim	
Women too Windsor Women's Centre	Community based, mental health Support and Recovery participant led project – Rise & Reset.	£93,000.00	Belfast, County Antrim	
Rural Support	Delivery of the “Reviving Rural Project”, developing resilient mental health in farming families across Northern Ireland.	£98,250.00	Cookstown, County Tyrone	
NSPCC	Pregnancy in Mind (PiM) project	£82,000.00	Belfast, County Antrim	
Royal Mencap Society (Mencap)	Therapeutic Family Support project	£68,642.00	Belfast, County Antrim	
Leonard Cheshire Disability	ARBI Outreach project	£81,678.00	Belfast, County Antrim	
RNIB NI	Counselling Insight project	£80,207.00	Belfast, County Antrim	
Dementia NI	Dementia Diagnosis – a tailored approach to promoting positive mental health and living well with dementia'	£99,540.00	Belfast, County Antrim	
Via Wings	Healthy Minds, Healthy Lives - a mental health support programme	£67,972.00	Dromore, County Down	
Home-Start Down District	Building Resilience - support with counsellor salary costs	£30,000.00	Downpatrick, County Down	
Cruse Bereavement Care	Traumatic bereavement response project.	£98,473.00	Belfast, County Antrim	
The Hummingbird Project	Recovery mentoring programme.	£76,650.00	Portrush, Belfast, Ballymena, County Antrim	
Children's Heartbeat Trust	Intensive programme of mental health focused workshops for young people with congenital heart disease.	£18,051.00	Belfast, County Antrim	

Northern Ireland Rare Disease Partnership	Programme of enhanced mental health provision for people with rare diseases across NI.	£20,000.00	Newtownards, County Down
<b>Total</b>		<b>£1,151,119</b>	

<b>Grant Application Name</b>	<b>Project Description - Summary</b>	<b>Amount Recommended</b>	<b>Geographical Location</b>
Lisburn YMCA Ltd	Planning, designing & implementing a two-year project that works principally with young people aged 13 to 18 years old, and their families, to provide support to address issues around mental health and wellbeing.	£99,220.00	Lisburn, County Antrim / County Down
Impact Training Limited	Youth Mental Health Support - the employment of a Mental Health Response Counsellor	£69,500.00	Belfast, County Antrim
Suicide Awareness and Support Group	Cost of a holistic Mental Health and Suicide Prevention Programme.	£92,530.00	Belfast, County Antrim
Parenting NI	Families Together parenting support programme in Strabane and Antrim.	£94,557.00	Belfast, County Antrim
The British Diabetic Association (known as Diabetes UK)	A pilot mental health support programme for people living with diabetes.	£18,167.00	Belfast, County Antrim
MACS Supporting Children & Young People	The costs of MACS Talks Back	£99,154.00	Belfast, County Antrim
Springboard Opportunities Limited	Delivery of M-Space, a programme of mental health workshops & intensive one to one mentoring for young people aged 14-25 years, particularly those at-risk or socially excluded in Belfast.	£99,847.44	Belfast, County Antrim
Common Youth Ltd	Psychosexual counselling provision for young people aged 24 and under.	£70,680.00	Belfast, County Antrim

Whiterock Children's Centre	Mental Health of our children	£89,021.77	Belfast, County Antrim
The O-Bon on the Foyle Festival Group	Sunflower Taiko - Drumming for Mental Health and Wellbeing	£39,774.00	County Londonderry
Mid - Ulster Association for Counselling & Psychotherapy (MACP)	Reaching Out And Empowering Lives - a counselling and talking therapy support programme for the Mid Ulster area	£29,000.00	Dungannon, Co Tyrone
NI Alternatives Ltd	Programme of mental health therapies for young people and families targeted with intimidation, violence and threats.	£87,220.00	Belfast, County Antrim
Lenadoon Community Forum	Increasing Capacity for Self Referrals	£88,850.00	Belfast, County Antrim
Listening Ear	Salary costs of Listening Ear's first paid staff members, an Office Manager and an Office Co Ordinator	£100,000.00	Newtownbbey, Co Antrim
Cancer Lifeline	Share and Seek Help - telephone support service	£27,769.00	Belfast, County Antrim
PIPS Hope and Support	WELL-Bean Café Crisis Counselling	£98,570.00	Newry, County Down
The Koram Centre, Counselling, Psychotherapy and Psycho Social Support Ltd	Delivery of talking and other therapies for adults, children and young people in Strabane	£99,983.00	Strabane, County Tyrone
Verbal Arts Centre	Pilot of Verbal Wellbeing mental health project	£99,433.55	County Londonderry
NIACRO	Aspire Counselling Support	£99,074.81	Belfast, County Antrim
Tiny Life	Positive Minds for Premature Parents Project	£95,030.45	Belfast, County Antrim
Family Routes	TESSA teens	£72,145.00	Belfast, County Antrim
C.A.L.M.S.	Additional staff to meet increased demand for services.	£99,230.00	County Londonderry

Equine Enrichment CIC	Costs of an Equine Assisted Therapy & Learning programmes	£29,000.00	County Londonderry
Kids Together West Belfast	Jigsaw Mental Health Programme	£85,255.84	Belfast, County Antrim
Barnardo's Northern Ireland	Delivery of Barnardo's Emotional Well-Being Service, offering online and face to face mental health support for children and young people in North Down and Ards.	£94,915.00	Belfast, County Antrim
Brooke House Health and Wellbeing Centre	Development of a veterans hub in the Fermanagh area and provision of related therapeutic activities.	£84,656.00	Enniskillen, Co Fermanagh
Multiple Sclerosis Society Northern Ireland	Reach out Connect (ROC) MS project	£67,910.00	Belfast, County Antrim
Samaritans in Northern Ireland	Self Harm Research	£13,750.00	Belfast, County Antrim
Age NI	My Life My wellbeing - mental health programme for older people in the Belfast and Northern health trusts.	£88,376.00	Belfast, County Antrim
Extern Northern Ireland	Counselling sessions for service users on the Floating Support Project and 4 hostels	£43,000.00	Belfast, County Antrim
Mindwise New Vision	Family Wellness Programme - An Early Intervention Integrated Model of Mental Health and Wellbeing (Part of NI Families Network)	£98,804.00	Belfast, County Antrim
New Lodge Duncairn Community Health Partnership	Supporting Families North Belfast	£90,089.00	Belfast, County Antrim
Greater Shankill Partnership	Therapy Access Programme	£99,962.00	Belfast, County Antrim
Young at Art Ltd	Delivery of the 'Not OK?' Schools Engagement Programme, an arts based, mental health and	£19,500.00	Belfast, County Antrim

		resilience resource for 500 children and young people in Belfast.		
Bikes and Minds		Mental health support project	£9,320.00	Belfast, County Antrim
Lower Ormeau Residents Action Group		Recharge Your Wellbeing - a mental health support programme for Inner South Belfast	£98,202.40	Belfast, County Antrim
Belfast Central Training		BCT - Mental Health Counselling and Support Project	£78,800.00	Belfast, County Antrim
The Lighthouse Charity		Ask Twice programme, providing a youth work mental health programme for young people in North Belfast.	£50,000.00	Belfast, County Antrim
Parkinson's UK		Minds Matter project delivered in person and online for people with Parkinsons.	£69,647.00	Belfast, County Antrim
Northern Ireland Newpin		Additional capacity to deliver counselling/ trauma counselling, group therapy, child psychotherapy and art therapy.	£60,000.00	Derry, County Londonderry
Speedwell Trust		Stronger Together mental health programme, for families and children in the Mid-Ulster area.	£73,740.00	Dungannon, Co Tyrone
The Mental Health Forum		Talk2me project	£40,000.00	Newry, County Down
Fresh Minds Education Ltd		Lets GROW together, a mental health support programme for families	£57,250.00	Randalstown, Co Antrim
Bardic Educational Arts and Media		Mighty Minds project, an arts and crafts, health and fitness, social activity and mental wellbeing programme for young people aged 14-25 with learning support needs in Donaghmore.	£81,980.00	Dungannon, Co Tyrone
Disability Action		Delivery of a counselling and talking therapies service for people with disabilities and their	£100,000.00	Belfast, County Antrim

	families and carers across Northern Ireland.		
ADDNI Limited	Improving the mental health of those affected by ADHD	£29,850.00	Belfast, County Antrim
Ballymagroarty Hazelbank Community Partnership (BHCP)	Delivery of Road to Recovery project, providing walk-in interventions, counselling and mental health and personal development programmes to build resilience for people in Derry/Londonderry.	£91,890.00	County Londonderry
Compass Counselling CIC	Delivery of individual counselling sessions for people of all ages in the Shankill and Greater West Belfast area.	£61,560.00	Belfast, County Antrim
NDCS	Healthy Minds training	£16,157.00	Belfast, County Antrim
Loughshore Care Partnership	Loughshore Minds Matter	£48,143.50	Newtownabbey, Co Antrim
Newstart Education Centre	Delivery of the WHAM (Wellbeing, Health, Adventure and Mentoring) project for 75 young people aged 13-18 across Belfast.	£69,725.78	Belfast, County Antrim
East Belfast Survivors of Suicide	Head of service post to lead development of the organisation	£50,000.00	Belfast, County Antrim
AGE North Down & Ards (AGENDA)	Good morning call and signposting service for older people.	£43,230.00	Bangor, County Down
Groundwork NI	Inside Outside	£75,274.41	Belfast, County Antrim
Beyond the Battlefield	Towards the 'Be Well Keep Well' project	£100,000.00	Newtownards, County Down
	<b>Total</b>	<b>£3,888,744.95</b>	