

Dear Reader

You have been living with very challenging restrictions on your way of life for many weeks now as we battle against Coronavirus. By following the measures that are in place, your actions have reduced the infection rate here and countless lives have been saved.

Thank you for the part you have played and the personal sacrifices you have made for the good of your family, the health service and our whole community.

We are now in a position where we can begin to slowly and carefully relax some of the restrictions. The first of these are set out below.

As we keep working together to save lives, your contribution is still critical. We ask you to keep following the rules that are in place at each stage as we move out of lockdown.

The simple advice on handwashing and social distancing is still vital in our fight against Coronavirus.

The better we all follow the public health advice, the sooner we will all get through this, together.

The Rt Hon Arlene Foster MLA

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First Minister

Michelle O'Neill MLA **Deputy First Minister**

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Permitted activities

As long as you can stay 2 metres away from people who are not part of your household and observe good hygiene, you may now:

- Meet in groups of up to six people outdoors
- Take part in certain **outdoor** activities, such as tennis, golf and angling
- Visit a place of worship for individual prayer
- Go to a garden centre
- Go to a recycling centre
- Attend drive-in cinemas, church services and live music or theatre performances. You must stay in your vehicle and can only share a vehicle with members of your own household